

**Knowing Where to Draw the Line  
Heart & Soul for Women of Faith  
Year 6, Episode 176**

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**Jory Fisher:** Hello and welcome to *Heart & Soul for Women of Faith*, a radio show designed specifically for Christian women leaders and entrepreneurs. My co-hosts and I focus our discussions on how to live a purposeful and joyful life by developing healthy bodies and souls, healthy minds and finances, and healthy relationships. We'll inspire you to become spiritually, physically, mentally, and financially fit so you can make the difference you're called to make and glorify God through success. I'm Jory Fisher, a featured host on BlogTalkRadio with my co-host, author and counselor Jennifer Miller. Good evening, Jennifer, and thank you for joining me for Year Six, Episode 176 of *Heart & Soul for Women of Faith*. How are you this evening?

**Jennifer Miller:** I'm doing really well. Just coming off of a camping trip, so I'm nice and relaxed and ready to have a good show.

**Jory Fisher:** Excellent. Sounds good. Well, I would have loved to have spoken to you before we started the show, but since my Skype was acting kind of funky and you just got back from your camping trip, we didn't have the chance to do that, did we? So we'll just dive in. Always fun, always fun.

Before we start our discussion, we'd like to tell everybody a little bit about who we are and how we fulfill our calling. As a professional certified coach, I specialize in helping Christian women leaders and entrepreneurs gain clarity, confidence and optimal health so they can make a considerable and meaningful contribution to the world. Please visit [www.JoryFisher.com](http://www.JoryFisher.com) to sign up for free e-books and to enjoy hundreds of blog posts and interviews. I also invite you to

visit [www.JoryFisher.IChooseOptimalHealth.com](http://www.JoryFisher.IChooseOptimalHealth.com) to start developing some excellent healthy habits today. Jennifer, would you please introduce yourself to our listeners?

**Jennifer Miller:** Sure. Hi everyone. I'm a Christian counselor, pastor, and author. My recently published book, *No Longer Two: A Guide to How God Made Men, Women, And Marriage* is currently available on Amazon as well as through my personal website, [www.NoLonger2.com](http://www.NoLonger2.com). I'm also the Co-Executive Director of a faith-based wellness ministry based in Arizona called The Center for Living Well. We offer wellness classes, workshops, and retreats including faith-based yoga classes and training.

In addition to my teaching at the Center, I also work with individual clients both in-person and virtually for both counseling and prayer therapy. You can learn about me and what I do at [www.CenterForLivingWell.org](http://www.CenterForLivingWell.org) as well as through my personal website [www.NoLonger2.com](http://www.NoLonger2.com).

**Jory Fisher:** So Jennifer, have you ever been accused of being an overachiever?

**Jennifer Miller:** Always, ever since I was 5 years old, Jory. My kindergarten teacher actually told my mother to quit putting so much pressure on me because it was just kindergarten. My mother was like, "I'm not putting pressure on her. That is completely coming from her."

**Jory Fisher:** It's in the DNA, isn't it?

**Jennifer Miller:** Yes.

**Jory Fisher:** Well, your dad sounds like he might have been a little bit of an overachiever and it could very well be that your mom was as well, but I don't know. I don't think I like that term.

**Jennifer Miller:** Mm-hmm, I agree.

**Jory Fisher:** I've heard of that a lot too and you know, I mean, some people are just doers. That doesn't mean they are overachievers. They "just happen" to get a lot done. Anyway, I'm very glad to know you, Jennifer. I love hearing what you do and who you are.

Let me say a few words now about how to listen to and participate in *Heart & Soul for Women of Faith* which airs on Wednesday evenings at 8:30 PM Eastern on Blog Talk Radio. You can

listen to any of our archived on demand episodes, follow this show, and add *Heart & Soul* to your iTunes library by going to [www.BlogTalkRadio.com/JoryFisher](http://www.BlogTalkRadio.com/JoryFisher). We encourage you to share *Heart & Soul* with your friends and family using the social media icons on Blog Talk Radio and on [www.JoryFisher.com](http://www.JoryFisher.com), and to post your comments and questions for us on my Facebook page, [www.facebook.com/joryhingsonfisher](http://www.facebook.com/joryhingsonfisher).

Jennifer, please share with our listeners what we will be talking about today.

