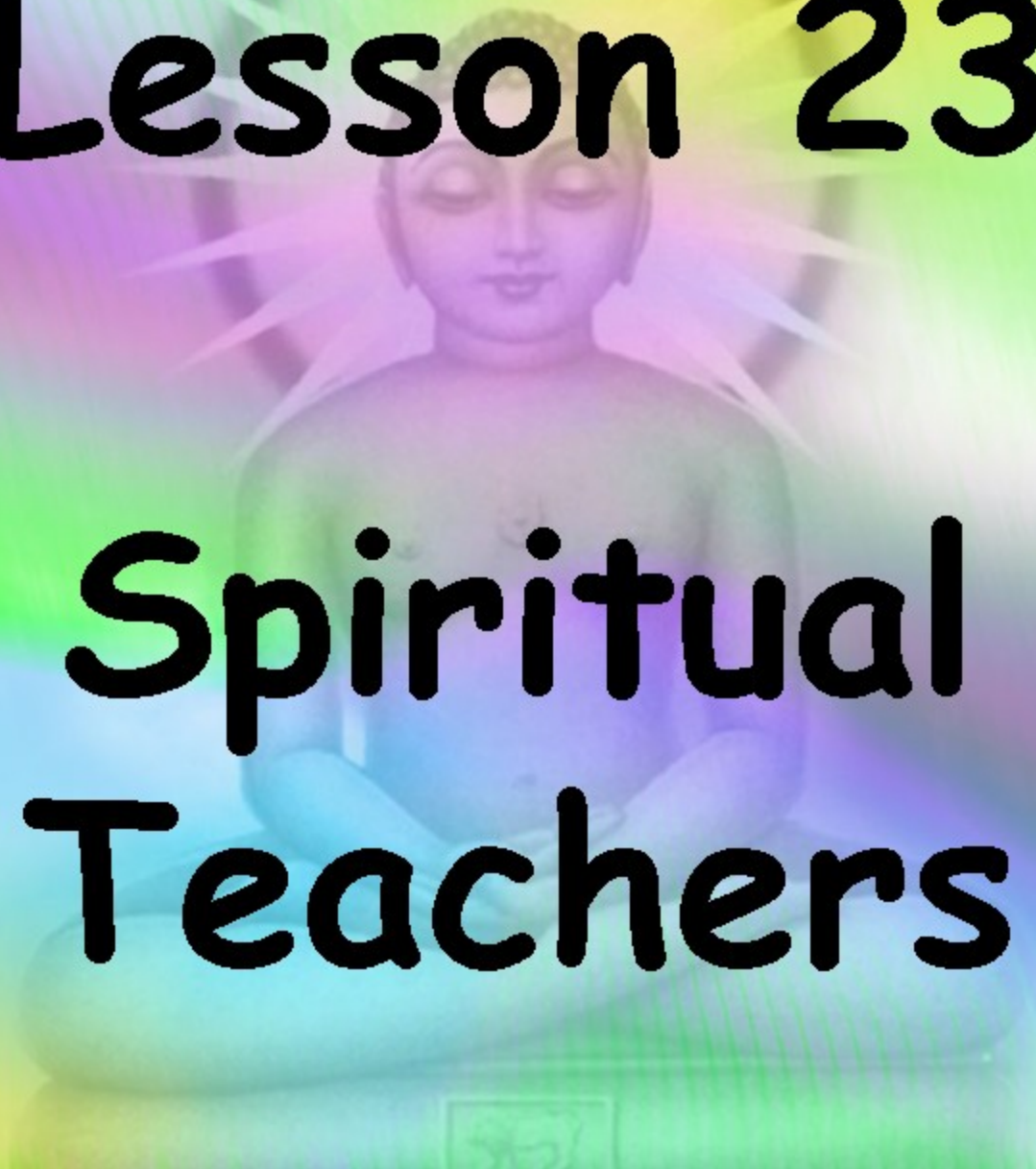


# Lesson 23

# Spiritual Teachers



Jain  
sādhus  
and  
sādhis  
are our  
spiritual  
teachers.





