

JOHN:

Thank you, Gabriel, for that lovely meditation. We are always grateful for your Presence.

Now, Metatron has asked us to start tonight's session with a short review of last session.

The main goal was to learn to create using the tetrahedron. In my example in our last session, we used the tetrahedron to help us improve our relationships that we find difficult. The tetrahedron gives us a more complex guideline to use. When we use a tetrahedron, we have three replacement equilateral triangles and a fourth to hold the tools that are needed to pull it all together and manifest our creation. Some of those tools were Color Codes, the Rays of Creation, and Dimensional Templates.

Next, we discussed using the Energetics and Magnetics from the templates we recovered from the time locks. We used them to stabilize the 5<sup>th</sup> Dimension on Earth. This stabilized template provided an expansion that assisted in balancing the mental-emotional body with Love and Unity. As you can tell, the masses are not ready to accept this Unity piece of 5<sup>th</sup> Dimension! That is why this group and a few others like it, are so crucial in today's environment.

We must begin to use the 6<sup>th</sup> Dimensional Magnetic Template proficiently. The Energetics and Magnetics of the 6<sup>th</sup> Dimensional Template brings a fuller Presence of the Element of Love. This alters a fragmented mental-emotional body substantially and brings coherence within the system. We must lead by example and demonstrate using our balance of Love and Unity.

The Magnetics of the 6<sup>th</sup> Dimensional Template contributes to the stability of the 5<sup>th</sup> Dimensional Template as well as providing a fluidity in our creations as we manifest in our Earthly experience. Stability in the mental-emotional body is a key component in creating a more refined expression of ourselves as we navigate our Earthly experience. We get to this experience when we use the 5<sup>th</sup> Dimensional Template of Love and Unity as well as the Magnetics of the 6<sup>th</sup> Dimensional Template.

Now, this all happens under the influence of the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Rays of Creation.

Next, we use the Magnetics of the 10<sup>th</sup> Ray, which comes directly from Source and helps us to realize that we are One with Source Energy: LOVE!!! We should always see ourselves as pure Love. This is the Key!!

Our next step is to continue working with the mental-emotional body and stabilizing the 5<sup>th</sup> and 6<sup>th</sup> Dimensional Templates in the body. It is important for us to recognize that many of us were already anticipating what the influence of the Flower of Life has on our escalation of consciousness before our last session. We are awakening at an escalated rate. We are starting to remember who we are from a vaster understanding.

In our last session, we were asked by Metatron to take another look at the Flower of life through the eyes of our Mastery that we have achieved over the last few years. By viewing this from the experience and wisdom that we have developed, we can see that it is not just an ancient diagram that can be found throughout many cultures and history of Earth. The value of the blueprint of the Flower of Life is that it reminds that we, in fact, ARE the Divine Image on all levels, physically as well as spiritually. It stirs some of the memory codes of our unconscious to come to the surface of our awakening consciousness.

The Flower of life gives us a blueprint from which to create. It is the perfect schematic from which Source create all that exists. WE ARE THAT! We were provided with this blueprint when we were created.

The plan is to use this to work with the Elementals and assist the Earth in its remembrance of her Christed Imaging. She, too, has forgotten her original state. Our interface with the Earth's Merkaba field will assist in further seeding Earth's energy system. We contribute to escalating Earth's Ascension by transmitting the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Templates that we now hold in our physical bodies.

It is imperative that we also have a coherent mental-emotional body that transmits only higher ranges of emotions and thoughts that come from our Higher Mind. When we use our mental-emotional body in a more refined way, to transmit this refinement to Earth, we change the frequency range of Earth's energetics and change its form from within our bodily form.

Earth's energy system varies from humans' in that the mental-emotional system of humans is configured differently. Earth can only reflect the many emotional frequencies that are created by humanity's thoughts and emotions. The magnetic components of our emotions are drawn into the Earth's energy field and then they are reflected back to us. So you can see how powerful our mental-emotional bodies are in the creative process.

As we individually create Unity and stabilize it in our own personal mental-emotional bodies, the frequency range of the magnetic as well as the electrical components is altered substantially within the Earth. Earth can then begin to reflect back to us a different energy. This assists us to use our mental-emotional bodies in a more refined range.

It is imperative at this time that as a Collective Consciousness we begin to embark on this work. First, we need to stabilize and create a coherence in our individual mental-emotional body. Second, we must reflect that back to Earth's energetic field through these valuable templates that we now hold within us. This is significant, because we hold the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Templates in our bodies. We are altering form in form.

These templates have altered the DNA structure of our physical body so it can be brought into a 5<sup>th</sup> Dimensional frequency range and reflect more of a crystalline form. At a nonphysical level, these changes affect the first layers of the body that relate to the Etheric and Causal Bodies. To alter the energetics of Mother Earth, we can use the energetics of our Merkaba field to influence the Merkaba field of Earth.

Now, for some additional information, please take a deep breath and help Joan bring forth Metatron.