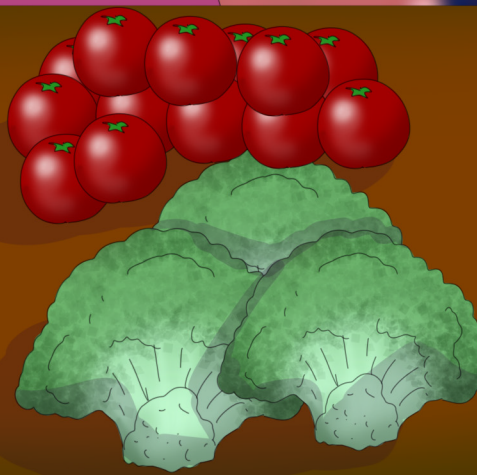
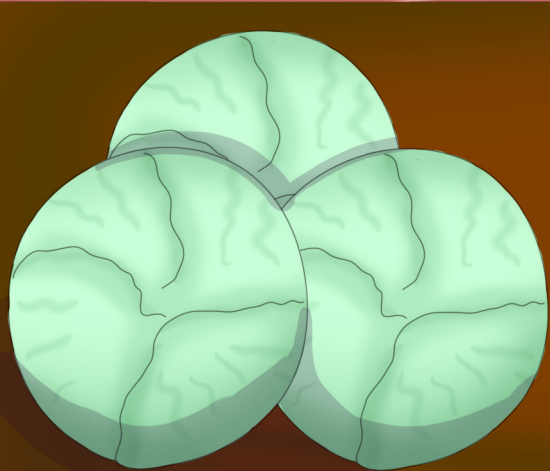


Meena  
The Vegetarian



Skippity skip, skippity skip, Meena was so happy  
in the market, She saw cabbages, cauliflower,  
and tomatoes too! Beans and pumpkins, all very  
delicious, yoo, hoo!



Suddenly Meena stopped and said,

Her mother said, with a smile,

Why do we only eat vegetables?

Well we are Jains so we are vegetarian, We only eat vegetables. We don't hurt animals, We cannot kill them for food, It is not good!



Meena was happy that she was a vegetarian,  
She did not want to be a non-vegetarian, She  
did not want to be unkind to any animal.



**It is good to be a  
vegetarian!**

