

## Consciously Engaging the Higher Self as We Explore Axialtonal Activation

With Melchizedek

## REVIEW From #134: evolution of Higher Self, Soul, OverSoul:

The OverSoul and the individual aspect of yourself, the Soul, unite now, as was designed, and the intuitive capacities, that still, small voice, coming from the OverSoul, can be much more dynamically heard by the Soul.

The LightBody is the individualized expression of the Christed body, holding potent Light frequencies drawn from the All That Is, and from the Monad, the collective consciousness to which the Soul belongs. The OverSoul domes above your energetic field, and the Higher Self. It directs these Light frequencies from the All that Is, through the Monad, into that individual expression, the LightBody.

The Higher Self guides and crafts creation when you are in the restrictions of a dense body. It is that tiny aspect of you that is embodied, coming in with you as the Soul enters the body. In a 5<sup>th</sup> dimensional body, the Higher Self merges with the Soul, allowing the Soul to have a stronger voice and presence in the body.

As well, the Soul, the OverSoul and the Monad can all come together to function in a oneness. The Flame in the Pineal allows you to know yourself as a Christed being in a 5 D human body. Because the Morphic Fields are unified, and you have attended to all the necessary things, the LightBody can now be activated. The 5D body requires the activation of the LightBody because one plays off the other.

## REVIEW From #56

The Soul is an individualized expression, in both physical and non-physical, and in various dimensions. Its purpose is to know itself, to grow its consciousness, adding to All That Is, to experience itself as a Soul Extension. The Creator asked, "I wish to know myself in all aspects." The Soul comes in at conception, anchoring in the body to have the experience.

The Monad is a collective expression, only in the non-physical, made up of all the Soul Extensions, stepping down from knowing Source, to create. Then the Soul progresses until it is satisfied that it has explored many venues, then it steps up, returning to the Monad and operating in a collective consciousness, not seeing the necessity to embody or separate out of that collective.

The Higher Self is a consciousness that knows everything that the Soul has experienced in both physical and non-physical, as Soul Extensions. When the Soul

comes into the body, the Higher Self enters also, accessing and holding the knowledge and wisdom the Soul has gained over eons, as various individualized expressions. The Soul and Higher Self are both unique to this incarnation, and are very congruent with each other.

The OverSoul is you in full awareness before you come into physicalness, as very refined Light, that domes over the physical body from conception, until Self-Realization. It is what you are in a nonphysical state. The Higher Self is compatible with the OverSoul. The Holy Spirit is bonded with the OverSoul.

What we are doing here is, thru the Lords of Light, drawing that OverSoul in thru the Eye of Horus in the Crown, 3<sup>rd</sup> Eye and Pineal, into the body, so that the OverSoul merges with the Higher Self, the Soul and the Spirit. It is the Eye of Horus installation that connects you to All That Is, the Eternal Eye. We are creating the template of the Adam Cadman body, complete consciousness in form, the OverSelf fully in form.

#138 12/18/13      A Tour of the Unified Landscape of Ourselves

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With Melchizedek

We wish to create conscious awareness of the Higher Self (see preceding review notes re Higher Self reprinted above from Classes #56 and #134) to be heard and felt more clearly, now as conscious thoughts and knowingness, as we draw communication through the Christed OverSoul, through the OverSoul, into all levels of ourself via the SoulStar connector, interfacing with All That Is, Prime Creator. It is no longer just a concept that the electrical impulses from Universal Mind and the Godhead are very available to you to communicate with.

The axialtonal lines are the fabric of who you are, pathways of communication weaving through the meridians, the Triads, illuminating the Eye of Horus with the Light of the Eternal Eye, absorbing the templates of our Intention to merge into the Lightbody from the Universal Mind at the 8<sup>th</sup> Chakra, integrating with the Higher Collective Consciousness via the 9<sup>th</sup> Chakra, further enlightening the Christed, Causal, Mental/Emotional, Etheric and Physical bodies, and linking in expanded Light all the chakras from the 14<sup>th</sup> Chakra, through the SoulStar, to the Earth Star, connecting the Celestial Realms and humanity, and anchoring the Knowing of All That Is into the Christed Matrix of Earth once again, and drawing that augmented Knowing up into the

embodied Soul and All that Is was disconnected at the Fall of Consciousness in the density of the third dimension

We take a tour of the entire Chakra system, intending the activation of these axialtonal pathways of consciousness and communication, connecting the whole of you to the Lightbody in a grand unification of the system, building and engaging the wiring and plugging it into Source. You are increasing the levels of Light that can be drawn through the axialtonal lines. You can now communicate with your OverSoul, so that you can consciously know the answers to your questions without depending on another for any communication between you and your Source.

But you are also connected with a conscious knowing to all parts of the non-physical realms of Creation. You are able to use that Light to create in your life: creating what is needed to sustain you in your Physical body, or creating this grand interface between you and your Source and all great Beings of Light, as well as other physical universes and consciousnesses that you now can communicate with.

Melchizedek has said that he will not leave you, that he will help you hold this dynamic Living Light, until it is well seated in every part of you, becoming the perfected example of the blueprint of the Adam Kadmon, the divine humanoid. It requires an embodied Soul to re-establish this. The heavenly realms support you in joy, sending vast amounts of Light for your use.

#139 1/8/14

Commanding Light from Axialtonal Lines and Meridians into First 2 Chakras

“Spend the time that is needed to build this foundation. It is *very important!*”

With Melchizedek (as the Initiator of Light into form, in a triad with Metatron and Michael)

Lord Melchizedek is wanting to make us very conscious of the importance of the Light flowing through the axialtonal lines, precisely initiated into the body to alter the consciousness on a physical level, exponentially increasing our ability to experience Soul as an individual expression, while maintaining a level of consciousness of Unity with Source and the Higher Collective. This was originally intended when Earth and humanoids were created in the 12<sup>th</sup> dimensional template.

We are no longer gauging time in 3D linear time, but in 5D time, so we have variances and a time lag between the two, and the shifting in the body is not measurable in linear

time, and must be observed centered in the very conscious now, without the habit of a frame of reference from the past.

Further, what purpose would it serve to make you different, to draw attention and fear? That center can get knocked off balance, strictly because of the numbers playing in incompatible energetics, and until this energy is fully integrated, **it is sensitive and incomplete, and you have to pay attention to where you physically go and what you expose yourself to.** The electrical thoughts can short-circuit the refined Light you have so carefully cultivated. It will take some time and daily practice.

The axialtonal lines run through all the bodies: Etheric, Mental/Emotional, Causal and Christed, as well as your energetic system, the Chakras.

**The Root Chakra** connects you with the Earth and the physical realm. Using the axialtonal pathways' flowing unification of energy, we have connected the 1<sup>st</sup> Chakra to the a) SoulStar and b) the EarthStar, as well as c) to the **Christed Matrix by drawing from the Christed Matrix in the Sacred Heart and the Earth Star** into the 1<sup>st</sup> Chakra, connecting us to **the Earth and the Elementals.**

Intentionally draw, with the breath, the refined Light of Creator from the Christed body and All That Is through the axialtonal pathways **from the 14<sup>th</sup> Chakra, into the 1<sup>st</sup> Chakra.** Through your Intention and even command, by spinning and vibrating with this increased radiance of Light, bring the 1<sup>st</sup> Chakra into a cohesive bonding with the high frequency spinning of the axial spin points of the axialtonal pathways, and merging with the spin points or acupuncture points of the meridians. The Light is drawn from the axial spin points into the meridians, and into the Chakras through the heightened vibrational frequency of the spinning.

This alters how you operate from the position of being part of the Earth. You are no longer in a position of survival fear and lack, but **now living in the illumed joy of a body without friction, since you can resonate with comfort, through the presence of this Light, with your SoulSpirit and Higher Self, directed by the OverSoul.** You perceive yourself as a Christed being, as SoulSpirit, no longer less than, or inept, but certain, capable, perceiving Self as creator, not separate, accessing the creative Light energies of Source. **The energy of the 1<sup>st</sup> Chakra has been increased a hundred fold.** This allows the individual expression of SoulSpirit to create from the Christed mind while in form.

You can now command this abundant amount of **energy/Light/intelligence from the spin points into the creative capacity of the 2<sup>nd</sup> Chakra.** In this way you **enhance the higher range emotions of the 2<sup>nd</sup> Chakra's Emotional body, consistently in peace and harmony.** Similarly, it **alters thought in the 1<sup>st</sup> Chakra, and further, will allow bringing in Universal Thought.** There is very ample expansive energy flowing into the 1<sup>st</sup> four chakras, with no interruption of the flow. In the past when triggered by interactions or unresolved issues,

the distortion of the 1<sup>st</sup> Chakra inhibited energy flow to the other chakras, getting short-circuited. The fragmentation has been burned away by the Light, by merging all the systems through the vibrating axial spin points.

By noticing all of these changes, they become more conscious and real. Similar to creating a sustained level of Light within the Triads and the Unified Field, daily take the time to observe the activation of these energies, and the joy within your body and Soul.

#140 1/15/14 The Transformed Role of the Ego

### The First Four Chakras in the Activation of the LightBody

With Melchizedek

We are asked to be aware that the Living Light drawn from the Godhead and higher dimensional realms, through the axialtonal pathways, is **very different, very expansive and refined**, resonant with the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> dimensions. It is drawn through the Christed Matrix of the EarthStar and Sacred Heart, expanding and affecting the meridian system and spin points of the Physical body, the energetic system and spinning chakras of the Etheric body, and extending into all the bodies in a unified harmonic resonance, since the Etheric body resonates with the Causal and Christed OverSoul. The seven chakras are integrated into the Physical body. There is also a greater strength in the expanded Unified Field, with more Light available in each Triad.

Residing in the 1<sup>st</sup> Chakra, the ego's 3D function and dominant focus of survival and seeking acceptance, is being transformed into well-being. Now the ego can experience value and allow self-appreciation, rather than our old concept of needing to eliminate ego. As the 1<sup>st</sup> Chakra spins with brilliance at the higher vibration of the EarthStar and the Christed Matrix, the ego is able to REST in that spinning vibration, and is not in agitation and vigilance to preserve the body. The 1<sup>st</sup> Chakra and ego can now create powerful thought of a much higher quality, in alignment with the 5<sup>th</sup> dimension and the perfected Christed Matrix, never to return to previous levels of thought. It takes the ego to love the way you are expressing yourself in a physical body, standing in your truth. There is an experience of a Presence with command, authority, clarity and ease. There is a knowing with the relaxation, the smile, projecting a coherency even into ones' environment.

The 2<sup>nd</sup> Chakra can use the Emotional body, creating *emotions* compatible with the 1<sup>st</sup> Chakra's Christed *thought* of well-being, now coupled to instantaneously create form while in form. Because of the greatness and expansiveness of the Living Light spinning in the axialtonal lines and axial spin points, there is greater consciousness available in

the 2<sup>nd</sup> Chakra to create in an explosion of excitement and creativity. The unification of Mental/Emotional bodies in the 1<sup>st</sup> and 2<sup>nd</sup> Chakras, assisted by the ego of the Physical body, brings balance, calmness and harmony to these bodies. Experience the rest.

The 3<sup>rd</sup> Chakra is able to project this manifestation with certainty and power, uniting the higher personal will of the ego as an individualized expression of SoulSpirit, without the questioning of ones' motive and the resulting indecisiveness, without the interference in the Mental/Emotional body to short-circuit the power produced in the 3<sup>rd</sup> Chakra, and without the resistance of the ego constantly disturbing the flow of the chakra energies because of the survival fear of not being good enough.

As the rarified axialtonal energies are drawn from, not only Universal Mind, but from All That Is, all realms of Creation, now even the Christed Matrix, linked to the 1<sup>st</sup> Chakra from the EarthStar, is activated to a different level, with these spiraling energies useable within the body. The Christed Matrix will take a number of years to fully activate to its original state.

The Heart, being the center and base of it all, physical and non-physical, accesses the amplified Christed Matrix. But, the key to all that, is the usability of the Element of Love. This is what creates the health, well-being and longevity for as long as the SoulSpirit desires to use that particular vehicle. It can go no further if it is short-circuited within the first three chakras. The physical heart completely replicates what is going on at an energetic level. As the 3D ego becomes disengaged, the SoulSpirit directs both the physical and non-physical Heart, including transforming carbon into Light, and ones' longevity.

#141 1/22/14

Full Transition into 5<sup>th</sup> Dimensional Awareness in the Physical Body

With Lord Melchizedek

The 5<sup>th</sup> dimensional consciousness that has been present at the level of SoulSpirit now is present within the Physical body. There is coherence within the Chakra system, coherence between the bodies, now joined and operating as one, as intended, and the Heart is now open with an awareness of your Christed nature, your value, and beauty. You actually hold love of Self, expressing your Christed nature.

With a breath, bring your awareness into the Higher Self, then drawing the OverSoul into the Higher Self, interfacing by your intention. See into the All That Is, hear, feel, observe, become conscious, and know through the expanded perception of the Eye of Horus. Notice the distinction of this awareness and consciousness.

Drawing the faster, purer, higher quality of Light through the axialial pathways into the spin points, which act like sponges, absorbing the rarified vibration into the meridians of the Physical body, and the chakras of the Etheric, then uniting all the bodies. The present moment has more presence, is quieter. **This is the transition fully into the 5<sup>th</sup> dimension.** One can draw to oneself what one intends.

Draw all your consciousness from *all* consciousness, from the planet, the solar system, the galaxy, as *layers* of consciousness and thought. This Light that you are drawing is reflecting the Christed nature of knowing oneself into all consciousness. The Earth was created to hold this Light that you are now drawing and reflecting. With the Light from the axialial lines absorbing like a sponge into the EarthStar, it now begins to animate and expand and become reflective. The Earth begins to reflect back the Christed nature you hold and its own Christed nature to the galaxy.

As the Light weaves between the Christed Matrix in the EarthStar and the 1<sup>st</sup> and 2<sup>nd</sup> Chakras, the mid- and upper-level thoughts and emotions of the Christed nature harmonize with the transformed ego in its capacity to be of value and ease, flowing into the 3<sup>rd</sup> Chakra's will and power in joy, expressing the intensity of Light, propelling the consciousness into the field around you. The Light flows into the Heart, then draws the Christed essence back into the 3<sup>rd</sup> and lower chakras with the power of the Element of Love. Light and love can unite. With the Ego's release of survival consciousness, the lower mind now disintegrates. Never again will thought be drawn from the lower levels.

Be aware, during your day, of observing without words, noticing without thinking, and yet knowing exactly what to do, with the commanding presence, clarity, and graciousness of the 5<sup>th</sup> dimensional consciousness.

#142 1/29/14      **Expansion and Expression of the Heart's Creative Mechanism of Light and Love**

**The Experience of the Experience of Powerful Love**

With Melchizedek

Because of the Light drawn through the axialial pathways from all realms of creation, especially the higher realms of creation and the Godhead, there is an **expanded connection with your physical expression through the lower chakras and the Heart**. This **new Heart engagement and opening relates to your creativity**. That massive energy of Love is not an emotional feeling, but an empowerment to be a creator as embodied Spirit, not as an accomplishment but **for the sheer joy of the creation**.

Until you engage the Heart at this level and incorporate those energies of the expanded Heart into the first four chakras, you do not fully engage that awareness of Self as creator. The powerful forces of Creation, the presence of the Holy Spirit, the feminine face of the All that is, the Triad of Anna, Mother Mary and the Magdalene, are very available to you.

There is an enlivening and animating of the bodies with a life force energy of coherent Light which refines the physical experience, making it consistently smooth and flowing and without friction. There is a brilliance of connection made within the Christed Matrix from both the Heart and the EarthStar, through the lower four chakras and the 1<sup>st</sup> Triad. The **creative mechanism of Light and Love continually weaves through the first four chakras, anchoring in the Sacred Heart.**

As the Light weaves from the EarthStar into the 1<sup>st</sup> Chakra, the Ego becomes a willing participant in your ascension process, one with the Lightbody, no longer resistant. In the 2<sup>nd</sup> Chakra there are the higher level emotions and an excitement of the feminine force of creation, and in the 3<sup>rd</sup>, a very powerful expression of this life force and creative flow, personal power in perfect alignment with you as a Christed Being of Light. And now there is no need for the bridge between the lower chakras and the 1<sup>st</sup> Triad, since there is no longer any separation, only Unity. We are able to have the softness of **compassion within a presence of certainty and command**, and not be influenced by others' opinions and need to dominate.

From here the **Throat Chakra is activated to express yourself through toning and the spoken word**, from the Christed perspective as a multidimensional being of Light, and empowers you to project it to humanity and, via the axialtonal lines, to all parts of creation.

It is from the Christed Matrix that you influence the collective nature of who you are by your individualized uniqueness, **drawing the information/Light into your energy system, stamping it with your individual perspective in an unfragmented state of wholeness, and reflecting it back into the collective, empowered by the 5<sup>th</sup> Element of Love**. In this way you expand both the individual and collective and all of creation, furthering the divine plan.

So it is from engaging the axialtonal pathways through the Heart and the Throat Chakra, that the Physical body and the Lightbody merge. But it becomes **a knowingness, rather than something taught to you, through the experience of the expanded higher vibration of Love flowering in all parts of your consciousness.**

We are instructed to spiral the energy from the Christed Matrix in the Heart, through the four lower chakras: the lower regions of the Heart that relate to the body, the 3<sup>rd</sup>, the 2<sup>nd</sup>, the 1<sup>st</sup>, down to the Christed Matrix in the EarthStar, then draw the energy up again to

the heart, spiraling the energy both ways, continually expanding, refreshing, realigning the chakras.

#143 2/5/14    Using the Color Codings to Release the 3D Rigid Density of the Body, Your Lineage, and the Collective Consciousness

With Master Kuthumi

Because of Master Kuthumi's experience in his own transformation, he instructs us about the **effects of activating and installing the Lightbody into the Physical body**, and how to use the color codes to release with ease these **fragments of fear that get jarred loose after this merging**. It is necessary to see the old patterns, recognize they are exiting, choose to let them go without emotion or asking why they are back.

This is a time of great growth. **The 3D Physical body has outlived its usefulness to you**, and no longer supports you in the evolutionary step you are now taking. You are ready to transform the old vehicle, so the physical can come into resonance with SoulSpirit and be more useable by SoulSpirit.

If we hold on to the anomalies or question them, they stay with discomfort. The source may be 1) **from the genetic lineage, the DNA, and programming of culture and ethnicity**, or 2) **from the general collective consciousness in everyday life**, or 3) **from the density of the body structure itself** that has not yet caught up with the SoulSpirit consciousness: the organs, the flesh, and especially the bones, all still holding the 3D density. There is a huge gap in the physical properties, between 3D and 5D, like the difference between steel and water, and the transition will be slow and not always comfortable when survival fears and old habits surface.

You have not only come to transform that lineage but also to experience the power you hold in overcoming those obstacles, so you **can love your lineage**, however fragmented, rather than blaming it with anger for its impact on you. Be also discerning when that larger 3D consciousness pushes on the edges of you.

**Bring in all the color codes to smooth out the exiting of these programs without engagement, especially in that Mental/Emotional range of the Physical.** Flood the spinning 1<sup>st</sup> Chakra with the nectar of the Red coding, coating it to release the survival fear, which is part of genetic lineages, to level out the fragmentation and spikes experienced. This assists the Ego to rest, even enjoy itself, and expands the possibilities within the 1<sup>st</sup> Chakra. The Yellow, connected with the Christ consciousness, allows thoughts of fear and separation arising from the 1<sup>st</sup> Chakra and the Mental body, to be more stable and aligned with Christed nature.

Draw the Red and Yellow into the 2<sup>nd</sup> Chakra to assist it to spin in creative excitement, releasing restrictive thoughts and emotions from the physical. Use the Blue to bond with and raise to higher levels the lower emotions. Use them to open the 3<sup>rd</sup> Chakra's expression, and the 4<sup>th</sup> Chakra's creative power of Love, gracious and capable. Flood the Green into the Heart, to love yourself unconditionally, including your valuable vehicle, in gratitude, dispelling the programming of, "I am not good enough." Draw all the color codes down through the chakras into the EarthStar.

