



**PREVENTIVE HEALTH BENEFITS 2018 – 19**

Effective 12/18/2018 – These benefits are fully compliant with the Affordable Care Act (ACA).

**Well exam**

**Men** – One per year

**Women** – One per year with family physician, one per year with OB/GYN, if needed

**Childhood immunizations\***

Vaccine	Age >	Birth	1 month	2 months	3 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years	7-10 years	11-12 years	13-18 years
Diphtheria, tetanus, pertussis				DTap	DTap	DTap		DTap				DTap			Tdap
Human papillomavirus															HPV 2 – 3 doses
Meningococcal												MCV			
Influenza						Influenza (yearly)									
Pneumococcal				PCV	PCV	PCV	PCV					PPSV			
Hepatitis A							Hep A 2 doses				Hep A series				
Hepatitis B		Hep B	Hep B			Hep B							Hep B series		
Hepatitis AB						Hep AB									
Inactivated poliovirus				IPV	IPV	IPV						IPV			
Measles, mumps, rubella							MMR					MMR			
Varicella							Varicella					Varicella			
Rotavirus				RV	RV	RV									
Haemophilus influenzae Type B				HIB	HIB	HIB	HIB								

**Note:** Preferred age for vaccine is indicated where specific vaccine is listed in colored box.

\***Gray box with writing** – Specific service is covered at 100 percent and is recommended at that specific time period.

**Gray box without writing** – Specific service is covered at 100 percent.

**White box** – Service will not be covered at 100 percent. The service falls outside the parameters of when the service is covered under preventive health benefits.



**PREVENTIVE HEALTH BENEFITS 2018 – 19, CONTINUED**

<b>Services for children</b>			
<ul style="list-style-type: none"> <li>▪ Gonorrhea preventive medication for eyes</li> <li>▪ Hearing screening</li> <li>▪ Hemoglobinopathies (sickle cell)</li> <li>▪ Congenital hypothyroidism phenylketonuria (PKU)</li> </ul>	Newborns	Developmental/behavioral assessment/depression	All ages
Fluoride supplementation	Children without fluoride in water source	Hematocrit or hemoglobin screening	All ages
Iron supplementation	6 – 12 months at high risk	Lead screening	For children at risk of exposure
STI screening	For children at high risk for STIs	Blood pressure screenings	All ages
Hepatitis B screening	For children at high risk for Hepatitis B	Alcohol, tobacco and drug use assessment	Adolescents
Obesity screening	All ages	Autism screening	Children 18 – 32 months
HIV screening	For children at high risk for HIV	Tuberculin testing	For children at high risk of tuberculosis
Visual acuity	All ages	Dyslipidemia screening	Children at risk of lipid disorders, and once between ages 1 – 4 plus once between ages 17 – 21
Oral health risk screening	During preventive health benefit visit	Height, weight and body mass index measurements	Through age 17
Urinalysis	4 – 6 years and 12 – 16 years	Medical history	All children throughout development



**PREVENTIVE HEALTH BENEFITS 2018 – 19, CONTINUED**

<b>Services for pregnant women</b>	
Bacteriuria	Lab test
Hepatitis B	Lab test
Iron deficiency anemia screening	Lab test
Gestational diabetes screening (between 24 and 28 weeks)	Lab test
Rh incompatibility	Lab test
Syphilis screening	Lab test
Breastfeeding interventions	Counseling, support and supplies
Nicotine	Counseling
Folic acid	Women capable of becoming pregnant
Anemia screening	Women capable of becoming pregnant

<b>Services for all women</b>	
Domestic violence screening and counseling	Annually
Contraceptive methods	Covered unless religious exemption applies
Maternal depression screening	Post partum women
Cervical dysplasia screening	Sexually active females
Cervical cancer screening	Every three years for age 21 and over
Mammogram	Baseline women – once between 35 – 40
Mammogram	Yearly for women over 40 or as appropriate with family history



**PREVENTIVE HEALTH BENEFITS, CONTINUED**

Adult immunizations		Adult labs		Adult procedures/services	
Tetanus, diphtheria, pertussis	Every 10 years after age 18	Lipid panel	Yearly	Bone density scan	Every 3 years – age 60 or older
Human papillomavirus	To age 26	Total serum cholesterol	Yearly	Mammogram	Baseline for women – once between 35 – 40
Meningococcal	To age 55	PSA, men over 50	Yearly	Mammogram	Yearly for women over 40 or as appropriate with family history
Influenza	Yearly	Pap smear/Thin prep pap test for women	Yearly	BRCA (letter of medical necessity required)	Women genetically at high risk of breast cancer
Pneumococcal 23	Age 18 and over	Fecal occult testing	Yearly	Colonoscopy	Every 10 years after age 50 or as appropriate with family history
Hepatitis A	All ages	FBS (Fasting Blood Sugar)	Yearly	Abdominal ultrasound	For men who have smoked – one time between ages 65 – 75
Hepatitis B	All ages	Hgb A1C	Yearly	Tuberculosis screening	Yearly
Hepatitis AB	Ages 18–25	HIV testing	Yearly	Lung cancer screening	For ages 55 – 80 who currently smoke or have quit smoking within the past 15 years
Shingles	Two doses after age 50	Human papillomavirus DNA testing	Every 3 years beginning at age 30	Urinary Incontinence Screening	Yearly
*Measles, mumps and rubella	Once after age 19 (up to two vaccinations per lifetime)	Syphilis screening	Yearly		
HPV	Once up to age 26	Chlamydia infection screening	Yearly		
Varicella	Two doses for adults who have never had a Varicella infection or vaccination	Gonorrhea screening	Yearly		
Hepatitis C antibody	Once for people born between 1945 – 1965	Vitamin D	Yearly		
Prevnar-13	Children age 6 weeks – 5 years Adults age 50 and over				



## PREVENTIVE HEALTH BENEFITS, CONTINUED

### **It is recommended that a preventive health visit include screenings for:**

- Depression
- Obesity
- Blood pressure
- Alcohol misuse
- Sexually transmitted infections
- Healthy diet
- Tobacco use
- Breast cancer chemoprevention for women at high risk
- Developmental/behavioral assessment/autism
- Cholesterol

### **Counseling services**

- Obesity
- Alcohol misuse
- Tobacco use
- Healthy diet
- Sexually transmitted infections
- HIV

Please note that your physician may recommend additional tests or screenings not included in this benefit. Routine screenings that are not listed in this brochure are generally not covered, and you may be financially responsible for those charges.

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