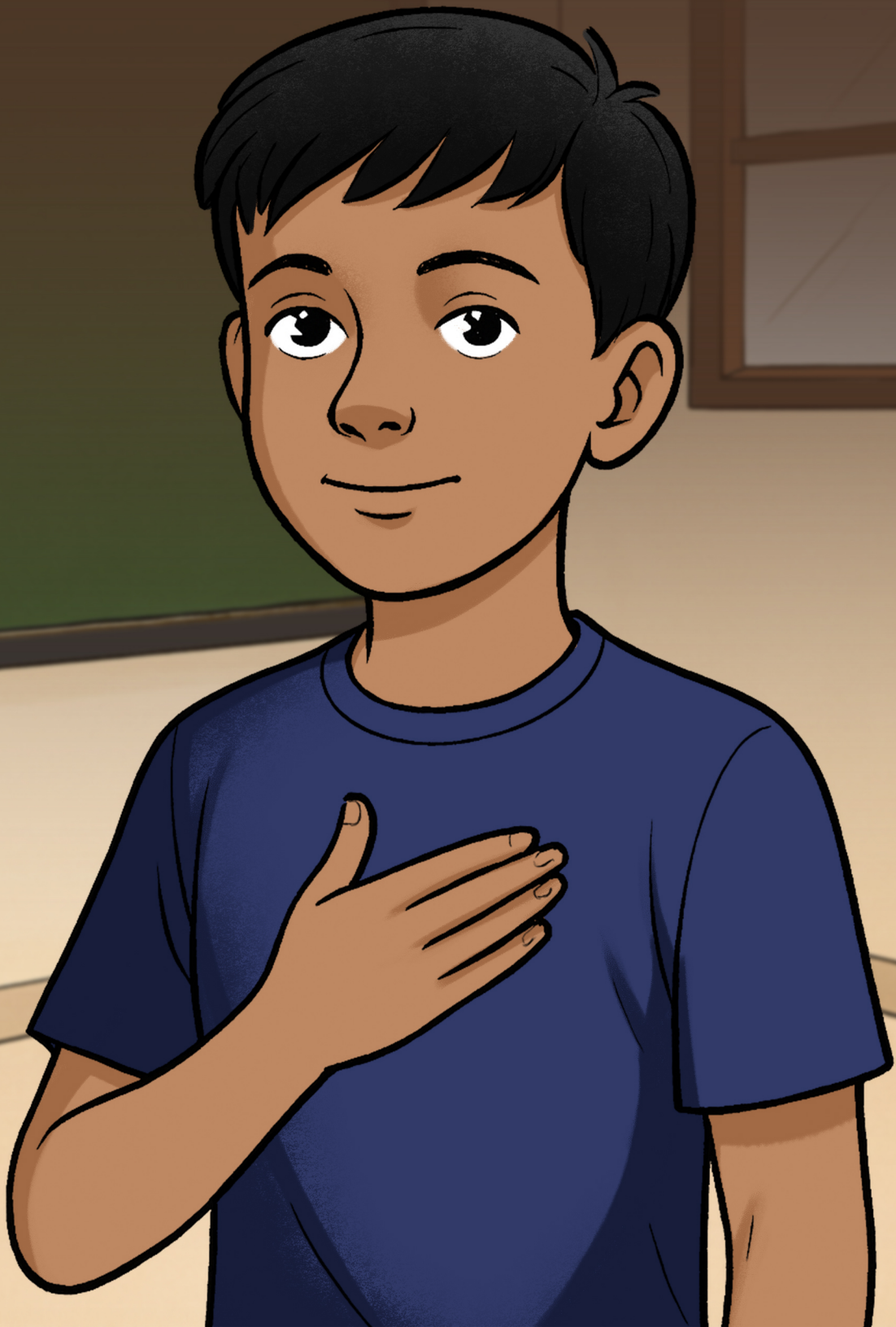


LESSON 01

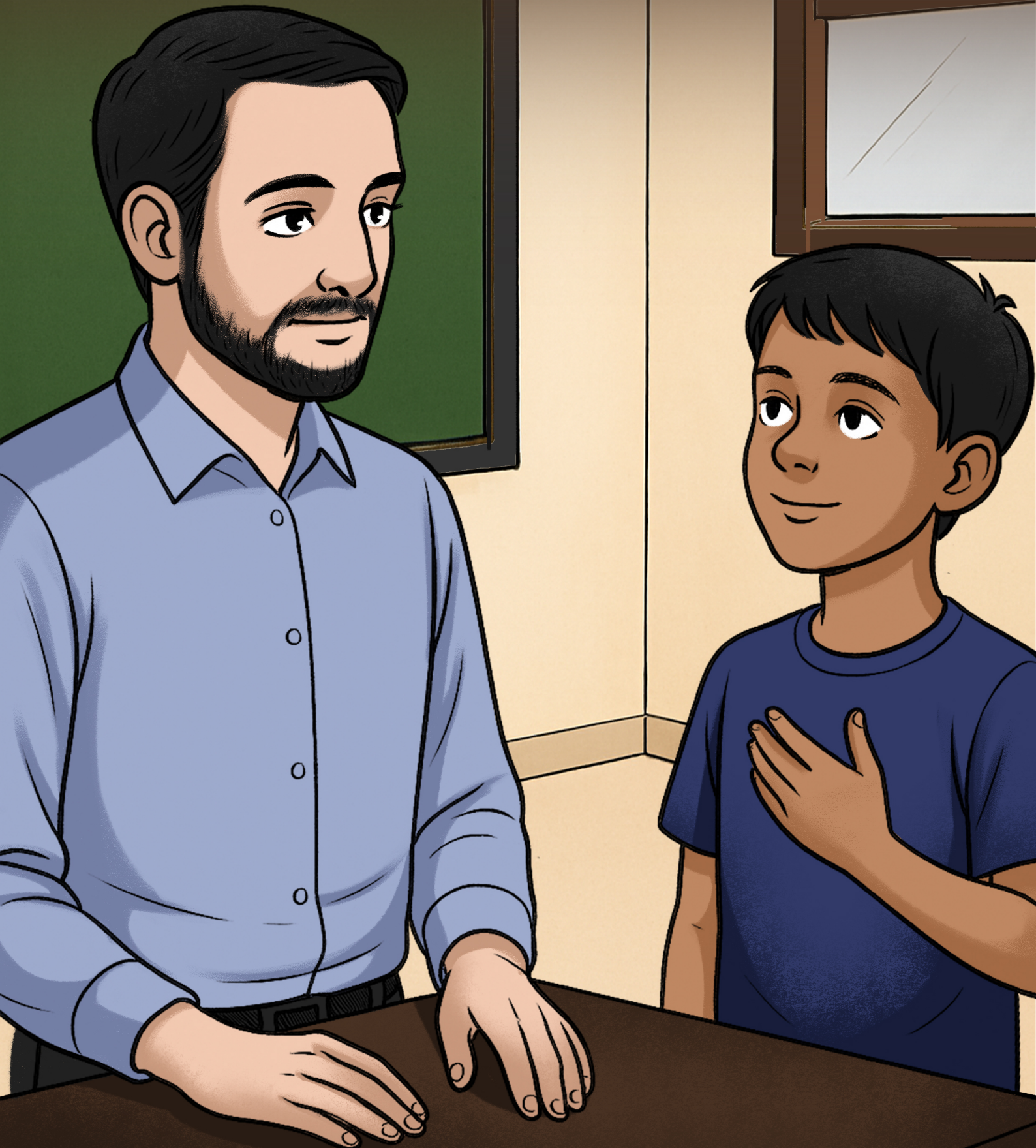
WHO AM I?



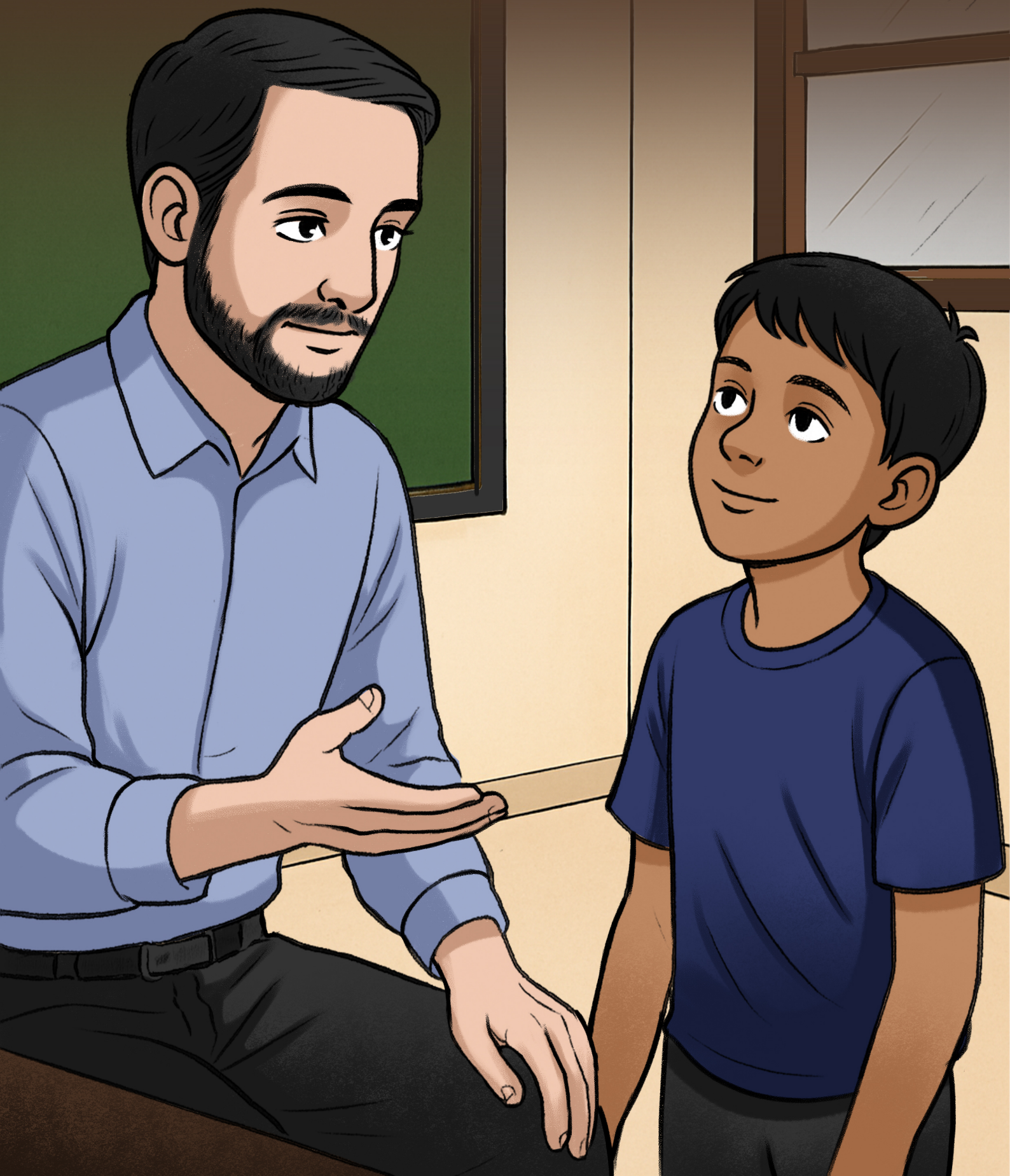
Who are you?