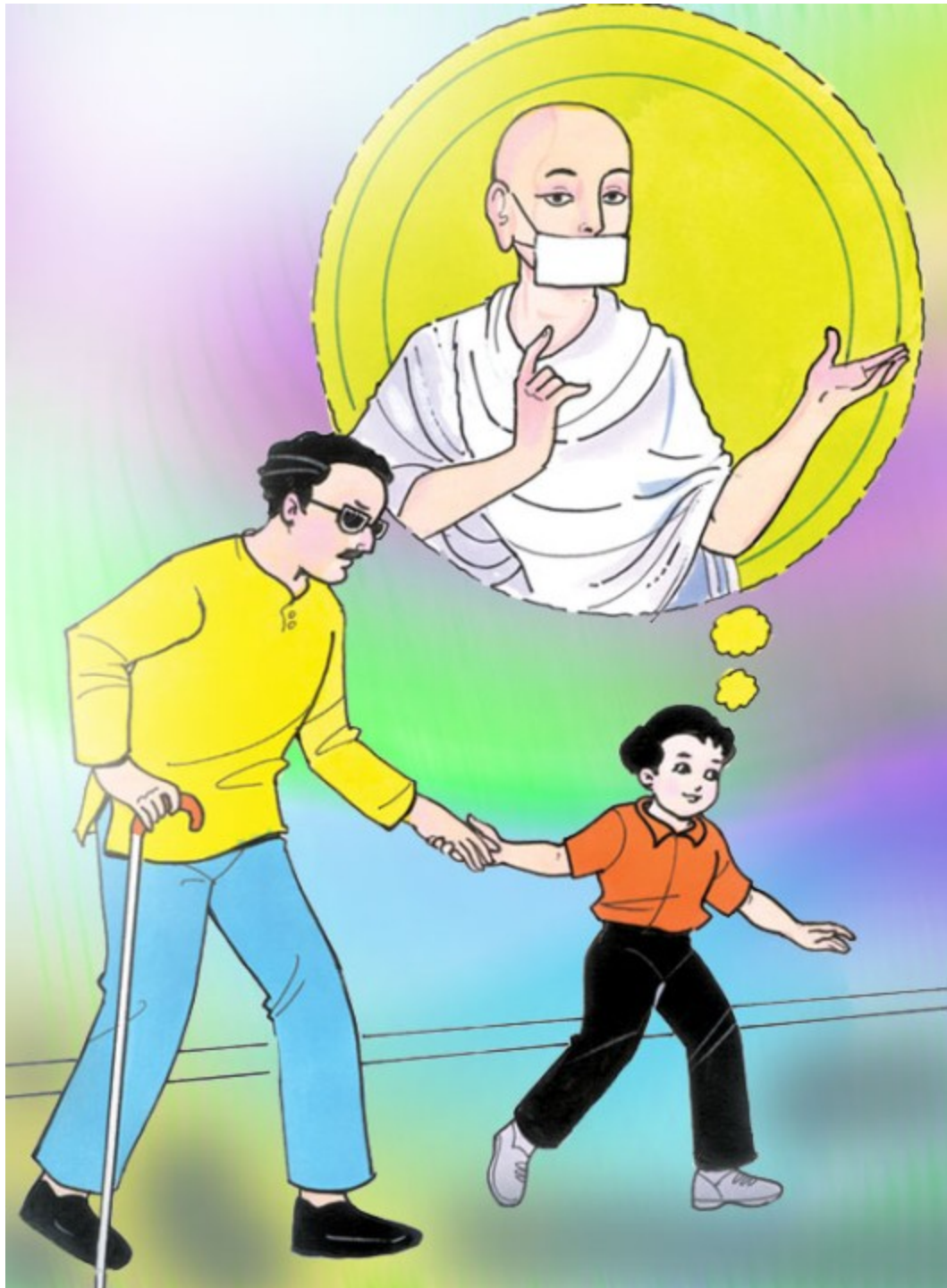
They  
teach us  
about  
religion  
and





how we can  
be more  
religious  
and be  
spiritual in  
our life.





They also  
teach us how  
we can be  
useful to  
others and live  
happily  
together.



