

NOTES:

This call opened our 2019 Level 4 of the Seating of the Divine Image after a 3-month period of quiet, individual meditation, contemplation, and Initiation which began with the December Solstice call on 12/18/2018.

Due to recording difficulties, there is no recording or transcription available.

These notes may help focus our attention points as we draw the Energetics of this call from our Crucible.

The notes are incomplete and may not be completely accurate, but they can direct our attention points to the correct information and Energetics in our Crucible.

We are at a level of consciousness now where it is appropriate for us to draw the information and Energetics directly from the Crucible, the Higher Beings, and our Higher aspects.

John and Joan welcomed us all back after our period of introspection.

Gabriel Opening Meditation

This is the beginning of a new creative force

with which you can make better use of the new Energetics
and create a more refined level of you.

Each member of the Crucible now individually enters the Crucible: the Human component, the Pleiadians, the Arcturians, The Sirians and the Sirian Archangelic Council, the Telosians, the Lemurians, the Andarans, the Luminaries.....

The Human component has focused on Love and Unity on Earth.

The Arcturians have humanlike forms.

They are fully in 5D consciousness; some are in 6D or 7D.

They model to Earth Humans a different aspect of consciousness which is fully seated in 5D with no wobbles.

It is important to connect with this Arcturian Stargate.

The Arcturian Collective is moving closer to us,
reflecting to us a 5th Dimensional Christed Human.

FEEL what is being modeled for you.

The Pleiadian Consortium lent a portion of their DNA to all the Star Seeds on Earth so that at the proper time-space sequence,
it would be easier for Humans to come into their original state.

In the next 7 years, this will become more evident.

The Sirian Stargate holds an iteration of the Christed Central Sun
and a library we will be taught to access
to help us remember who we truly are.

Gabriel, cont'd

Take a deep breath.....

Feel your Heart spinning..... connecting.....

Send your Grounding Cord into your Earth Star.....

Loop the Energy in its original state from your Earth Star to your 1st chakra.....

Another Loop to the 2nd chakra.....

Another Loop to the 3rd chakra.....

Another Loop to the 4th chakra.

These lower 4 chakras are necessary for the Ascension process,
transforming these chakras into Light.

Your individual Soul Star is now so open,
drawn into the body's full complexity of Triads and chakras,
through the Central Channel and into the Earth Star.

This Spring Equinox is being influenced by the full moon,
as the moon goes from Virgo to Libra

[Note: the moment of full moon was 20 minutes after this was said by Gabriel.]

Dock with the Earth's Soul Star,
the Soul Star from when the Earth was first created,
and notice the Light within.

Be aware of all the Inner Earth Communities celebrating you as a Christed Being.....

[Pause]

Now undock and return to Sacred Heart Consciousness
and become aware of the rest of the Crucible:
the Lords of Light, Archangels, Ascended Masters, and Elohim.

John and then Joan shared some brief thoughts on their experiences
during our 3 months of individual contemplation.

John talked about how much he and all in our group had changed and grown
from our Seating the Divine Image participation.

Joan suggested we slowly and gradually re-engage back into our study program
as we harvest the benefits of our time of contemplation.

Metatron

I come both as a Lord of Light and an Archangel.

I am always present in your Crucible.

Humans are in the process of changing how they see the Element of Love.

Nurture it in your chakras and in your body,
honoring what Source created in you, both as an individual and as a Collective.

We are closing an era which was rampant with miscreation.

We now have a massive opportunity to change the dense creations that occurred
in the last 7 year period [after the 12/12/12 and 12/21/12].

We are still in the process of shifting the physical body into 5D.

You are now able to perceive the differences between the 4D and the 5D level.
Often in this process you have been triggered,
so you would see what in you still needs to be altered.

We are entering a time of unlimited creation.

Stay in the 5th Dimensional mental-emotional frequency range,
so your body can follow your consciousness into a higher Dimensional frequency range.

This Equinox has many energetic influences:

the magnetics of the full moon;
the electrical energy of the solar fire
Libra, which brings balance, especially in the mental-emotional body;
and the very dynamic electro-magnetics of the 6th and 7th Dimensional frequencies.
The 7th Dimension works with the 6th blending and balancing the electro-magnetic field
so it is made usable for altering your consciousness and your body consciousness.

[Note from Katie: our Sun also sent a flare to Earth on Equinox day.]

In this iteration, the physical body may reach the 5th Dimensional range, though it will waver.

It won't reach the 6th Dimensional range in this iteration.

When the body wavers, it influences your level of consciousness.

