



OFFICIAL IN SZN FLAG FOOTBALL

PLAYBOOK

(YOUTH RULES & REGULATIONS)

SZN



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PREFACE

WELCOME TO IN SZN!

AT IN SZN, WE TAKE PRIDE IN HELPING CELEBRATE ATHLETIC TALENT & HARD WORK. FOUNDED BY PASSIONATE ATHLETES, OUR MISSION IS TO PROVIDE A COMPETITIVE & INCLUSIVE ENVIRONMENT ALLOWING PLAYERS TO ELEVATE THEIR SKILLS, WHILE ACHIEVING SUCCESS & RECOGNITION FOR THEIR DEDICATION TO THE SPORT.

OUR LEAGUES

EACH SZN OFFERS A VARIETY OF SKILL LEVELS FROM BEGINNER TO ADVANCED, PROVIDING A WIDE RANGE OF OPPORTUNITIES FOR **THOSE 6 YEARS OF AGE & UP.**

EACH WEEK, ALL ATHLETES CAN EXPECT ACTION-PACKED GAMES, ENTERTAINMENT & A SELECTION OF FOOD TRUCKS AND VENDORS WITH A DIVERSE MENU TO CHOOSE FROM. WHETHER YOU'RE A SEASONED PLAYER, JUST STARTING OUT OR WANTING TO WATCH THE ACTION, WE WELCOME ALL & ENSURE A SUPPORTIVE ENVIRONMENT THAT FOSTERS SPORTSMANSHIP, PERSONAL DEVELOPMENT & TEAMWORK.

IN SZN IS COMMITTED TO FORGING A VIBRANT, FAMILY-FRIENDLY ATMOSPHERE WHERE ATHLETES & SPECTATORS CAN COME TOGETHER TO ENJOY ONE OF THE WORLD'S FASTEST GROWING SPORT!



PREFACE



OWNER: IVANA "MOOSE" VIDAL

OWNER: DANIELLE "DUB" WILSON



SEASON DURATION

- 5 WEEKS
- 4 TOTAL SZN'S IN A YEAR (YOUTH LEAGUES)
- 1 TO 2 TOURNAMENTS IN TUCSON AND PHOENIX, AZ

NUMBER OF TEAMS

- 15 TEAMS MINIMUM (AVERAGE 12-13 PLAYERS PER TEAM)

EXPECTED PARTICIPANTS/SPECTATORS

- GUARANTEED 300+ PARTICIPANTS INCLUDING PLAYERS, FAMILIES AND SUPPORTERS (400 OR MORE INDIVIDUALS MINIMUM AT FIELDS EACH EVENT)

AGE GROUPS

- 6 AND UP (NO AGE ABOVE 16)

LOCATION

- WINSTON REYNOLDS - MANZANITA PARK
5200 S WESTOVER AVE, TUCSON, AZ 85746



YOUTH SCHEDULES

2026

WINTER- SZN 1

WEEK 1: February 14

WEEK 2: February 21

WEEK 3: February 28

10:00am - 7:00pm

WEEK 4: March 7

PRO-BOWL: March 14 (Saturday)

PLAYOFFS: March 15 (Sunday)

SPRING- SZN 2

WEEK 1: April 18

WEEK 2: April 25

WEEK 3: May 2

10:00am - 7:00pm

WEEK 4: May 09

PRO-BOWL: May 16 (Saturday)

PLAYOFFS: May 17 (Sunday)

BREAK: 3/15, 3/22, 3/29, 4/5 & 4/12

SUMMER-SZN 3

WEEK 1: July 25

WEEK 2: August 1

WEEK 3: August 8

10:00am - 7:00pm

WEEK 4: August 15

PRO-BOWL: August 22 (Saturday)

PLAYOFFS: August 23 (Sunday)

BREAK: 5/24, 5/31, 6/7, 6/14 & 6/21

FALL- SZN 4

WEEK 1: November 14

WEEK 2: November 21

WEEK 3: Novemeber 28

10:00am - 7:00pm

WEEK 4: December 5

PRO-BOWL: December 12 (Saturday)

PLAYOFFS: December 13 (Sunday)



SCHEDULES

MODIFICATIONS

- IF THERE ARE ANY MODIFICATIONS THROUGHOUT THE YEAR, WE WILL GIVE NOTICE IMMEDIATELY .

MAKE-UP GAMES

- RE-SCHEDULED GAMES (DUE TO WEATHER OR EXTENUATING CIRCUMSTANCES) WILL BE MADE UP ON WEDNESDAY OR THURSDAY OF THE FOLLOWING WEEK.

