

JAZZEDGE

12-Key Quick Reference Checklist

Key: _____

Practice:

- ☐ I am practicing foundational technique for $\frac{1}{3}$ of my practice time each practice session
- ☐ I am practicing 4-5 days per week for at least 30 minutes

Scales: (3-7 days)

- ☐ I can play the scale **one octave** with each hand
- ☐ I can play the scale **one octave** hands together
- ☐ I can play the scale **two octaves** with each hand
- ☐ I can play the scale **two octaves** hands together
- ☐ I can play the scale in **contrary motion** with both hands
- ☐ I can play the scale at **100bpm** in quarter notes
- ☐ I can spell the notes of the scale at **100bpm**
- ☐ I can spell the **key signature** for the scale

Triads: (2-3 days)

- ☐ I can play the major/minor triad in **root position** with both hands
- ☐ I can play **each inversion** of the major/minor triad in each hand
- ☐ I can play **each inversion** of the major/minor triad with both hands
- ☐ I can **spell** the notes of the major/minor triad
- ☐ I can play the **“other triads”** with each hand

Seventh Chords: (7 days)

- ☐ I can play the **root position** and **2nd inversion** of each 7th chord in each hand
- ☐ I know the notes of each 7th chord and can spell them at **100bpm**
- ☐ I can play the **“other seventh chords”** in each hand
- ☐ I spell the **common tensions** for the key

Rootless Seventh Chords: (7 days)

- ☐ I can play the **major 7th** rootless chord both forms along with shells in the LH
- ☐ I can play the **minor 7th** rootless chord both forms along with shells in the LH
- ☐ I can play the **dominant 7th** rootless chord both forms along with shells in the LH
- ☐ I can play each of the rootless chords (both forms) in my **left hand** alone
- ☐ I can **spell the notes** of each of the rootless chords and know their function

2-5-1 Progression: (7 days)

- ☐ I can **play the progression** in both major and minor
- ☐ I can play the rootless chords in my **left hand** alone for both progressions
- ☐ I can say aloud what chords make up a 2-5-1 progression in major and minor at **100bpm**