Feel how the Etheric body relates to the Physical, and how they both reflect the other. The Morphic Field has changed tremendously, "so that there is more of a resonance, so you can really get in touch with the Physical body, and own it, and use it, and respect it, love it, and further facilitate its upliftment into that 5<sup>th</sup> dimensional state."

#144 2/12/14 Creating Light from Within the Pineal: SoulSpirit Sovereignty of the Body

With Confidence, Certainty, and Direct Knowing of the Eternal Mind of Creator Within

With Lord Metatron

You are reminded that you **step out of integrity of the Christed nature** when allowed to be swayed by outside influences, stimulating the lower chakras in fear. All is not Light-filled. Choices have to be made from discernment, to stand firm your ground in alignment with SoulSpirit, to create powerfully within the Christed Matrix, with the Elementals, from self-love empowered by the Element of Love.

You have created Light from the Pineal and the 2<sup>nd</sup> Triad as Liquid Golden Light, as well as the laser application to dissolve the Reptilian nodule. In order to have Light most effectively raise the carbon density of the body into a 5<sup>th</sup> dimensional state of crystalline Light and multidimensional fluidity on a molecular level, **it must be generated from this 2<sup>nd</sup> Triad, rather than drawing it from the external, which is limited.** The Light and Love of the All That Is is within you and must be activated within the Pineal. This Light can be enhanced as well by drawing from Universal Mind, but is more efficient when generated from within as creator.

**To initiate this, use the Living Light of the Mind of All That Is, drawn through the SoulSpirit, through the Crown, into the center channel of the body, through the Eye of Horus, to activate the Pineal. Breathe this in! Receive this awareness! Through this profound experience, you then know that the Eternal Mind of Source is within you. The Holy Spirit, the balanced Divine Feminine, is within you, within your Physical body, and you can create more Light just by placing your attention there and breathing. Call it**

forth by just shifting your awareness. Further activate the Eternal Eye through the Eternal Mind.

That allows the Pineal to create a more useable, effective Light from within. This draws you into an interior focus, the SoulSpirit sovereignty of the body, rather than looking outside the body for help or a messiah. The Eternal Mind of Source is within, and the SoulSpirit is a total reflection of that Mind. You hold the power of a divine creator with confidence, certainty and direct knowing of who you are.

This is a huge step in consciousness. It allows you, as a reflection of the perfected Divine Image, to create as much of this nectar of Light as needed within your Physical body, reflecting that Light, engaging the Pineal, Pituitary, Hypothalmus and Hippocampus, all the brain functions, creating the glandular hormones in a balance now reflecting your Christed Light and SoulSpirit. This nourishes the blood especially, and vital organs, and can be efficiently used to regenerate any unhealthy organ.

#145 2/19/14 Bringing 8<sup>th</sup> Chakra/Universal Mind into Resonance with the Pineal

Initiation of First Level of LightBody Integrated into Physical: The Conversion of Matter

With Lord Metatron

The integration of the Lightbody has raised the physical frequency, causing an energetic conversion in the matter and the consciousness of the body, as well as the SoulSpirit's ability to fully use the body. With the activation of the Pineal, there was an engagement of Universal Mind and the 8<sup>th</sup> Chakra at a higher vibration within the Eternal Mind of Source. The Eye of Horus in the Pineal had also an energetic conversion, allowing you to experience Universal Mind and your mind to be one and the same. This allows for changes to be made within the 3D density of matter, both in the Physical body and the Earth.

Previously the 8<sup>th</sup> Chakra/Universal Mind was perceived as being above the Physical body. But with this new activation, the Mind is experienced to be not outside the body, but within the Mind of the individual SoulSpirit in a body, as a unit. This engages the 8<sup>th</sup> Chakra in a different vibratory level which allows it to Spin at a much higher frequency range to begin that conversion of individual mind as it is expressed in a body.

This Unity Consciousness, one of the God Particles, was there all along, but the 3D body could not integrate it until the SoulSpirit took its presence within the body. The consciousness of Higher Self and the OverSoul are very present. By absorbing this experience, you can know yourself as the Mind of All That Is, and as the Heart of the All That Is, every cell vibrating with Unity Consciousness. Experience the sense of yourself

as SoulSpirit in a unified state of power, certainty, presence, as the first level of the Lightbody is integrated into the Physical over the next 7 days.

This was set up at 12-12-12 with the activation of the 14 Chakra system, to come into coherence with the physical and non-physical aspects of you as well as Earth, especially the 8<sup>th</sup> through 14<sup>th</sup> Chakras holding levels of consciousness relating to the frequency ranges of the Eternal Mind.

The **Liquid Light** is distributed from the Pineal, into the pituitary, hippocampus and hypothalamus, engaging through the neurons the entire cellular system. Within the body, the less viscous liquids within the cells, the glands, digestion, blood, must contain this Light to have this conversion. The Liquid Light disperses outside the body via the saliva, urine and sweat, altering the cells of the Earth and the Ethers, reflected from us, to be absorbed by the Elementals, restructuring the ley lines and the energetics of matter of the planet, similar to the meridians within the body.

As the Light spins and vibrates at a higher frequency range in the Pineal, there is also the more **viscous Nectar of Light** produced continuously in the Pineal, which can adhere to some organs, the glands and at a cellular level and within the neurons, throughout the body. It holds and sustains a higher frequency of Light, altering the 3D density of matter tremendously. That Nectar is held within the cell as perfected imaging, restoring the body to its original state, absorbing, sustaining, reflecting.

There are **7 levels of Lightbodies**, each with individual levels of Light, sound, color and frequency ranges. The first layer was first initiated in the previous class with the experience as the Eternal Mind of Source. It runs through the axialtonal pathways, engaging the axial spin points and the meridian system, into the matter of the body, creating a more dynamic energetic communication. One of the key components of the first level is Unity Consciousness, as the SoulSpirit takes a sovereign position within the body. The Etheric body and Physical body operate in that unity because of this Light.

Another layer of the Lightbody residing within the 10<sup>th</sup> Chakra's Universal Mind range, interfacing at the 9<sup>th</sup> Chakra, is overlaid over the first level, merging into it, and the physicality via the meridians.

#146 2/26/14      The 1<sup>st</sup> Level's Effect on the 2<sup>nd</sup> and 3<sup>rd</sup> Triads, Neurons and ATP

Unification: Aya Ashur Aya

Foundation 2<sup>nd</sup> Layer Lightbody

With Lord Melchizedek (in a Triad with Lord Metatron and Lord Michael)

Because of the integration and absorption of the first level of the Lightbody into the Physical body through the meridians, and its unifying effects on all parts of you, the 2<sup>nd</sup> and 3<sup>rd</sup> Triads become automatic, part of the autonomic system in the Triads, as the 1<sup>st</sup> Triad has been for some time. The 2<sup>nd</sup> Triad automatically and continuously generates Liquid and Nectar Light, through the presence of the Mind of the All That Is, your Mind.

This higher frequency of the Light Nectar is directed through the Pineal, then the Pituitary and Hippocampus, to the Hypothalmus, where the neurons are affected physically. The body is upgraded to a higher frequency range, a much different vibratory level. The abundance of Nectar brings about changes on the cellular level. Because of its viscosity, it can break the seal and interface with the collagen of the neuron, and adhere to the protein, compatible with its viscosity, just as the Liquid Light is compatible with the blood and all fluids of the body.

Because of the presence of this Light, the ATP does not drop back to the ADP state, but regenerates from its original state, and the neurons no longer gradually die, but are sustained in this level of Light. And because of the Nectar, the neurons of the body can both *be the message and deliver the message*, in one continuous flow in Unity consciousness.

From the Hypothalmus, the Nectar is dispersed down the main channel of the body in an undifferentiated, unified way, immersing into all levels with a higher frequency range. It unifies all the previously separate systems of the physical body, as well as all of the non-physical, upgrading the Chakras, root to crown, the Triads, the Unified Field, and unifies all the bodies, Etheric, Mental/Emotional, Causal, Christed, in function, and with a closer proximity of the Morphic Fields. The first level of Lightbody is solidifying, creating a base for the other levels to integrate into the physical also. Since the Fall of Consciousness everything was fragmented and separated. Now, because of the Nectar, all parts are coming into Unity Consciousness of the God Particle, part of your makeup as that Christed being.

Because of this higher vibration at every level of you, you know that your mind and the Mind of Source are One, and experience yourself in a unified state of being. Aya Ashur Aya. I Am That I Am. I Am the All that Is.

Because of the automatic functioning, you are constantly creating Light in the Pineal, and this magnifies one hundredfold when you consciously place your attention in that 2<sup>nd</sup> Triad, drawing the Light down the center channel, reinforcing the presence of the first level Lightbody, building the base for the second level Lightbody to be drawn into the physical and adhere to the 1<sup>st</sup> level. And you have the ability to direct the flow of this Light to other parts of you to expand them or reinforce this unification.

#147 3/3/14

## The Game of Separation is Over

2<sup>nd</sup> Level Lightbody's Undifferentiated Light from the Oversoul:

Experienced, Absorbed, Activated, Expanded, Accelerated

ATP Activation of 2-Way Transmission and Dormant RNA/DNA Strands

With Lord Metatron

The 2<sup>nd</sup> level Lightbody is drawn into the Physical through the 1<sup>st</sup> level's interface of the Golden Nectar, created continuously in the Pineal, as well as through sound and color. This allows for a massive influx of refined undifferentiated Light from the Oversoul via the Higher Self into the SoulSpirit's expression in form. This transmission is taken in through the axial spin points of the cells and the Light begins to be recognized by the cell as food. The undifferentiated Light is whole and complete unto itself, and holds vast stores of information and knowledge of who you are within the color codes, that can be used for the refinement the Physical body.

Then the cell can formulate a continual 2-way transmission or communication with the Oversoul, to be a receiver as well as a transmitter, facilitated by the higher levels of ATP, the enhanced hydrogen atom, and the activation of DNA by the RNA, using the Red color code to expand the cellular system.

Since the Fall, all but 5 to 7% of the DNA was dormant, the so-called "junk DNA", to create separation from the All That Is within the density, to prevent you from knowing yourself as a powerful creator. The one-way transmission creates decline, deterioration of the body and the death syndrome. The newly activated RNA transmits information to the parts of the DNA that hold the imprints of generations of the physical body. This expands the communication levels of the axialtonal lines and spinpoints in the cells to a greater level of vibration.

The Light transmission through the dormant genetic encodement of the RNA and DNA strands will be decoded, to bring you gradually to a 12<sup>th</sup> dimensional state with each level of Lightbody you are able to activate. Also, another part of the DNA is activated regarding you as an eternal being in multiple lifetimes in various planetary systems. You become a receiver as well as a transmitter, because of the ATP chemical changes now an antenna, communicating through the axialtonal lines, to other parts of Earth and the solar system, and the many worlds of form.

The Blue color code raises the emotional body to a higher level to receive this undifferentiated Light, empowering the creative process with higher level emotions.

The undifferentiated Light enters, not with an action, but with the **awareness** you are receiving of the interface between the Oversoul and the SoulSpirit, translated and experienced as a knowingness when there are no thoughts, or words that explain, **in the 6<sup>th</sup> Layer of Thought**. The **consciousness of the 2<sup>nd</sup> Level Lightbody is not able to be reversed once it is activated**. It relates to the 6<sup>th</sup> and 7<sup>th</sup> dimension very stably, as the 1<sup>st</sup> level did to the 5<sup>th</sup> dimension. At this level there is no Self. It is unified into the All That Is, undifferentiated, no longer an individual expression.

#148 3/12/13

This Process, at a Physical Level, Is Irreversible

Stepping Into the Environment of the Holy Spirit, the Undifferentiated Light Is Sucked In

**5<sup>th</sup> and 6<sup>th</sup> Layers of Thought**

With Metatron

It takes an absorption period of rest, for the body to alter its vibration and physiology, to create cellular upgrades and chemical changes within the fluids of the body, to be compatible with the 1<sup>st</sup> and 2<sup>nd</sup> level Lightbody, which is still integrating into your physicality. The new strands of DNA are coming into being, affecting the psychology, the physiology and the waking consciousness.

There are changes 1) in **the psychology** of the body through the elevation of the Mental/Emotional, 2) in **the physiology**, with cellular regeneration from its perfected state, whether you recognize the great changes or not, creating compatibility of a 5D vehicle with the undifferentiated Light, and 3) in **the consciousness**, with Unity Consciousness, the unity of all parts of yourself and of all parts of Creation, **knowing that there is nothing but the presence of undifferentiated Light** for your creative use.

**All of this is for the sole purpose of the evolution of the body into a 5<sup>th</sup> dimensional state.** It depends on that 2-way communication from the Oversoul into the SoulSpirit in a physical form through the interface of the Higher Self. The first step was the 2<sup>nd</sup> Triad function of interfacing Light with the physical.

The bridgework between form and non-form, physical and non-physical, is the DNA lattice. That includes communication from unformed realms, opening DNA communication to other states of consciousness, transmitting and receiving more of who you are at a collective level, no longer hindered by the denseness of the physical DNA body. **Even though you are in a slow dense body, the vibration is increased enough to allow this 2-way communication into the DNA**, overcoming the limits of the

body. The functioning of the cell has taken on an autonomic process with this activation, but being conscious that this process is occurring is important.

The 7 Layers of Thought reflect where the physicality is, still in the density of 3D, or allowing you to be more conscious of yourself at 5D, which affects the emotions used in the creative process, cohesively merged as a unit with thoughts in the 5<sup>th</sup>/6<sup>th</sup> Layer. Here the Mental/Emotional body has no separation.

The 4<sup>th</sup> Layer is pondering with soft words, curious, identifying and placing your attention out into an expanded concentric circle. Spending time in the 5<sup>th</sup> Layer of Thought (pulling into yourself, words are lightly heard in the background, not spoken), and especially the 6<sup>th</sup> Layer (no words are spoken or heard, know, be aware, and allow), brings the Mental/Emotional body under the direction of the Oversoul, interfacing with the Higher Self, without the hindrance of language. One can hear in the background the communication with the Higher Self, and begin to know the Oversoul. Here is where you step into the environment of the Holy Spirit.

The information is transmitted in blocks of energy, understood at a Soul level, yet acceptable to the body because the 2-way transmission has been opened up within the DNA lattice. At the moment of entering the environment, the air sucks in, as though a door has opened into a vacuum, the light frequencies rushing in, filling the space.

#### #149 3/19/14      Third and Fourth Strands of DNA Connecting SoulSpirit to the Higher Self and Oversoul

With Metatron (with Uriel, Michael, and Melchizedek)

With the first two strands of the DNA relating to the physical body and its genetic lineage, there are two new stands activating that relate to the SoulSpirit embodied in the physical body, opening up a 2-way communication with the Higher Self and Oversoul so you can have the knowing of yourself as a Divine reflection.

Create a comfortable, stable, calm environment of rest, unique to yourself. In this environment you open the channels of communication through the Crown, through the Eye of Horus, through the spin, a grand orchestration within the Unified Field, everything interwoven, operating in perfection simultaneously, smoothly, with great coherency. The undifferentiated light will maintain a level of health and well-being, the cell recognizing the Light as nutrition, food.

The two strands will activate very slowly as you sit quietly in the silence of the 6<sup>th</sup> Layer of Thought, very present in your body, paying attention, calm, opening the crown, engaging the Triadic system, receiving what is being transmitted. As you fluctuate

between the 5<sup>th</sup> and the 6<sup>th</sup> Layers, it is when you drift into the 5<sup>th</sup> that you want to open your intention for that communication more consciously between you and your Higher Self. It is **within the 5<sup>th</sup> Layer that the clairaudient aspects of yourself begin** to be engaged, enhancing the communication. It is in the 5<sup>th</sup> that you quietly hear, somewhere in the background, the gentle voice of the Heart affirming you in love.

Call on **Archangel Uriel** who is more present now, overseeing and supporting this, and open yourself to receive. Open the channels of communication between you and your Source, you and your body, you and the vast energetic complex of yourself. The ego is being transformed, and as the Oversoul and Higher Self begin to direct your life experience, the ego happily follows the directives of your SoulSpirit.

#150 3/26/14

Axial Expansion Into Collective Consciousnesses

Union of Christed Matrix of Earth and Sacred Heart in Wellbeing Template

The Shekina Aspect of the Holy Spirit

2-Way Communication Between Cells

With Archangel Uriel

The third and fourth strands of DNA that are now being activated, bridge the physical genetic lineage with the spiritual, and transform the body into a 5<sup>th</sup> dimensional vehicle and a Lightbody. This allows you to be physical and non-physical with no interruption. It requires knowing Self as SoulSpirit and developing **communication channels through the Higher Self into the physical from the OverSoul and the Christed Oversoul, and an extensive collective consciousness of the Archangels, Masters, and 12<sup>th</sup> dimensional realms such as the Arcturians and Sirians and many more**, via the extension of the axial pathways beyond the physical into **axial pathways into other realms**.

It is time to make the antenna more efficient, allowing the processes on the physical side: integration of the 1<sup>st</sup> and 2<sup>nd</sup> Level Lightbody, axial lines, axial spin points, the meridian system, changes in ATP, RNA, DNA, the cell recognizing Light as food, to allow your full reception of Light and 2-way communication as an individualized SoulSpirit from these awarenesses and collectives of Beings.

Create your intention in the 1<sup>st</sup> Chakra for vitality and well-being, placing your attention on spinning it in the Red Color Coding. Allow the excitement of creation to be augmented in the 2<sup>nd</sup> Chakra. Draw the vitality, well-being and excitement up into the Yes! of the 3<sup>rd</sup> Chakra's power, propelling your creative intention for well-being into manifestation as your attention rises in enjoyment into the Sacred Heart's stability and knowing and power.

The interface you have created between the Earth and the body, **through the Christed Matrix in the Heart and the Christed Matrix in the Earth, now extends through the chakras, up the center channel of the body in a now expanded diameter**. This allows the 8<sup>th</sup> Chakra, the portal to Universal Mind as it relates to the physical, to also be the interface into the non-physical OverSoul and Christed OverSoul. **It is those two strands that are the interface.**

The Unified Field established through the spinning Triads, anchored in the Earth through the two Christed Matrices, also engages the chakra system in one grand spinning. This allows **the channel to extend out in a much larger diameter to include the Etheric body.**

So this massive channel can receive great influxes of Light to create the Lightbody, but also facilitates transmission from the Earth, through the Elementals, through you as the Christed being in form, up the channel, through the 8<sup>th</sup> Chakra directly to the Oversoul and Christed Oversoul.

This requires you to **very precisely and intentionally direct Light energies**, sitting in the 6<sup>th</sup> Layer of Thought, observing from the Higher Self the flowering of the Crown, the chakras, and wherever you place your attention. With the merging of the physical and the non-physical in a more rarified state, there is **a more powerful level of knowing and Love**, not restricted by the physical, although connected to it. It is the level of the **feminine aspect of the Holy Spirit, the Shekinah**. Here is where you can acknowledge this experience consciously, and **own that there is no doubt**, that the concept of doubt need never arise again. This experience dissolves all remaining fragmentation. It is a Unified Field of knowing, completeness, and wholeness. In this state you recognize yourself as a Christed being for all of eternity.

#### **Using the Layers of Thought to Allow/Experience/Know/Create**

It is in the 4<sup>th</sup> Layer of Thought that you **muse and ponder, creating a gently stated intention playfully, not from need or leaning or doing, but from an airy, softer day-dreaming, not engaged. Curious with no questions asked. I like me for no reason. Enjoying the blue sky.**

In the 5<sup>th</sup> Layer, you bring Love into the body, in a sensation of Presence. You hone your attention, and might hear yourself in that quiet voice of the Heart in the background, and allow the intention to expand and grow.