CUSTOM SCHEDULES

- PLEASE REVIEW THE ANNUAL SCHEDULE TO ENSURE YOU'RE AVAILABLE TO PARTICIPATE BEFORE SIGNING UP.
- WE RECOGNIZE AND SALUTE EACH OF YOU VENDORS FOR ALL OF THE RESPONSIBILITIES YOU CARRY.
- GAME TIMES WILL REMAIN AS IS, UNLESS THERE ARE EXTENUATING CIRCUMSTANCES THAT IMPACT THE ENTIRE LEAGUE.



SCHEDULES

IN SZN YOUTH 2026

January						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May						
S	M	T	W	T	F	S
					1	2
						9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August						
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						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



= PRO BOWL



= PLAYOFFS



RULES & REGS

USA RULES

TO VIEW THE FULL SET OF RULES FOR
YOUTH FLAG FOOTBALL

[CLICK HERE!](#)

(IDENTICAL TO USAFLAG, ALSO NOW KNOWN AS IFLAG)



RULES & REGS

CELEBRITY SHOT PLAYERS

“CELEBRITY SHOT” IS A CHANCE FOR YOU TO INVITE & ENCOURAGE YOUR FRIENDS/FAMILY TO GET OUT ON THE FIELD TO PLAY IN A LIVE GAME SETTING, WITHOUT ANY PRESSURE OF COMMITTING TO AN ENTIRE SEASON.

- **2 PER TEAM, PER SEASON**
- **1 PER PERSON (CAN'T USE SAME PERSON TWICE)**
- **MUST LET LEAGUE KNOW, BEFORE ALL GAMES START**
(IF YOUR PLAYER ENDS UP NOT PARTICIPATING, YOU CAN RETAIN YOUR PASS FOR ANOTHER TIME/PLAYER)
- **ANOTHER TEAM CANNOT USE THE SAME PLAYER**
- **“CELEBRITY” PLAYERS DO NOT PAY FEE**
- **WAIVER REQUIRED PRIOR TO GAME START**



RULES & REGS

PLAYER ELIGIBILITY

PLAYER

- PLAYER PROFILE SIGN UP COMPLETED ONLINE
 - FEES PAID
 - MINORS ALLOWED WITH PARENT/GUARDIAN SIGN OFF
 - REGISTERED ON *ROSTER BEFORE GAME PLAY
- *ROSTER CHANGES/ADDS/TRADES MUST BE BEFORE THE START OF PLAY OF WEEK 2.*
- ROSTER CHECKS WILL BE REQUIRED BEFORE THE START OF EVERY GAME. TEAMS MUST LINE UP ON THE FIELD TO ENSURE REFEREES CAN VISIBLY SEE ALL COMPETITORS FOR THAT DAYS GAME PLAY.

TEAM

- ROSTER MINIMUM: 7 | ROSTER MAXIMUM: 15
- "CELEBRITY" PLAYERS DO NOT COUNT TOWARDS ROSTER TOTAL

PLAYOFFS

A PLAYER MUST PARTICIPATE IN 2 WEEKS OF REGULAR SEASON PLAY (TOTAL OF 4 GAMES) TO BE ELIGIBLE FOR PLAYOFFS. NO EXCEPTIONS.

PLAYOFF SCHEDULE WILL BE BASED OFF OF REGULAR SEASON SEEDING AND POINT DIFFERENTIAL.



RULES & REGS

FORFEITS

- A FORFEITED GAME WILL COUNT AS A 21-0 SCORE CARD

PRO BOWL

PRO BOWL WILL BE A WEEKEND OF LIGHT-HEARTED FRIENDLY FUN AND COMPETITION. AFTER THE REGULAR 4 WEEK SZN, EACH TEAM WILL CHOOSE 2 OF THEIR OWN PLAYERS TO REPRESENT THEM IN THE "PRO BOWL" AND COMPETE FOR RECOGNITION AND PRIZES.

- TEAMS WILL BE SPLIT UP INTO "BLACK" AND "WHITE" JERSEYS, PROVIDED BY IN SZN
- TEAMS WILL BE DECIDED THE DAY OF GAME PLAY, AS TO PROMOTE THE MOST FUN & FAIR WAY OF COMPETITION.
- 15 MIN HALVES

PRO BOWL GIVES WOMEN A CHANCE TO MINGLE, PLAY WITH AND BUILD RELATIONSHIPS OUTSIDE OF THEIR REGULAR SEASON TEAMS. COME ON OUT & BRING THE WHOLE FAMILY!



PAYMENT & FEES

REGISTRATION

OPEN REGISTRATION: \$125 PER PLAYER

DAY OF REGISTRATION OPENING THROUGH THE DAY PRIOR TO START OF SZN

LATE REGISTRATION: \$175 PER PLAYER

START DATE OF SZN THROUGH THE FOLLOWING SATURDAY

LATE FEES

A LATE FEE OF \$50.00 WILL BE ADDED TO PLAYER TOTAL WHEN SIGNED UP DURING LATE REGISTRATION WINDOW. NO EXCEPTIONS.