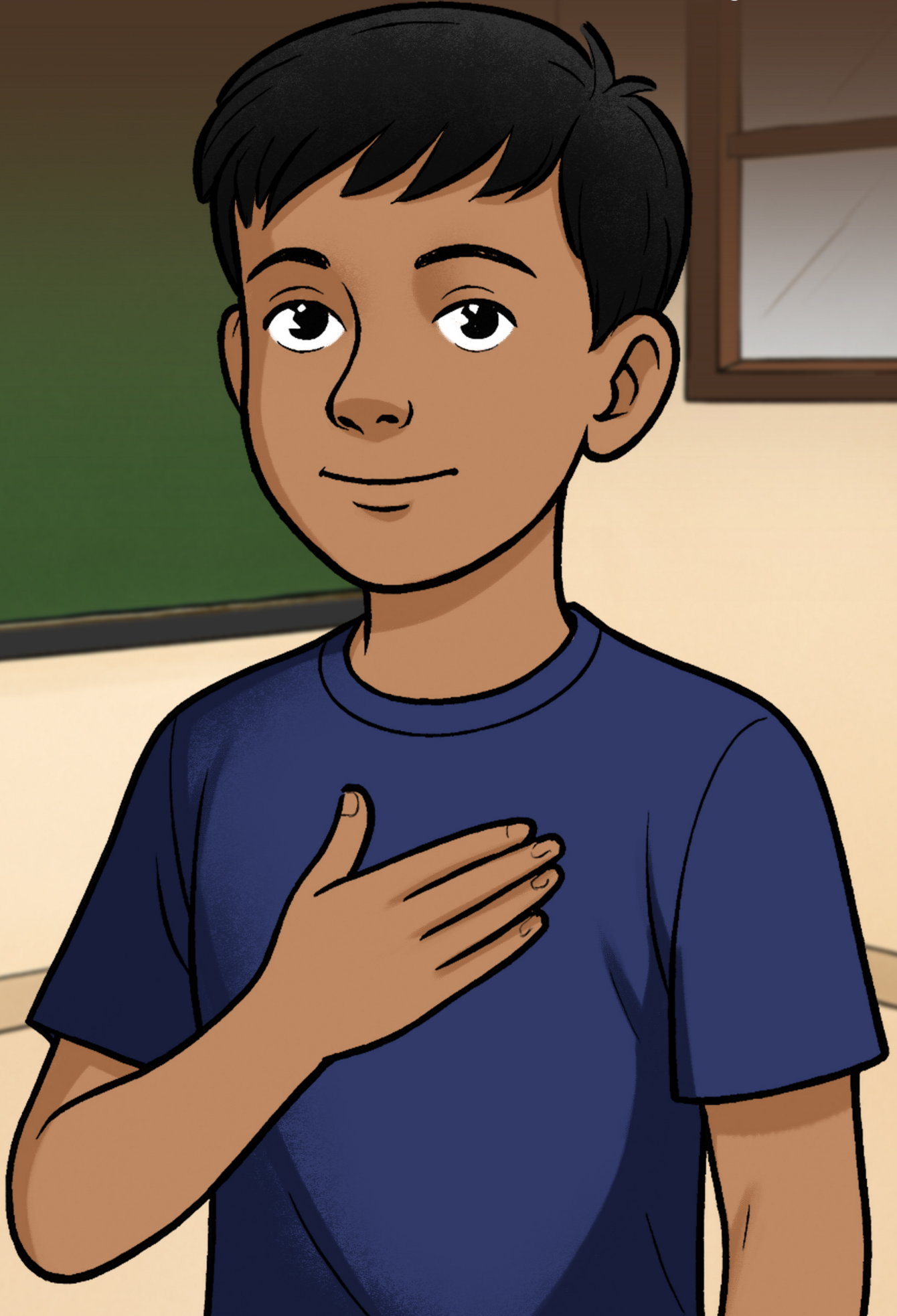
I am Raju
(whatever our name is).



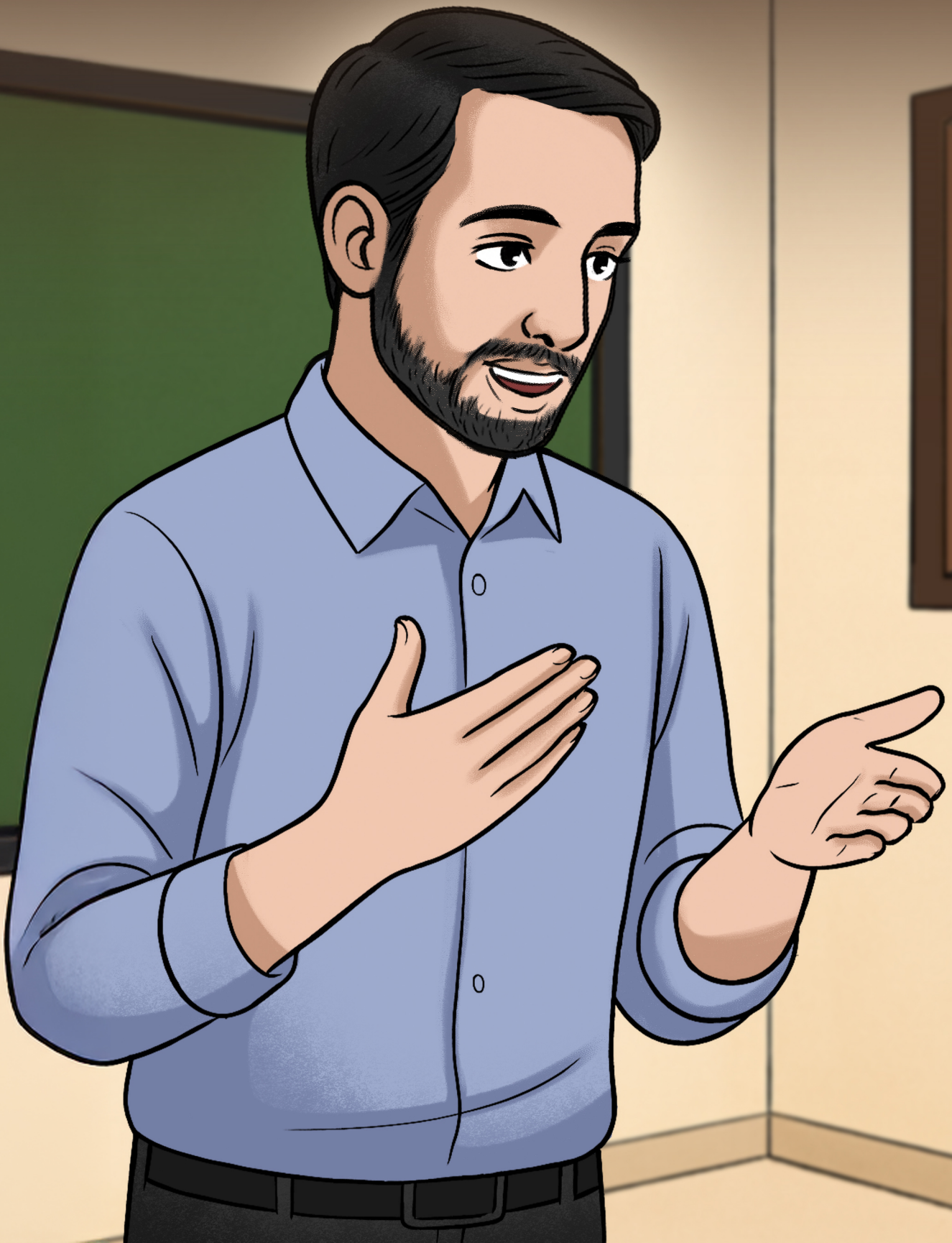
How do you know
that you are Raju?



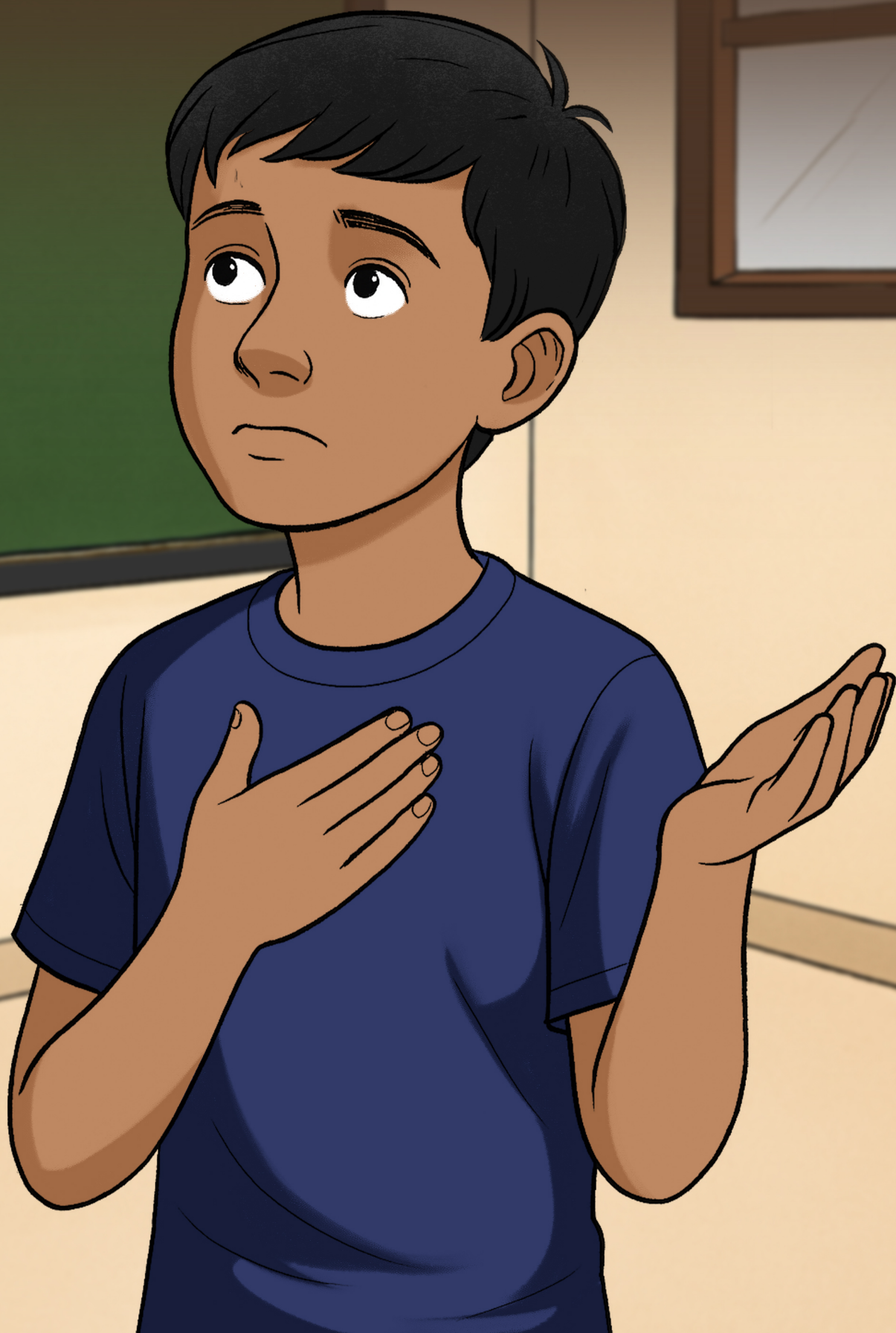
Everybody calls me Raju



Raju is name given to your
body. Do you know who you
actually are?