Teacher:  
Payal, have  
you seen  
sādhus or  
sādhis?



Payal: Yes I have seen them because we go for their darshan in upashray with my parents

Shila:  
I have seen them  
coming to our  
house.



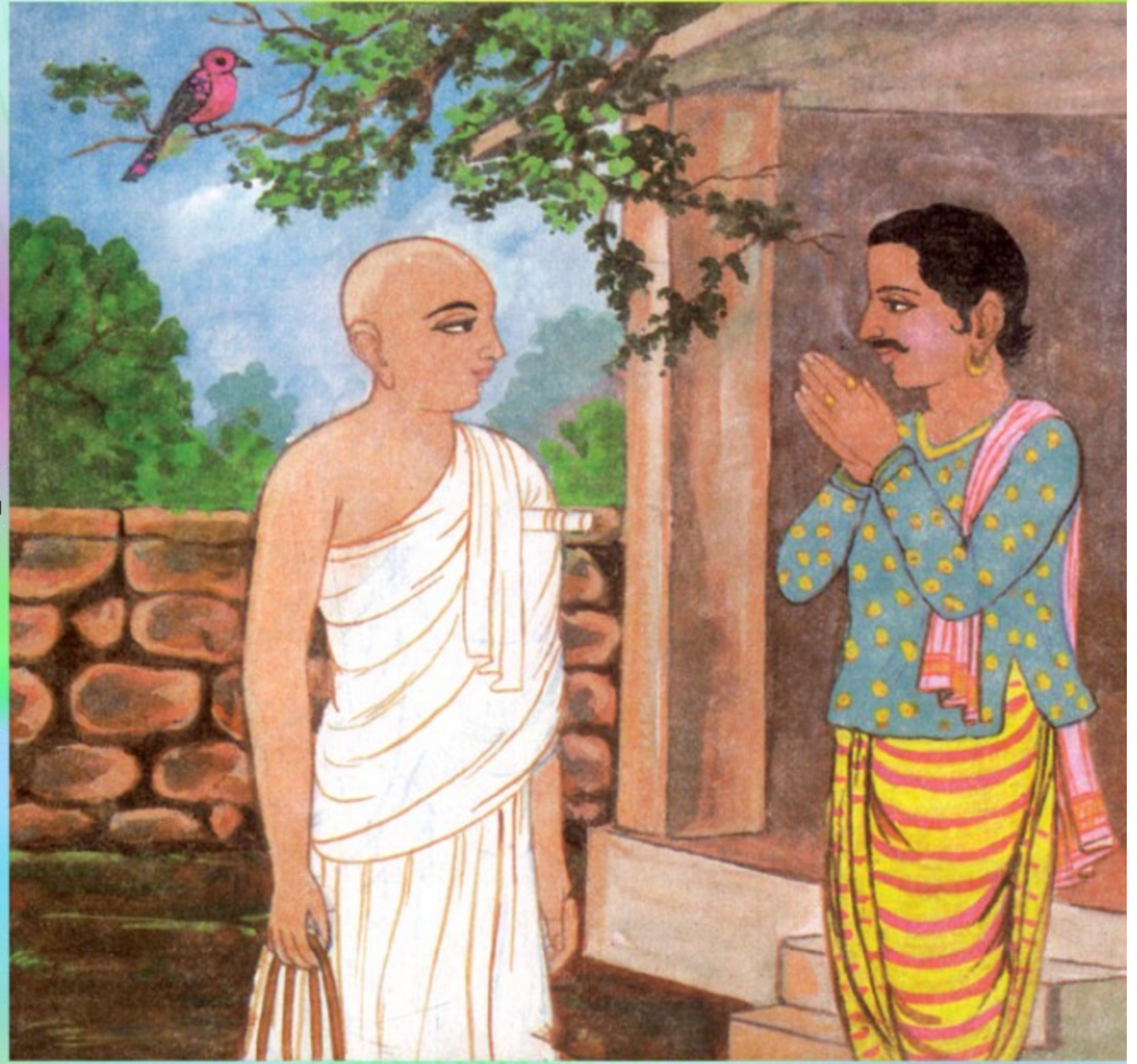
Can you  
tell us  
more  
about our  
spiritual  
teachers?