**Jennifer Miller:** Today we're going to be talking about boundaries, which I know can be quite a buzz word for people or it can actually be something you've never heard about, but it's something that we find to be very essential when it comes to the work that we do both through counseling or through coaching because it's, like I said, an essential part of life. It is how we define ourselves and define relationships. So we thought it would really be worthwhile to talk about what boundaries are and what they look like, and how we can be a little bit more intentional about utilizing them in our lives.

**Jory Fisher:** Mm-hmm. Whether you are coach or a counselor, or a lawyer, it doesn't matter. We all need boundaries, and I don't know if you've seen it yet because you said you just got back and probably haven't had the chance to go through all of your hundreds of emails, but just a couple of hours ago, Jennifer, I received an email from my friend, Beverly Buncher, who is a family recovery coach. She helps people and their families who are recovering from addictions. The bold subject line, title line, was about boundaries and how important it is to have healthy boundaries in families when you have someone who has additions. I thought, "Well, isn't that appropriate just as Jennifer and I are about ready to speak on boundaries!"

How about this, can you say a little bit about how important it is for... let's talk about the professions first. If you would cover counselors and pastors, I'll cover coaches and lawyers. Obviously, this extends to all the professions, but why don't we just cover those two briefly to get started here.

**Jennifer Miller:** Sure. Well, first you have to understand boundaries are basically definition lines. It is what defines what is me and what is not me, what is mine and what is not mine. So

when you think about boundaries, you can think on the individual level as far as how I define myself, but boundaries also come to play when it comes to relationships.

So when you are thinking on a professional level, one aspect of boundaries is how you define yourself in that capacity. So how do I define myself as a counselor or as a pastor, but then you have to extend it into the actual relationship. So if I'm counseling an individual or if I'm working as a pastor with a person or a group of people, you also have to look at how that relationship is defined.

For a lot of professions, we have to be very mindful of those definitions, of those boundary lines, because they are what distinguishes one type of relationship from another and it's how we can keep the relationship on a professional level. As a counselor, there are certain things that actually legally are defined for us. For example when it comes to confidentiality, I am legally kept from speaking with people about who my clients are, what's covered in those sessions, unless that client signs a waiver and gives me permission to speak.

But then also within the relationship between me and my client... I keep it very professional as far as what sorts of things I talk about when it comes to me, how much self-disclosure, how personal, what type of topics I will discuss. I have clients who ask if I'm married, if I have kids. Sure, I'll answer those questions, but I don't get very personal, very specific, about the nature of my marriage or those sorts of things. I tend to not tell people where I live. I tend not to give out my personal email addresses. I do not become personal friends with them on Facebook.

You start to think about where does that line start to change from professional to personal, but then also when it comes to counseling and even pastoring, which direction does the benefit flow because this is not an equal or reciprocal relationship. Because of that, the benefit has to flow from me to my client. When I'm thinking about what sorts of things I'm going to share or talk about, I always have to be able to justify that it's for their benefit and not just for me because I feel like talking about it or I want to work out my own stuff. There are a lot of different aspects to boundaries when it comes to professional relationships for sure.

**Jory Fisher:** Right, right and for pastors, I guess it doesn't really matter whether you are wearing your pastor hat or your counselor hat. Those, to my mind, would be very similar, right?

**Jennifer Miller:** They are similar and for me, because I usually offer Christian counseling, a lot of times, there is crossover; but if I work with somebody in a more secular way, then the other boundary would just be how do we discuss faith and whether or not that comes into play. But because I get to do Christian counseling, usually that's not an issue for me. Boundaries are very important to both the relationship, but then also, how you define yourself as a professional.

**Jory Fisher:** I'm glad you got that out, interesting.

**Jennifer Miller:** There are a lot of similarities.

**Jory Fisher:** It's interesting, definitely.

**Jennifer Miller:** There are similarities with being a lawyer too, right? Don't you have confidentiality?

**Jory Fisher:** Oh gosh, yes. That's huge. That's huge. I had the privilege of being on the faculty for the Virginia State Bar teaching new lawyers (and some of them were just new to Virginia...they might have been practicing for years but were new to Virginia) about ethics. It's also wonderful to have been on the faculty of the Professional Christian Coaching Institute teaching coaches about ethics. I have been able to look at this inside and out; but I'm going to tell you, Jennifer, that sometimes, it can just sneak up on you and you can be violating, you can be crossing over boundaries, and not realizing it.