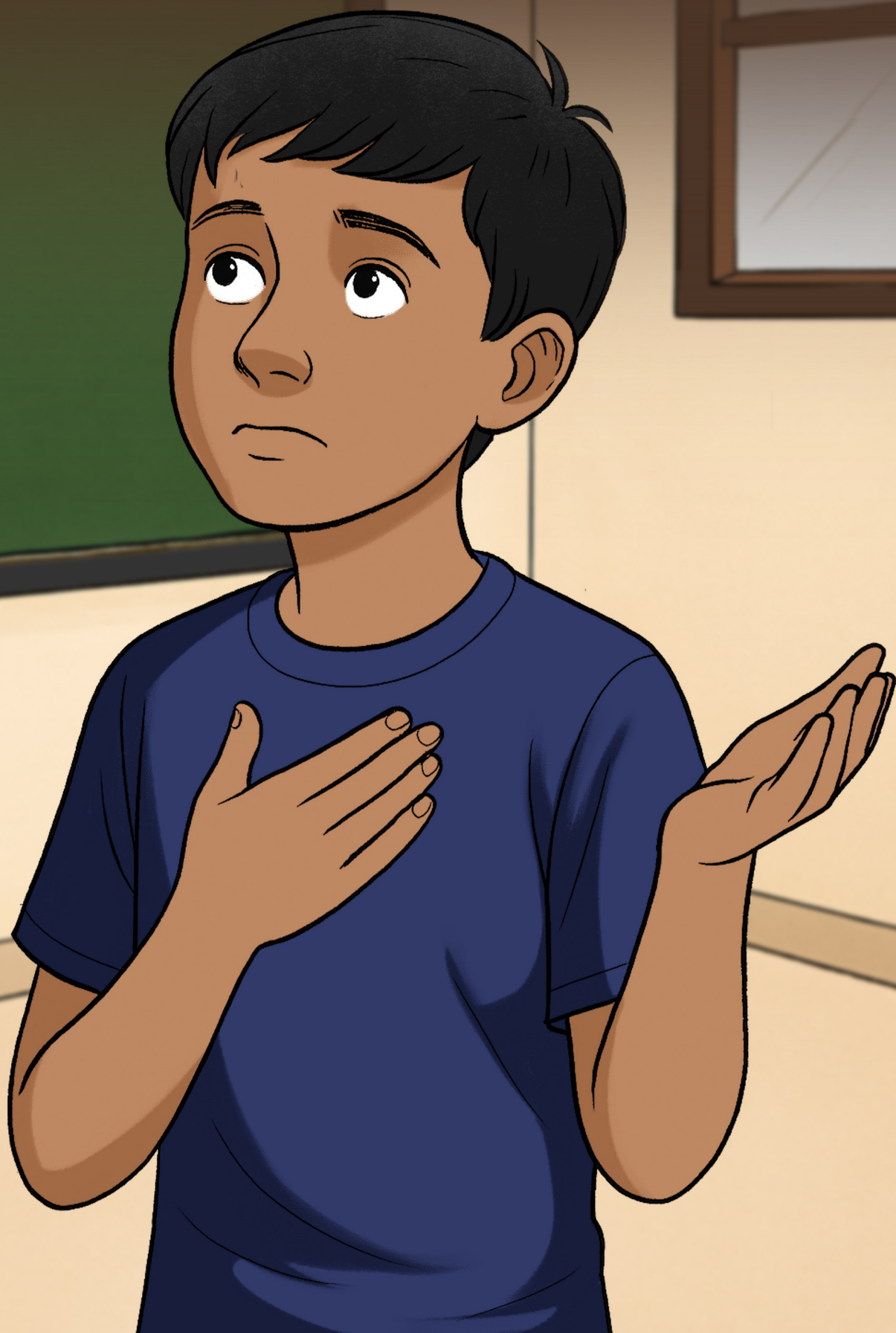
I do not know anything else.
Am I something else too?



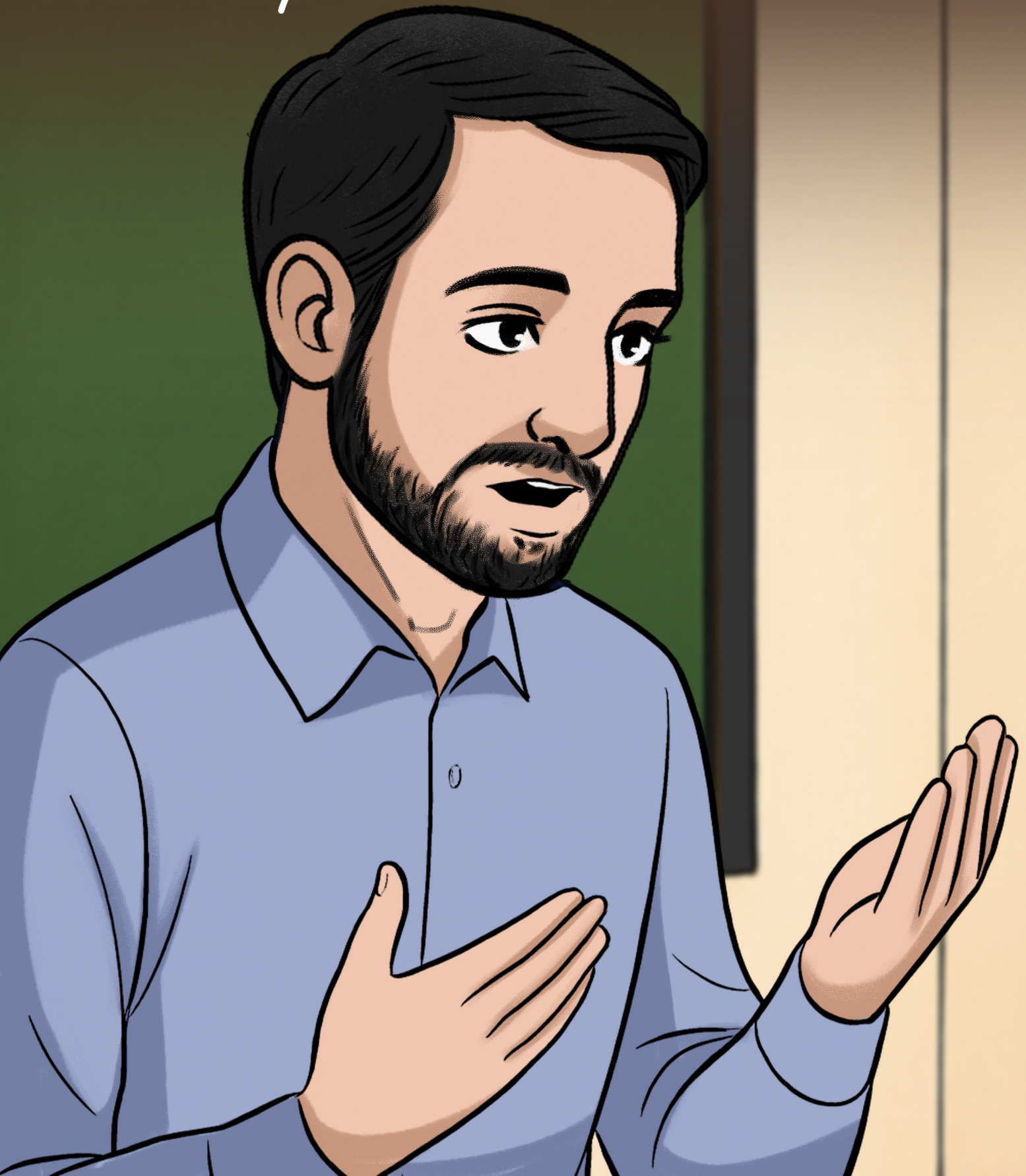
Yes, you are "Soul".



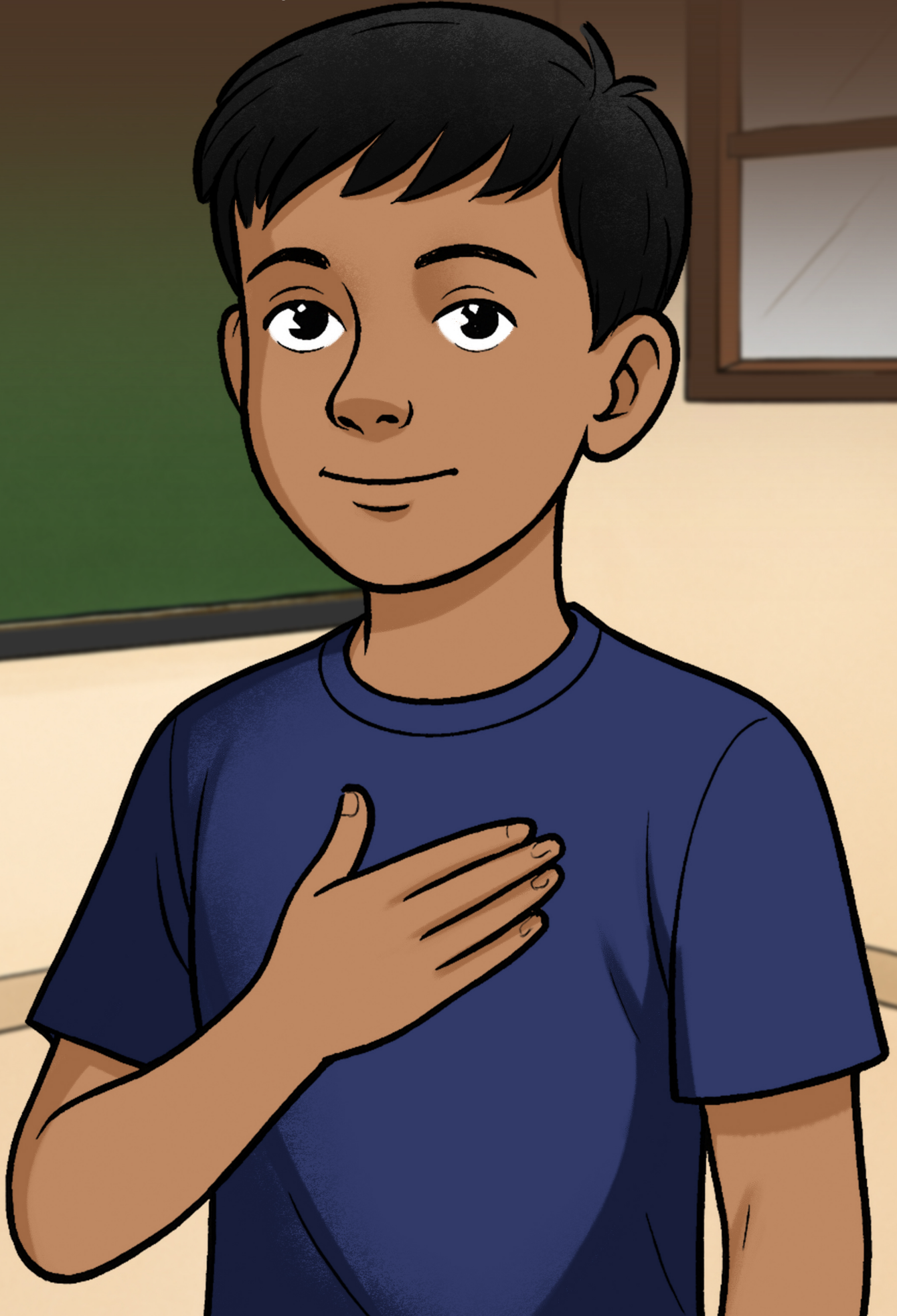
Where is that soul and
how come I do not know it?



Soul lives in your body and
it is invisible and that is
why we do not know it.