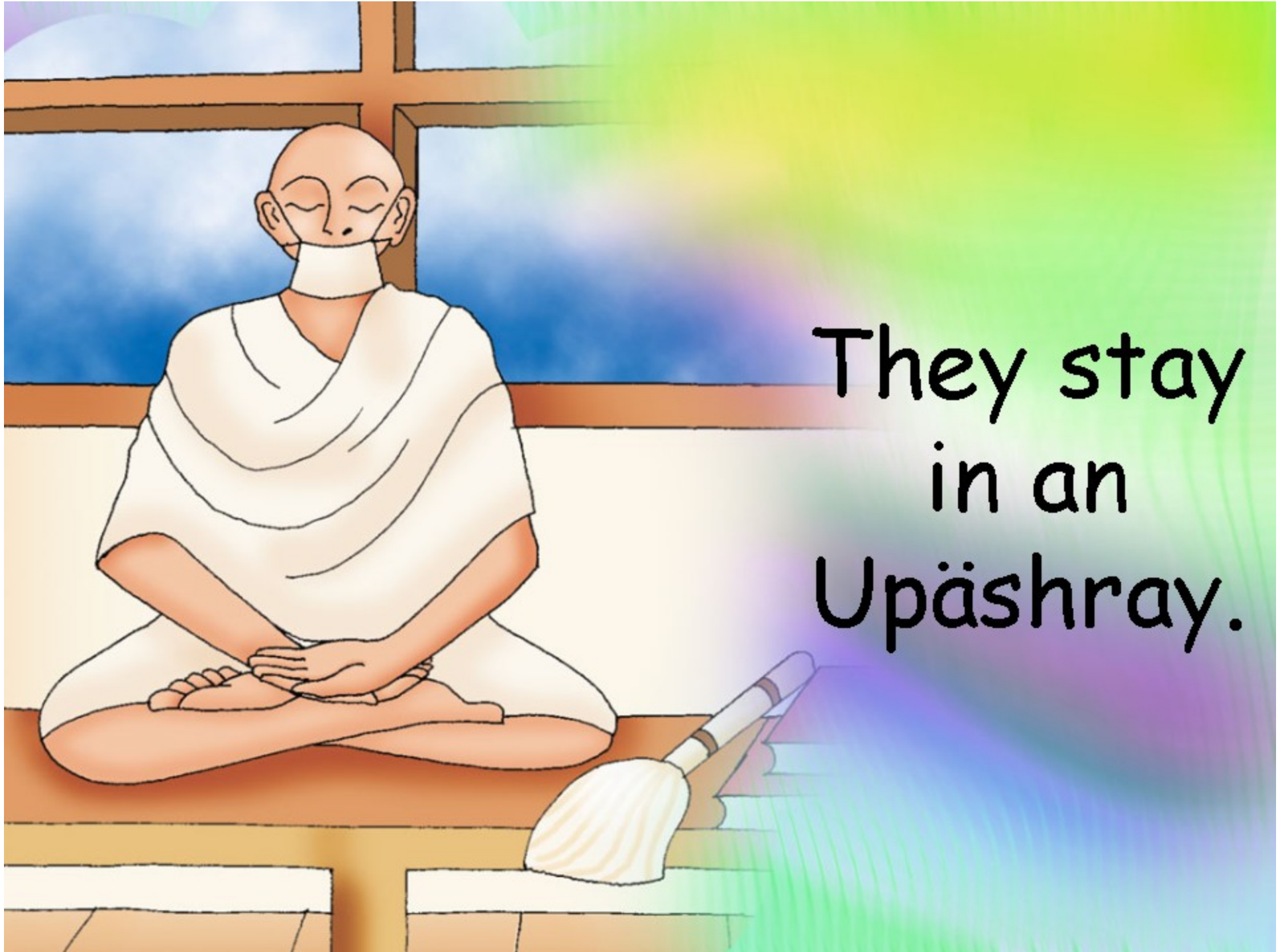




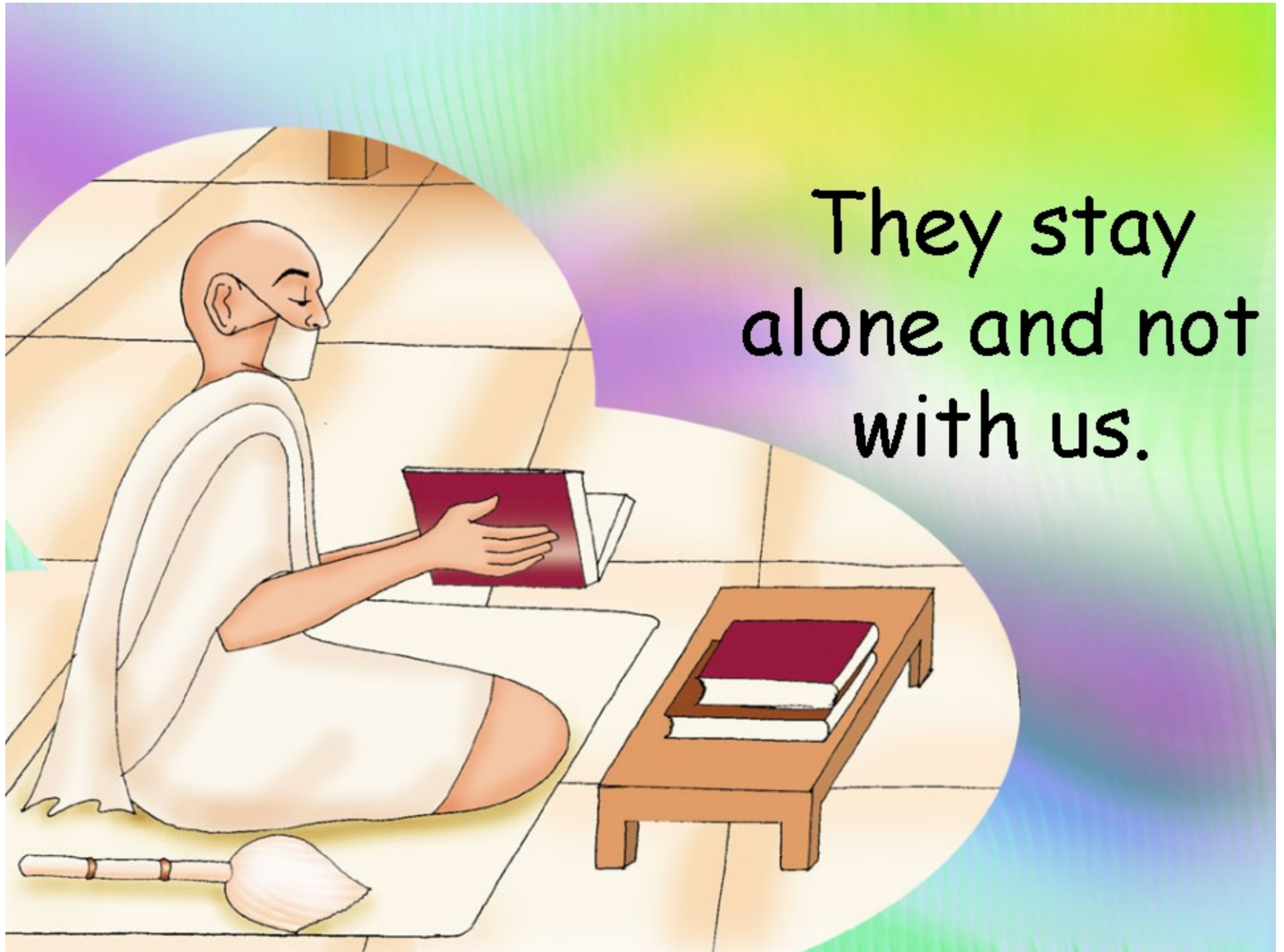
Teacher:  
Yes.  
The  
spiritual  
teachers  
are our  
sādhus  
and  
sādhuvis.

You all  
might  
have seen  
them in  
different  
places.





They stay  
in an  
Upāshray.



They stay  
alone and not  
with us.