In the complete silence of the 6<sup>th</sup> Layer, not thinking or hearing a thought, the body gets very quiet, no movement. In that space you begin to absorb Knowingness. You begin know what you don't know, and allow it to be absorbed consciously in the 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> dimension. The creation can manifest, as you see it with strong knowing, bringing it into stability and certainty.

Sitting with your attention point in the 8<sup>th</sup> Chakra in Universal Mind with the intention to know yourself. You are shifting from a thinking/doing state of being to Allowing/Experiencing/Knowing/Creating.

Then you begin to operate in the knowingness of the 7<sup>th</sup> Layer and the Thought that thought you into existence and you think together. It is as simple as being in the present moment in the 7 Living Words and being Pleased with Yourself for no reason. In that alignment everything comes to you.

#151 4/2/14 Experiencing the Sacred Heart Consciousness, Not a Location

Observe From the Christed Matrix in the Sacred Heart

The Presence of Shekinah

Red and Blue Color Codes and Sound Frequencies in Spin Point of the Cell

With Uriel

When you place your attention into the Sacred Heart, not as a location, but as Creator's Love, the Living Light, feeling and knowing, there is the experience of yourself as SoulSpirit held in the massive consciousness of the Holy Spirit aspect Shekina.

Although an individualized expression, you are now integrating a huge collective, each individual having its own unique collective, each operating at very different bandwidths. The SoulSpirit is massive and rich in layered complexities. It is a two-way communication: you ask a question or ponder upon an intention, and without thinking in language, step into the collective, receive a much bigger perspective by absorbing it as an experience, bring those energetic templates from your "aha" experience back to the

individualized expression as a knowing, allowing a greater understanding of the complexity, and allowing for then an expansion of your exploration.

In this way your life becomes very precise because is very much guided from a conscious state in this 2-way communication. It is like you are a little circle in a much bigger circle of consciousness, and the edges of your circle are beginning to dissolve. As that happens, the information, knowledge, wisdom of the outer circle begins to be what you know. Therefore the statement "You only know what you know and you don't know what you don't know" no longer applies!

That part of the knowing is from **paying attention to the experience and noticing** how it feels, what it looks like, and how the communication is taking place via the axialial pathways through the axialtonal lines, then **automatically compressed in the 2<sup>nd</sup> Triad** and Eye of Horus, and brought into the physical as liquid Light, nectar Light, laser Light etc, whatever is applicable. Here also the **2<sup>nd</sup> Ray of Creation's stepping down** mechanism functions at an automatic level but it must be developed through intention and attention just as the Triads were. Within the **Eye of Horus** and various lobes of the brain, the subtle senses of seeing, hearing, feeling and knowing are stepped up significantly and begin to operate as one. Each person has come in with only one part of their intuition awakened, and **can now awaken those other dormant parts.**

In the spin points of the **1<sup>st</sup> Level Lightbody**, the spin in the cell was altered at an automatic level with both the **Red color coding and sound frequencies**. The sound, running through each cell, is not heard, but known by the Sacred Heart, to better use the Light drawn through the axialial pathways. The Red coding **smooths out** the energy field, eliminating any disturbance in the Mental/Emotional body, and smooths out your attention point so it can be observed from the space of the Holy Spirit Shekinah, from the Sacred Heart.

In the **2<sup>nd</sup> Level Lightbody**, the **Blue code** was added to attach to the lower 3<sup>rd</sup> dimensional body and emotions, and raise the frequency range.

#152 4/9/14

Yellow Color Coding: Integrating the 3<sup>rd</sup> Level LightBody

With Uriel

The Color Codes are a technology that integrates the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Levels of the Lightbody. Although the **Red Coding** in the 1<sup>st</sup> Level Lightbody has a lower frequency, it applies broadly and extensively to the physical, flowing through the axialial pathways and axialtonal lines into the spin points of the cells, smoothing out the

emotional spikes arising in our lives, whether it be from excitement about what is to come, or old frequencies from the Mental/Emotional body, thus creating a calm, harmonious energetic.

The **Blue Coding** in the 2<sup>nd</sup> Level Lightbody has the same benefit, though it is a much higher frequency, balancing the Emotional body so it is harmonious with the entire physical expression. Its sound code and frequency magnetically bond the 2<sup>nd</sup> level Lightbody to the Physical body when in harmonious alignment, with a pleased excitement, impacting the physical body, the cell, the neurological system and the brain, as well as the Earth, with a powerful balancing effect. Excitement and ecstasy, but no spikes, no waver. It also enhances the amount of ATP useable in every cell of the body.

The **Yellow Coding**, in an electromagnetic field uniting thought and emotion, affects the Mental body. It harmonizes the thoughts so you can enter the 6<sup>th</sup> and 7<sup>th</sup> Layers of Thought without thinking or efforting, but just by moving your attention. Now the thoughts and emotions can operate as a unit. The Yellow coding contains the Christed Matrix function of the mind that relates to the Christed Oversoul. It is the interface to the 3<sup>rd</sup> Level Lightbody, which also partly relates to the physical. Its original triangle of thoughts, eg Certain-Capable-Senior, becomes more expansive, with many more choices, as a very stable, balanced tetrahedron. With the thoughts stable, emotions do not get backed up and can maintain a very level harmonious state provided by the Blue code.

The activation of the 2<sup>nd</sup> and 3<sup>rd</sup> and 4<sup>th</sup> Levels of the Lightbody allows the 3<sup>rd</sup> dimensional frequency range to be eliminated. All Levels are integrated using the Color and Sound Codes, and are now attached, becoming part of the Physical expression. You, as a SoulSpirit, existing in the Sacred Heart, in full communication with Universal Mind, using the Yellow Code to transmit through the neurological system the knowledge and wisdom of the Christed OverSoul, can create consciously and precisely, with intention. There can be an excitement in creating your own **unique expression** of the Lightbody levels. The very reason for an embodiment is the unique expression of the individualized divine essence.

The Sacred Heart state of being is where you are nourished and replenished, present and aware of who you are, because of the presence of the Holy Spirit. For this reason it is important for you to return to this consciousness each and every time you use an application in various situations.

If the group can move forward integrating the 3<sup>rd</sup> and 4<sup>th</sup> Level Lightbody, it can alter the aggravation present in the collective consciousness now, which exists because of the

changes being required of all embodied to make. In this way we can circumvent much devastation and turmoil in the next 30 days and the next 6 months.

## REVIEW OF PREVIOUS WORK USING LASER LIGHT IN BRAIN:

From # 117 7/10/13      Stimulating the Cerebral Cortex With Electrical Current

With Metatron

The removal of that nodule allows you to now draw in not only the Living Light, but it opens the brain to directly receive into the cerebral cortex, thought from higher levels of yourself, compressed as electrical impulses from the Mental/Emotional body. Thought that is drawn from the Universal Mind of the 8<sup>th</sup> Chakra, through the Christed or Buddha body, where you access the great knowledge and consciousness of the All That Is from the Christed Matrix, and thought from the Causal body, with its mastery gained over lifetimes, and then the electrical current is drawn through the Mental/Emotional body into the 4 lobes of the brain. Before, because of the nodule on the reptilian brain, parts of the brain that process that type of knowledge were disconnected, so it could not be brought into the Physical body, which is meant to be a multidimensional body, incorporating 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> dimensions.

You are altering your vehicle, and the consciousness of the vehicle, by rewiring and stimulating the cerebral cortex, the brain stem and the spine, the entire neurological system, stimulating also the glandular system and the blood, bringing health and enlightenment at a cellular level, and amplifying the 7 chakras within the Etheric body, all systems connected now to the Unified Field and the higher chakra system.

The frontal lobe is where you hold memory from the Causal body, and think abstract and complex thought and process it. The occipital lobe is able to open for subtle sight, and the temporal lobe for subtle hearing, gifts that come with the presence of the Holy Spirit that we are now able to receive: clairvoyance, clairaudience, clairsentience. The electrical stimulus allows greater use of the Eye of Horus, and to know yourself as that divine image.

The left brain can give up its quest for dominance over the right brain. You will be grounded and function in the world of form, integrating the right brain visualization, imagination, and intuitive knowing, in your expression as an individualized being of Light. With this, you are altering the electromagnetic field of the Earth, as well as you own.

From #118 7/17/13 Electrical Impulses Unify the Left-Right Brain and Open the Lobes

With Metatron

You raise your consciousness through Intention, by asking the question, and the answer is in awareness and neutral observation of the experience that comes. This is where the consciousness is developed, in the experience.

We draw Light not only through Universal Mind, accessed through the 8<sup>th</sup> Chakra as it relates to creation in form, but also from the Godhead, the realms of Prime Creator. It is drawn through each part of the 3<sup>rd</sup> Triad, and the Eye of Horus creates a bridging mechanism from the Crown to the Flame in the Pineal, so the Light can be used more in the physical by the unique individual spark of Creator, and further bridging to the Flame in the Sacred Heart, holding the Soul's memory and wisdom. A great unification is now taking place within the individual Soul, elevating the whole multidimensional vehicle.

By compressing Light in the 2<sup>nd</sup> Triad, we have used it as:

- 1) Liquid Golden Light
- 2) A focused Laser-like electrical charge used to disintegrate the nodule on the brain stem.
- 3) Now we create a lower-intensity laser used to:
  - a) Gently alter the Corpus Callosum from a solid ridge, separating the left and right brain, to a viscous gel; from 3D separation, to a constant flowing exchange and stimulus of both sides acting as a unit now. Precisely focus on the ridge, front to back, and gently direct the laser pulse deep inside the brain, in the perfect strength to alter but not disintegrate it. This is to be done for minutes, only twice a week, respecting the request to not disturb the flow of the unification process. It is an acquired technique. Focused but brief, intentional, precise.
  - b) Bathe each lobe of the brain with the gentle pulsing electrical stimulation, opening, feeding, turning on, removing restrictions, allowing for expanded creation, and extending down the brain stem and the cord, to the whole body, unifying all systems, physical and nonphysical.

Occipital lobe: involved in all the visual information processed through the brain and into the neurological system of the body. Clairvoyance, less reactionary opinion and judgement.

**Temporal lobes:** sound, and subtle sound, hearing , knowing, telepathy, clairaudience, language processing, memory, communication of great knowledge, the Language of Light.

**Parietal lobe:** ability to hold your attention for long periods of time, processing of spatial location and consideration to know what is going on around you on the planet and in the multidimensionality of the solar system, perceiving a greater portion of consciousness.

**Frontal lobe:** memory, language expression of that memory, accessing the memory of your Soul, the mastery of your Soul, knowledge of who you have always been, elevated level of consciousness and emotions of harmony, joy, ecstasy.

From #108 5/8/13

Michael's job is to hold the Living Light frequencies of Creator very stably so that the integrity and the potency are maintained in their original state.

Melchizedek holds the teaching of the proper and appropriate use, with knowledge and wisdom, of these vast energetics, codes, and Light frequencies.

Uriel opens up the codes, so you have a coherent 14 chakra system operating at a very high vibration.

Metatron oversees all realms of creation related to form.

#153 4/16/14 Awakening the Causal Body Memory Codes with 4<sup>th</sup> DNA Strand Activation

Revisiting the Laser Light Uniting the Hemispheres and Lobes of the Brain

The Integration of 3<sup>rd</sup> Level Lightbody

5 D State: The Element of Love and Unity Consciousness

The Smile in the Heart

With Uriel (Metatron, Michael, Melchizedek)

With the **activation of the 4<sup>th</sup> strand of DNA**, the memory codes that had been disengaged, memory of you as the Christ, as an unlimited being, as a SoulSpirit using a physical form, as a multidimensional being of Light, are awakened. They will become automatic, if allowed to be incorporated fully with intention, attention and rest. This is part of the activation of the 3<sup>rd</sup> Level Lightbody. It is a primary activation, assisted by surrounding yourself with the energies of that Tetrahedron of Michael, Metatron, Uriel and Melchizedek.

Drawing the Christed Light from the Christed OverSoul, bring the attention into the Causal body, further awakening those Knowledge and Memory codes held there, then through the OverSoul, and in a harmonic resonance of Unity consciousness, draw these energetics into the Higher Self. Then draw it through the Universal Mind's knowledge of all things physical and the 8<sup>th</sup> Chakra, accessing the Yellow Coding to blend with the Christed Light, all as One flow of Light. We are focusing on the **Yellow Code to eliminate the disturbances in the lower Mental body**, so that the accompanying emotions are no longer available.

The color codes store massive amounts of energy, knowledge and energetic templates. The Red activated the Physical body through the meridian system and spin points, elevating the physicality, smoothing things out, and transmitting knowledge to establish the 1<sup>st</sup> level Lightbody. The Blue helped the very fast transition into the 2<sup>nd</sup> level Lightbody with 2 more DNA strands, bringing the Emotional body, the workhorse of the creative process, into higher frequency ranges. The **Yellow, having to do with the Christed Mind and Mental body, now brings us into the 3<sup>rd</sup> level Lightbody, as a SoulSpirit accessing the Christed OverSoul through the OverSoul and Causal body.**

This blended flow of Light can be directed into the 7<sup>th</sup> Chakra with the Eye of Horus and the Eternal Eye, then the 6<sup>th</sup> Chakra and Eye of Horus, then the Pineal and the Eye of Horus. Compressing this blended Christed Light and Yellow Coding in the 2<sup>nd</sup> Triad, and **precisely directing it as a Laser Light** into the Pineal, Pituitary, Hypothalamus, and neurons and thus into the body, then complete the dissolving of the Corpus Collosum, so electrical charges can now be transmitted from one hemisphere of the brain to the other.

Direct this Light, carefully, in broader but precise strokes, to activate the Occipital, Temporal, Parietal and Frontal lobes, intending in the Frontal lobe to neutralize the survival fear memory codes held there. Then draw this Christed Light from the Christed OverSoul, Causal body, OverSoul, blended with the Yellow Coding, into the axialional then axialtonal lines, and spin points into the meridians, to **integrate the 3<sup>rd</sup> Level Lightbody into the Physical.**

Experience and enjoy the Freedom, Accomplishment and Ease that Metatron said would be fully experienced in 5 years, 5 years ago in Reno. Be gentle with yourself over the next week, reviewing what you have just created, to embody it more fully with your intention and attention, noticing every nuance created. It is one of the most important steps you take in this Lightbody activation.

There are two components that make up a 5<sup>th</sup> dimensional state of consciousness: the Element of Love and Unity Consciousness. On a moment-to-moment level during the day, you must recognize that the Sacred Heart state of being is not automatic, and requires your consistent attention, to not get pulled into emotion or collective consciousness thought, no matter how diminished it has become in yourself. You have to consciously direct your consciousness into the Presence of the Holy Spirit, in reverence, in order to create your thoughts, emotions and actions from a state of Christed Unity, unity of the Mental/Emotional, and unity physically in the brain transmissions between hemispheres. Remain in that Sacred Heart, powerful, certain, commanding, yet soft, knowing yourself in Love, managing every thought, every emotion, every action, every moment.

There is an opportunity here for an intervention for the planet, if this group can stabilize this level of Light in themselves and simply radiate wellbeing. Our work has the ability to: 1) guide us into our ascension, 2) open the door for others to attain this level of consciousness, and 3) transform the planet Earth. We can accomplish all three at this time.

#154 4/23/14

The Keys to Open the Door to Christ Consciousness

"It is tangible. It is real and it is within you."

**8<sup>th</sup> Chakra and Christed Mind Looping**

With Uriel

The Yellow Coding creates an environment that highlights and expands the Christed Mind in the 8<sup>th</sup> Chakra, and opens the Higher Mind of the 8<sup>th</sup> Chakra with its activation. It elevates, and maintains with stability, thought in the mid- and upper-tier Mental/Emotional body, to think as a Christed being. It stimulates access to the Universal Mind of Creator and the Higher Mind in the mulit-leveled 8<sup>th</sup> Chakra to draw

from the Christed Oversoul, a more universal aspect than the Christed Mind. The Higher Mind becomes the bridge between the Christed Oversoul, the Oversoul, both then anchor in the Causal body, and can interface with the Physical body by riding the wave of the Yellow Coding.

The Red, Blue and Yellow Codings all contribute to the repair and interweaving of the split Mental/Emotional body, using sound, vibrations, and color. Because of the stability created, the body, its glands, chemicals, and hormonal secretions (eg from the adrenals), become harmonized. The cells and the neurons understand and respond to the sound tones of the Blue and Yellow Codings, and can thus maintain optimal ATP production, not falling back to ADP with disruptive thoughts and emotions. The Blue binds with the emotions created in the body, raises them to a higher frequency level, so the magnetics of the body interface with the 8<sup>th</sup> Chakra, with mind and emotions operating as a unit, a harmony of electrical and magnetics of the body. By using the Yellow Coding consciously and continuously to flood the body, and to laser the lobes and structures of the brain, the Christed Mind opens in the 8<sup>th</sup> Chakra. All of this transformation of the Physical body occurs under the guidance of SoulSpirit through the Higher Self.

The Yellow Coding in the 3<sup>rd</sup> level Lightbody creates a unity within all parts of the body to be in harmonic resonance, as well as interfacing Spirit and the physical. The 8<sup>th</sup> Chakra, now expanded to maintain thought as a Christed being, connects into the Unified Field, and the spinning Triads, and restores unity within the 14 chakra system, as the bridge that connects the upper 7 with the lower 7 within the physicality. Unity Consciousness is now accessible. This includes the expansion into the higher dimensions in an integrated flow of a 12 dimensional system, propelling you into a 12<sup>th</sup> dimensional state as the Christ, to communicate this state into the Earth and the Elementals.

The Sacred Heart will also expand as a result of this flowering, assisted by the Green Coding, flowing through the Christed Matrix in the Heart, so the Heart and Higher Mind interface more fully, as well as the augmented flame flowing from the Heart through the Pineal to Universal Mind.

The 4<sup>th</sup> strand of DNA, spiraling through the column of Light around you, up to the 14<sup>th</sup> Chakra, opens you to the memories of the Soul, held within the Causal body, the memory codes of you as a Christed being operating in a physical body. These memories are drawn from the Causal body into the Christed Mind and the 8<sup>th</sup> Chakra. The rational mind has tried to categorize the memories as past life experiences, but there is a greater memory to access, of your integrated unlimited divinity in circular simultaneous time, to assist you right now in the present. There are many reference points that now are coming together. Access the passion, the Love within the Heart.

#155 4/30/14

## Activation of the 4<sup>th</sup> Level Lightbody: Self Love

“It is like that warm, rich, golden Nectar...you are whole and complete as a being of Light.”

### The Green Coding

With Metatron

The initiation of the 4<sup>th</sup> level Lightbody by Metatron, is amplified and expanded by the Green coding. It is beautifully simple. The Heart is not a complex state of being. Love is not complex. And once opened fully, and maintained in the present moment, in the 5<sup>th</sup> dimensional state, the Heart can be used in a multi-dimensional creative process, while navigating all realms.

To create while in a Physical body, all must come together in a Unified Field of functioning: 1) the Elements, 2) the power of Love that is held within your Heart, 3) utilizing the stable unwavering Mental/Emotional body. With this flowering of the Heart, there is a love of Self as a reverence for life itself, and a love of who you are from a SoulSpirit state. You are always conscious of being complete and whole in this Love, flowing through your Unified Filed, through every chakra, and through every part of the Physical body.

This can manifest as an emotion of excitement, joy, ecstasy, even tears, or a heart-felt love for the Earth, beyond appreciation, in recognition of Earth as a Christed entity, introducing a further communication between the Earth, the Elementals and humanity.

The only thing that will disrupt this is not staying in the present, in the now. Even the rational mind is in alignment with the Heart, through the Element of Love, and unified with the Spirit, functioning now as an attribute, not a hindrance, especially with the dissolving of the Corpus Collosum, allowing the rational mind’s access to the intuitive side of the brain that knows Spirit. So any interference is just a habit from the linear perspective, drawing emotion from past events or future anxiety.