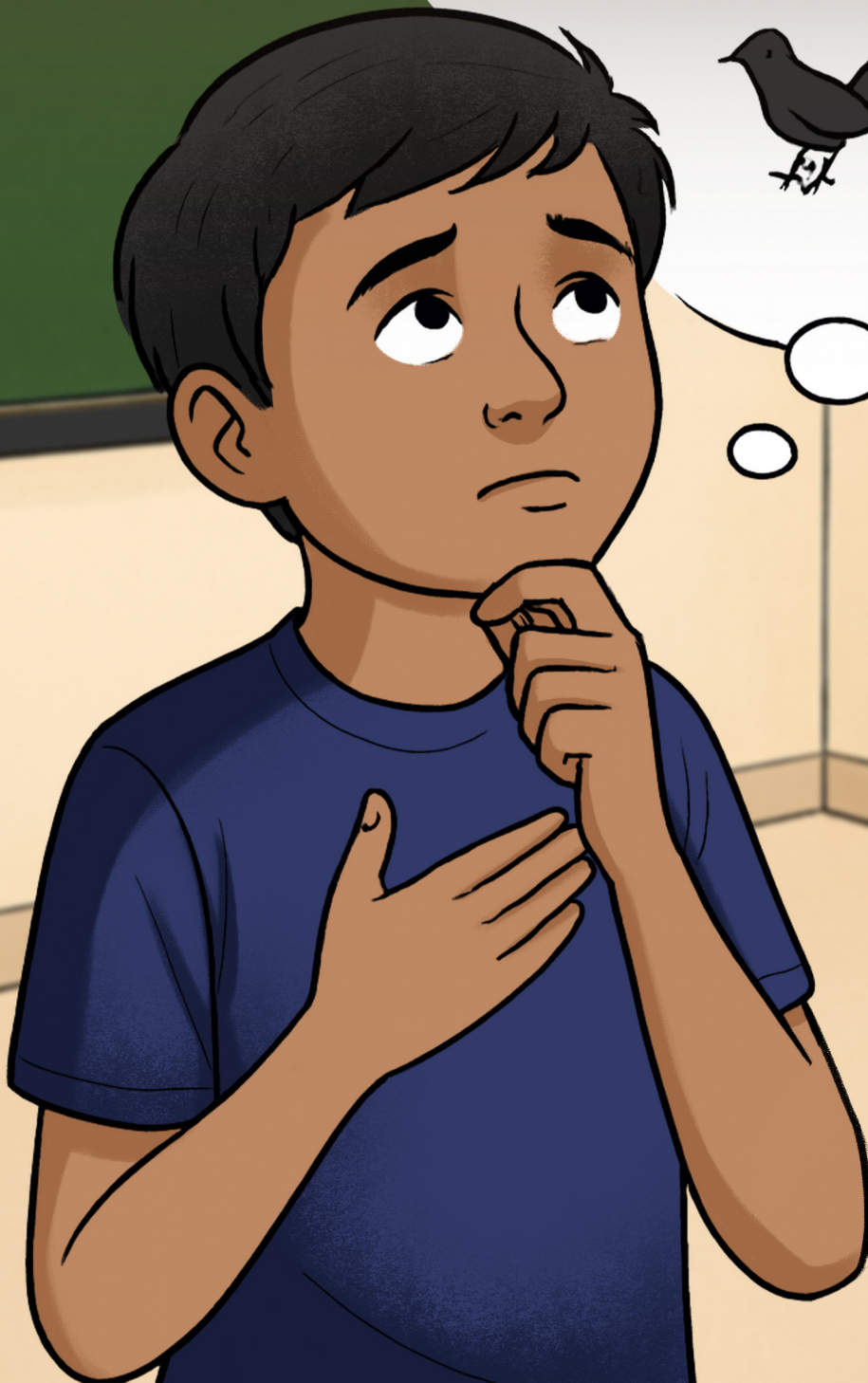
Is soul part of my body?



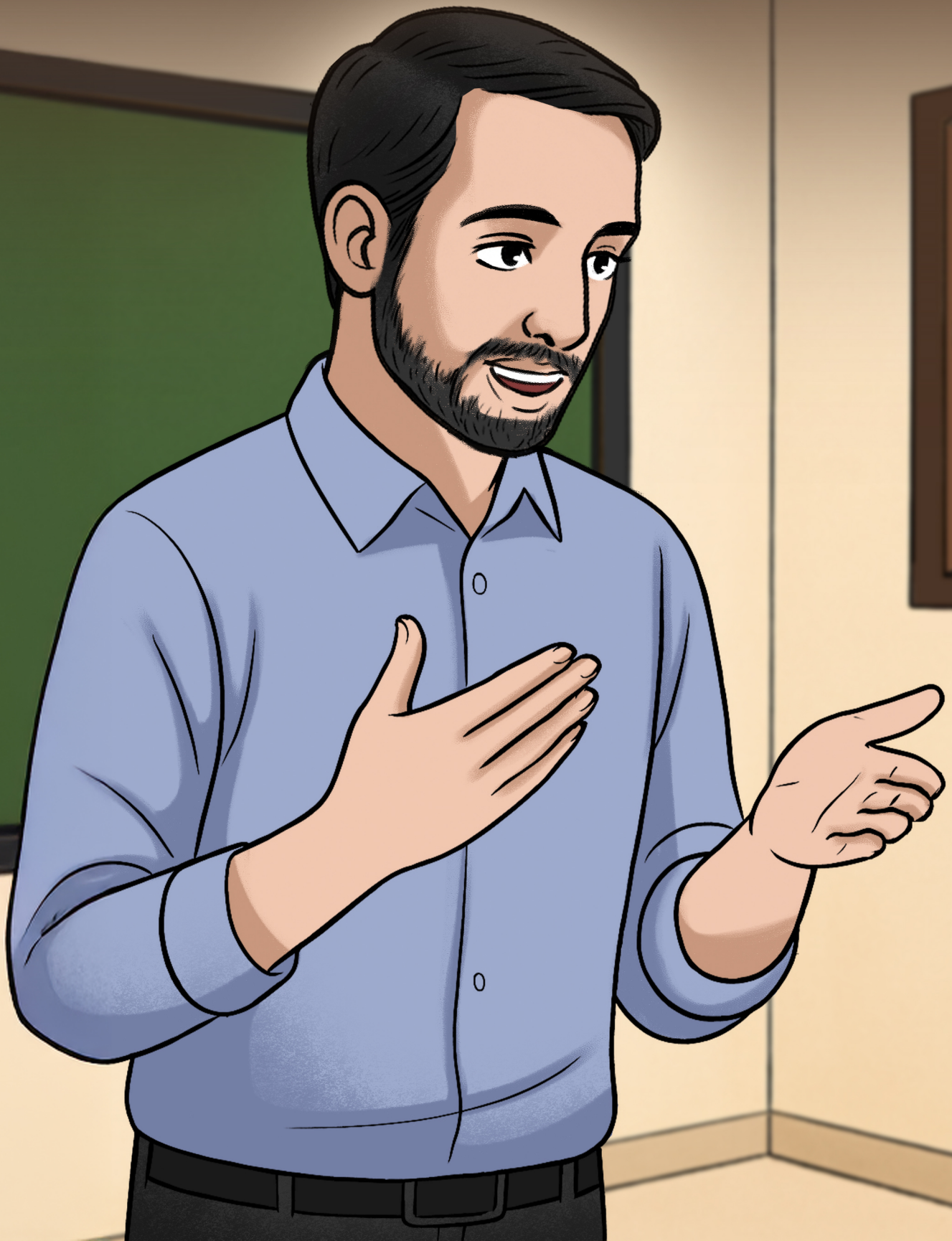
No, soul and body are two separate things. Both of them are independent of each other. They also have independent functions.



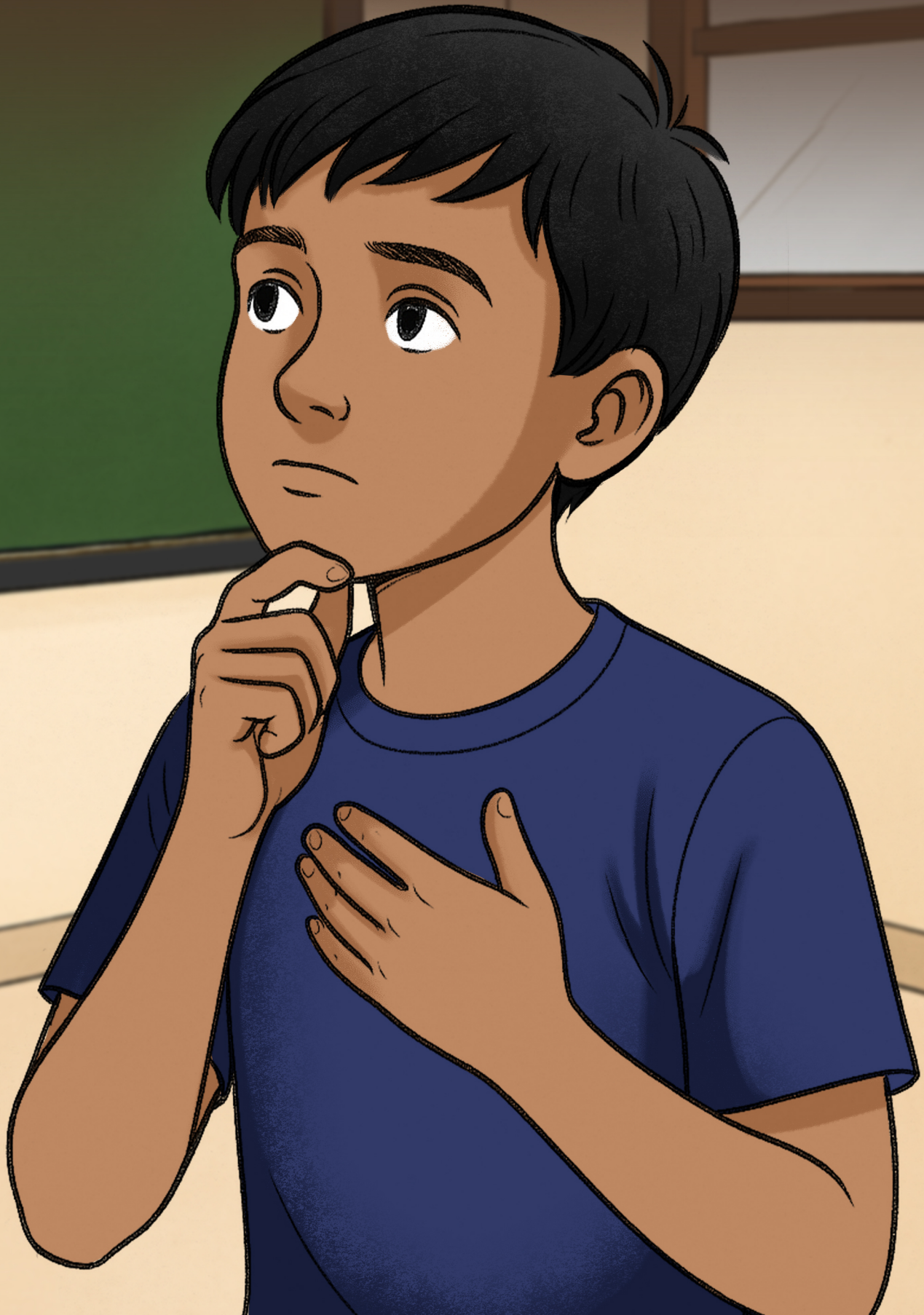
Do all human beings, animals,
birds, insects, plants etc
we can have soul in them.



