

[75:35] **Joan:** This has been a great discussion, folks. Thank you for all that contributed. I'd like to invite Metatron to come back in and finish up with this discussion.

Metatron: Dear Ones, you have begun creating a very coherent Collective receptacle, voicing your individual cares, your individual experiences, your individual mastery. This is what it takes, is the willing that you have shown this evening to be the Collective that you are and to participate and co-create within it.

So, we have begun! We are thrilled for what is about to be created through our Collective Consciousness.

So, a couple of comments on the introspection that was shown in regards to the healing of the mental-emotional body, building that coherency within it and the struggles that go along with that, acknowledging them, not pushing them away, but acknowledging them. And then using what you have learned through your observation, through the feelings that you feel and the thoughts that you think. This is what brings Harmony to the mental-emotional body.

It's not about changing it. You need your thoughts. That's what precipitates your creation. You need your emotions, because that's what puts movement into your creation. So, it is massive. And yes, you ARE Divine Beings in a body experiencing Life on Earth. So, there are skill sets that you learn along the way that are very valuable and that you don't want to throw away, you want to keep.

So, as these discussions continue in the next several months, they will grow into something quite beautiful. And creations will take place from them, in your individual lives and in the life of this Collective Consciousness. And you will learn so much about yourself and about your Collective Consciousness, each and every individual and the power of the Collective itself.

Now, this is one thing that wasn't touched on – is that Divine Feminine and Divine Masculine aspects, because you had both parts of the Divine present here in this Collective Consciousness, when you were voicing what was happening in your life. You have those in feminine bodies that were very direct. There was that aspect of both their masculine and feminine co-creating together as a unit, expressing that very specifically. You had those who occupy male bodies that were also very direct in their conversation. But they acknowledged that in-depth feeling of the emotions. That was never possible in a male body previously. And the directness in the female bodies was never possible, because they were too scattered in all of the options that were available.

[80:26] So, there was not only a coming together in this Collective Consciousness, but a beautiful example of that Divine Masculine/Feminine playing harmonically within each of your bodies as you conversed. And I wanted to bring this to your attention, so that you begin to notice how much coherence you now have, not only in your body, when it tells you something, but in your consciousness, in your mental-emotional body.

You have come a long way, Beloveds!

Now, for the next ten minutes or so, I would like to open up this again for anyone who hasn't made a comment and wishes to make a comment, or if there is a specific question that has not been addressed previously this evening that relates to what we've been talking about, to the topic at hand. And if there is a question that has arisen that you would like for the discussion on. And I would like to participate for the next ten or fifteen minutes with you in this type of discussion.

So you can see where this is leading. So now, you're not only having the physical discussion amongst the physical members, but we are kind of interjecting the part of the community that speaks to you in one way but now communing in this more community level.

So, let's begin, Beloveds. Those that haven't made a comment that would want to make a comment, make one. Those who have a question that relates to the topic at hand.... Please begin.....

[83:00] This is **Anne Marie**. And I wanted to see about..... Every since the eclipse, I have felt the chakras vibrating at a much higher level. And they seem to be working together, smoothly. And I also have noticed that when I'm in conversation with people, if there is a point that they make that they are trying to get me to react to a certain condition, I am quite observant of this. And I know to stay out of that conversation. This is basically what I need to state at the moment. Thank you.

[84:14] Hi, This is **Mary Ann Bordeaux** speaking. And I've noticed lately in a few situations that something is said and I'll have a thought, and I will respond in a very frank, forthright, direct way. And then the situation carries on and it's fine. Later, I will review it in my mind. And in the past I would agonize over whether I said the right thing or whether I was too harsh or whatever the case may be. And I will still review it, but I will actually like observe it. And I do it with no judgment. And many times I think, "That was the right thing to do and say." So, I know I'm being guided by my Higher Self. And that's how my thoughts and emotions are changing.

The interesting thing in tonight's discussion -- I never really thought about how did that affect my body, especially when I realized that I didn't used to do this and now I am doing this, oh my goodness! And, I've never put the two of them together at all. But I have noticed that I've had some really.... kind of a lot more happened with my body. I blamed it or I attributed it rather to the energies that we're all getting.

But I have wondered, and especially now tonight.... after the discussion now tonight, I'm going to be thinking to myself, "I'm really going to be observing my body and being much more in touch with it." And I'm going to spend time with it, as some suggestions were made, and particularly what Joanne was talking about. So, that's my share!

Metatron: Thank you! You know, as you do talk to your body, and respect and value it, you grow to Love it and respect it. So this is a very valuable conversation that you are going to have with your body.

[86:52] **Unnamed Speaker:** I have a question about the Light Packets. We were told that 99% of us have placed it in more or less the same places in the chakras or whatever. If we don't get to it tonight, could we discuss that in more detail? I would like some more information about that, please.