I'm going to share a personal story. I would have been in my early 30s and I had a client who was 17, Hispanic, from El Salvador. I didn't realize how attached he was getting to me. I didn't realize until art therapy showed that he was drawing pictures of me, not bad pictures, but just showing that I had somehow really gotten into his life. I was happily married and I was at least 10 years older, I guess closer to 15 years older. It wasn't anything like that from my end; but apparently, he had acquired some kind of a crush, showing up in art therapy.

I'm like, "Oh, my gosh!" Actually, I got really nervous because that would be a major "no, no" as a lawyer or it should be. But it is a major "no, no." I talked to my husband about it and then talked to the client about it. But sometimes, things can happen. I would imagine that as a therapist, as a pastor, that this can frequently happen where there is a boundary crossed when it comes to romantic or romanticized feelings. We need to be very careful about that as well.

**Jennifer Miller:** For sure. When you look at the main reasons that counselors lose their licenses, it's usually because of those sorts of boundary violations, where they form a relationship beyond the professional. That is something we have to be very mindful of, because particularly when you are talking about counseling where people are bringing in emotional issues and when you are talking about pastoring where you are just talking about spiritual issues.

Those are so personal and so meaningful that it can create a false sense of intimacy and a sense of bonding that it really isn't there when it comes to, especially the therapist, but the person who is sharing. "You are the only person I share this with, and you care and you listen." It really does kind of set you up for those sorts of things happening if you aren't very mindful of keeping things professional. Like I said, what I talk about and how much disclosure I use, but then also personal touch, accepting gifts, those sorts of things, we have to be very careful about it because it just kind of feeds into that same line of potential problems.

**Jory Fisher:** That's how affairs get started, right?

**Jennifer Miller:** For sure.

**Jory Fisher:** Someone starts listening to your problems, especially if they are having problems at home. They so tenderly listen to your issues and then you get attached to them because somebody is listening to you and oh my gosh, it can just go on and on. Anyone listening to this surely has some idea of what we are talking about whether it's professional or personal. Jennifer, clearly there are some things that we can control and clearly there are some things that we cannot. Address that if you would.

**Jennifer Miller:** Well, when I think about boundaries and when I teach them to people, whether I'm teaching a workshop or I'm sharing with a client, and boundaries come up a lot when I work with clients. It's thinking about where those boundary lines are because like I said, they are definitions. I kind of picture them like fences around a property. This defines what is mine and we usually end up having problems when either we don't clearly understand where those boundaries are or we don't have them where they should be.

And so when it comes to what I can control and what I can't control, I like to say that you control what's inside your own skin. You control your thoughts, your feelings, your choices, your values, your beliefs. You cannot control anything outside. So you can't control anybody else's thoughts or feelings or choices. The best that we can do is in the space between us and this other person is our influence. The extent of what kind of impact our choices are having on this person or our words are having on this person. But when we get confused as far as how much I can control, that's usually where you start having problems because if I'm trying to control too much, if I'm trying to control too little, we end up running into all sorts of issues.

**Jory Fisher:** Thinking of what you can control... I have been on staff with Youth For Christ; I have been a volunteer with Young Life; and there are a lot of problems that can arise between the genders. So something you can control, for example, as a missionary, as a youth worker, or whatever is to just have a rule that you won't be alone with someone from the opposite gender. Of course now in this day and age, you probably have to be careful about being alone with someone from your same gender as well. I don't know.

But I mean, you can control many things regarding your relationship. We need to have the motivation to do so or perhaps the awareness to do so and sometimes sadly it does take a lawsuit or two, or something horrendous to happen before we do have that awareness. But I think, here we are in 2014, that most people are aware of potential dangers. Would you agree?

**Jennifer Miller:** Yeah. I think when it comes to major things like that and particularly some of those obvious things where it comes when we are in a professional setting or if we are in a setting like that with kids. For example, teachers are very mindful of how they can interact with students, being alone with students, how they touch students, those sorts of things. I think

there has become a lot more attention drawn to them for various reasons, usually because something doesn't go right, like you were saying with lawsuits and media attention.