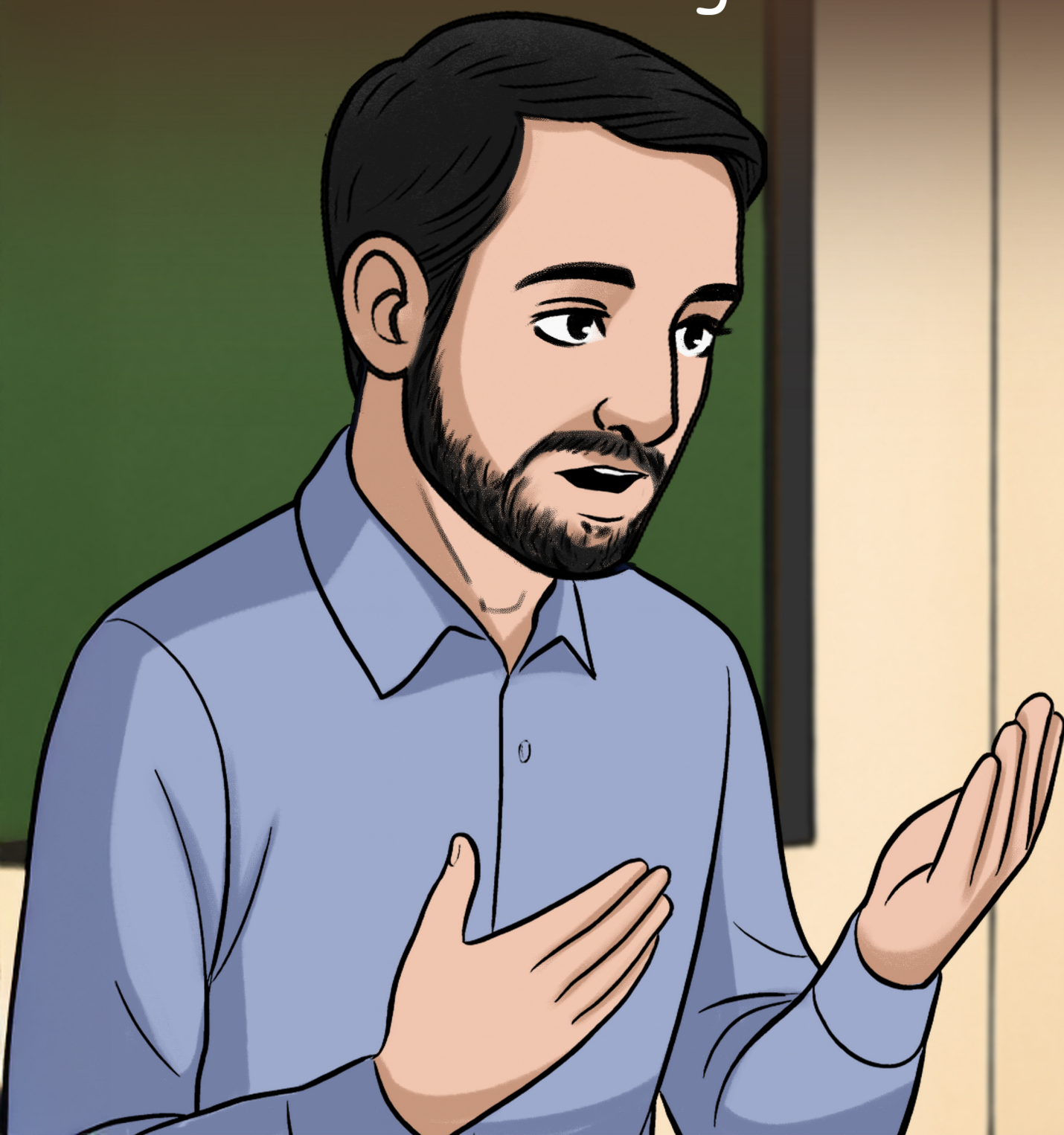
Yes, every living being
has soul in them.



I see body doing all the activities. What does soul do?



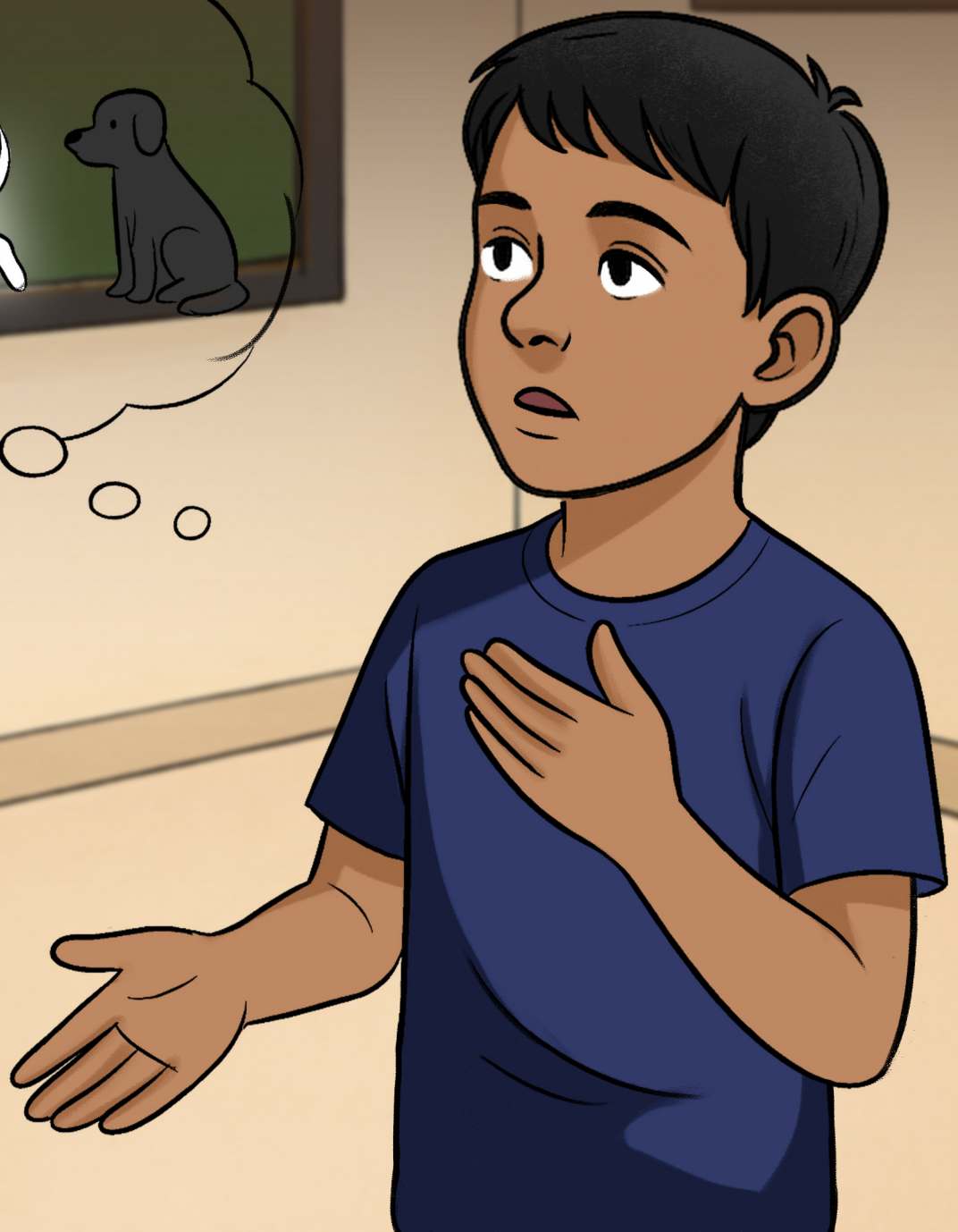
Though body does all the activities it does not know what it is doing. It is the soul which knows what you are doing.



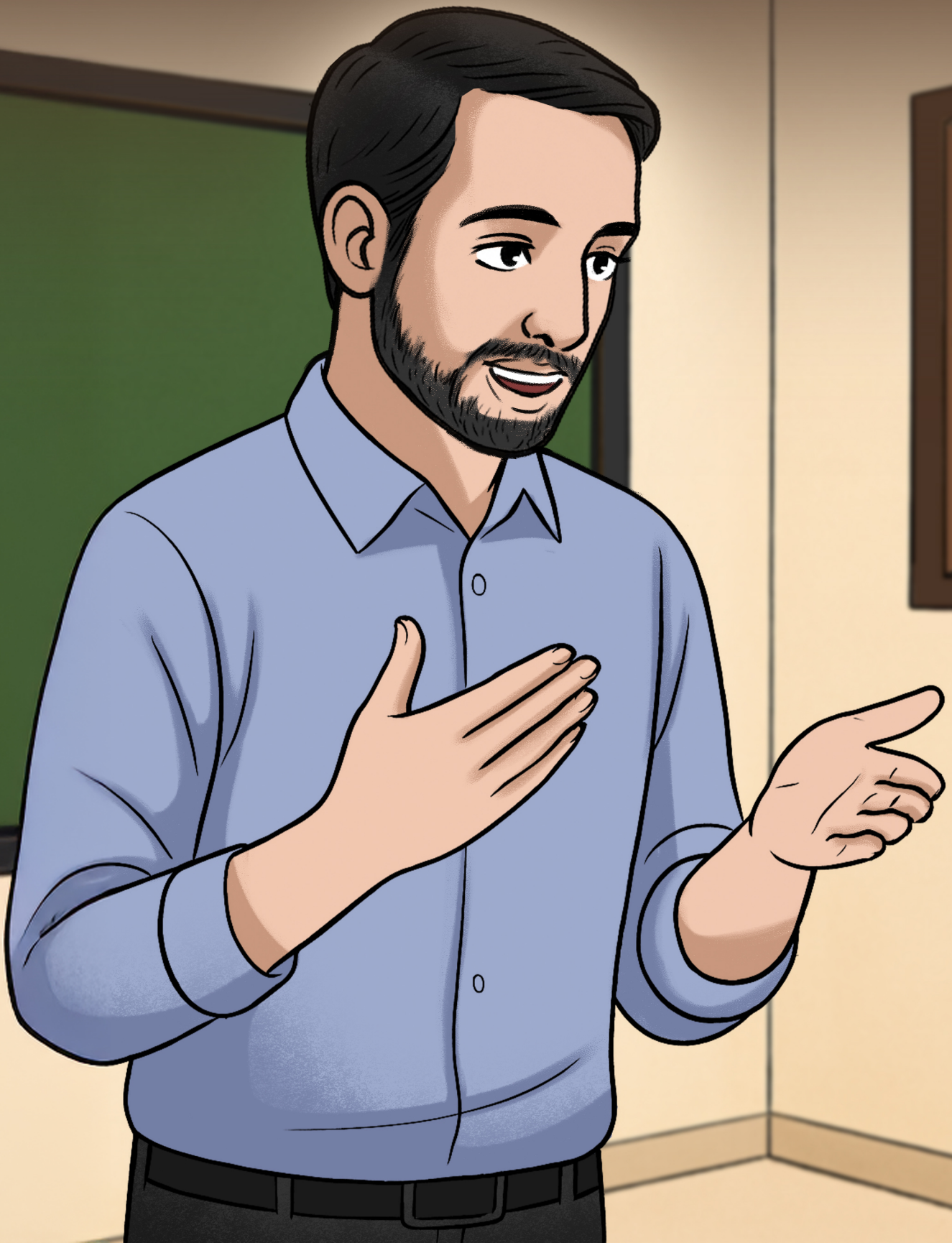
While soul is in the body we can see it eating, talking, running, etc. But if soul leaves it can not do any of those things. That body is called dead body.