We will be able to help stabilize the electro-magnetics of Earth,

and we will be able to utilize these electro-magnetics better.

Electro-magnetic balance is required as you work with unlimited creativity.

FEEL the Love in your Sacred Heart -- that Element of Love.

FEEL the magnetics of the 6th Dimensional Light Template
and your balanced emotions.

Our Solar complexity is expanded by the influence of the Sirian Central Sun,

guided by the Pleiadians,

and has already been received by the Arcturians.

An Ra Ta

I am of the Sirian Archanglelic League of Light,
where your group holds a seat as representatives of Earth Humanity.

Electrical charges emanate from your Solar Sun as well as from the Central Sun.
The Solar Sun is necessary for your physical health and vitality.
The influence of the Central Sun increases the health of the physical body,
so it can live much longer,
and the death syndrome is decreased.
This current influx is like no other the Earth has ever experienced.

A portion of the Central Sun which relates to the physicality is in the Alcyone System,
in the Pleiades. This is an anchor for Earth Humans.

There is another anchor for Earth Humans in the Arcturian system.
There are many hybrids in the Arcturian system,
including hybrid Angelics and ascended Humans in 5th, 6th, and 7th Dimensions.
This provides a physical anchoring for the entire Milky Way Galaxy.

And, likewise, the Pleiadians are an anchor for Earth Humans,
through the DNA they gifted to the Earth Humans.

It is important to continually visit the Sirian Stargate.
Ask to be admitted.
Use your Presence there to better integrate the 6th and 7th Dimensional Light Templates.
They were fully retrieved but you can't yet fully embody them.

So, all 3 Stargates are physical anchors for you,
including the great whales and dolphins on Earth
who hold 5th Dimension stably in form.

These Energetics flow through all the Waters of Earth.
They amplify the Air element via the wind.
They amplify the Earth element, since the ocean is part of the Earth.
They amplify the Fire element, because it is dynamic, like the ocean.

Master Kuthumi

I come as an Ascended Master from the Earth.
I am able to hold frequencies of Light through the 10th Dimension.
I am a teacher for Humanity.
I dearly Love the Earth and Humans, for I was also Human.

It is important for you to direct your emotions into refined level of frequency states.
This does NOT mean to stifle your emotions.

Some frequency ranges intoxicate emotions, and some people call this ecstasy.
These frequency ranges can be addictive,
leading the person to continually seek the next high.
Often these states get interrupted by things which trigger you and the state is lost.
This is not what Ecstasy is.

What Ecstasy really is is generally misunderstood.
It is a state of consciousness.
It is a state of BALANCE in the emotions – NOT an emotional high.

So seek for stableness and balance
seek a feeling of neutrality,
even as you are aware of what you feel.

Ecstasy includes Love
but this frequency of Love is not the common emotion of love which brings a high.
Ecstasy includes a balanced state of Love, joy, compatibility.
There is no judgment in Ecstasy.

The process of Ascension is eternal, until you are completely returned to Source.

Yeshua will now speak with you.
He is my beloved friend
and also is ascended from the Human form.

Yeshua

My duty on Earth was to reflect the Element of Love.

It is impossible to hold it stably in a 3rd dimensional body.

I came in with a 5th Dimensional body.

Everyone one of you in this group has some level of Christ Consciousness
continuously available to you.

In this next year, we will be working with the 7th Dimension
and its relationship with the 6th Dimension.

You are being prepared.

You have been given Cosmic Rays of Light,
such as the one being brought through right now during this special Spring Equinox.

The Inner Earth Communities, especially the Luminaries, infuse your body
with the Light from the Christed Matrix
when you dock with the Earth's Earth [=Soul] Star.

When you dock, FEEL this infusion of this stable Love energy.

Brief Notes from Yeshua's Closing Meditation

Be in your Sacred Heart Consciousness.....

Access the 5th, the 6th, and the 7th Dimensional Light Templates.....

Acknowledge the Element of Love in the 5th Dimensional Light Template.....

in the 6th Dimensional Light Template.....

in the 7th Dimensional Light Template.....

Your body consciousness follows your thoughts about yourself.

In the Sacred Heart, you can remember your merged Soul/Spirit.

Your Spirit is a Collective Consciousness which knows itself!

It cannot be interfered with by the ego.

Your Soul also knows itself in many, many different iterations, both in form and not in form.

Spend time in your Sacred Heart Consciousness OFTEN!

Here you remember yourself and you remember what you know.

You remember your multi-dimensional Self.

Here you receive the Cosmic Light.

Blessings!