But I think that even if you get to, kind of, the granular level, I think it becomes a little bit more nebulous when, here I am talking about my spouse or about my child or about my best friend, and things become a lot more gray because now we do have a familiarity with each other and you don't have those same sorts of rigorous limitations that need to be enforced. And so instead, it's thinking about things like, "I can't control this other person but I can control what I do in response" or "I can control whether or not I'm going to let myself continue to be exposed to this person. Am I going to stand here and take it or am I going to walk away or hang up?"

I think when you are thinking about what you can control, there are certain things I can control as far as I'm in a relationship with this person, is the door open or shut, or how much time we are spending together or what we are talking about; but when you get to this really familiar relationships, I think that's usually where water gets pretty muddy.

**Jory Fisher:** What can be the consequence of muddy waters?

**Jennifer Miller:** What I see often takes place is that people end up, like I said, either trying to take too much control. So if you kind of picture yourself standing in a little bubble, I think we were all taught in elementary school our personal space bubbles, right? If we kind of picture ourselves in our little bubbles, that is your circle of control, you get to control everything in it. Everything outside of it is your circle of influence. But if all of a sudden I start trying to reach into somebody else's bubble and I start trying to manipulate what they think or I try to manipulate what they feel, or I try to force them, coerce them into behaving a certain way, now I'm overreaching.

I am trying to control another person, I'm trying... you know. Sometimes it's very overt and kind of aggressive, but a lot of times it can even be passive where I'm so worried about what this person thinks and so I am going to behave a certain way to try to get them to like me or to get them to want me, or to feel good about me. We can also do very subtle passive manipulations, but it's still overreaching control.



The other way is where I basically let other people into my bubble and I let them control what I think and how I feel and what I choose to do. I give up control of myself and I make other people responsible for me. So I see it go both ways.

**Jory Fisher:** What is this all about? I mean, how does this even happen? Okay, it probably goes back to Adam and Eve, doesn't it?

**Jennifer Miller:** I think everything goes back to Adam and Eve just like the answer to everything is Jesus. So it's like the problem is Adam, the answer is Jesus. I think we just solved everything.

**Jory Fisher:** There you go, I love it. No need to have anymore radio shows. We got it.

**Jennifer Miller:** We are good.

**Jory Fisher:** Well, you know, when you and I were talking a week or so ago about boundaries, I shared with you the example. Of course, did I go ahead and do my research and find out where the study came from? No, but I shared with you the example of the fence at the elementary school. This goes to the identity component that you were talking about earlier. A study was made and it was discovered that when children at a playground had no fence, they huddled together. They are close to the center. But when the fence went up, then children had the freedom to explore the perimeter and played more joyfully and happily, and fully and freely. To me that just shows an example of how boundaries are actually a huge, huge benefit to one and all in creating a safe container.

**Jennifer Miller:** Right. I talk a lot about how boundaries are just as much if not more so for the other person as it is for you. So, a lot of times people start being intentional with their boundaries, it's very empowering because they start to think about what can I control and what can't I control? It really simplifies life in a lot of ways, but they become very consumed with the idea that this is for them; but a lot of times, it's for the other person. It is to let them know, where are the limits? How far can things go? What's the safe topic? What's safe behavior? What's appropriate behavior?

It's not just for kids; it's for grownups too. When we have a clearer sense of what's okay in this situation or in this context or in this relationship. We do feel more comfortable and we do feel more grounded, and we feel safer to explore the relationship, whereas if everything is still nebulous and murky, you feel a little bit like you are walking on eggshells because you are not really sure where the boundary is. You are not sure what's appropriate. I think that that study is a really beautiful image for how we can feel within ourselves or within relationships when we don't have really clear boundaries.

**Jory Fisher:** Mm-hmm, yeah. If we want to dance and play full out then we absolutely need to have clear boundaries. I think this is true for everybody and I think that we, as leaders, really, really need to be aware of it. Boundaries protect everything. It took me awhile to learn, but boundaries absolutely protect our marriages as an example, and of course you are an expert on that. You talk about it quite a bit in your book, *No Longer Two*.

**Jennifer Miller:** Yes I do. Because, as you mentioned before, a lot of times affairs happen very unintentionally and it's because boundaries start to get crossed and most of the time, they are not even aware of that it's happening. So when I talk about the marriage relationship in my book, *No Longer Two*, I talk about defining this relationship and when we are building intimacy that we need to be very intentional about building intimacy with our spouse and very careful about what kind of intimacy we build with other people because, like I said, when you end up having conversations with people, when you come across somebody who is a really good listener and they really care and they are very invested, that can build a sense of intimacy between the two of you.

