



Lightning and Inclement Weather Policy

The Event Coordinator will determine the official temperature and inclement weather condition to make a decision on events. Decision on event times will be made at least 90 minutes prior to the scheduled event. Updates will be posted on rainedout.com and social media.

Lightning Policy

In the event of severe weather conditions, the Event Coordinator has a lightning safety plan. The plan is designed to ensure safety of participants, staff, and community during thunderstorm activity.

- Every Event Coordinator will have a device to detect severe weather with them at all times.
- If lightning is seen or thunder is heard, Event Coordinator will immediately inform spectators and participants.
- When a storm is approaching and the detector senses it within 10 miles or closer, all activities are postponed with the possibility of suspension pending further conditions. An evacuation will be coordinated by local law enforcement.
- If it is recognized as an approaching risk, activity will not resume until 30 minutes after the last lightning strike inside the 10 mile range, approved by the Event Coordinator.
- In the event of rain it will be the Event Coordinator's decision on canceling or postponing the event.

Heat Policy

For the safety of the participants, the Event Coordinator will cancel outdoor activities if the temperature reaches 98 degrees or above. If there is a heat index of 105 degrees or above, activities will be canceled as well. Any combination of the two will result in cancelation.

Tips for Warm Weather Conditions

When warm weather conditions become extreme, please remember the following:

- Take frequent rest and water breaks
- Drink water before you are thirsty. By the time you are thirsty, you are already dehydrated
- Wear light, loose fitting clothing made of breathable fabric light in color.
- Listen to your body. Stop if you feel chest pain, dizzy, lightheaded, or nauseated.

To register for instant text and/or email notifications, go to

www.RainedOut.com