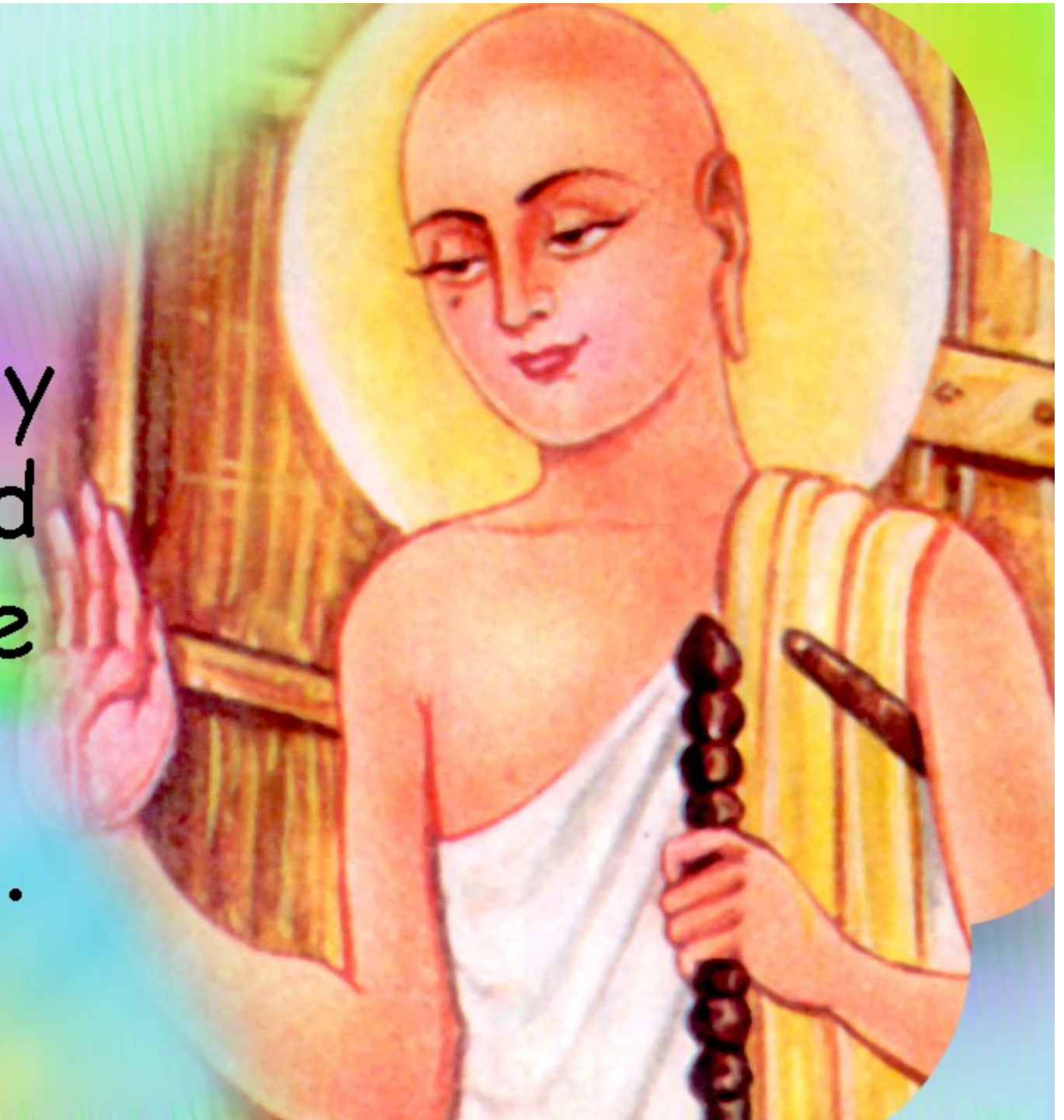
This way  
they are  
different  
from us.

