

## Seating Divine Image L1 Session7a AA Gabriel Centering Meditation

It is I, Gabriel.

I have come to join your Collective Consciousness this evening.

So let us begin our gathering by activating our Merkaba field at 100% Light.

Breathe in and breathe out and command your Merkaba Vehicle to activate to 100% Light.  
[Short Pause]

Notice yourself in this beautiful vehicle of Light. It is matching your energies of Light, from your Soul/Spirit and from your physicality, as you sit in the middle of this vehicle. Notice the counter-rotating fields of the White Star Tetrahedron, the brilliance, the luminosity of that White. Notice how your Heart has automatically opened, that sacred vehicle, the sacred vessel that holds the consciousness of your Spirit.

Notice the spinning of that deep purple Star Tetrahedron that holds the vast Source Light Energy that is so much a part of who you are, as it spins and rotates in pure Light, Undifferentiated Light and Love -- the magnificence of this Star Tetrahedron.....

Feel the difference in your body. The body is being changed in the Presence of this Light field. Your consciousness recognizes that you are Light. There is no doubt in regards to this fact – pure, Undifferentiated Light and Love emanating at that 100% field of Light.

You are That, and you recognize it. You know it. You have begun to know it.

And you Love yourself, as you see your Light emanation within this vehicle.

Your Heart opens again, this time much larger.

And those feelings of Love that come from your emotions are pure in the Presence of this Light. Feel the ecstasy and the joy..... [Short Pause]

Now let us join together, Heart to Heart, and Soul to Soul, and be fully present in our gathering.