One of the cautions that I give in the book is that you need to kind of build hedges around your marriage where there are certain topics I do not talk about with anybody other than my spouse. There are certain ways of touch or interaction that I do not have with anybody other than my spouse. But then even beyond that, I have a female best friend. If I have issues with my husband, I may go and talk to her, but it wouldn't necessarily be appropriate for me to then go and also talk about the same subject with a male friend. So even thinking gender specific, what kind of intimacy, what kind of bond, what kind of familiarity am I starting to introduce to this

relationship and am I muddying the waters? Am I making the boundaries really unclear and unintentionally crossing some lines that take us in a very dangerous direction?

**Jory Fisher:** I'm here to tell you, I totally messed up in all of that in my 20s and 30s. I think as I have matured, I've gotten a little better about it; but for those of us who are, I don't know, warmhearted, outgoing, have a smile on our face, care about people, I mean, compassion is a gift that God gave me that can be so misinterpreted. My children laugh at how many marriage proposals I've had; people just would misinterpret. It's definitely gotten me in trouble.

My husband, he is so totally secure in our relationship, which is awesome, because we've been married 15 years and I'm certainly glad that he is. But now he'll just see somebody starting to respond to me, my laughing ways and whatever, and he'll just laugh. Dave will just laugh and go, "I can take him." That's because he knows (he's really funny), he absolutely knows I am 150% loyal to him.

But no doubt about it, I am here to tell you that actions can be misinterpreted. Shannon Ethridge is amazing. I had her on my radio show, I don't know, several months ago, last Christmas actually, almost a year ago. This is one of the things that she talks about. She too is gregarious and how people would, *men* would, misinterpret her actions as flirtation or whatever and next thing you know, something not good has happened. We really do have to set those boundaries and have them pretty tight actually.

**Jennifer Miller:** I had two thoughts to that. And, one aspect that you brought up there was understanding the differences between the genders, which I talk a lot about in my book, because if you can understand how men think and communicate, and how women think and communicate, it makes sense how certain things can be interpreted. Because if I'm doing this with another woman, she's going to understand it a certain way, but if I do it with a man, he's going to take it differently.

As a part of that, like I said, we can only control ourselves, I can't control another person's reaction. However I do need to find that space in-between where I do take responsibility for my influence. I can't take full responsibility for how this person chooses to think and feel, or

how they choose to behave, but I need to take a look at myself and say, "What was the intention behind that behavior or that expression and what was the actual impact?"

If there was a discrepancy there, then I need to go back to me and I need to say, "How do I need to adjust how I choose to express myself because if I'm intending it to be received as friendly and they are receiving it as something romantic, I need to look and say, "What's my part?" Maybe how I expressed this wasn't effective. But, without crossing the line and now taking complete ownership of their reaction because they are responsible for how they think and feel ultimately.

It is that space between us where influence takes place that we have to look and say, "What did I introduce into that space? What was my intention? What was the actual impact?" If there is a discrepancy, "What can I do to try to make things clear next time?"

**Jory Fisher:** I think maybe we should do a whole show sometime on cultural misinterpretation as well because that is where, well, I got one of marriage proposals that way simply by... I was taking the son of a diplomat from Colombia, I believe, around the city and just being my friendly American self, and then he offered me a poncho, a really pretty poncho, and I thought he was just thanking me for doing that. I accepted it and the next thing he's telling me is that we are engaged because that was his proposal. I'm like, "You have got to be kidding me."

Another example, I was in Spain and just smiling a lot and all of that and apparently you don't do that, you don't go around smiling. At least you didn't back in the 70s. You weren't supposed to do that under the reign of Francisco Franco. I would be misinterpreted there too. Jennifer, yeah, I mean that's another thing, is you really got to watch the cultural nuances.

**Jennifer Miller:** Yeah, definitely.

**Jory Fisher:** We could talk forever...

**Jennifer Miller:** Yeah we could.

**Jory Fisher:** Guess what guys; you can hear more on the topic of boundaries next week. That's kind of fun. We will tell you about that in a minute, but right now let's give, Jennifer, some sort

of closing here at the top of the hour actually. Let's close out with maybe some call to action strategies for this component, and we'll also tell them about our coffee offer.

