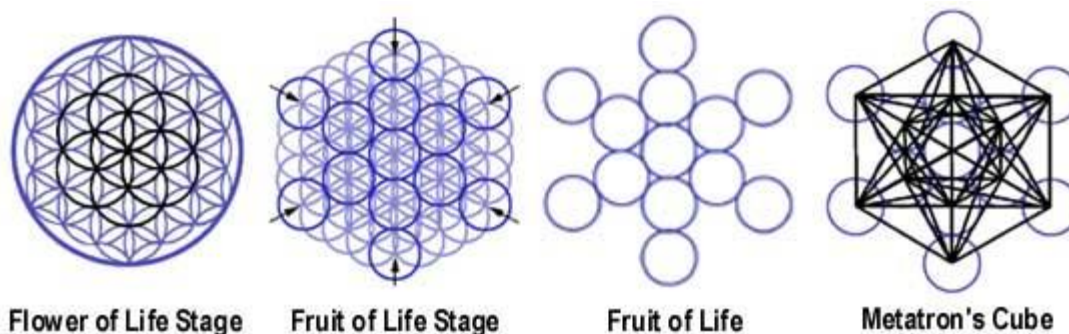


### Joan's Additional comments

The first emanation of the Flower of Life was Source and created the first circle in the Flower of Life pattern. When Source created a total of six circles the Seed of life or the Genesis Pattern was created. First there was Source. Then Source began to create movement by creating the six spheres. Then Light was created.

The second emanation of the Flower of Life was the Egg of Life which consists of eight spheres stacked together in a 3<sup>rd</sup> dimensional way. If you connect the centers of each sphere, you would create a cube. These 8 spheres correspond to our 8 original cells. This shape is the morphogenic structure that creates your body.

When you remove the outer circles of the Flower of Life and complete the incomplete spheres a subset of the Flower of Life that is called the Fruit of Life is created. It is composed of 13 spheres shaped like an X with a vertical line down the center. When you connect the center point of the 13 spheres with straight lines, Metatron's Cube is created.



\*Please note. The first diagram labeled Flower of Life Stage has within it the Seed of Life or Genesis Pattern in a dark outline.

A really good and brief YouTube video showing all this is found at <https://www.youtube.com/watch?v=RHuvW7YaGjQ>