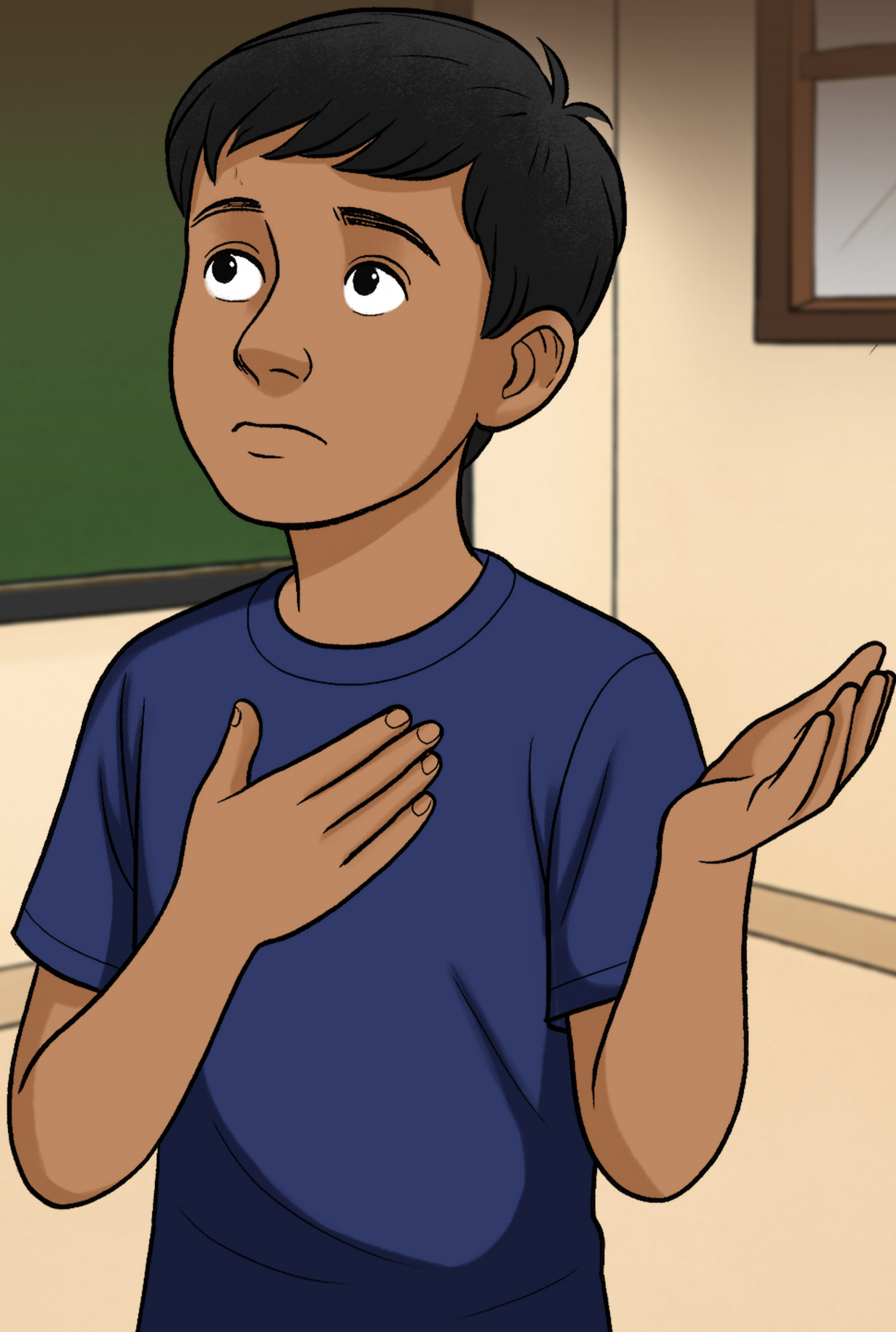
My friend told me last week that his dog died. Does that mean that soul left from that dog? Is it? Is it because of that it can not jump or bark?



Yes.



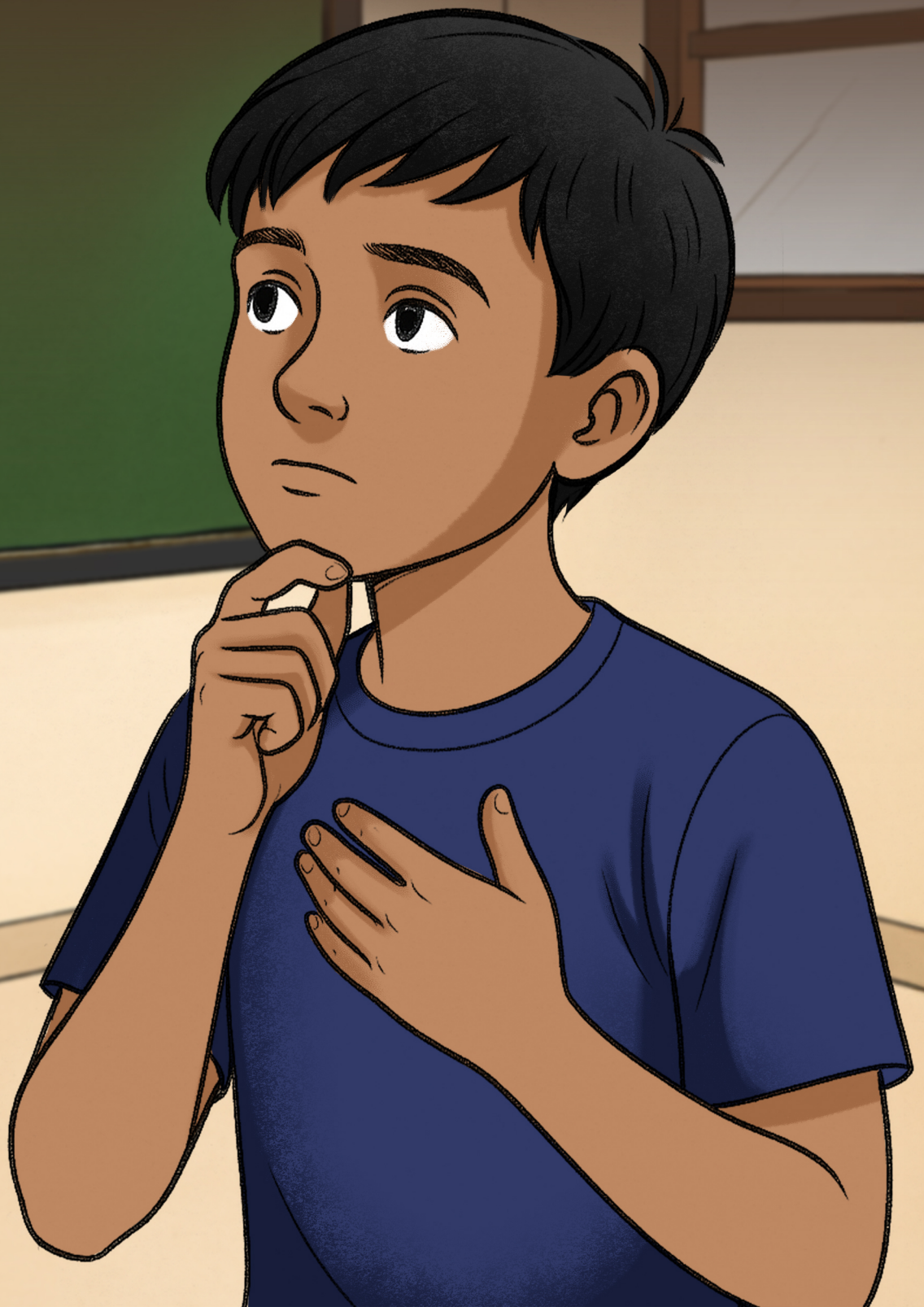
Where did soul
of the dog go?



Soul of that dog left and will
live in some other
form of a body.



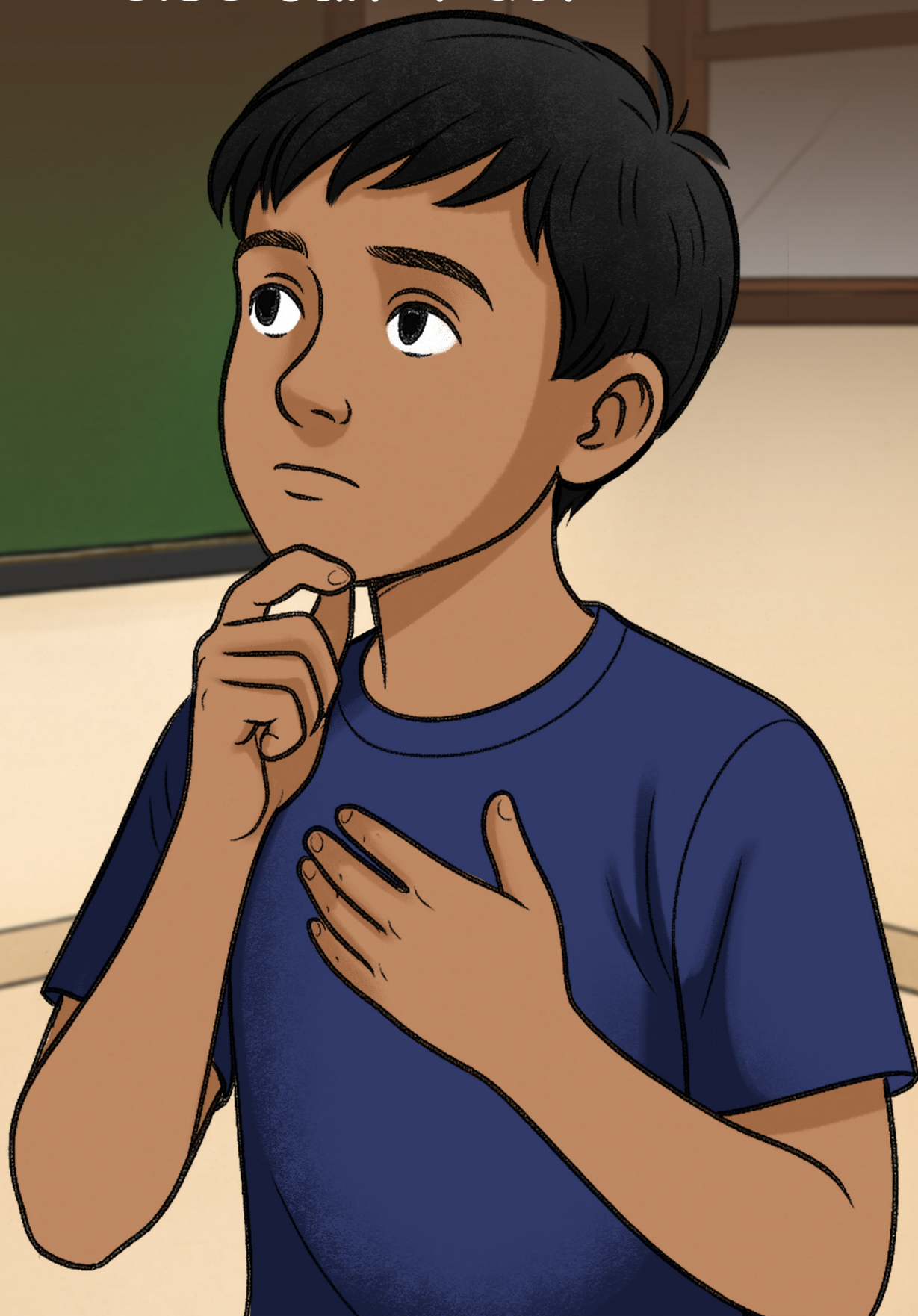
Does soul start living in a different body right away or it takes a few days to start a new life?



Soul does not wait a few days but within a less of second it resides in a different body.



