

Navkar Mantra

॥ नमो अग्निदेवाय
नमो भिद्भाय
नमो आरियाय
नमो उवज्जायाय
नमो लोए सत्वसाहूणं
एसो पंच नभुवकारो
सत्व पातप्पणाशुणो
मंगलाय च सत्वेसिं
पटमं हवइ मंगलं ॥



Once there was a village named Gokulpur. There lived a girl named Yashoda, a very obedient girl that used to obey every instruction of her parents and teachers. She belonged to a very religious background and used to follow the ethics taught to her by her teachers and family.



She understood the value of good behaviour very well. She used to go to school along with her friend Bala who belonged to a poor family. There was no one in Bala's family except for his dog, Tara. Bala had no one to teach him some basic moral values and ethics. Yashoda being a good friend, used to tell Bala whatever she learned about ethics and the importance of moral values from her family.



One day, a new boy got admitted into the school, whose name was Veer. On the very first day, he got into a fight with Shantanu, his classmate. The Veer family was new in the village and got a house near Yashoda's. Veer, not being a kid, used to bully other children and make fun of them in school as well as the village.



Even Tara used to bark aggressively, whenever he used to see Veer. Veer used to annoy Tara by touching his food and teasing him. Days passed, now Veer was left with no friends to play or study with him. This bad behaviour of Veer separated his friends and classmates from him and now he was alone.



One day Yashoda's parents went to Veer's parents with a complaint about the behaviour among his classmates. While they were discussing the problem, Yashoda's parents suggested making Veer focus and chant the Navkar Mantra. His parents asked, "What is Navkar Mantra? What is its value?"



Mr. and Mrs. Jain explained to everyone there, the importance of the Navkar Mantra - "This Mantra brings stability and balance to one's life if done regularly. This Mantra helps one to decide what's right and wrong for them for the society."



They continued, "When I chant Navkar Mantra every day, I feel some sort of energy and power within me which gives me the energy to work the whole day positively, without tiredness. This Mantra is as powerful as the Gayatri Mantra, scientifically proven as the most powerful Mantra. I think this Mantra will bring enlightenment to your child."

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॥ नमो अरिहंताणं
नमो शिद्धाणं
नमो आर्यारियाणं
नमो उवज्झायाणं
नमो लोए सत्त्वसाहूणं
एसो पंच नमुतकाये
सत्त्व पातप्पणासणो
मंगलाणं च सत्त्वेभिं
पटमं हवइ मंगलं ॥



All the children in the village used to practice this Mantra or the Gayatri Mantra at their homes every morning with their parents. Veer's parents did the same as told by Yashoda's parents. At first, Veer was not ready to sit for even 5 minutes and practice the mantra. But then, slowly and steady, he made it to 15 minutes. Now he practices the Navkar Mantra for 20 to 30 minutes every morning with his family. This brought happiness, stability, and balance to his life and soul.



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नमो सिद्धाणं
नमो आर्याभ्याणं
नमो उतज्जायाणं
नमो लोए सत्वसाहूणं
एसो पंच नमुतकारो
सत्व पावप्पणासणो
मंगलाणं च सत्तेसिं
पटमं हवइ मंगलं ॥

Day by day, his behaviour improved and one by one, every child in the village became friends with him. Now there was no complaint of Veer from any of the villages or schools. Even Tara, Shantanu's pet was happy with Veer. He swings his tail in the air and runs to Veer whenever he sees him.

This story tells the importance of balance and stability of mind and Soul in our life and society.



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