Metatron: Yes, and that will come in our next formal teaching session, where we will be talking about the DNA, because they're related to the DNA Strands. And also it's related to the chakra system, because especially those lower chakras actually create your reality in your day to day life. And how that reality through your thoughts and your emotions create the activation as your consciousness evolves. The energies in those lower chakras create the activation in more DNA Strands. So, we will be talking to you at length about that in our next session. But thank you for bringing that up.

[88:14] Hi, this is **Terry**. I have a question and maybe it's for a later discussion. It seemed to me like when we were doing the Mastering Alchemy that we merged the chakras. And now it seems to me like we're working with them all separate again. Is there a distinction there?

Metatron: Well, there was a merging of the energies of the chakras, because initially you were taught what they were and how they functioned. Well, gradually we've been working with them with you, influencing the vibration and the frequency, the Light frequency range of each chakra. But, as the chakras are used, there has to be a coherency and a merging in that energetic flow from the root all the way through the 14-chakra system, for that to be a viable influence on your conscious evolvement, because they all work as a unity.

So, yes, there is a merging of them. But when you are looking at anomalies or where certain things come from, that can be contributed to by a function or a lack of a function in a specific chakra. So, I think that's where the confusion lies.

So what brought this topic up? Did you feel like if there is a separation in the functioning of the chakras that is not a proper coherent way in which the chakras function for you?

Terry: No, I was just thinking about – I took it that we had merged them, like the 1st into the 2nd into the 3rd. But anyways, I misunderstood, so I see they're all separate. And I've been spinning them separate. And it just dawned on me, that I thought we had merged them. So that's why I asked the question. I understand that they are all merged, but they're also separate, or spinning.....

Metatron: It's kind of like we in this Collective: You are also individually unique, each one of us are unique. But yet we operate in this vast Collective. And so, it's that way with your chakra system.

Terry: OK, I understand. Thank you!

Metatron: You are so welcome!

[91:31] Hi, this is **Kimberly**. I've been listening, and it's been very insightful, which I'm very grateful for. My question is, I guess, being in the neutral zone where I feel like there are no emotions, or if emotions do show up, they kind of dissipate. And so I feel like there's a lack of creativity in that space. Is that normal?

Metatron: Well, I think there's a little confusion in some respects. The neutral zone is a very important zone, especially if you are triggered into a thought or an emotion that you feel is not in the alignment that you would like to maintain in your body. So, therefore, finding that neutral ground, where it's very quiet and very still, that does not mean that there isn't any activity whatsoever in your emotional body, because you are right: If there were no activity in your emotions, you couldn't create and manifest, because it takes that movement from the emotions, the excitement that gets evoked in the emotions.

So, it's not that in the neutral zone that there is a lack of emotion or there is no emotion. But everything is still. You are in that neutral space, so that you can then get into that creative flow and use the more refined states of your emotional body to create, so that when everything is still, you enter that fertile Void, where your imagination is unlimited and untethered. And what you could envision, creating a vision, is there.

And then the emotions are stimulated in that more refined expression of Joy or Excitement. There is no place in that Void or in that neutral zone for anger, disappointment, regret, fear – any of those things. It is not present. It cannot co-exist in the neutral zone or in that creative Void, because it limits. You see?

Kimberly: Yes, yes I do. But I don't experience Joy or Excitement. So is that just learning how to maneuver within that zone?

Metatron: Correct. I'm sure when you have a vision or you have something that you have created, isn't there excitement about that? Or some emotional response that says, "Oh, that looks wonderful!"

Kimberly: Not lately. Not lately.....

Metatron: Ask to feel that. Get in touch with your emotions. You've locked them away because so many of them were painful. So, get in touch and learn what those other emotions feel like. It takes paying attention. So, when you're creating something – it could be just something that you hadn't considered before – pay attention to how you are feeling, pay attention that there is no disturbance in the emotion, there's no fear, there's no anger. It's just..... And then ask to be shown what it feels like to say, "Wow!" This is something that you are learning and you are learning it from that neutral zone and you have misperceived what that is for and how it's helpful in the creative process. But the emotions are very necessary in that creation.

Kimberly: That makes sense. And also I wanted to comment about the body. We've been discussing/I've been discussing with my body a myriad of things. But it seems like it is very painful. So, I guess the body is saying it needs to release something or is it something..... Is that a normal general process?

Metatron: It's a general..... Well, not really. There are specifics to it. It needs attention. It needs Love. It needs nurturing. It needs rest. But yes, there are some painful things that you have not acknowledged. And that will gradually surface, because this is how they are intended to surface, so that you are not overwhelmed or overwrought. But, just by acknowledging there are pains, then begin a nurturing process, a Loving process, so that can be gradually divulged from you and cleared once and for all. And the pain will dissipate.

Kimberly: That makes perfect sense. Thank you so much. Many Blessings!

Metatron: You are so very welcome!

[98:35] **Metatron:** Are there any other questions?..... I believe, as beautiful and wonderful as this conversation has been, Dear Ones, that it is time to close.