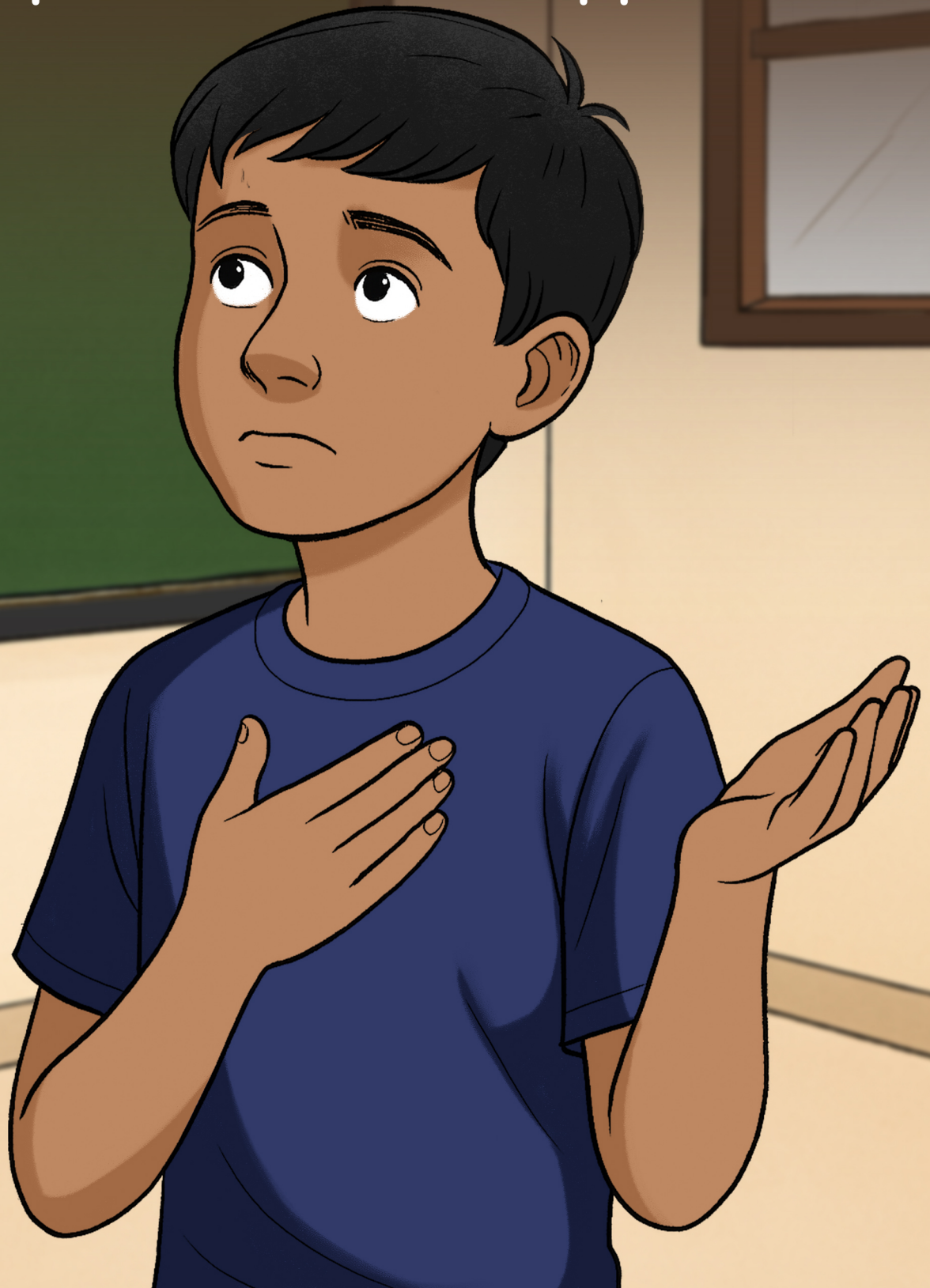
You said soul knows what
we are doing. What
else can it do?



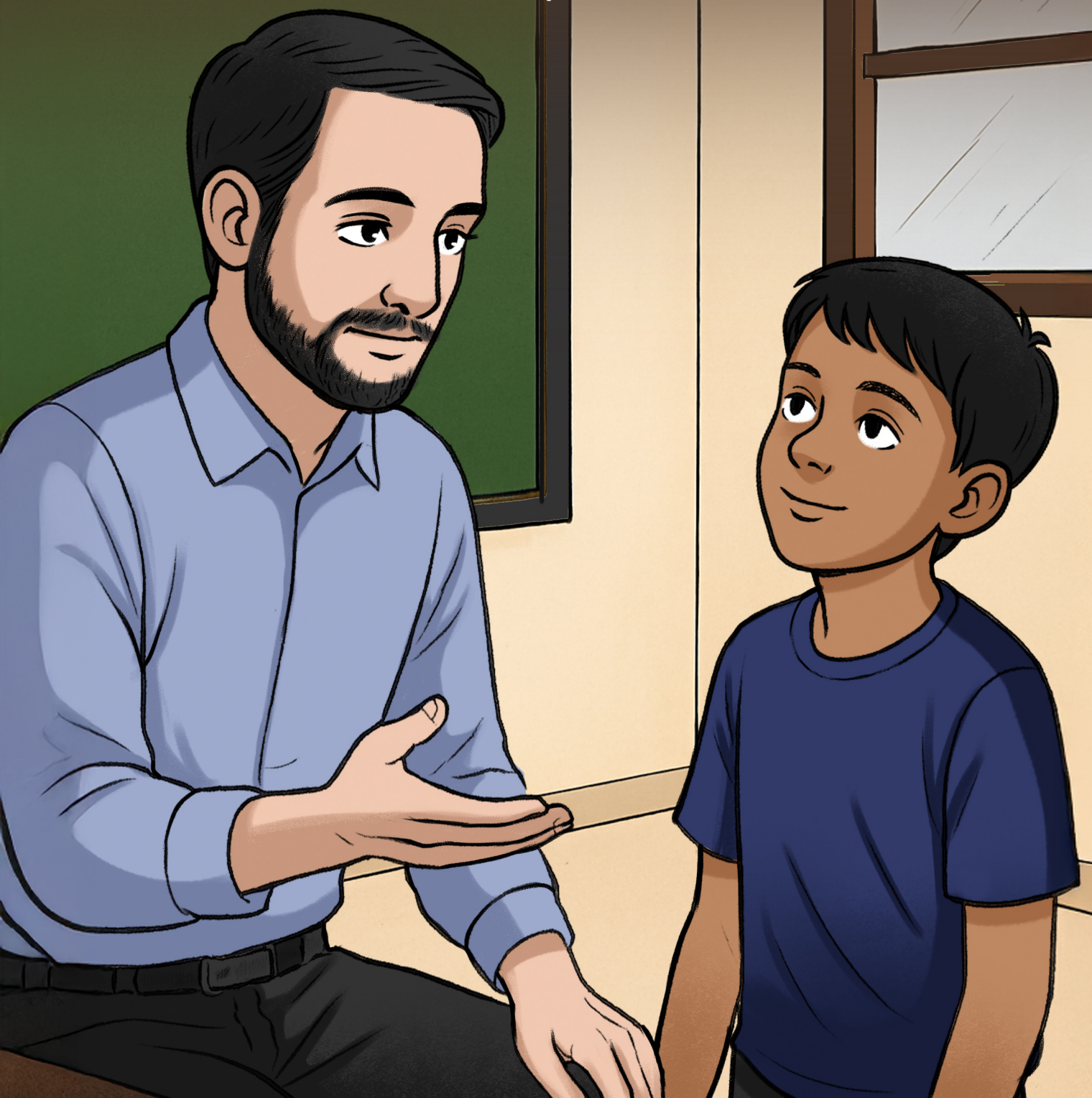
No, Pure Soul can know and
perceive every thing. It has
infinite power. Soul lives
in total happiness



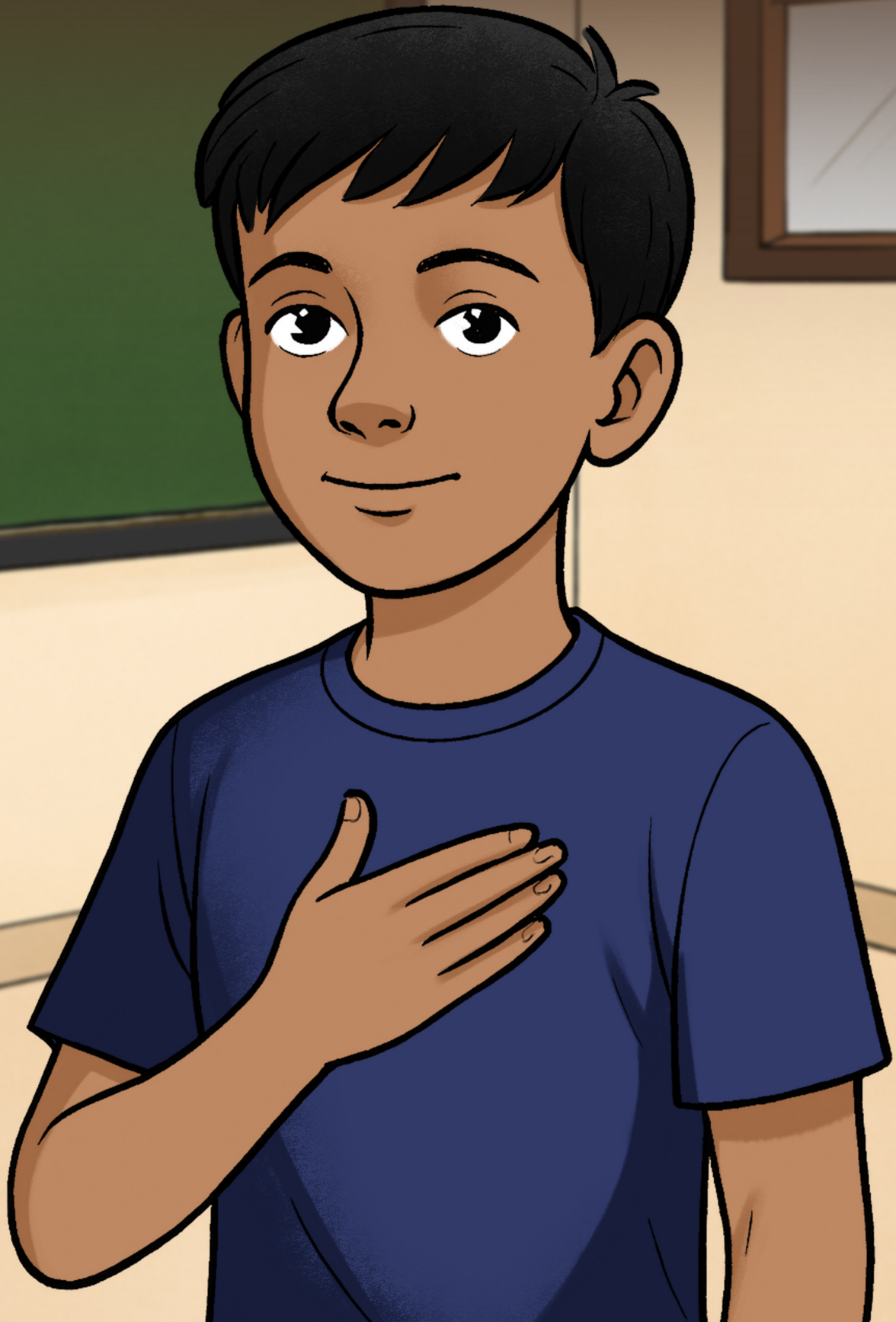
We are happy at times and unhappy other time. So does soul have these states of happiness and unhappiness?



No, pure soul does not have
a state of any unhappiness.
Its happiness (called bliss)
is undisturbed and it is
there forever.



