

I have another part that I would like to bring forth in this session. And it is in a meditation form. And this is what I wish to leave you with in this session, so that you can use it, use it more effectively. In these two meditations that I wish to lead you in now, these are service meditations. But they also relate to you as the individual.

So, if you will take a deep breath now, and get centered in your Sacred Heart. Be very present in your Merkaba field... spinning and vibrating at 100% Light.....

Observe your physical and your spiritual Self in the center of this Field of Light.....

Notice the vibrations that are emanating from your body now.....

Observe the balance in the mental-emotional body.....

Notice the frequency range and vibration that is within your personal electro-magnetic field.....

Feel the Presence of a vast Love that is engulfing all levels of you, including your personal Merkaba field.....

Direct your entire Merkaba vehicle to spin. This creates an increase in the Light energies, as it spins in the field of Undifferentiated Love that is drawn into your Merkaba vehicle.

Move your Merkaba vehicle into the Earth's Merkaba field.

At first, you may feel a differentiation of the energies. There may seem to be an imbalance in the two fields of energy. Don't judge it good or bad. Just observe the energies.....

Go into your Merkaba field and into your physical expression of yourself as a Christed emanation. Reflect into the Earth's Merkaba field the four energetic Light Templates that were retrieved from the time locks:

First the 5<sup>th</sup> Dimensional Light Template of Love and Unity, stably positioned in the physical world.....

Next, reflect the second 6<sup>th</sup> Dimensional Template of Light..... See the magnetics begin to be absorbed into the Earth, altering the electro-magnetic field of Earth.....

Now, reflect the 7<sup>th</sup> Dimensional Light Template into the Earth..... Notice how this has altered the emanation of Light that is emanating from Earth's energy field.....

Finally, reflect Source Magnetics of the 10<sup>th</sup> Ray of Creation into the Earth..... Notice there is another shift in the electro-magnetic field..... Earth's energy shifted.

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Service Exercises changing the Earth's Merkaba and your DNA for your entire lineage

Take a look at the expansion within the Christed Matrix that is within Earth..... Notice how different the frequency range and vibration that it now contains..... Notice the changes, energetic changes and shifts that have occurred in the Earth's Merkaba field because of the interchange of energetics from your personal Merkaba field to the Earth's Merkaba field....

Gently start to move your personal Merkaba vehicle from the Earth's Merkaba field and return to the Presence of your own field. Rest in this familiar energy..... And nurture yourself in the beautiful Light emanations of this field..... -- the energies emanating from the Luminous White Star Tetrahedron..... the energies of the deep Purple Tetrahedron of Source energy..... filling yourself with the Beauty and the frequencies of Light of this beautiful field.....

Take a deep breath..... Center yourself in your Sacred Heart..... And be very present in this moment.....

[11:11] Now, take a deep breath..... and let us use these energetics to alter the DNA structure of your lineage..... Another deep breath.....

Direct your attention point into the first three strands of DNA, that pertain to your physical body..... Place the 5<sup>th</sup> and 6<sup>th</sup> Dimensional Light Templates that you now physically have within your body into those DNA strands, to alter the expression of these strands for eternity..... Do this for yourself and for every generation of your lineage that has ever used this lineage or any part of it to take on a human body..... Do this for every generation that will ever use this lineage or any part of it.....

Understand that the changes that you make in your personal DNA strands affect a multitude of humanity..... It affects you personally at all levels of your physicality and opens an access gateway to implement further strands of DNA to remember your spiritual origins.....

Sit in this energy..... Sit in what you are creating in your DNA.....

These two service exercises have altered Earth's energy field substantially. You have altered the first three strands of DNA for ETERNITY! You have given in Love and also received personally as well as collectively.....

In the coming days, keep in the forefront of your consciousness the creative power that you possess and that resides in your mental-emotional body. Remember often the alterations that all of you, as a Collective Consciousness, have contributed to the evolution of Earth's Merkaba field, so Mother Earth begins to remember herself as a Christed Planet..... Remember what you have created in the DNA of your lineage..... changing that lineage for Eternity.....

And for this, the gift that you have given yourself in that you see more precisely your Christed Image, knowing yourself as that Christed Image..... See the Beauty that you now emanate..... changing the world everywhere you move, bringing forth the Presence of Heaven on Earth.....

Blessings, Beloveds, Blessings!