All three levels of the Lightbody are anchored in the 4<sup>th</sup> level, drawn into it as if it were a magnet, so your physical expression is from your Christed expression within the Sacred Heart.

Sunday 5/4/14

## The Emerald Green Agreement

### A Light Shield for the Warriors of Light

#### Sacred Heart Project I with Michael

We are initiated into the Realm of Warriors of Light by Michael. The radiant Shield of Light, a gift of magnificent Light from the Godhead, given by Michael to the Lightbearers, is comprised of Courage, Fearlessness, and Love. This electromagnetic field of Consciousness magnifies and projects the holiness of your Christed nature of unconditional Love:

- 1) to the Earth, to enhance the Christed Matrix placed there in 2011, and to the joyous Elementals who reflect it back into the Earth, enhancing the Light for those who are very asleep or resistant,
- 2) to all of humanity, and
- 3) reflects it back to you so you never again will forget who you are, and your Mastery in confidence and certainty.

The brilliant magnetic crystalline emerald green we set at the Crown is enhanced by the Green Coding. The agreement is shared by the Archangels, the Lords of Light, the Elohim, the Holy Spirit, the Ascended Masters, the enthusiastic Elementals, Yeshua-Sanat Kumara-Maitreya, Anna-Mother Mary-the Magdalene, Michael-Metatron-Uriel-Malchizedek.

It is an agreement to 1) raise the Earth once again into a Christed being in beauty, 2) raise the consciousness of humanity into kindness, respect, appreciation, gratitude, co-operation, co-creation, and 3) to become ascended masters ourselves.

#156 5/7/14      Bringing the More Refined Green Coding into the Physicality  
with the 4<sup>th</sup> Level Lightbody

Empowerment of Self, a Mature Self Love

Absorb Open Receive

With Raphael

The more extensive, more refined Green Coding, is emanating from Prime Creator, and is brought into the physicality through the 8<sup>th</sup> Chakra and Higher Self, bringing the Christed Mind into your mind, your Mental/Emotional body, filling it, saturating it, with a more mature Love of Self, a wisdom, a certainty and competence, whole and complete.

It originates from the creative Godhead level of the Holy Spirit, through the Christed Oversoul, the Christed Mind, through the Oversoul, the Causal body, Mental/Emotional body, and through the Higher Self into the energetic system and physicality, and finally into the Space where you create, the Sacred Heart.

It brings not only the ecstasy or warm nurturing feeling of the Green Coding when it was first introduced to you, which is valuable when you are overwhelmed and wish to rest in the Sacred Heart. But that level of frequency can dissipate. Instead, the **enhanced Green Coding is stable and does not dissipate. It holds the grace, peace, harmony, and reverence for Self that comes from this state of Love.**

It brings **self-empowerment, self-love, recognition of ones' value, and ones' purpose to incarnate now, to share this Christed state with the Earth, with the Elementals, with humanity, to make a difference.** It is important to notice this evolution within oneself, this more mature relationship with Self, this state of Love brought in with the 4<sup>th</sup> level Lightbody. By drawing the new more refined level of Green Coding into the body itself, it can merge with the energies of Earth finally.

The anxiety within the collective consciousness of humanity at this time is of value, to bring about a change in reactive thoughts and emotions, so the Red Coding doesn't level it completely, but smoothes the extreme reactions out so they can be used without causing disruption, and the creative impetus can move forward in a more dynamic way.

Everyone is affected by the resistance to loving oneself fully, since the time of the fall of consciousness. It is only when you love and accept yourself unconditionally that you can love humanity. Otherwise you will judge them as you judge yourself, and project onto them all the anomalies that you hold within yourself. The Green Coding allows the unworthiness that still operates within the untransformed parts of the Ego to soften. The ego is transforming because, **through the Green Coding, the Christed Mind attaches through the 8<sup>th</sup> Chakra to your mind and becomes one.** So the thoughts you think are of the Christed Mind merging with your personal mind, your individualized expression of your Spirit.

The 4<sup>th</sup> level Lightbody is the most important level. **The 1<sup>st</sup> 3 levels merge into the 4<sup>th</sup>, as do the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup>. It is in the 4<sup>th</sup> level that you take on the power of Christ, as well as the Element of Love by absorbing the Green Coding,** each person expressing it in a way that is unique to the individual. You are absorbing to a greater degree that image that you were made in, that of Creator.

Sunday 5/11/14 Projecting Light into the Earth through the Elementals

### Sacred Heart Project II with Michael

You project from the Sacred Heart 1) the Christed Mind from the Christed Oversoul, 2) the Living Light energy of Source, and 3) the Element of Love, through the Shield of Light, into humanity and into the Earth through the Christed nature of the Elementals. The Elementals then reflect it back to you. In this way you express the Unity consciousness, that holds all parts of the Christed consciousness, through your body, affecting physical and non-physical.

Projecting the Red Coding smoothes out the anomalies in the collective consciousness that caused energetic spikes that invoke fear, separation, and aggressive warlike behavior. Then the Green Coding amplifies the Love and the Light.

#157 5/14/14

Activation of the 4<sup>th</sup> Eye of Consciousness and the 5<sup>th</sup> Strand of DNA

### Soul Extensions

SoulSpirit's 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> Dimensional Conscious Awareness

4 Centers: Sacred Heart, Pineal, Crown, 8<sup>th</sup> Chakra/Universal Mind

With Raphael and Metatron

The 4<sup>th</sup> Level Lightbody requires the activation of the 5<sup>th</sup> strand of DNA to further remember the SoulSpirit: the individual expression of the Soul from the collective space of the Spirit in a multidimensional flow of 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> dimensions.

It is important that there is conscious remembering, conscious knowing, conscious receiving, of what you experience in the 6<sup>th</sup> and 7<sup>th</sup> dimensions to bring that back into the 5<sup>th</sup>. You are consciously navigating 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> simultaneously, while you are very present in your body. You are also receiving knowings of other expressions of Self in 6<sup>th</sup> and 7<sup>th</sup> dimensions, from **Soul extensions**, both in form and not in form, as well as affecting *their* expressions by your wisdom and information and knowing.

There is an activation of the 4<sup>th</sup> Eye of Consciousness, the Eye of All, a **sapphire blue Star Tetrahedron**, which is 3" above the Crown. It is a "segue energetic point between the non-physical realm and the physical realm, the physical body expressing itself as a Christed being," while you are consciously very present in your body. It is an "interdimensional gateway," to see as the All sees, accessing the Spirit level collective

nature of yourself in the 6<sup>th</sup> and 7<sup>th</sup> dimensions, other embodiments going on simultaneously. This activation brings your Lightbody to a higher more refined octave.

Pure Undifferentiated Light flows through Universal Mind and the Christed Mind of the 8<sup>th</sup> Chakra, through the 4<sup>th</sup> Eye, then the Eye of Horus and Eternal Eye within it in the Crown, and into the Pineal and its Eye of Horus and Eternal Eye. Here the Pineal creates Light, replicating *in the body* the perfect imaging of undifferentiated Living Light drawn from Universal Mind, and you draw it through this open channel into the Sacred Heart, into the energetic system of the body and the Unified Field created by the Triadic system. These four distinct energy points have to be recognized and entered and used very consciously to know yourself at a multidimensional level, to create a multidimensional state of consciousness of Spirit flowing into the body, and to utilize this consciousness in the body. You have the ability and power to create Light in the image of the All that Is.

It is imperative to write down your often subtle or fleeting experiences at each of these four energy points to verify them and to hold that consciousness fully in your awareness. The integration of the 4<sup>th</sup> level Lightbody, the 5<sup>th</sup> strand of DNA, and the 4<sup>th</sup> Eye will take time and patience, resting in the noticing and close observation.

Sunday 5/18/14

Changing the Frequency of Thought

Altering the Harmonics of Matter

And Applying the Element of Love

Sacred Heart Project III with Tara and Michael

Tara, the Earth Goddess of the Elemental realm, representing the physical Mother Earth, requests our participation in a partnership to restructure form on the Earth, in the perfected balance of the masculine and feminine essences of Prime Creator. You have modeled that at a molecular level, integrating the Element of Love and your Christed nature, and as the Elementals receive it, they restructure Earth, using all the elements at a molecular level, and reflect it back to you through their Christed Matrix within.

They have received that missing Element of Love from you with great gratitude. By gathering together with intention, directing the Light that you are, with great Love from your Heart, directing all of the power that you hold, this union of Elementals and humanity is regenerating the harmonics of form that fully expresses a consciousness that has not been available for aeons.

#158 5/21/14    Understanding The Expansion in the Heart as SoulSpirit

### Imaging of the Christed Nature in the 4<sup>th</sup> Eye, Creation of Light in the Pineal

With Raphael

All other levels of Lightbody fold into the 4<sup>th</sup> level, and into the Heart as it expands multidimensionally, from within the body outward into the fields of the now merged SoulSpirit, far beyond the body, but still part of the body.

All parts of you in the physical expression vibrate with the refined Green color codes of unification, Love, and Living Light. The Light emanating from the 8<sup>th</sup> Chakra is the consciousness of All That Is in a **pure undifferentiated Light**. It comes through the **brilliant sapphire blue 4<sup>th</sup> Eye and the radiant star tetrahedron within it**, allowing the Eye of Horus, representing the individual expression in a physical form, to operate fully as the Universal Eye within its pyramid geometry, the Eye of All That Is.

You have the power to compress that undifferentiated Light in the Pineal, **to create Light from that undifferentiated imaging and replicate it in a form that is useable in the individual expression in a physical form**. The imaging is done in the 4<sup>th</sup> Eye. The creation of Light is done in the Pineal. Because of the unification of SoulSpirit, there is a much greater capacity for the Pineal to create in the body, in matter, to replicate the imaging of the Christed nature.

Each of you has to recognize yourself as a multidimensional being, and how to navigate between the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> dimensions. It is important to nurture the massive expansion that is taking place in your body and consciousness, and to simply absorb the awarenesses. You must recognize the function of the 4<sup>th</sup> Eye, the use of the Light from Source, and how the Pineal replicates that Light making it useable in the individualized expression.

### Sacred Heart Project Discussion: Raphael and Jim and the Participants:

- 1) There is here a recognition of your mastery, how to use the Light created through the Pineal, and its unity with the Sacred Heart, and the flow of the flame between the two, in the physical expression of the undifferentiated Light. This recognition is being made through the engagement with the Elementals in the Earth Heart Project.

- 2) The Elementals are concerned with the creation of form on the planet, so we must create with them from the level of Spirit into the level of form, drawing information and energies of other dimensions into the density of this dimension.
- 3) It is important to be able to stay in the Sacred Heart as it expands into multidimensionality, noticing the expansion as you create.
- 4) Observe what is being gathered internally in your quiet introspection periods. Engage, and absorb internally, rather than learn or add to a list of what you know. In the writing and rereading of these observations, as requested by Metatron, it is a building process, and when you get to the point of having an "aha" or an awareness, you can recognize that you already knew that. That then allows a further expansion, to receive from other dimensions and know at a conscious level.
- 5) It is through the Green and other codes that the expansion occurs. The Sacred Heart expands into the multidimensional level in and around the body, and beyond, and all of this has to be integrated. Notice the further expansion as you create.
- 6) You are the writer, creator, actor and producer of the play you are in. You are not simply *reading* the play anymore. "That is why Spirit comes into a Soul expression as that individual, to create an experience." And "as you create more consciously, you create more dynamically."
- 7) You are learning how to draw Spirit into form. For your memory to be activated as a creator, you must engage with the Elementals, so they can create the environment energetically, in form on Earth, for the creator to operate in, which is then reflected back. It is a reciprocal creation and you get to see how your engagement with the Elementals demonstrates your ability to draw Spirit into form.

Sunday 5/25/14      Igniting the Flame of the Christed Matrix with Tara for the  
Elementals and Earth

Sacred Heart Project IV with Tara and Michael

In order to create in the form that best expresses the Christed nature, Tara and the Elementals receive with gratitude both the perfected Christed imaging that this group is projecting, and the Element of Love that is shared with them from our Hearts, so they can now modify all the molecules, atoms, and the entire structure of matter. They accept this energy in trust and confidence, rejoicing at the interface between the two realms, and reflect it back to us.

The Christed Matrix is now activated so the Elementals can now access the energetics and power of it. Until three weeks ago, and before this group's Lightbody experience, the Christed Matrix in the Earth was static, lying dormant. Every Element is now resonating at a molecular level with the Light-filled Christed imaging reflection: the Water and Air Elements, the plant and animal and mineral kingdoms. The Fire Element can be used to enhance and empower the structure of the physical world in an organized way, so as to not be destructive, or used only for purification. This relationship of respect and trust will not be forgotten, set aside, or used as an instrument of power again.

The Divine Mother image is balanced with the masculine Spirit of Prime Creator's image in great power and Love. All the Earth goddesses of each of the Elemental realms guide the reconstruction, under the guidance of Tara and the archangels, in the presence of the Holy Spirit, the creative force which maintains the integrity of the expression. Tara reverently lights the flame within the Christed Matrix of Earth and the sacredness of the Christed imaging will be reflected brilliantly within all the Earth.

Beings will now be able to take form here who could not operate in such denseness. It will take three generations to reconstruct the consciousness and density of Earth, opening the door to a new civilization.

#159 6/4/14      Dissolving the Remaining Fragments by Liking Yourself:

The Power of the Sacred Heart, the First Triad, The Element of Love

Co-creating as One: We Are You and You Are We

With Uriel

As the SoulSpirit anchors into the fertile Sacred Heart, in the flow of Light and the consciousness of the Element of Love, you can pull up and dissolve anomalies from your genetic lineage or old experiences, in the powerful healing Love of the Sacred Heart. Like an emerging bruise from a long-past injury, these fragments that are no

longer “your truth,” may be located in the Physical body, the Emotional Body or the Mental body, in the lower four Chakras, or in the Unified Field. Now the Sacred Heart can hold only your truth. All else falls away in that quiet, grace, peace.

It is the integration of the four levels of Lightbody and the activation of the DNA strands that has raised your vibration so much, to allow the Sacred Heart this powerful capability to heal old anomalies in the physicality, and move with ease into the 5<sup>th</sup> dimensional state. You can ask it any question about these matters, and receive a clear awareness. Do you choose to have an awareness within this experience, or do you choose to let it go with ease now, stepping out of the rational mind? You are polishing your beauty admiring your graciousness, enjoying your journey, dusting off your assets.

Sit in the spinning of the First Triad in a quiet awareness, noticing and making conscious the creative abilities of the SoulSpirit as it anchors into the sanctuary of the Sacred Heart. The Heart Chakra, the Thymus, and the Throat Chakra, are now functioning at the higher vibratory level of the Christ. The Thymus is where the SoulSpirit resides in the body, as well as in every cell, and every layer of the body, physical and non-physical, and assists in humanity’s development into the multidimensional state. Raise the vibration of the First Triad even more by drawing in the Element of Love, and acknowledging the Presence of the Holy Spirit, the smile, the beauty, the power. “There is nothing outside of you.”

Gathering as a collective group, you gain the impetus and tenacity to go to that silence, meet your SoulSpirit, engage with yourself fully and completely, pleased, with unconditional appreciation, and love yourself as a multidimensional Christed being *in a body*. From here you begin to experience yourself from that collective All That Is level.

#160 6/17/14 Utilizing Causal Body’s Mastery and Intention Created in Pineal’s Flame

Merging Your Intention and the Perfected Christed Template

Integrating the SoulSpirit into the Physical Thymus and Thyroid

Allowing the Unification of Self as SoulSpirit Which Activates the DNA Strand

With Uriel

In the **1<sup>st</sup> Triad in the Physical body** there are: 1) the heart organ 2) the thymus gland 3) the thyroid gland.

In the **1<sup>st</sup> Triad in the Etheric body**, the blueprint for the Physical body, there are: 1) the 4<sup>th</sup> Chakra or Heart Chakra 2) the Thymus Center or the High Heart (the most potent chakra in the Etheric body, where SoulSpirit anchors into the bodies) 3) the 5<sup>th</sup> Chakra or Throat Chakra.

All of those components, both Physical and Etheric, make up the 1<sup>st</sup> Triad.

**Soul** is the individual expression of you as a Christed being.

**Spirit** is the Consciousness, the collective nature, of All That Is as it relates to Prime Creator.

**The Sacred Heart** holds the Living Light and Love of the Creator and is where the SoulSpirit resides, the individualized expression of a Christed being as the Soul, coupled with the collective nature of All That Is.

**The Intention:** To alter the 3<sup>rd</sup> dimensional form of the Physical body into a 5<sup>th</sup> dimensional Divine image of the Christed body in a physical form, by using the Consciousness of All That Is coupled with your individual intention. This is known as the merging of your intention and the perfected Template.

We are anchoring the consciousness of SoulSpirit, knowing All that Is, fully conscious, into the Thymus Center and the thymus gland, elevating the vibration of the 1<sup>st</sup> Triad significantly. This will allow you to alter the physical, raising it into the Christed perfection of the 5<sup>th</sup> dimensional body.

#### **Two Aspects:**

- 1) You draw the Light from the **Causal body's mastery, and the memories of the Soul's experiences of the All That Is**, and also the mastery of the All That Is, into the Thymus Center, allowing the Thymus Center to experience the much greater range of consciousness of the All That Is.
- 2) Simultaneously, you, as the individual expression of Prime Creator that you are, expressed in the physical, you can now, with the 4<sup>th</sup> level Lightbody, intend and create from the Living Light of the Flame burning brilliantly within the Pineal Center in the 2<sup>nd</sup> Triad, the individual expression of your essence. **The perfected Template of the Intention and Light of Prime Creator, as Creator intended to create, drawing from All That Is, is never dominant, but blends with your intention. This image in the Pineal is then placed in the High Heart in the Etheric, and then into the thymus gland in the Physical.**

### The Effects:

- 1) On the **consciousness level**, you are altering the way you think about yourself as a powerful creator, as SoulSpirit navigating the physical world in a body, creating form in form. This is affecting the consciousness and psychology of the body.
- 2) On the **physical level**, it changes the functions of all the **glands**, the function of the **neurons in the brain** producing **more ATP**, and the functions of the **cellular system**, to maintain these levels of Light frequencies from the Pineal. The thymus, thyroid, adrenals and other glands manufacture a more precise chemical balance of the liquid **hormones** secreted, and the body is altered at the molecular level. The **pituitary and pineal** function in a more unified flow, also engaging the **hippocampus**.
- 3) With the more extensive exchange between Causal, Christed, and Etheric bodies, the **Physical body can enter the multidimensional state** of the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> dimensions. This also affects the collective consciousness of humanity, and the collective of the whole of creation. The **Etheric body** is no longer just a blueprint for the Physical body, but becomes a blueprint of that body possessing higher states of consciousness, and the powerful creative force and perfected state within that body.
- 4) As **the Throat Chakra** is activated by the Light drawn from the High Heart, the **individual personal will of you as a creator in the 3<sup>rd</sup> Chakra, merges with the Will and Power and Light** of you from the collective consciousness of Spirit, of All That Is, **the Will of Creator** , in the **Throat Chakra**. The Light is then drawn from the Thymus Center into both the thymus gland and the thyroid gland in the physical. This brings about a very different reality within the Physical body.

**The Heart Center** is where the emotions are felt: health, well-being, joy, and the love and value of Self. You must have the 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> Chakras engaged, expressing themselves in the body, and anchored into the Heart Chakra, your expression in physical form, and already having altered the physical heart by drawing the Love of the Creator into the heart.

You want to take the time to spin the 1<sup>st</sup> and 2<sup>nd</sup> Triads with the Intentions of the newly enhanced vibrational levels, recognizing and noticing that there is a new engagement and unity with the 4<sup>th</sup> level Lightbody and the strands of DNA.