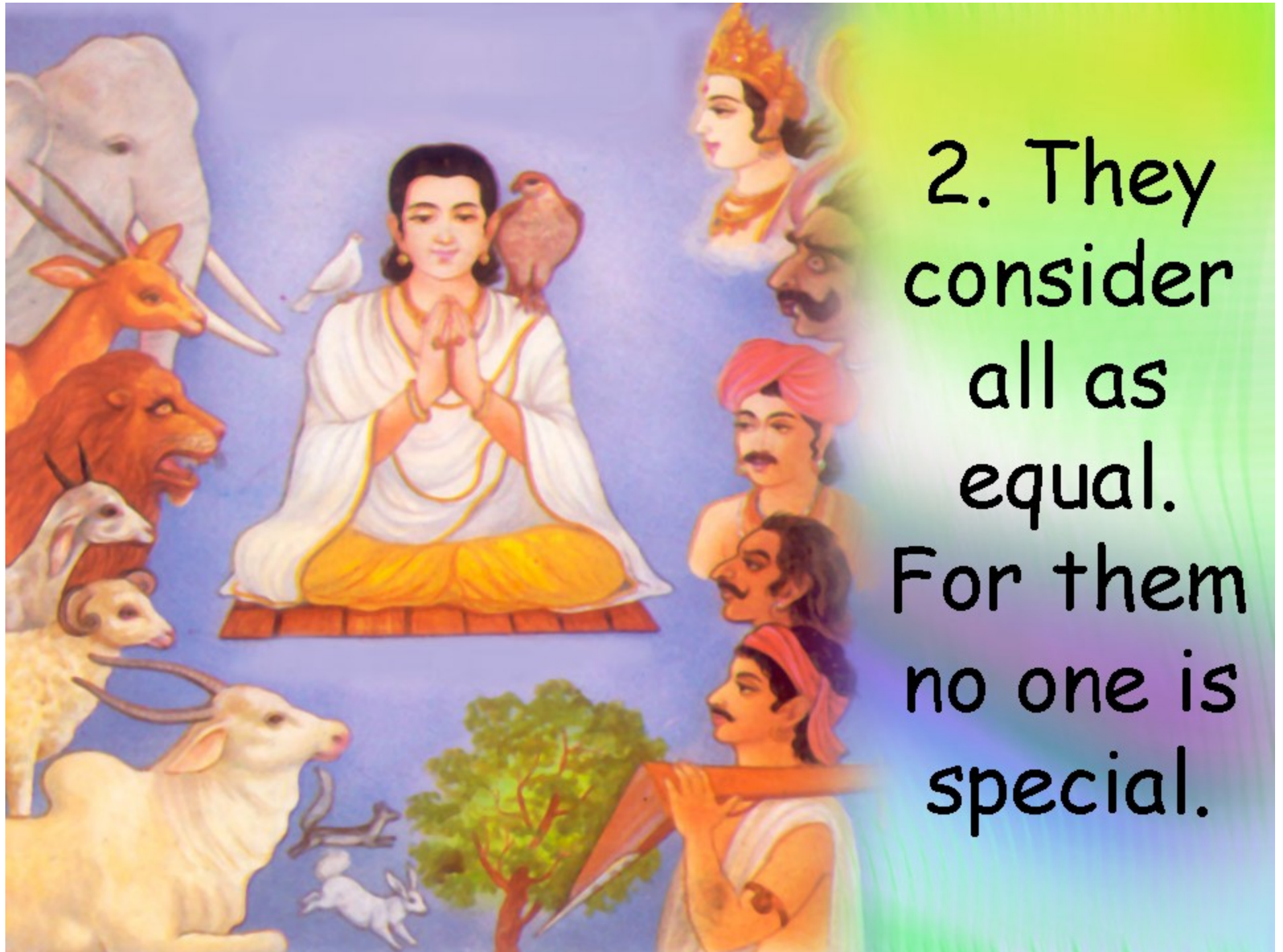




Some of  
the  
special  
things  
about  
them  
are:

1. They  
speak only  
truth and  
do not lie  
about  
anything.





2. They consider all as equal. For them no one is special.



3. They  
take  
things,  
which are  
given to  
them.

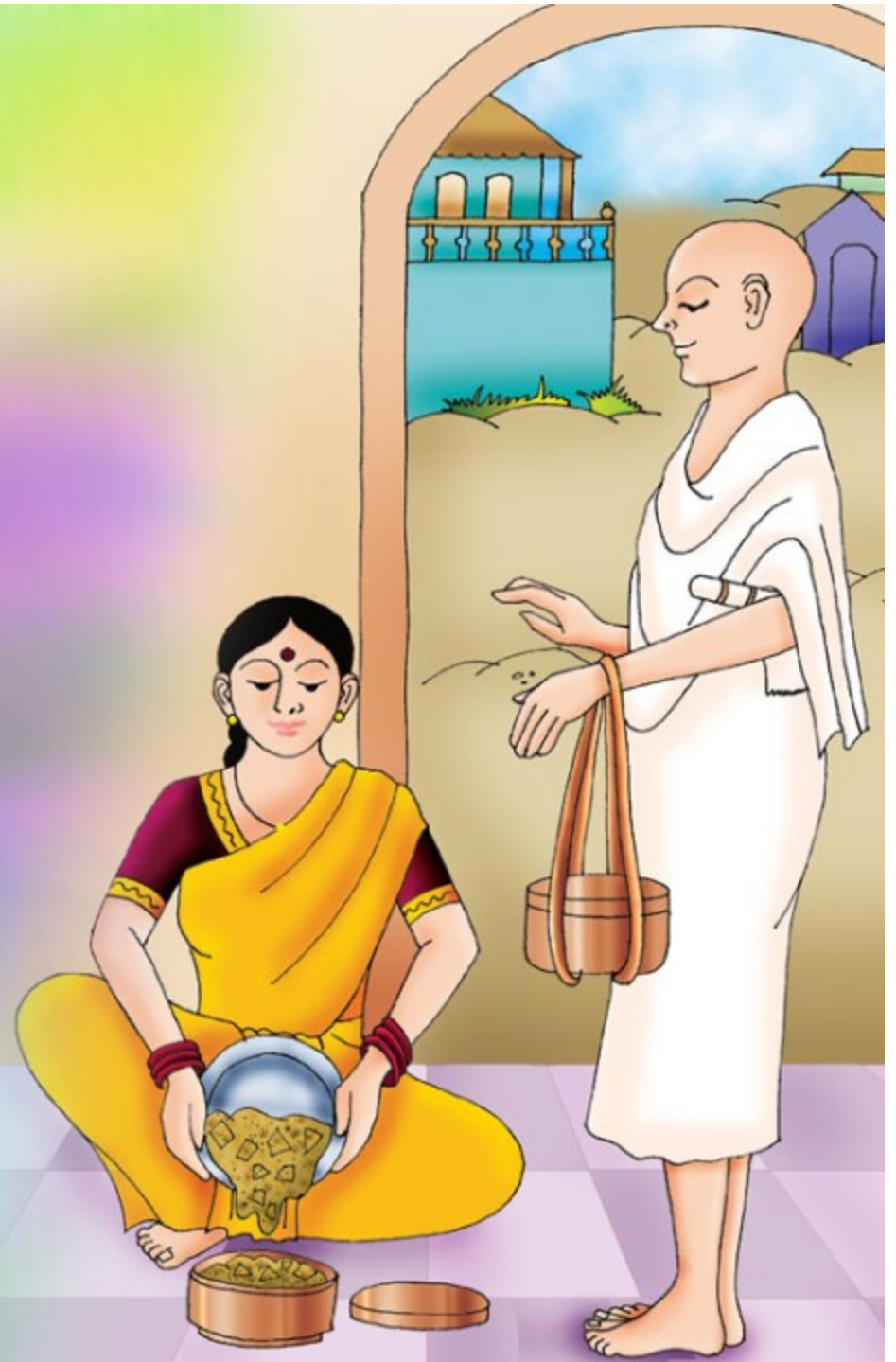


4. They control their desires, and do not want anything beyond their requirement

5. For them all people are special.  
They feel the same love for everyone  
who comes to them.



6. They keep only things, which are needed for daily use.





7. They do not wear shoes.



They walk bare feet and watch where they put their feet to be sure no insect is hurt.



8. They accept only the right food for their need.