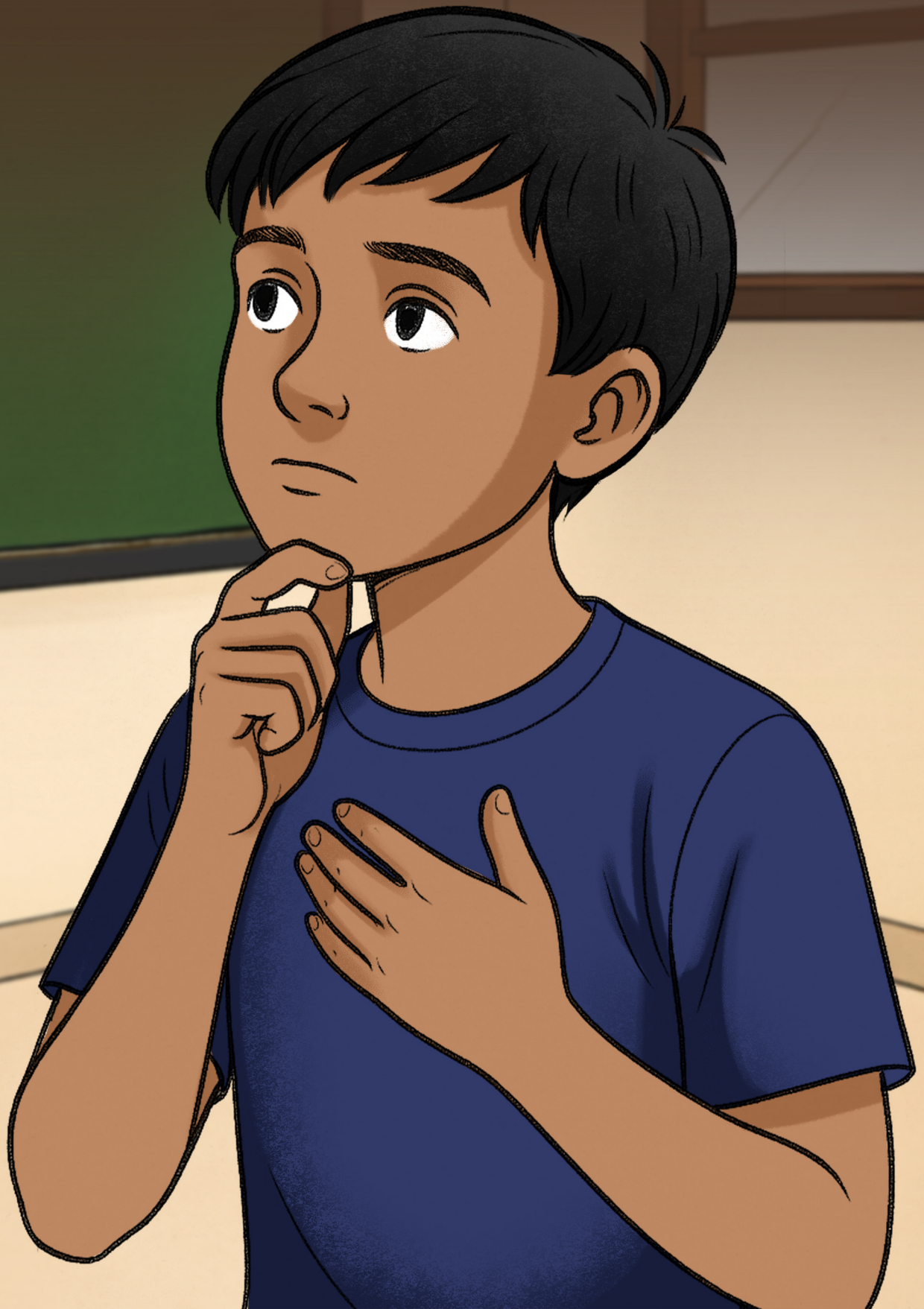
I will like to achieve this
happiness state. How
can I do that?



All of us have ability to
reach to that stage but
we have work at it.



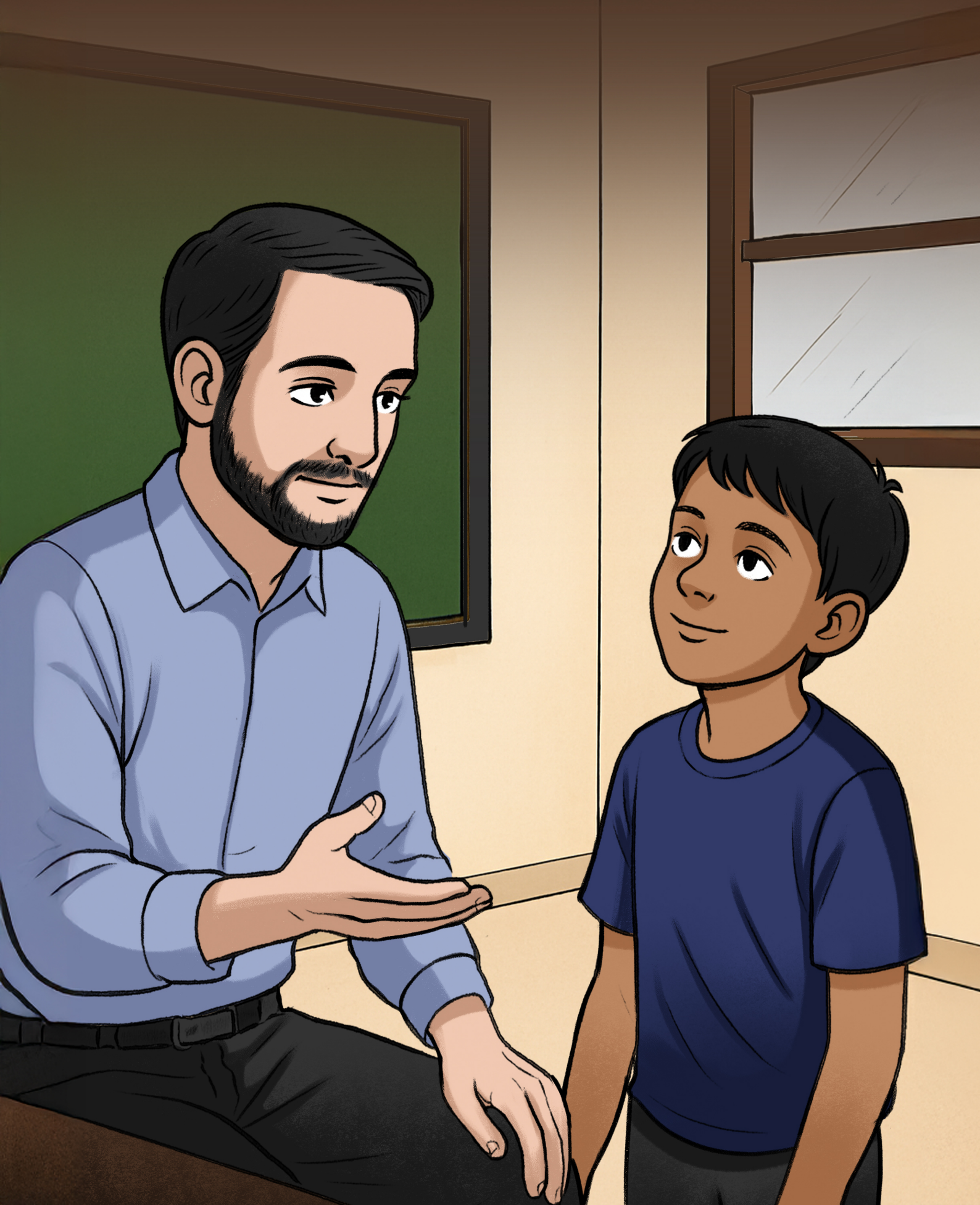
What kind of work I should
be doing to get there?



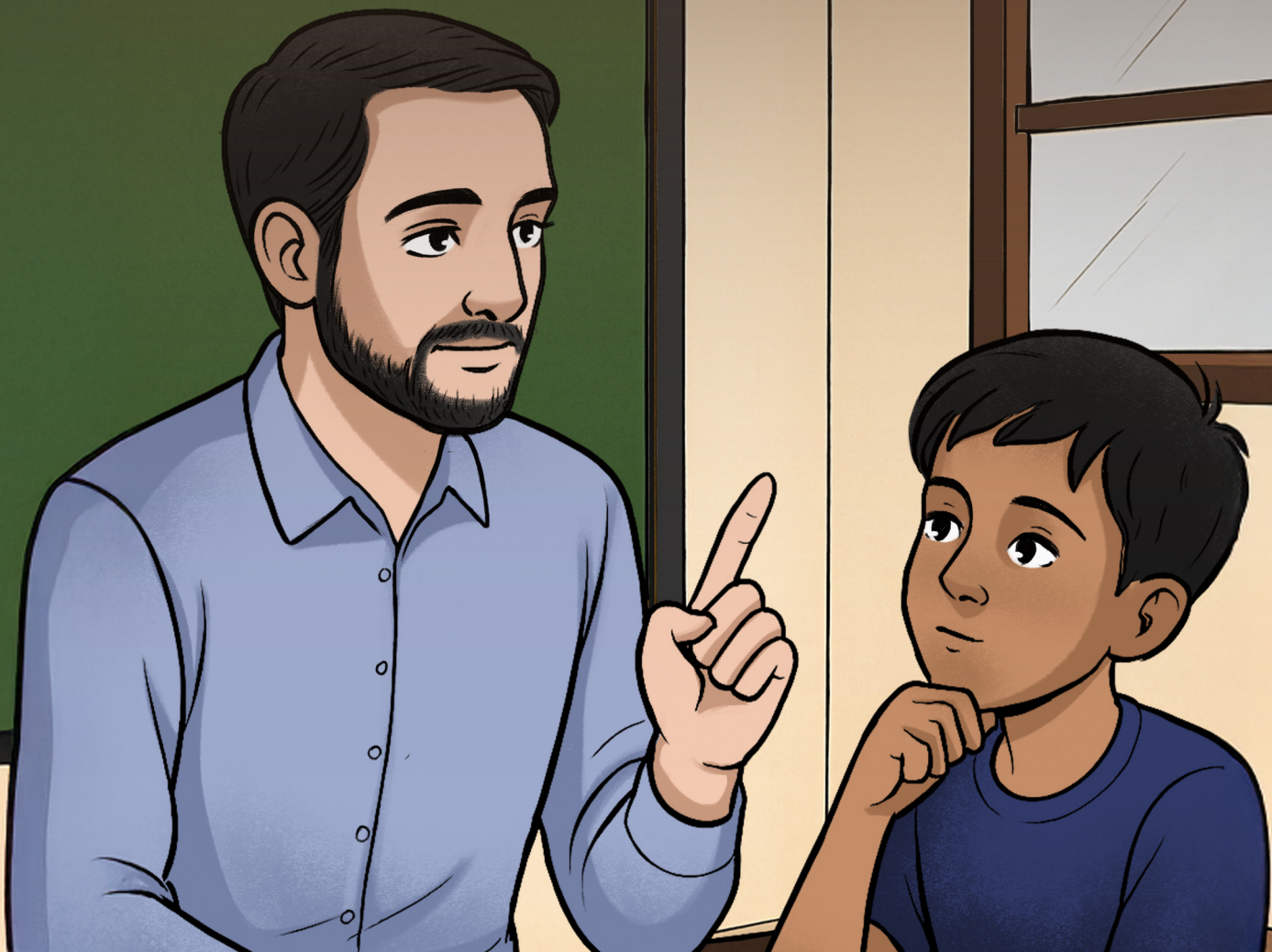
We will have to follow the
path (road) shown by
Tirthankara Bhagwan.



What is that path?



We will discuss that path in our next class. But for the time being remember that our body and soul are not same but are two different things and we need to follow teachings of Tirthankara Bhagwan to make ourselves blissful.



Yes sir. I will eagerly wait
to learn more in next class.