**Allowing the Unification of Self as SoulSpirit Which Activates the DNA Strand**

It is important to have a recognition of Self as Soul and that is being achieved finally. We can, at this time, experience the only partial unification in various ways, both pleasant and uncomfortable. To experience Self from the SoulSpirit perspective, it requires the Mental/Emotional body to create the experience, because it is an integral part of the Physical body.

We are as yet unable create a coherence between all bodies and the unified expression of SoulSpirit as a multidimensional state in a Physical body. **The Throat Chakra is key in this unification**, because it merges the individual with the divine level of Self, **not as in the will of my personality merging with an external God's Will, but the unification of Self as SoulSpirit experiencing multidimensionality in full coherence in a Physical body, expressing the Collective Consciousness of Spirit, of All That Is.** When the Throat chakra is engaged at a more refined level, it can bring about Unity consciousness within the Unified Field of the Triadic system.

**Simply through resting in the allowing of the experience**, allowing the maturing of the unification, **will it come to all parts of you**. At this point you have come far enough in your consciousness to interface between the 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> dimensional levels to bring the required energetic template from the 7<sup>th</sup> dimension into the 5<sup>th</sup> dimension at a physical molecular level. This will stimulate the unification by **automatically engaging the multidimensional function, which will activate the strands of DNA that are required to express it in a body**. If the collective of the group is not able to do this over time, Uriel says that there will be assistance, although the experience will be massive if the group can achieve this without intervention.

### Kuthumi/Milanovich Part 1: A Rift in Time

Many souls, such as the Atlanteans, have been invited to lift themselves into becoming permanent citizens of the 5<sup>th</sup> dimension and higher, and must state their commitment to the Universal Laws, and take an oath before the Karmic Board and higher governing bodies of the universe. There is only one law that must be followed:

Do unto others as you would have others do unto you, with forgiveness, compassion, nonjudgement, and unconditional love. With full responsibility for all your deeds.

This one law incorporates all other laws. If this rule is not observed perfectly, a rift in time/space is created that has a rippling effect throughout the universes for that soul's evolutionary path.

The rippling effect will multiply exponentially through time, and you are responsible for the results on all others living in the 5<sup>th</sup> dimension who resonated with and aligned with

that original ripple in consciousness, and who created secondary effects from the original deed, that you are also responsible for. Each secondary action will be magnified more greatly than the original because the wake created spreads out in time/space like an amplifier. The events that the soul must overcome to "mend the ripple in time" will be exaggerated lifetime after lifetime, creating setbacks. Adam and Eve are still held accountable for their deeds that affected souls for centuries in the rift of time they created. Thus the concept of "original sin".

You must repair what has been created. Then be prepared to practice patience. Atlantean souls created rifts in time that required 10,000 years to scale up the mountain to reach the same level of spiritual attunement they had attained before they fell. Now souls that create rifts in time are looking at 26,000 years before they will be asked to step up to a higher dimension again. Each time, the diameter of the spiral doubles, and there are only certain portals of time that can accommodate a mass ascension.

#161 7/3/14

Connecting with the Lords of Light in the Unified Field

Sharing Eachothers' Gifts

and Absorbing Their Light Frequencies in the Sacred Space of the 9<sup>th</sup> Chakra

Further Activating the Lightbody

With Lord Michael

The positioning of the 4<sup>th</sup> Eye allows for:

- 1) The divine imaging of the All That Is, of Prime Creator, allowing for the creation of Light within the Physical body, transforming the body into a vehicle of Light via the upgraded Etheric body and the glands.
- 2) The imaging of you as SoulSpirit.
- 3) That allows you to connect with the Lords of Light on more level ground, able to enter the 9<sup>th</sup> Chakra with that higher frequency, and receive energetic Light frequency templates that are projected through their realm into the 9<sup>th</sup> Chakra and into your physicality. **The 4<sup>th</sup> Eye is the gateway to the higher chakras** of the 14 Chakra system. You are then able to activate the higher chakras, which was initiated on 12-12-12, which goes hand in hand with the activation of the Lightbody at all 7 levels.

The Lords of Light, Michael, Metatron, Melchizedek and others, look at this group individually and collectively, and when you enter the **9<sup>th</sup> Chakra**, they activate a

distribution of more refined frequencies of Light, which activates the Lightbody more fully, and your consciousness at the multi-dimensional level. This draws in the consciousness of the 10<sup>th</sup> Chakra, which is the part of the Higher Mind as it relates to the non-physical aspect of you that is of a collective nature as the All That Is.

It is not a petitioning the Lords of Light to give you what is lacking, but creating a cohesive relationship as being a part of Creation, each carrying unique expressions of the divine imaging, exchanging gifts that we each carry. The Lords of Light operate in the capacity to draw from the more refined realms of Light, to distribute to you at this evolved level you have now attained, communicating through the 4<sup>th</sup> Eye and the Lightbody in a unified perspective, with no separation in your consciousness of physical or non-physical, of the individual Soul expressing itself in a body and the expansive collective of you as Spirit.

Allow that presence to anchor in the Physical body in the silence. Absorb the energetics. The Lords of Light also absorb in this Field of Unity, aspects, as you express your uniqueness, operating with you continually, in a unified state of consciousness. You are actually beginning to raise the physical into a vehicle of Light.

"And we now won't even bid you farewell or withdraw, for you know it is impossible for us to withdraw, to be separate from."

## #162 7/16/14 Activation of the 5<sup>th</sup> Level Lightbody Overview

With the Triad of Michael, Metatron and Melchizedek

The goal is to develop a multidimensional consciousness at a physical level with SoulSpirit functioning simultaneously as Soul in an individual physical expression united with Spirit as a collective expression.

### Downloading the Energetic Templates

- 1) Open and Spin at a high vibratory rate the 14 Chakras, both those in the Etheric body and those beyond the Etheric body.
- 2) With your Intention, transmit that energy into the physical body through the glandular system.
- 3) See the Light streaming continually from the Christed and Causal bodies interfacing into the Etheric and the Physical. You are now in a state of complete Unification within all your bodies, both physical and non-physical.

- 4) Feel the difference in that state of unification. **Know yourself in that Unified Field of physical and non-physical states.**

There are 2 main components in this activation of this 5<sup>th</sup> Level Lightbody: 1) the 14 Chakra system, specifically the 9<sup>th</sup> 10<sup>th</sup> and 11<sup>th</sup> Chakras, and 2) bridging the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> Dimensions.

### The 14 Chakra System: 9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> Chakras

- 1) **The 9<sup>th</sup> Chakra:** You stand equally in that collective realm of the Lords of Light, as co-creators of consciousness at the physical level, merging with those great beings, of with Michael, Metatron and Mechizedek are part of the much larger collective.
- 2) **The 10<sup>th</sup> Chakra:** This chakra relates to your Higher Mind and the mind of the All That Is, the mind of Prime Creator, as it relates to the non-physical state of who you are as Spirit, the collective nature of who you are. Having that available to you to use at a physical level is valuable so we will create an interface between you at a physical level and you at a collective level, at a non-physical state.
- 3) **The 11<sup>th</sup> Chakra:** the energetics within the 11<sup>th</sup> Chakra are needed for you to create the 5<sup>th</sup> Level Lightbody.

### Bridging the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> Dimensions

- 1) **The 5<sup>th</sup> Dimension:** This is a physical dimension. The 2 main components are Unity Consciousness and the Element of Love, the consciousness of Love.
- 2) **The 6<sup>th</sup> Dimension:** This is a non-physical dimension. It is the interface between the 5<sup>th</sup> and the 7<sup>th</sup> dimensions, between form and non-form.
- 3) **The 7<sup>th</sup> Dimension:** This dimension has no form. It is the last dimension in which you can have an awareness of yourself as an individual, but also at a collective level. And so when you expand into the 8<sup>th</sup> dimension, you lose your awareness of yourself at the individual singular expression. But the 7<sup>th</sup> dimension is key in establishing, in 5<sup>th</sup> dimension, that state of awareness of yourself fully and completely as a collective energy. Because of the integration of the 4<sup>th</sup> Level Lightbody, you can experience more of yourself at that collective state, and bring it through the 6<sup>th</sup> dimension where it is compressed, and then into the 5<sup>th</sup> dimensional consciousness. It is within the 5<sup>th</sup> dimensional consciousness that you can operate simultaneously in both individual and collective consciousness.

### The 5<sup>th</sup> Level Lightbody

At this point it requires a great deal of focus to be able to be present in both states of consciousness, but:

- 1) It will become easier to sustain a very refined level of Light.
- 2) There will be no reversion into a lower dimensional state. You will be fully seated in the 5<sup>th</sup> dimension.

#163 7/23/14

Activating the 6<sup>th</sup> Strand of DNA and 5<sup>th</sup> Level Lightbody in the 7<sup>th</sup> Layer of Thought  
While Transforming into a 5D Perfected Physical Form

Using the 9<sup>th</sup> Chakra Collective's Assistance to Merge the 8<sup>th</sup> and 10<sup>th</sup> Chakras and  
Bridging into the 11<sup>th</sup> Chakra to Access the OverSoul

Expanding the DIMENSIONS of Time/Space with the Faster Shifting DENSITY of  
Consciousness

With The Collective of the Archangelics

In this session we build the wiring to have conscious awareness as the collective nature of All That Is in a physical form, while simultaneously being that individual expression, with no separation, two functions acting as one, not using the rational mind to separate the two. In this way, you as SoulSpirit can powerfully create from the presence of the 4 Particles, merged in a Oneness within the physical form: the Element of Love, the Living Light, the Individual Expression, and the Collective Nature of you.

The dimensions have to do with the physical realm, the time/space expression, whether compressed in 3D, or fully expanded in the 12<sup>th</sup> dimension. Density is a non-physical expression of levels of consciousness, whether compressed or expanded. "The Fall" was an experiment in compression of form, from the 12<sup>th</sup> dimension, as Earth was created, into a sluggishness of dimension that limited the consciousness, making it difficult to maintain the vibratory level and restricted the continual expansion of consciousness. Then, consciousness got constricted, and lost its focus on its possibilities. One cannot be separated from the other, and so we allow an expanding consciousness, coming back into its full capacities, to be expressed fully in the physical realm.

As the consciousness of the density expands, the physical dimension is slower at decompressing, and although the body is now transforming into a 5D multidimensional perfected form, it can understandably have some aches and pains as a result. The more

Lightbody activation that occurs in humanity through successive generations, the more there will be a greater dimensional shift in form.

The 6<sup>th</sup> Strand of DNA relates to the physical body, and allows you to know yourself in this Collective Consciousness at a physical level. This presence in the body communicates into a greater evolvement of the Earth, the Elementals, and humanity, and the expanded density will shift the frequency of the dimension of the 5<sup>th</sup> dimension.

There is a merging of the 8<sup>th</sup> Chakra/Higher Mind/Christed Mind/Universal Mind as it relates to form, merging with the 10<sup>th</sup> Chakra/the Mind of Prime Creator/the All That Is/you as the Collective nature of Spirit (much as we merged the personal will of the 3<sup>rd</sup> Chakra with SoulSpirit/Creator's Will of the 5<sup>th</sup> Chakra. Class #160). We are assisted by, and co-creating with, the refined frequency of the Collective of the Archangelics, the Lords of Light and the Elohim in the 9<sup>th</sup> Chakra. You have merged the 8<sup>th</sup> 9<sup>th</sup> 10<sup>th</sup> Chakras, which operate in a unity now. Then there is a bridging into the 11<sup>th</sup> Chakra to allow the non-physical Collective nature of the OverSoul, to operate in the physicalness of the body.

The OverSoul, you in the Collective nature of Spirit, will be expressed in the individual expression of Soul through the Higher Self, and will depend on your own personal state of consciousness, as to how much the OverSoul will be able to express itself through the Higher Self. Drawing it into the Sacred Heart, you merge the 4 Particles into a functioning expression. Be aware of the 7<sup>th</sup> Layer of Thought, where the Thought that thought you into existence and you, now think in harmony within the Sacred Heart.

#164 7/30/14 Yeshua's Gift of Love and Invitation into the Master Realm

Blending Simultaneously the Divine Individual and the Divine Collective

When you realize that you can draw this merged consciousness at will, through that 11th chakra, in your physical body, it will then only take you a moment to shift your attention to the spinning vortex of that 11th chakra, and the consciousness that is held there, to be made usable in your physical day to day life.

With The Archangelics and Yeshua and the Master Realm

Practise Session: Eyes Open, Observing Attention Points

Focused Intention and Attention with Clarity, on you, both as the Individual unique expression of Creator's Mind, and you as the Collective Consciousness expression as SoulSpirit, without separation. Shifting attention points, then a simultaneous blending. Relaxed. Ease. Fully Conscious. Present. Purposeful. Awareness. Focus, not a wandering, "nice feeling".

In the 4<sup>th</sup> 5<sup>th</sup> then 6<sup>th</sup> Layer of Thought. Without moving, but with Awareness in the Sacred Heart, and the Christed Template here and in the Earth, of which we are of the exact same Elements. Balanced by the perfected state of the Element of Love. Then from the Sacred Heart, attention and focus on the 8<sup>th</sup> 9<sup>th</sup> 10<sup>th</sup> Chakras functioning as a unit.

Then as the Collective Consciousness of the various realms: in a merged state with awareness of you as the Wisdom, Knowledge, Presence, Flow, Beauty, you within the various Collectives: the Lords of Light, Elohim, Archangelic Realm. A single drop of water experiencing the ocean.

Then intentionally draw your attention point to the 11<sup>th</sup> Chakra. You blending yourself in the collective nature of All That Is as OverSoul, bringing the creative expression into a physical form. Experiencing yourself consciously as One with the Thought That Thought You into Existence.

Our activation of the 6th Strand of DNA enables the chakras to function at a more refined level, and the 5<sup>th</sup> Level Lightbody allows those states of consciousness to operate in physical form. The energetics of the 11<sup>th</sup> Chakra depend on the 6<sup>th</sup> Strand of DNA to be useable and integrated into the body, no longer affected by the rigid physical template of fear. The 6<sup>th</sup> dimension is the interface between the physical and non-physical. The 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> density of our consciousness will now alter the physical dimension, time/space, of our 4<sup>th</sup> dimensional form.

To be experienced in your walking around day to day reality, in the world, but not of it. These Attention Points around you, drawn from the Collective nature, require your conscious attention since they are very subtle. You shift from a "doing individually" space to perceiving from a different point of reference. Creating Intentionally from your expansive Collective nature. You must recognize that you are much more than the individual, no longer creating unconsciously from survival fear or escape or separation, and anchor that into the Christed matrix of the Earth.

Experiencing the Element of Love, the Living Light, the Individual expression and the Collective nature of All That Is, operating as One in the Physical body. The OverSoul expressing itself through the Higher Self in physical form.

## Yeshua's Gift

Because of the limitations of the body, it takes a while to seat this massive consciousness. You can transmute this limitation with perseverance, trust in yourself, and faith in Prime Creator. Yeshua states it was only near the end of his embodiment that he was able to merge these two states without effort.

To assist this merging, he offers the gift of an energetic flow of Love, the Element of Love, coming from his Heart to yourself. The merging is seated through the Sacred Heart and anchored in the 11<sup>th</sup> Chakra, so you may draw this consciousness at Will, with your Intention, from the spinning vortex of the 11<sup>th</sup> Chakra, into your Physical body, useable in your daily life, viewing yourself as no longer separate, but a unit with all life in form.

#165 8/6/14

Bringing The Ray of Will and Power into Your Unified Field

In a Continual Spiraling Movement and Creative Force from Source and the Spinning 11<sup>th</sup> Chakra to the 1<sup>st</sup> Chakra and into the Earth

"And you have stepped right into the Unity of Creation."

With El Morya and the Master Realm in a Triad with Yeshua and You

Balancing the Ray of Will and Power with the Element of Love, you sit in a Triad with El Morya and Yeshua. The 11<sup>th</sup> Chakra, its powerful frequency activated in a spinning vortex by your Intention, spirals this Creative Force, filled with the power of the Element of Love, through the chakras, anchoring into the 1<sup>st</sup> Chakra, then grounding into the Earth, and then spirals upward, drawing the Earth energy with it. This continual movement and force, created within the body, engages with the 5<sup>th</sup> Level Lightbody, spiraling from Source, through the chakras and back, continually, building a very strong Unified Field.

You are the All That Is, and now you have access to your will and power, to begin to create, in form, the reflection of that Christed imaging that was damaged and removed for such a long time. When you activated the 6<sup>th</sup> Strand of DNA relating to your physicality, it enabled you to use your will and power, as it is merged with the divine imaging in a body, to create changes in the body and the Earth.

To blend the Divine Individual and the Divine Collective requires a great impetus and power, and exertion of your will merged with Divine Will. It is the Love in the Unified Field, centered in the 1<sup>st</sup> Triad, that is the impetus of the power of that will.

You have experienced that will when you had to stand firmly for what you stood for. You have also gained experience of it through your years of languaging, the state of consciousness of certainty, confidence, knowing of self from the divine imaging. One has to acknowledge any abuse of power that has led to a fear of power, since that dominance no longer exemplifies who you are.

So embrace this will of yours as the Christos, the energetic matrix of that Christed state, and use it through the OverSoul in the expression of the Higher Self.

#166 8/13/14 The Holy Spirit in a Tetrahedron of Unlimited Creative Movement

From Stillpoint to Manifest State Creation in Balanced Undifferentiated Light

Unification within Divine Masculine/Feminine, Divine Power and Will, Divine Mind, and the Mental/Emotional Bodies

Mother Mary in a Tetrahedron with the Holy Spirit, Anna, and the Magdalene

The Holy Spirit is the Feminine Face of Source, though never separate from the Whole. It is unified with the Divine Masculine. There is a Power and Will in the Divine expression that has to do with the Creative Mechanism, and is needed to bring this expression into Manifest State. There is no division in this Unity Consciousness. It is that Undifferentiated Light that operates to expand Creation.

Place yourself in the Tetrahedron holding the Holy Spirit, Anna, Mary and the Magdalene. Around you there is a Containment Field, a perfect Sphere of Light, that holds that Tetrahedron in place. Feel the Presence of the Holy Spirit in that Tetrahedron.

The Unlimited Undifferentiated Light of Source from the 11<sup>th</sup> Chakra, the Oversoul and Christed Oversoul, is Felt, Recognized, Allowed, in a Quiet Calm Balanced Ecstasy and Joy.

You are able to Create Undifferentiated Light in the Pineal by 1) drawing energies from the spinning 3<sup>rd</sup> Triad, from the 4<sup>th</sup> Eye, from Universal Mind, from the 8<sup>th</sup> 9<sup>th</sup> 10<sup>th</sup> and 11<sup>th</sup> Chakras, 2) through the brilliant Flame in the Pineal and the spinning 2<sup>nd</sup> Triad, and 3) directing this Light into the spinning 1<sup>st</sup> Triad and its applications.

The 4<sup>th</sup> Eye is integrated with the Eye of Horus and the Eternal Eye, and contains the Undifferentiated Light from the 10<sup>th</sup> Chakra's Universal Mind. Undifferentiated Thought is held within the Light. Undifferentiated Thought as a Balanced Neutral Power, is drawn into the Mental body. It is then Known and Felt in the Emotional body. There is now a

more complete merge of the Mental/Emotional body. The rational mind is dropping away because of this. You have merged completely with the Will and Power of Source.

This Creates a Dynamic Movement from the original Stillpoint, the Wholeness and Completeness of the Unified Expression of Source, into a Power and Momentum of Creative Expansion in an Unlimited Potential of Creation, to manifest, either in form or within the non-form state.

It is Precisely Directed using the Emotions to modulate the Elements, All within the Element of Love. In this way, you would draw to you an Intention, a Thought of Source, through Universal Mind, (rather than the rational mind), and with your balanced Emotions you would precisely direct the power and force of the Elements to create what is needed for that application, bringing it into manifest state with your Will and Power. For example, to dry the Earth after a flood of Water, you would modify the Air Element from a gentle breeze to a more forceful expression, as that would be what was needed to dry up a flood.