REFUNDS

A REFUND **WILL BE ISSUED (BY REQUEST) TO PLAYERS WHO:**

- HAVE **NOT** BEEN PRESENT FOR A ROSTER CHECK
- HAVE **NOT** PARTICIPATED IN **ANY** GAME PLAY
- REQUEST IT BEFORE START OF *WEEK 3

**REQUESTS AFTER WEEK 3 WILL BE ISSUED AS SEASON CREDIT*

A REFUND WILL **NOT BE ISSUED TO PLAYERS WHO:**

- HAVE BEEN PRESENT FOR A ROSTER CHECK
- MAY BE INJURED, BUT WHO HAVE PARTICIPATED IN GAME PLAY



CODE OF CONDUCT

SIDELINE ETIQUETTE

TRASH

DISPOSABLE PLASTIC BOTTLES, ALUMINUM CANS & GLASS CONTAINERS WILL NOT BE ALLOWED ON SIDELINES - ONLY PERSONAL WATER BOTTLES/CUPS.

REFEREES

PLAYERS & SPECTATORS SHALL STAY OUT OF REFEREE'S DESIGNATED AREA (3FT OFF OF SIDELINE).

TEAM PLACEMENT

TEAMS ARE TO STAY ON THEIR HALF OF THE FIELD BETWEEN BOTH PLAYING FIELDS (FACING OUTWARD SPECTATORS). THE OPPOSITE SIDELINE IS DESIGNATED FOR SPECTATORS. SEE MAP.

CONSUMPTION/ENTERTAINMENT

ABSOLUTELY NO USE OF SUBSTANCES ON THE FIELD. ANY LEGAL USAGE MUST BE AWAY FROM FIELDS, AT RESPECTIVE CORNERS, AWAY FROM ALL GAME PLAY (AT DESIGNATED SPECTATOR AREAS).



CODE OF CONDUCT

WARNINGS/EJECTIONS/SUSPENSIONS

VERBAL WARNING

TWO VERBAL WARNINGS (AS A WHOLE GAME) WILL BE GIVEN BEFORE EJECTION (UNLESS THERE IS AN IMMEDIATE NEED FOR AN EJECTION).

REFEREES WILL GATHER BOTH COACHES AT THE TIME OF THE OFFENSE OR AT THE NEXT DEAD WHISTLE TO GIVE VERBAL WARNING, REGARDLESS OF WHO COMMITTED THE OFFENSE. GAME CLOCK WILL STOP.

THIS ENSURES BOTH TEAMS ARE AWARE OF PENALTIES, SO AS NOT TO COMMIT THE SAME ONE.

EJECTION

IF EJECTION OCCURS, PLAYER(S) MUST LEAVE FIELD IMMEDIATELY. POSSIBLE SUSPENSION TO FOLLOW, UPON LEAGUE'S DISCRETION.

SUSPENSION

DEPENDANT UPON OFFENSE - AT LEAGUE'S DISCRETION.



CODE OF CONDUCT

SPORTSMANSHIP

ALL PLAYERS AND SPECTATORS SHALL RESPECT ALL THE CALLS OF THE IN SZN OFFICIALS. NO EXCEPTIONS.

ANY PLAYER OR SPECTATOR INVOLVED IN A PHYSICAL OR VERBAL ALTERCATION WILL BE IMMEDIATELY EJECTED FROM THE GAME AND MAY BE SUBJECT TO FURTHER SUSPENSION AT THE DISCRETION OF THE LEAGUE.

GAMES MAY BE "DOUBLE-FORFEITED" DUE TO ALTERCATIONS. PLAYERS AND/OR TEAMS AND/OR SPECTATORS INSTIGATING FIGHTS WILL BE EXPELLED FROM THE LEAGUE AND ASKED TO LEAVE THE PREMISES.



CODE OF CONDUCT

REFEREES

- NO USE OF LEGAL OR ILLEGAL SUBSTANCES ON OR AROUND THE FIELD OR WHILE PERFORMING YOUR JOB
- NO PROFANITY USE AT PLAYERS, COACHES OR SPECTATORS

WE ARE COMMITTED TO UPHOLDING A RESPECTFUL, POSITIVE, SAFE AND PROFESSIONAL ENVIRONMENT.

DUTIES:

- SET UP / TEAR DOWN OF FIELDS
- PERFORM ROSTER CHECKS
- REFEREE DESIGNATED ASSIGNED GAMES
- UPHOLD CODE OF CONDUCT
- REPORT ANY INCIDENCES / CONCERNS (WARNINGS, EJECTIONS, COMPLAINTS, ETC) TO HEAD OF REFEREES NO LATER THAN THE START OF YOUR NEXT ASSIGNED GAME

HEAD REFEREE SHALL SUBMIT A GAME REPORT AT THE END OF THE DAY REPORTING ANY / ALL REFEREE INCIDENCES, CONCERNS OR PROBLEMS THAT AROSE THAT DAY.