**Jennifer Miller:** Sure. What I would say as far as call to action, what to do with the things that we are talking about today, is really just start with awareness. Stop and really think about what your definition lines are for who you are, but also for your relationships. And, kind of, taking inventory and see, "Do I have clear boundaries? Is there a clear understanding?" Anywhere that you find kind of those muddy waters or this nebulous definition, that will be a really good place to spend some time on clarifying – clarifying for yourself - and then figuring out a way to, how to start shifting things in a more clear direction.

When you come across those places where there are issues in a relationship, stop and wonder, "Is this a boundary issue? Am I trying to control this other person? Are they trying to control me or am I expecting them to control me?" We need to really step back into our own circles of control and take responsibility for what we are giving - our own thoughts, feelings and choices - and instead try to learn how to maximize influence without crossing any of those lines. That would be the starting place I think to find some meaningful experience with clarifying boundaries.

**Jory Fisher:** Awesome. We'll have some more next week; but right now, Jennifer and I are offering to you that if you submit a question to us that we choose to discuss on air, we will actually give you a free cup of coffee! Jennifer, you want to talk about that a little bit or do you want me to continue?

**Jennifer Miller:** No, go ahead.

**Jory Fisher:** Okay. Yes, just email Jennifer and next week you'll email me, but this week, email Jennifer and, Jennifer, I'll let you give which email address to use. Just propose a question, a topic, a theme, something that you want us to discuss on the Jennifer-Jory show, and if we choose your topic, then Jennifer will email you a certificate from Starbucks for a cup of coffee. So awesome. Jennifer, what email address should they use?

**Jennifer Miller:** You can go ahead and send me your question or your topic idea to [Jennifer@CenterForLivingWell.org](mailto:Jennifer@CenterForLivingWell.org), so [Jennifer@CenterForLivingWell.org](mailto:Jennifer@CenterForLivingWell.org) would be the address you can send that to.

**Jory Fisher:** Okay great, thanks. We are now starting to promote a small group that Jennifer and I are going to run beginning on January 21<sup>st</sup> but we are going to have an introductory free call on January 7<sup>th</sup>. Jennifer, you want to say a little more about that?

**Jennifer Miller:** Sure. We are going to be taking my book, *No Longer Two*, and breaking it up and creating this virtual coaching experience, this coaching group around my book. If you are interested in understanding yourself and understanding the opposite gender, relationships, it doesn't matter if you are married or not because the information in the book is appropriate for any stage of relationship - single, dating, engaged or married. But we are going to dive deep into it, into understanding ourselves and understanding relationships.

Along the way we're going to be incorporating other information that will help support our personal growth and our relational growth when it comes to the things we are going to be covering in the group. So, we are really excited. It's going to be, I believe, every other Wednesday starting in January and we are going to do it in different segments. So just depending upon your availability, you can jump in. You'll have a couple of different opportunities to jump in, but we'll have more information with the detailed description, as well as how to sign up for the group if you are interested. We'll be having that coming up shortly.

**Jory Fisher:** Yeah. We are very excited about introducing this and helping you become, as we say, spiritually, physically, mentally and financially fit and develop healthy, meaningful relationships. Stay tuned; you will hear more about that down the road. Next week, Jennifer and I will continue our discussion on boundaries and we'll focus on ways to enforce them in a healthy, purposeful manner.

Thank you, everybody. Thank you one and all for listening to *Heart & Soul for Women of Faith*. This is Jory Fisher encouraging you to create optimal health for your life, ministry, and business

so you can fulfill your purpose with ease and grace and glorify God through success. Jennifer, what last words do you have for our audience today?

**Jennifer Miller:** Just a word of encouragement, just to really think about what boundaries are for your life because God has perfect boundaries with us and it's something that He encourages us to have with each other because that's when relationships thrive - when there is clarity and when there is the ability to relate in a way that isn't murky or confusing. I just encourage everybody to take time to really give some thought to it this week.

**Jory Fisher:** I love it. Today for outro, I'm going to play *Morning Has Broken* and again this is composed and played by [David Nevue](#).

Thank you again everybody and until we meet again... May the Lord bless you and keep you and be gracious into you and may the Lord grant you prosperity and peace. See you next week. Bye, Jennifer.

**Jennifer Miller:** Bye, Jory.