You are shifting gender expression into an Undifferentiated expression that crosses all dimensions. There is a Conscious unification of Divine Masculine/Feminine, Will and Power, the Individual and the Collective, the 8<sup>th</sup> and the 10 Chakras, the Mental and Emotional bodies, all functioning in the Presence of the Undifferentiated Light.

The Flower of Life within the Sphere, is the Perfected Image of the Divine Plan for Creation, the vehicle that is continually Expanding. Even the Metatronic Cube that was created to hold the 3<sup>rd</sup> dimension from falling further, had the fluidity of this Feminine expression of the Divine.

"You not only access the Lords of Light, the Elohim, the Masters, the Archangels, but you are One and the Same."

The classes are, from now on, to be received from our Intention, as a Collective of this group, as well as the Individual, within the Undifferentiated Light.

#167 8/20/14 \*\*\*Weaving the Components of Creation in the 5<sup>th</sup> Level Lightbody\*\*\*

Eliminating from the First Two Strands of DNA: Genetic Programs of Separation, Victimization, Unworthiness, Powerlessness  
Using Divine Will and Power

Laser Focusing of Undifferentiated Light into DNA

With Uriel

- 1) Bring your attention to sitting in the Collective of this group, as the Individualized expression of the Creator, in the 5<sup>th</sup> level of Thought. You are observing you creating you, form within form.
- 2) Start with your attention in the Sacred Heart and the expanded 4<sup>th</sup> level Lightbody.
- 3) Then the 5<sup>th</sup> Chakra: Unified Field of Will and Power streaming from the 1<sup>st</sup> Ray of Will and Power (access the Triad of El Morya-Yeshua-You). It is not your will and Source's Will. It is Divine Will operating as a unit. This brings a sense of Purpose, Focus, Passion, creating the Yes! sensation, Certain, Capable, Commanding of your Presence, expressing that Power.
- 4) Access the Tetrahedron of the Holy Spirit and the Divine Creative Expression, Calm, Balanced, Powerful.
- 5) In the 3<sup>rd</sup> Triad's 8<sup>th</sup> and 10<sup>th</sup> Chakras: observe the unified merged Mind of you and Divine Mind, Universal Mind, thinking as One.
- 6) In the 9<sup>th</sup> Chakra: experience Unity Consciousness with the Lords of Light and Elohim, and the Archangels who often serve as Lords of Light. No separation, no division.
- 7) Hold your Attention on the Intention to create with the Lords of Light and Elohim, with Will and Power, in order to eliminate within the 1<sup>st</sup> and 2<sup>nd</sup> strands of DNA, which relate to the genetic lineage, the specific energetic programming of: a) separation from Source as an external power, b) victimization and powerlessness, c) unworthiness. And all the thoughts and emotional patterns that go with those programs.  
Initially this humanoid body was configured to accommodate "the Fall" and the establishment of the separation consciousness of the 3<sup>rd</sup> dimension. We incarnated over time to create this shift, even though we were stuck in the reactive patterns from our lineage, until we were able to release those habits, with much perseverance.  
Furthermore, those patterns were played out for eons, over and over, with continual attention on those programs, unconsciously creating through thoughts and emotions, within the 1<sup>st</sup> 2 strands of DNA, a more stabilized, solidified configuration of a consciousness that prevented Unity Consciousness, and the experience of freedom of SoulSpirit from within the physical form.
- 8) The precise elimination of these programs can be done through the use of the Divine Mind, drawing from the Lords of Light and Elohim, the applications to clear those patterns, using the Undifferentiated Light that you can access from your 11<sup>th</sup> Chakra. In other words, the 11<sup>th</sup> Chakra allows you to express yourself as that Undifferentiated Light, as Divine. It is drawn through the Undifferentiated Light of 4<sup>th</sup> Eye.

- 9) Then it is drawn through the Pineal Center, where the Individualized Flame, the creative expression of you creating in the Undifferentiated Light, creates a magnification, rather than a compression, through a laser-like expression of this Undifferentiated Light, to create the intention, the clarity, the focus.
- 10) It is then directed with laser focus into the Thymus Center of the Etheric body. Then into the Physical body's first 2 strands of DNA, eliminating, with directed precision, a) the energetic level including thoughts and emotions regarding the consciousness of separation, victim, powerlessness, unworthiness, the rigidity limiting the freedom of SoulSpirit in physical form from the DNA, and b) it eliminates it on a cellular level.
- 11) Creating as one with the Lords of Light and Elohim, this will usher in a huge block of knowledge and information.
- 12) With each additional layer of the Lightbody, all the other Lightbodys expand in breadth of their capacity, with all acting as One.

#### After Class Discussion: Creation of a 5<sup>th</sup> Dimensional Physical Body

- 1) Creation begins with a Thought, an Awareness, an Intention from Divine Mind.
- 2) There must be a Recognition, an Experience of the Collective nature of you as One with the Higher Collective of the Archangels, the Lords of Light, instead of me/them consciousness. In this way you draw to you everything you need, the applications, components of your creation.
- 3) The First Ray of Will and Power is the Impetus that makes things move, the platform for creating everything. Hold Will and Power in the Universal Light and with Will and Power, draw the applications, the components through the Universal Light. It is Will and Power that is the Impulse that begins the movement inside the Light towards creation.
- 4) Bring your Intention into the 2<sup>nd</sup> Triad to "shape it" with the Individual expression.
- 5) Use that Light to create it in the Thymus Center of the Etheric body.
- 6) Then bring it into the Thymus gland in the Physical body.

#### #168 8/27/1 Elevating the Function of the Pituitary with the Undifferentiated Light

##### Elimination of Disease and Aging

##### Recognize Yourself as Whole and Complete Unto Yourself

"We as creator beings are now fully engaged in the divine imaging of the Creator through that 4<sup>th</sup> Eye and have drawn that Undifferentiated Light into the Etheric body through the chakra system. The Etheric body is that perfected divine imaging reflecting into the Physical body its Light. And with that construct in place, we as creator beings have the capacity to act specifically

on our creative thought, intention, attention and focus, to create a result... utilizing thought and emotion from that divine imaging...merged through the Will and Power."

With Uriel

We bring wish to bring balance to the **Pituitary, as the master gland**, which regulates the way hormones are produced, balanced and maintained. In this way we bring **chemical balance to the whole body, but especially bring a more refined vibratory level to the brain, the neurological system and, very importantly, to the cellular system**. This is necessary, in order for the body to function at a multidimensional level, altering the way thought is communicated to the cells, supporting a 5<sup>th</sup> dimensional body.

The **alteration affects the Mental/Emotional body**, expanding the potential of the creative process, **since the Mental/Emotional body is a major part of you as a creator while in form**. The influx of Light energies from the Christed Oversoul will interweave throughout the energetic system and the various bodies, and be able to be brought into the physical system. This will raise the consciousness of the planet as well.

Last session the undifferentiated Light was drawn from the 11<sup>th</sup> Chakra in the Etheric body. Now there is a **unified state of Undifferentiated Light within your chakra system**, accessible within the entire Triadic Unified Field, with **full imaging at both an Individual and Collective level simultaneously**.

On a cellular level, since the disengagement of certain aspects of the two strands of DNA, there must be a reformulation of the way in which hormones are used, a **rebalancing of these chemicals in each cell**, so the cellular system functions at a more refined level, in alignment with you as that Christed being, as divine. **And the cells begin to replicate from the perfected divine image, not from the state of disease or aging.**

Noticing from the Oneness of the Flame in the Sacred Heart, observe all 4 Elements within you balanced by the Element of Love. Notice the Template of Christed Light held within the Christed Matrix. Feel the Holy Spirit and the Creative Mechanism held in the Tetrahedron. Be in One Flow, the Undifferentiated Light quietly held in the 1<sup>st</sup> Triad, the Oneness within all of the Unified Field, expressed in the 5<sup>th</sup> level Lightbody. The Individual essence of the Creator reflecting the Creator.

Hold the **precise Intention** to align the communication within the neurons in the brain and in the body, to balance the hormones and chemicals, and through the divine imaging to create a 5<sup>th</sup> dimensional physical presence. The Undifferentiated Light is drawn from the 11<sup>th</sup> Chakra through the Eye of Horus, the 4<sup>th</sup> Eye of Source, merged with your Intention to elevate the Pituitary, focused by the passion and command of your Will and Power, and magnified in the Flame in the Pineal. The Undifferentiated

Light is drawn into a creative action by your Will and Power then directed into the Pituitary. This communicates to the Hypothalamus, the Hippocampus and all the structures of the nervous system in the brain and affecting the neurons and chemicals throughout the body. In this way, the 2<sup>nd</sup> Triad is where the applications are made with the Intention of expansion of consciousness, and alteration of the Physical body.

When the undifferentiated Light is absorbed into the Physical body, it is also transmitted through the Mental/Emotional body into the Causal body, bringing the past experiences and mastery into present accessibility. Then you are able to access, through the Undifferentiated Light, Creator's original template of Intention in the Oversoul and the Christed Oversoul.

"We as creator beings are now fully engaged in the divine imaging of the Creator through that 4<sup>th</sup> Eye and have drawn that Undifferentiated Light into the Etheric body through the chakra system. The Etheric body is that perfected divine imaging reflecting into the Physical body its Light. And with that construct in place, we as creator beings have the capacity to act specifically on our creative thought, intention, attention and focus, to create a result... utilizing thought and emotion from that divine imaging...merged through the Will and Power."

8/31/14      **Sharing Unity Consciousness, Love and the Undifferentiated Light with the Elemental Kingdom**

Pre-Conference Webinar

With Metatron Prep and Tara in Class

You are creating an environment, a much greater container, for the Elementals to create from in a 5<sup>th</sup> dimensional consciousness, so they can match and reflect your energy into the Earth, reducing the density, then reflecting that back again into humanity's Physical body in a coherent flow of energy. The blueprint for the human form was created by Source, because it must hold the SoulSpirit, but the actual composition was created by the Elementals, who do not have form themselves, using the Elements of the Earth, so there is a great resonance.

You are the creator in this situation. The Elementals, with Tara as the interface, that stepping down mechanism, take that reflected nature of you in Undifferentiated Light, and translate it with the Elements into that creative aspect. She can step it down a little at a time to make it useable in the density of the Elements of the Earth. The Elementals are dependent on the human to reflect that consciousness to them, in order to create.

With the Fall of consciousness, the Elementals were simply following the intention of humans who wanted to see if consciousness could be maintained in a dense environment. The humans hold the power, since they are in body, and now it is time to transmit the Undifferentiated Light and the elevated consciousness created within the body to the Elementals, who are without form.

Two things have to be established within the physical Earth: 1) Unity Consciousness, and 2) the presence of Love. That can only be done through the presence of the Undifferentiated Light. As you radiate the certainty and clarity of Will and Power from now your Collective nature, rather than your individual nature, and the Christed Matrix, the brilliance is amplified into the Elemental Kingdom. Hold the Intention to amplify Will and Power, utilized in a Unity Consciousness with the Creator, within the Element of Love, through the Undifferentiated Light, and radiate that Light into the Elemental Kingdom.

This intention empowers the Elementals to create a different environment, to create as they create, to create precisely and with that divine Will and Power so the Earth is less dense. Some Earth changes will continue, as they gently lift the 3<sup>rd</sup> dimension from the Earth, but they have heeded our request to minimize destruction and human suffering. The loss of some plant and animal species will be mitigated by new unimagined configurations.

#169 9/3/14    Experiencing the Level 3 Live Collective and the Higher Collective

Resting Within an Appreciation of Yourself

The Pineal-Pituitary Connection

With Metatron

A valuable container has been created of the collective of the Level 3 Live group, experienced as an Emerald green color at the Crown chakra. You can also experience yourself as an individual within this powerful collective consciousness. It is of benefit to appreciate the great value of this vast expression of who you are in a Physical body, established in the 5<sup>th</sup> level Lightbody, accessing memory of your mastery, a knowing of yourself.

There is no need to compress the Undifferentiated Light in the Pineal since it can be now accepted into your energetic system through the chakras because of the five levels

of Lightbody activation. Instead, it can be magnified. The expansion into the brain happens when you notice it. You can't use something that you aren't aware of. But when pointed out and noticed, a movement occurs, and the energy explodes into its potential to be used precisely, engaging the neurological system, bringing the Light into the neurons of the brain, reorganizing the neurological system. By noticing how the Pineal and Pituitary have to function together, an expansion can occur, impacting the neurological system and those parts of the brain that have been shut off, as well as the hormones and chemicals of the body.

9/4/14

## Introduction to Upcoming 6<sup>th</sup> Level Lightbody Activation

### Activation of The Gateway Seed Crystals, the Arc of the Covenant, Right Ear Crystal

2<sup>nd</sup> Pre-Conference Prep

With Metatron

In the upcoming conference, we will first create a container, then for two days activate certain gateway crystals, since this is easier in the collected physical group, then will transmit that consciousness to the Elementals, connecting it into the Earth, accessing the 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> dimensions.

There are 3 crystalline seed energies within the body, though mainly in the Etheric and Spiritual bodies, that allow for more coherence and communication with SoulSpirit and Source, translating unheard sound vibrations, waves of Light. They are above each eyebrow, and below the hairline in line with the nose, forming a triangle. They carry the Light language, which is more than a spoken language, but also an energetic format from which higher dimensional levels of thought are translated and made useable from one dimension to another. They carry a coding of energetics similar to the Color Codes, but emanating from the 7<sup>th</sup> dimensional frequency band.

The triangle is significant because the Eye of Horus is in the 3<sup>rd</sup> Eye, the Pineal and the Crown. These seed crystals activate the Eye of Horus at a much different frequency bandwidth.

Another, the Arc of the Covenant, arcs from the Medulla center to the 4<sup>th</sup> Eye, the 3<sup>rd</sup> Eye, and connects into the Crown, into the Pineal/Pituitary. It further enables you to decipher the energetic transmissions through light frequencies, particles of Light,

language of Light, tones, geometries, all part of the physical expression at the higher dimensional frequency range.

The final activation is a **crystal in the lobe of the brain above the right ear** which enables you to **hear at a different frequency bandwidth**, tones unheard by the physical ear. Also it enables you to **activate memory relating to experiences in other star systems, planetary systems, and dimensions**, recouping memory you lost by entering the 3<sup>rd</sup> dimension, about certain technologies and experiences beneficial to remember now as you ascend. They are not related to your mastery as in the Causal body, but will help in **overcoming the separation template** as an individual, and feeding the collective consciousness of the group, the Earth, and the Elementals.

The seeding will further **activate the OverSoul** of the individual that relates to the SoulSpirit, which is always being directed through the OverSoul of who they are at a more collective nature. There is no need at this level of Lightbody to be concerned about free will. With these codes of sound and light, there will be Unity with who they are from the Christed OverSoul, in complete Unity with Creator, bringing the body into its Christed expression.

#170 9/17/14 Activating the Medulla Oblongata and the Arc of the Covenant

**6<sup>th</sup> Level Lightbody: The Ascension Template: Recognize Your Divine Image in Living Color**

With Archangel Gabriel and Yeshua

**The Arc of the Covenant or the Arc of Light, creates a magnificent rainbow colored arc over your head, from the medulla through the 4<sup>th</sup> Eye, into the Eye of Horus, and the 3<sup>rd</sup> Eye, into the Pineal and down through the central channel into the Sacred Heart.**

Purpose: The Arc begins the ascension process, starting in the **brain, which is the receiver and transmitter of God Consciousness**, the communication between you and Prime Creator, and all realms of creation. You are the All That Is. It flows through the electrical capacity of the brain, through the neurological system, in order to be useful at a physical level, **to consciously unite and commune with Source as Self, as One, coming into unity with the All That Is.** It also further **unifies the left and right hemispheres of the brain.** The Medulla has an **autonomic function** and we are opening

it to hold the Undifferentiated Light, and to communicate that through the neurological system of the whole body, so we can operate always from our Divine Imaging.

You have set the template for the rest of humanity, as an enlightened being, your transformed ego bathed in grace and Christ consciousness. Value your body and your mind! At the time of the 10 Commandments, the consciousness could not understand that the Arc of the Covenant, the container, was your brain, your mind, united with Divine Mind. Now your brain is bright and becoming very illuminated. You draw the Undifferentiated Light from the 11<sup>th</sup> Chakra, which is not outside of you, but within you, and magnify it in the Pineal.

Daily create the experience and draw the Undifferentiated Light through the Pineal, igniting the Medulla and all parts of the brain, and experience the arcing of Light in a rainbow over and within your head, illuminating the Eye of Horus and the entire brain, drawing into the Sacred Heart, so that you function in that unity, and you access that automatic function of the Medulla, as it relates to you as a divine being of Light. The ascension template is seated now in your Heart, your body, your chakra system, flowing as a radiant brilliant Light of unbelievable colors. Recognize your Divine Image in living color! Hold close to these energies for they are the keys to your ascension

#170 9/25/14 am

September Conference

"This is the moment of your ability to be exactly that Christed being that we have told you time and time again. You are That. Aya Ashur Aya.

With Metatron

The opening in the Medulla center, or Ascension Chamber, and activation of the autonomic system of your consciousness, allows you to draw into that consciousness all thoughts and emotions in the moment to create from that state of being, from the Sacred Heart, as a Christed being, in the present. It is experienced in the whole body as well.

"The Undifferentiated Light is you. You were made in that Light...It is about knowing your power as a creator, always centered in that Element of Love, anchored in the Heart...Everything comes in and through the Heart in your creation, everything. And you will not vary from that creative template...There is no variance from the state of seeing yourself as Undifferentiated Light and the functioning of the autonomic consciousness."

#170 9/25/14 pm

September Conference

### Merging of the Individualized OverSoul and Christed OverSoul

With Metatron

There is a coherency in the interfacing of all the bodies, functioning in and transmitting Undifferentiated Light: Physical, Etheric, Causal, OverSoul and Christed OverSoul. The Medulla center has activated all lobes of the brain. In the merging of the individualized OverSoul of your SoulSpirit and the Christed OverSoul, the SoulSpirit functions from the direction of the Christed OverSoul from this moment forward, and from the ability to create from the Heart.

The Unified Field is amplified, as well as each Triad, the Heart open, receiving and transmitting, the 2<sup>nd</sup> Triad replenishing the Undifferentiated Light through the Pineal, which flows down the Central Channel to all parts of you, the 3<sup>rd</sup> Triad filled with Christ Consciousness, powerful, dynamic, coherent, emanating from the Medulla Oblongata, doming over the head in all directions, multidimensional. You can direct it in through the Crown, through the 3<sup>rd</sup> Eye and the Pineal, activating the Eye of Horus to project that Christed Imaging to all creation, and through the 4<sup>th</sup> Eye relating to Divine Mind of Prime Creator accessed in the 10<sup>th</sup> Chakra.

The arcing from the Medulla Center has amplified the consciousness of the brain as a communication center to carry the Christ consciousness and your Christed Imaging to all realms of creation, amplified a hundredfold, sharing what it is to possess a body and be a Christed image, with all beings without a body, such as the Lords of Light, the Elohim, the Archangels and Ascended Masters, reflecting to them, as they reflect to you what you imaged to them. We are you and you are we.

In this way we have just begun with all of us together, creating, expanding, exemplifying the perfection of creation, with no restraints or limitations, with unlimited potential.

#171 10/8/14 The Christed OverSoul is Now in You as SoulSpirit for Eternity

The Spin in the Medulla

Hold This Energy Close. Be Quiet in This Space in Self-Awareness.

With Yeshua

The merging of the OverSoul with the Christed OverSoul, as One consciousness, drawn through the Central Channel and seated in the Sacred Heart, is necessary for the enhanced activation of the Medulla and this vibrant Arc of the Covenant, doming over the entire head. By beaming the Undifferentiated Light from the Pineal into the now, **for the first time, open and spinning Medulla**, you create the Arcing dome by your Will and Power, as a focused passionate creator, which then brings the 2<sup>nd</sup> Triad into an automated state, where previously the Medulla only controlled the autonomic *physical* functions such as breathing and the heartbeat.