FIELD/SPECTATORS

CONSUMPTION/ENTERTAINMENT

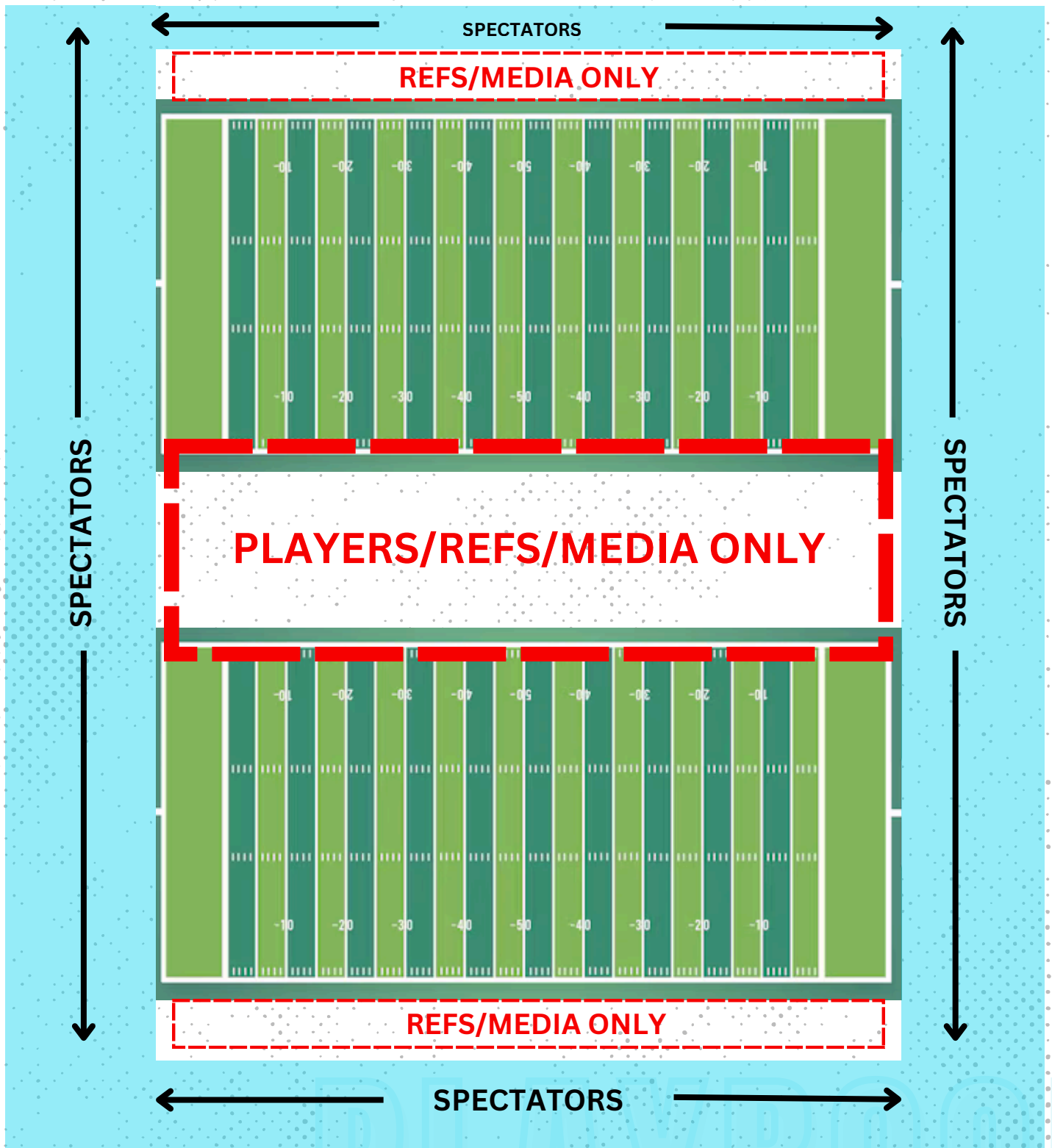
**ABSOLUTELY NO USE OF SUBSTANCES ON THE FIELD.
ANY LEGAL USAGE MUST BE AWAY FROM FIELDS, AT
RESPECTIVE CORNERS, AWAY FROM ALL GAME PLAY
(AT DESIGNATED SPECTATOR AREAS).**

SPECTATOR SPACE

**GUESTS & SPECTATORS ARE TO REMAIN IN
DESIGNATED AREAS - AWAY FROM PLAYER/REFEREE
SIDELINES (SEE MAP).**



FIELD/SPECTATORS





MERCHANDISE

1



2



3



4





MERCHANDISE

5



6



7



8





MERCHANDISE

9



10



11



12