The rewiring of the nervous system moves the spiritual consciousness into an automatic function within the Physical and Spiritual bodies, making the **operation of the 3<sup>rd</sup> Triad** autonomic. It will allow you to automatically know the higher consciousness within the **Physical body**. Drawing non-physical spiritual energies through the brain into the body, it accelerates the neurological and glandular systems, and **allows the seating of the 6<sup>th</sup> and 7<sup>th</sup> layers of the LightBody**. As the Arc of the Covenant expands, it creates little electrical arcs in the brain, connecting points together that were previously unconnected.

The activation of the Medulla provides an electrical stimulus for you to use the **Language of Light** that comes through the Angelics, replicating in language this Christed merged state. It will be seated in the **Christed Matrix within the Earth, so important to the Elemental Kingdom, and in every individual's Heart**, stimulating changes within those beginning to awaken. The activation amplifies, through the axialtonal lines, **the communication with more refined realms of creation, planetary systems**.

Yeshua requests that you once again recreate the **merging of the OverSoul and the Christed OverSoul**, noticing how the **Morphic Field** between the two disappears. **And how the brilliant Christed OverSoul takes the dominant position of guidance in your life experience, and in you as a SoulSpirit for eternity, emanating that perfected Divine Image.** **"Come with me often and sit in this space of consciousness. I will be with you in the coming week, so you will know my presence and begin to know yourself as the Christ."**

#172 10/15/14    Brotherhood of Light Activation: Electrically Charging the Seed Crystals

And Divine Mind Through the Ze-On Thought Particles of Light

## You Are a Cosmic Seed

With Metatron, Mechizedek, Michael

The neurology is being reformulated, through the intervention of the Lords of Light and Elohim, helping each individual re-establish parts of the electrical system that have been disengaged since the fall of consciousness. It is important that each has the experience, noticing the physical sensations of tingling or pressure or twinges, maybe colors or sounds. Allow the possibility and notice. Recognize what it feels like in the Emotional body and the Mental body. Get in touch with a feeling/knowing state from this field of energy, in complete unison with the Brotherhoods of Light, no longer seeing oneself as separate from this realm or less than. You have to allow the opportunity and the remembrance.

The Arc of the Covenant is a dome of Light from the shoulders up around the entire head, with many color frequencies and tonal qualities, and an electrical arcing within the dome. As the arcs are discharged, they further activate the crystals, when intentionally directed, by the attention the participant gives it. There are the three seed crystals in the Etheric body forming a triangle in the forehead at the hairline and above the center of each eye (9/4/14) and anchored as a tetrahedron in a fourth point in the Column of Light. There is also the transmitter/receiver crystal over the right ear. It is very expansive for the individualized expression and Image of the Divine, and once that is seeded, it then encompasses the collective state.

The electrical arcing also amplifies the life force of the body through the neurological system, as it extends from the head region around the entire auric field of the body. The capacity of the brain is altered, to communicate levels of thought from various Light realms, and star systems via the axialtonal pathways and spin points, receiving thought in the body's neurology, upgrading the body and the 3D limitations. The spinal column becomes the antenna for that reception through the axialtonal pathways.

With the seed crystals, there is a higher activation of the Eye of Horus integrating with the 4<sup>th</sup> Eye, drawing from Universal Mind of the 8<sup>th</sup> Chakra (relating to being embodied in form), and from the Mind of Source (without form, relating to all creation). There is now 3a stability in the field that does not allow a slipping in and out of states of consciousness.

Particles of Light, called Ze Particles, relating to those electrical charges, mediate thought between the body's consciousness and the Divine Consciousness, between you, your Higher Mind, Universal Mind and the Mind of Source. The On Particles are Undifferentiated Light creating a magnificent container of Light in the non-physical parts of you, unifying the Spiritual body, the Physical body and the Etheric body, enabling the

Christed body unified with the Christed OverSoul to take the dominant position in the functioning of the Physical body as a Divine Being of Light.

It is the Ze-On Light Frequencies that bring the electrical charges into the seed crystals, created from the Undifferentiated Light drawn from the 11<sup>th</sup> Chakra, through the 10<sup>th</sup> 9<sup>th</sup> 8<sup>th</sup> Chakras, the 4<sup>th</sup> Eye and magnified in the brilliant Flame of the Pineal, to spinning the Medulla, lighting up the brain through the arcs. The Ze-On are Thought Particles of Light that are the electrical component of the massive electromagnetic field necessary to navigate all realms, and are necessary for the transformation into Lightbody, accessing the Adam Kadmon body.

This initiates an amplification of the 3<sup>rd</sup> Triad, so the misalignment of the 3D consciousness can be eliminated, and the body altered, so your consciousness as SoulSpirit is no longer hindered by the 3D vehicle.

The arcing and electrical stimulus allow these Ze-On Thought Particles, created in the Higher Mind, to affect the chemical function at a cellular and molecular level, to access higher fields of energy from the 5<sup>th</sup> to the 12<sup>th</sup> dimension, as a multidimensional being, unifying the Physical and Spiritual bodies. This allows the body unlimited longevity and regeneration capacities.

It is your responsibility to own your new house, as an occupant of this multidimensional consciousness, to bypass the noise and distraction with your Will and Power and your passion to create, being certain and commanding of your presence. Own that you have arrived, see your well-being, don't just talk about the possibility. It's yours. You live there. You have been welcomed. It is who you are. You entered this sleek vehicle of Light with the purpose to change humanity. Have your awareness on Metatron, Melchizedek and Michael as your neighbors to make that transition smooth.

#173 10/29/14

Merging Soul, Spirit, OverSoul, Christed OverSoul, Body, Emotions, and Higher Mind in the Undifferentiated Light and Ze-On Particles of Thought

With Lord Melchizedek (in the Tetrahedron with Lord Metatron, Lord Michael, and Lord Uriel)

Prep with Metatron (in the Tetrahedron with Michael, Melchizedek and Uriel)

The Undifferentiated Light streams from the 11<sup>th</sup> Chakra and from the unlimitedness of Spirit, through the Central Column, spinning now through all 14 chakras, up and down the column and into the Christed Matrix in the Earth. You direct it into the Pineal, then

the Medulla Oblongata, a spinning generator, creating the Arc of the Covenant, and you, as Soul, create, through the electrification in the arcing, the Ze Light, that stimulates the seed crystals to act as transmitters of electrical impulses and alter the neurology of the brain. This brings Soul and Spirit into a closer interface.

As conscious creators, you, as SoulSpirit, use that Ze Light, a component of Undifferentiated Light, to create thought particles, or Ze-On Particles. This allows a fuller merge of the Christed OverSoul and the OverSoul and the template of the Higher Self, in your intention to draw them into the Sacred Heart, to now interface consciously with you as SoulSpirit, and direct the function of the physicalness. The Christed OverSoul is made up of not only the energetic template from the Christed Matrix itself, but it is made up of the merged state of the SoulSpirit.

As the Ze-On Particles stimulate the merge of the OverSoul and Christed OverSoul, this further enhances the merging of SoulSpirit, anchored in the Higher Self (class 163) and Higher Mind. The Soul, as your individual divine aspect in a Physical body, and Spirit the massive unlimited imaging of Prime Creator, are not yet fully compatible and require further integration.

The Ze Particles can be made usable to enter and now upgrade the physical body. The electrification of the brain changes the cells to create more ATP, and affects the molecular structure of the Physical body, bringing more knowledge and awareness into the cells. You are becoming conscious of being conscious, and conscious as a Christed being in a physical body, building the 6<sup>th</sup> Level Lightbody.

In this grand merging, the OverSoul, the Christed OverSoul, and SoulSpirit begin to come together in the physicalness, operating as one unified consciousness in the physical form. This brings a shift in the spinning and refinement of the Triads and the electromagnetic Unified Field in and around the body. Not just the Physical body but also the Mental/Emotional body which is the potent part of creating within form.

Each time you loop the Undifferentiated Light through the 3<sup>rd</sup> then 2<sup>nd</sup> then 1<sup>st</sup> Triads, and through the bodies, and all the chakras, another layer of consciousness becomes more integrated, more conscious, more coherent. Notice also the ecstasy and joy of the Emotional body, without highs and lows, but in calm and ease, in an expression of you as a divine Christed image.

### Loops or Cycles

- 1) You as SoulSpirit utilize this Ze Light aspect of the Undifferentiated Light within the electrification of the arcing to create Ze-On Thought Particles. This Light is generated from the 11<sup>th</sup> Chakra and from Spirit.

- 2) The creation of the Arc of the Covenant started the further merging of the Soul and Spirit, so Ze Particles could be created from a place that *is* conscious and becoming *more* conscious.
- 3) The interface between Soul and Spirit allows for more of an interface between OverSoul and Christed OverSoul to merge more fully.
- 4) When we initially connected the OverSoul and Christed OverSoul, we also created a template in the Higher Self. Now as SoulSpirit begins to be one, Higher Self is in alignment with that into the body. And the OverSoul/Christed OverSoul now can merge into SoulSpirit into the Higher Self down into the Sacred Heart.
- 5) So as the Ze Particles generate creation, that generates another creation, that then generates another creation each time you cycle through the process, a spontaneous chain-reaction of events, each one allowing you to become more conscious.
- 6) In the Soul, there is consciousness that can be created into strings of consciousness, On Particles. The Ze Light connects with the On thought streams, creating an interfacing of consciousness where the Soul can pour conscious thought into the body, and then use the body in a new way because, before, the Soul couldn't get into the body. It had to have the Ze Light to connect the On Particle of the Soul, as the Ze-On Particle. So the body, Ze-On Particle, and SoulSpirit, have just formed a chain-reaction, and now SoulSpirit is thinking in the body.
- 7) With SoulSpirit thinking in the body, that allows for the OverSoul and Christed OverSoul to merge through those Ze-On Particles also in the body.
- 8) So the Ze-On Particle is a spark of insight, an aha, an interface, that allows a thought to be moved into the body, opening up unlimited exciting possibilities of consciousness, creation and change, coming down from unapplied knowledge into physicality.
- 9) In the cells, as the electron and its charge is altered, the electrochemical reaction creates a new substance. New electrical impulses combine with the unapplied thought in the SoulSpirit, combined with the blueprint of the Christed body, all coming into one alignment, allowing the physical to change into a higher frequency of density, becoming more flexible, more fluid, with more ease and calm, a quiet joy and ecstasy.
- 10) The Ze is one aspect of the Undifferentiated Light. There are unlimited aspects. You have entered the All That Is, in the final channeling of the conference.
- 11) When you want to bring, from the 7<sup>th</sup> dimensional collectiveness of All That Is, creations from different realms, you would bring them back through the creative applications in the 6<sup>th</sup> dimensional toolbox and the 8<sup>th</sup> Ray applications, organize them, and then bring them into your physical creation.

#174 11/5/14

## The Magnetic Field, the Emotions and the Ze-On Particles

With Metatron (in the Triadic configuration with Michael, Melchizedek and Uriel)

The Ze-On Particles create a new access to the Higher Mind, in unity with Universal Mind, the 8<sup>th</sup> and 10<sup>th</sup> Chakras, and Prime Creator. The Mental/Emotional body now functions through the direction of the Christed OverSoul. Through the Ze-On Particles of thought in the Higher Mind and the electrical arcing in the brain, you can use the 10<sup>th</sup> Ray magnetics now to disengage thoughts combined with the rigid lower tier of 3D/4D emotions of anger, rage, resentment etc, dissolving the electromagnetic charge.

As well, the 2<sup>nd</sup> tier of emotions has an electromagnetic field that supports the 1<sup>st</sup> level of thought and emotion, so it can be cleared also. Additionally, the 2<sup>nd</sup> tier has a relationship to the 3<sup>rd</sup> tier, the higher Mental/Emotional state of Spirit.

You are intending to dissolve anything that is not compatible with the magnetics of the 10<sup>th</sup> Ray and the magnetics held in the 3<sup>rd</sup> tier, to create a neutrality, a harmonic resonance between the Mental/Emotional body and Spirit, as you draw SoulSpirit and the Christed OverSoul into the body. This is in balance with thought within the Ze-On Particles, the Higher Mind, Universal Mind, Creator's Mind.

The 10<sup>th</sup> Ray has an electromagnetic field of stability and harmony, and you use as well the Blue color coding which resides within the 10<sup>th</sup> Ray of Creation. The Blue coding adheres to an emotion, elevating that emotion to a higher state. If you slip, call on the Blue coding to restore you to the consistent harmonic resonance of the refined magnetics of the emotional state, aligned with electrical components of the neurology created from the Higher Mind of Prime Creator through the Ze-On Particles.

This alters the electromagnetic field of the body and within the Earth, planting the seeds and templates for others to begin these alterations. We are able to do this work now because of the changes in the electromagnetic field of the Earth, from the Sun.

#175 11/12/14 **Anchoring the OverSoul/Christed OverSoul into the Sacred Heart**

## Installing the Shekinah Aspect of Holy Spirit in the Sacred Heart

A Baptism, An Anointing

With Uriel in Prep Conversation

With Metatron in Class

**Jim's Review of Altering Form in Form (and HEALING)**

- 1) Observe flow of Undifferentiated Light through Central Column from the 14<sup>th</sup> Chakra through Christed Matrix in Sacred Heart, to Christed Matrix in center of Earth.
- 2) Triad of El Morya Yeshua and you. Will and Power, commanding of your presence with ease, softness, and calm united with the Element of Love.
- 3) The full Presence of the Holy Spirit in the Sacred Heart.
- 4) Merging yourself with Michael, Metatron, Melchizedek, Uriel and 9<sup>th</sup> Chakra realms, sitting at the table.
- 5) From Sacred Heart, recognize you as creator in the Pineal, magnifying the Undifferentiated Light.
- 6) Direct Light into Medulla, igniting the Arc of the Covenant, electrifying the Light within the doming Arc.
- 7) Direct the Ze Particles into the 3 Seed Crystals in forehead. Flowing Light into brain, and Eye of Horus united with 4th Eye.
- 8) The Receptor Crystal above right ear holds more Light.
- 9) Bonding Ze Particles with consciousness of SoulSpirit, Christed OverSoul/OverSoul into doming Arc thus creating the Ze-On Particles.
- 10) Retrace steps drawing Ze-On Particles into Medulla into Arc, drawing the consciousness of SoulSpirit, Christed OverSoul/OverSoul into doming Arc.
- 11) Ze-On Particles into Pituitary, Hippocampus, Hypothalamus, all the neurons altering the electrical nature of the body.
- 12) Ze-On Particles through spinal fluids, glands, organs, cells, altering the electrons of cells, preparing the Physical body to receive Light, the Ze-On Particles electrifying the cells.
  
- 13) Drawing into Mental body: Universal Mind from 8<sup>th</sup> Chakra/Christed Mind/Higher Mind, merged with Universal Mind in 10<sup>th</sup> Chakra/Mind of Prime Creator.
- 14) Using Blue Coding and 8<sup>th</sup> Ray Apps, draw 10<sup>th</sup> Ray cohesive harmonics into the electrical aspect of the 10<sup>th</sup> Ray magnetics in the Mental/Emotional body.
- 15) Eliminate all 3-4D magnetic and electrical aspects in 3 tiers of Emotional body, with only the higher aspects of 3<sup>rd</sup> tier remaining, the joy and ecstasy without any spikes, allowing 10<sup>th</sup> Ray to flow into Physical body.
- 16) With 8<sup>th</sup> Ray you have created an interface to bring OverSoul into body:
  - A) Aligning Emotional body with OverSoul using the 10<sup>th</sup> Ray and Blue coding.
  - B) Drawing Higher Mind, Universal Mind and Mind of Prime Creator into Mental body.

Intention: with the thought and intention to anchor the OverSoul into the body, which is electrical, and the emotion of certainty which is magnetic, direct the magnetics of the 10<sup>th</sup> Ray, with the Applications of the 8<sup>th</sup> Ray, and the Element of Love, to draw the OverSoul from doming over the body, into the Sacred Heart and the Christed Matrix, to

further accommodate the presence of the SoulSpirit in the Physical body. You, the creator, must draw it in, must magnetize it into the body using the 10<sup>th</sup> Ray.

This massive electromagnetic field of energy is anchored into the Sacred Heart, and so affects the Triadic System and the Unified Field. And because the neurology has been altered, it allows communication to extend past your auric field, as a Christed being, into all realms of creation, whether physical or non-physical, to other planetary systems, to other advanced beings of Light, to transmit and receive at a more conscious level. It will take time, focus and practice, as OverSoul merged in the body, expanding your field and that neurological communication.

This OverSoul merging opens a pathway in the physicality to bring a fuller expression of your SoulSpirit into form through the Presence of the Holy Spirit. You are reborn within Spirit, bringing abilities, known as the gifts of the Holy Spirit. As the Holy Spirit enters you, there is a showering of Light around and within your body, and the sounds of the Angelic Realm singing in a language of Light, glorifying the Presence of the Holy Spirit within you, Spirit in form.

#176 11/19/14

Cultivate the Feeling of the OverSoul, the Holy Spirit/Shekinah and the Undifferentiated Light Within Your Body

This was the greatest initiation given over all these years of teaching.

With Metatron

It was a powerful and significant event to draw the OverSoul out of the doming over the head, where it resided since the fall of consciousness, and to incorporate such massive energies. Also at the fall, the Holy Spirit, the Shekinah presence was separated also, and only when the OverSoul was reintegrated, could the Holy Spirit be drawn into the physicality.

These actions are needed for the 6<sup>th</sup> level Lightbody to be anchored more fully, bringing a massive change in the Unified Field to now become a complete field of Quantum Consciousness, beyond local awareness, able to communicate with vast realms of creative consciousness. There is a greater activation of the 3 seed crystals and the receptor crystal by the Ze-On Particles, as the OverSoul and Holy Spirit are drawn through them. It is a huge shift that catapults the body out of the 3<sup>rd</sup> dimensional form into a multidimensional state.

This enables expanded communication with all realms of creation and a unification with the Mind of the All That Is, and gradually will manifest all of the special gifts and abilities of the Holy Spirit in teaching and healing, over time, with experimentation and attention.

Since you no longer have a 3<sup>rd</sup> dimensional body, the remaining 20% of the Mental/Emotional body's "pieces and parts" will arise sporadically and be noticed, without reversion into the density of separation, since there is no 3D vehicle to hold it. It will be easily released with your tools. It is a continual journey of refining, using, creating, applying, altering, not only in the physical realm, but also the SoulSpirit is constantly in states of evolution, ascension, refinement.

But you are now fully merged with the Quantum Consciousness Field of the All That Is, the Mind of the Christed OverSoul, and your thoughts will be those of unity and love.

You will fully seat the Lightbody by the end of February, in conjunction with the Lords of Light and Elohim, who are diligently altering the electromagnetic fields of Earth, so that the energetics of the Quantum Consciousness level can accommodate your progress as an individual in a body. They started after the Fall equinox and will continue through the first quarter of 2015, allowing humanity to create differently from the wisdom and knowledge of that Quantum Field Consciousness, and this group to start making a big difference by the Spring equinox. By setting a new template, they will escalate the collective consciousness to a more evolved state, and we will see massive clearings within the next 3 years, rooting out old patterns in governments, business, education, as well as on the individual level.

However, you will have the basic Lightbody; by no means is it complete. You have to create completion by using it and creating with it, individually as well as collectively.

Cultivate your conscious awareness of how the OverSoul consciousness feels within the body. Allow the presence of the Holy Spirit/Shekinah to become fully conscious within you, and feel it as an emotion in the body. Experience how the Undifferentiated Light is more dynamically present within you. Be conscious of the Power and the Will of the 1<sup>st</sup> Ray, a certainty and strength, melded with the Element of Love flowing within the Sacred Heart, merging with the Undifferentiated Light with the Green coding interwoven, in the joy of appreciating yourself, elevated by the 10<sup>th</sup> Ray magnetics creation of an 3<sup>rd</sup> tier electromagnetic field of ecstasy.

Revisit the awareness of the 1<sup>st</sup> level Lightbody, with the axitonal lines like a fine mesh, grid, or lattice, running through form and non-form, connecting you to everything, interfacing with higher forms of consciousness. They run from the Earthstar to the 14<sup>th</sup> Chakra, through all bodies, the fabric of who you are, and extend outward.

The Reconnection of Communication, Community, Collective Consciousness via the Axialtonal Pathways bringing Wisdom, Sound, Color, and Light from Prime Creator

With Metatron

The gifts of sounds, colors and Light from Prime Creator have been referred to in the past as resurrection, as ascension, as grand openings of awareness and knowledge and wisdom. They need to be received from a 5<sup>th</sup> dimensional state, one with the Christed Mind, Universal Mind, the Mind of Creator, very conscious from the OverSoul, anchored within the Christed Matrix of the Sacred Heart, holding the Holy Spirit Shekinah, in the baptism and initiation of that massive energetic template.

Begin to discern the unique signature of each of your mentors: Master Kuthumi, Yeshua, Uriel, Melchizedek, Michael and Metatron, the color, the texture, the tone, the vibrational presence of each individual characteristic of Creator, in a Unity with you.

The Ze-On particles took the larger portion of the Undifferentiated Light, which moves in a waveform throughout creation, and brought it into a particle configuration that can be accepted by the body and SoulSpirit in a body.

Intend and invoke the Ze-On Particles to be drawn through the Seed Crystals. They bring in wisdom in the form of sound templates, color vibrations, Light vibrations, the wave patterns of the Undifferentiated Light and Light Particles that bring a specific unity consciousness into physicalness. This alters your chemical biology, neurology and cellular function, further eliminating the death syndrome. Be conscious of the 9<sup>th</sup> Ray sound currents that carry the sound and color templates.

Intend and become conscious of the axialtonal lines and the axial spin points connecting to the meridians and acupuncture points. The axialtonal lines are connected into the vaster realms of creation. Allow those sound templates, color vibrations, and Light particles and waves, to enter the Physical body through the acupuncture points. The axialtonal lines can spin at a higher vibratory rate resonating with the seated OverSoul and the Christed OverSoul that it is drawing from continuously.

This creates a reconnection of all realms of creation, both with form and non-form, through the axialtonal lines that extend from Prime Creator, the Godhead, running through all parts of creation, every universe, galaxy, star system, solar system, planetary system, the beautiful Earth, and every being on Earth.

“They are pathways that distribute vast energetics of Prime Creator, with the intention of expanding all of creation, through the element of Love, through wisdom, knowledge, and most importantly, through you, as Christed beings in form. You are the ones that will begin the resurrection, the ascension of the fallen physical realms in the universe.” You volunteered to be the conduit through which this connection could be made, in the most extreme point of separation since the fall.

This is outside of your control, but it is in your control to be more consciously aware of it within your body and to create a spinning within the axial spin points. The gifts are being disseminated through the Lords of Light and the Elohim. If you remain conscious that you are no longer in a 3D body, this also will facilitate the seating of the axial lines. You will be able to communicate directly with the celestial realms that have not fallen, the Lords of Light, the Elohim, the Archangels, and with the Godhead and Prime Creator, established through the presence of the Holy Spirit/Shekinah held within the OverSoul.

#### #177 Clearing Distrust/Betrayal Meditation

Observe from behind your eyes in 5<sup>th</sup> Layer of Thought, without any movement: the doming of the Arc of the Covenant. The Christed Matrix and Undifferentiated Light anchored in the Flame of the Sacred Heart. Connecting into the 14<sup>th</sup> Chakra, and the Christed Matrix in the center of the Earth. And Will and Power, that merged space with Creator, you as the creator, knowingness without doubt.

Intention to remove the template of Distrust/Betrayal’s electromagnetic field, using 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> Rays: disconnect and de-energize the charge in 4<sup>th</sup> Ray, bring pieces of the puzzle onto worktable of 5<sup>th</sup> Ray, and give it to the 6<sup>th</sup> Ray.

- 1) Place your attention in the Pineal, in the creative space. Undifferentiated Light from Pineal into Medulla, flooding dome with Ze Particles, sparkling points of Light.
- 2) Draw 10<sup>th</sup> Ray Magnetics and 8<sup>th</sup> Ray App further into the Mental/Emotional body to attract a higher level of thought and higher emotions of Joy and Ecstasy.
- 3) Draw Oversoul and Holy Spirit/Shekinah further into the bodies.
- 4) Draw Shekinah energy into Ze-on particles in Arc, then back into Medulla to be projected into Arc with expanded consciousness.
- 5) Can also bring this energy into body by drawing Ze-On Particles and Holy Spirit into Pituitary, Hypothalamus, Hippocampus, and into the neurons, and cells of body, amplifying the cells.
- 6) Draw Yellow and Blue Coding into Arc and cells altering electron.
- 7) Template of distrust and betrayal function in a genetic and cellular DNA level.
- 8) Draw Element of Love and Green coding into Sacred Heart’s Flame.

9) From space of Higher Self and Oversoul/Soul, use 5<sup>th</sup> Level Lightbody to direct your Intention into 1<sup>st</sup> 2 strands of DNA, removing Template of distrust and betrayal.

10) 10<sup>th</sup> Ray and 8<sup>th</sup> Ray are re-establishing the Christed Template in the DNA.

11) Be happy. No thought, just observation.

#178 12/1/14      Summary and Integration of 6<sup>th</sup> Level Lightbody and 5/6/7D Merging

Restructuring Your Molecular Level and Energetics with Sound Color Light

Reconnect with the Consciousness of Extraterrestrial Realms that Did Not Fall and the Language of Light

With Metatron (in the Tetrahedron configuration)

You are finalizing the 6<sup>th</sup> Level Lightbody, which involves a restructuring of the molecular body and bringing forth energetic templates of sound, color and light. The 6<sup>th</sup> and 7<sup>th</sup> dimensions are magnetizing into the 5D body, creating a multidimensional functioning, so that the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> dimensions are functioning as a unit within the Physical body.

By focusing your intention and attention, use the Axialtonal lines to personally connect with realms that did not fall at all into the 3<sup>rd</sup> dimension, the Extraterrestrials that can communicate information and energetics, and the perfected image of the divine essence, and the image of the Adam Kadmon structure, both at the SoulSpirit level and the physical level. Feel that connection, as well as your connection with the Archangels, the Lords of Light and the Elohim.

The Adam Kadmon form was created for beings who wanted to experience form on a Christed planet as Christed beings, and was configured in a 12<sup>th</sup> dimensional state that had very little form, but would allow an individualized expression of SoulSpirit, unified with the OverSoul and Christed Oversoul. It was available till the Fall, but once the gradual descent into lower dimensions reached below the 8<sup>th</sup> dimension, it was no longer accessible. The blueprint resides in the 8<sup>th</sup> dimensional level and is accessible at the 7<sup>th</sup> dimensional level. You are right there on the precipice. It will take time for all of the energetic templates to be aligned for the opportunity, at a later date, to bring that form into the body.

The new, extended and reactivated Axialtonal Lines also contain tonal sound currents that now make the Language of Light from the 6<sup>th</sup> dimension available. It was the evolution over time into a 5D body that allowed the descent of the Oversoul and then the descent of the Holy Spirit/Shekinah, which needed the Oversoul as a container to

hold its vast energetics. The Oversoul had not been in the body since the Fall, but remained arcing above until now.

**The Unified Field is spinning at a higher vibratory level:**

The **1<sup>st</sup> Triad:** because of the activation within the Heart Chakra, you can now develop an expertise in **using the Element of Love** to alter much of your structure and consciousness, and the union of **3<sup>rd</sup> and 5<sup>th</sup> Chakras** allowed a merge with Divine Will, the original purpose of the body and Earth.

The **2<sup>nd</sup> Triad:** Undifferentiated Light is used in the Pineal, Medulla, 3<sup>rd</sup> Eye, to create **Ze-Particles** fueling the **Arc of the Covenant**, altering the electrical/neurological components of the body. This allows the mind to create **Ze-On Particles**, connecting you to refined realms of consciousness, made useable through the re-connection of the **Axialtonal lines**. It is in the **2<sup>nd</sup> Triad** that all the Applications are made, where you can compress, amplify and use Undifferentiated Light in different formats, depending on the physical App needed. Draw in the Undifferentiated Light at will for any application.

The **3<sup>rd</sup> Triad:** Through the presence of the Ze-On Particles, the Higher Mind, and the **Holy Spirit/Shekinah**, you are able to draw the Christed consciousness from the original template of the **Christed Oversoul** right into the body, whose lower chakras **interface with the 13<sup>th</sup> and 14<sup>th</sup> Chakras**, so that it will take a real presence in the body as the Adam Kadmon blueprint, at a later date. The 3<sup>rd</sup> Triad has opened with the Undifferentiated Light, Universal Mind and Axialtonal lines connecting with more refined realms of creation.

All of these are parts of the 6<sup>th</sup> level Lightbody that must be identified, sat with, absorbed, understood, experienced consciously, and fully integrated, in order to shift the conscious awareness into a multidimensional state. It is the receiving from the Christed Oversoul that enables the Lightbody activation.

#179 12/17/14 A Gathering of Masters Energetically Supporting Eachother

**Stepping off the Precipice of the 3<sup>rd</sup> Dimensional Reference Point of the Body**

It is time to focus on the Consciousness. Engage in it regularly, daily, in quiet contemplation, sitting in that energy, to just BE, which requires a decision. Are you going to recognize what you have achieved? And are you going to allow yourself to BE in that space without any interference from 3/4D, and trust? Will you allow yourself not only to receive it, but to BE it?

With Metatron

Now is the time to leave behind any concept of 3<sup>rd</sup> or 4<sup>th</sup> dimension, because it no longer exists in your consciousness, to leave the restrictions of the old reference points of the body and physicality, and be a 5D being. You can do this by focusing solely on the consciousness of you as SoulSpirit, seated in the Oversoul in the Sacred Heart in the center of your being, merged with the Holy Spirit/Shekinah, constantly fed by the Christed Oversoul. These energetics will allow health and wellbeing of the body, while the refined multidimensional state of consciousness will not be limited.

The “smudge” of any residual imprints doesn’t need to be cleared or analyzed. Instead, hold your focus and attention on the new consciousness which has been available since the baptism and anointing of the Holy Spirit in each individual. Recognize yourself solely as SoulSpirit consciousness. Allow the Physical body to continue to evolve on its own, the brain, the neurological system, the cells, the realigned chemical processes, without any concerns about how it is expanding.

By holding awareness in the Now, the Present moment, and operating from the SoulSpirit, united in the Oversoul in the Sacred Heart, continually drawing from the Christed OverSoul, and completely merged with and amplified by the Presence of the Holy Spirit/Shekinah, you release yourself from the linear bondage of 3D reference points, and allow the consciousness to grow exponentially and engage the 7<sup>th</sup> Level Lightbody.

Use the association with the collective of Level 3 Live masters by matching the group at the Crown Chakra in a mossy emerald green, to energetically support each other, and it is within the group energy that the pathway is opened. The Higher Collective will support every participant, reflecting their Love and refined energies of Light, Color and Sound.

It is important for each participant to trust that the shift from a 3<sup>rd</sup> to a 5<sup>th</sup> dimensional body has already been achieved. The body is now capable of orchestrating its alignment with a higher state of consciousness. There will be constant adjustments within the brain, the psychology, the Mental/Emotional body, uplifting the body into a more refined state. Hold on to the knowing that took place in the Initiation.

The reactivation of the LightBody will bring about a reclamation of the 12<sup>th</sup> dimensional Template in which this Christed planet was built, to exist even in the 12<sup>th</sup> to 24<sup>th</sup> and possibly beyond, while still having a Physical body. Otherwise the body will be bombarded constantly by the lower dimensional level for the next 50 to 100 years, restraining the SoulSpirit consciousness.

## Operating in a Unity of "We Are You and You Are We"

With Metatron

The 7<sup>th</sup> strand of DNA is the first that you have activated that relates to the physicality, rather than consciousness. It runs through the middle of the helix structure allowing the multidimensional resonance of the Undifferentiated Light to anchor in form. The DNA strands are templates of energetics, frequency ranges, Light codes, color codes and sound codes. They are numbered to accommodate a linear ordering. This strand relates to the 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> dimensions, and because of that it is the foundational piece that will be used in going beyond the 7<sup>th</sup>, while still having a body in form.

The activation must be a co-creation of you, as a physical collective, that is now merged eternally, as full members, into a massive non-physical Collective of Source: the Lords of Light, Elohim, Archangels, Ascended Masters, and Ultraterrestrials, the celestial realms of Source, who will open the frequency ranges and energetics within your body, into a much vaster range, that allows you to activate the 7<sup>th</sup> strand of DNA in a 5<sup>th</sup> dimensional Physical body, but opening the opportunity for it to be a multidimensional vehicle in form. The state of being has always been there, but your ability to perceive it was limited, because of the state of consciousness of your body. The manifestation and anchoring of the template requires precision.

As you draw the Undifferentiated Light from the 11<sup>th</sup> Chakra, you direct it through all levels of the Physical body, as it enters the helix structure of the DNA. It spirals into all bodies that relate to the human form: the Christed body, the Oversoul body, the Causal body, the Etheric body, the Physical body and the Mental/Emotional body, anchoring in the physical DNA structure in the helix configuration, and in the Pineal and Heart of the Etheric and Physical bodies. The spiral then moves through the Root Chakra to the Christed Matrix of the Earth so that this physical state of the multidimensional form can be merged with the Earth, and the Elemental Kingdom, so they too might become part of this collective. It alters the state of form in this galaxy and in all galaxies of this universe that have any semblance of form.

You are now involved in a descension of spirit into form, and will be the receptacle for that descension to take place in all galaxies of this universe that have form in a fallen state. You will gather with intention and purpose, clothed in your Lightbody, in your garment of Light and Love, fully conscious of the Gathering you have been called forth to participate in.

This activation allows for decisions to be made at a Spirit level. 1) Some will decide to go into the unlimited space of pure energy, pure Undifferentiated Light of Source. 2)

Some who are part of and aligned with the Ascended Master realm, will remain as wayshowers, directing the energy at a multidimensional level, that will draw many into their own full expression. 3) Still others will remain within the physical realm, with a fully activated Lightbody, who are Angelic presences, who will teach and guide and reflect that pure Undifferentiated Light in very useable states, so that not just a 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> dimension is present within the realm of form, but escalating that into the 12 dimensions, and expanding into a 24 dimensional system and beyond.

So this activation is a step into another state of being, remembering fully who you are as that Lightbeing, negotiating realms within realms within realms.

#181 1/14/15 Activation of The Crystalline Merkaba in the 7<sup>th</sup> Level Lightbody

"It is just the beginning that opens worlds and realms."

With Metatron and the Gathering

With the changing of the molecular structure now being integrated precisely and gently, and the axialtonal lines connecting you to all realms and planetary systems, there is now a powerful higher activation and upgrading of the Merkaba possible as a result.

The Merkaba

This is a crystalline Light structure that you have created in your individualized expression, both at a physical level and in your 14 chakra system, as you continually expanded and refined your massive Unified Field. It is a field of consciousness, and a field of energy, that reflects you as that Divine Image.

It allows you to pass through space, time and dimensions, completely and in your totality. As you begin to use it, you will have a greater perspective of yourself. Your perspective will be that of a Light Being, having a Lightbody, with no limitation, and the navigator and director of your experience in a Physical body, but having the potential to navigate other systems simultaneously.

You will know that you are that Divine Image, and bring it forth continually. You will know yourself without limit. This is the beginning step of a much larger process where you begin to see all areas, all planes, and dimensions merging back into the realm of Source. As a multidimensional being, it is now a reality that you have no limitations, at

either a physical or consciousness level, not just as a concept, or something in the future.

This changes dramatically your perspective of time and space. Right now there is a time-space overlap, where you fluctuate between a linear and a simultaneous perspective, but your linear attention will soon fall away, and you will operate in this vehicle without these limitations of time.

But you must take the time to experiment and use it as an individual expression, with the intention to know yourself as that Divine Image without limits, seeking out avenues to express it and explore it, not limited to your physicality or the physical world. This is why this teaching will be complete, for quiet time of introspection, exploration, and creation.

Because of the activation of the 7<sup>th</sup> Level Lightbody and the further activation of the Merkaba vehicle, the memory of who you are at a Soul level will be more accessible, not just from the Causal body, but also the memory seated in the seed crystal above the right ear. You will know things from a Spirit level, now that the 3D restrictions have been eliminated.

Right now the Merkaba is to navigate consciousness and Knowing. The Physical body cannot fully go with this navigation. That will happen as the Adam Kadmon blueprint becomes more integrated within the Lightbody, and the Lightbody structures are more bonded in the physical.

In the remaining Gatherings, the Archangels, Lords of Light, Elohim, and Ultraterrestrials will mirror to you that Divine Image. The 7<sup>th</sup> level Lightbody draws your attention to what you have achieved and what is now open to you, a magnificent arena to experience more fully your Spirit. It is part of the ascension process, bringing Spirit more fully into form, and ascending that form into a multidimensional state without limitation.

#182 1/21/15

“So that we may imprint the world with such a Consciousness that can be never again divided or limited in its expression.”

Know YourSelf as Individual, as Spirit, as Divine.

With ALL THAT IS

We gather now, in the remaining weeks of space and matter, to provide the opportunity for others to step into realms of the Divine, a reclamation of humanity and the planet. As a massive part of this vast Collective State of Consciousness, we are present as Individual expression, as Spirit, and as full Divine Essence. Not separate. There is no division in Spirit. It is much more than Oneness. It is an evolving state, expanding without limit.

You have transformed your bodies of matter into a State of Consciousness, a State of Being. The changes are massive and will continue to vibrate until the optimal vibration is reached, so that the body becomes the Divine vehicle, using your precise intention and purpose, applying consistently all of the Tools you have been given, to be part of this massive Collective for Eternity.

Rest in the Knowledge and Divine Essence of the Collective, an ever expanding State of Being, understanding you are The All, not separate, yet individual, so that we might imprint the world with such a Consciousness that can be never again divided or limited in its expression.

#183 1/28/15 The All That Is State of Consciousness Accessed Through the Heart

With the All That Is Collective, Metatron, Jim and Joan

You can begin to know yourself as the unique individual reflection of the Creator, and as the unlimited Being of Light, having no boundary, not restricted by any dimensional reality of form, and still capable of creating and moving within the dimensions of many states of form. You will access the collective nature of yourself, the vastness of who you are, any time that you focus your attention in your Heart Space.

As a fully present way-shower, you provide for all in form, an opening for the descension of Spirit into the Christed template of form, and an impetus for the ascension into unlimitedness. For now, in the coming months, hold close within your Heart the experience of your vastness, so you might know the Holiness of your being.

Rest and take time over the next two months, to allow yourself to experience this, daily, sitting in the crucible of Light energies, filled with Love. The vastness of your being will become more apparent each and every time, as you draw from the All That Is Collective, of which you are a part, sitting at the table, fully merged. Validate yourself. Experience a sense of gratitude for yourself. And know that you are creating waves and

waves of Christed Light energy with the Collective, that reverberate through all of creation.

Metatron initially said: there is a path that has never been walked. Would you like to play? It will allow your ascension. It will allow the raising of the Earth to a 12<sup>th</sup> dimensional consciousness. And it will open the door for all of mass consciousness within the 3<sup>rd</sup> dimension to step into the 5<sup>th</sup> dimension reality forever.

You have been successful!

Amen. Amen. Amen.

[1-12-15 Q&A](#)