

Plant Identification Card 1

I have tiny, round leaves.

In the summer I have red berries that you can eat.

Native American Uses

They ate the berries.

They picked the berries with a comb or shook them over a blanket or mat.

The tea from the bark cured colds.

Plant Identification Card 2

I have medium sized leaves. The leaves are round and smooth. The branches are hard.

Native American Uses

They ate the berries.

They dried the berries and made them into cakes.

They chewed the leaves and spat them onto burns to help the burns heal.

The tea made from the leaves cured coughs.

Plant Identification Card 3

I have large leaves that come to a point at the top.

If you turn my leaf upside down, it looks like a heart.

Sometimes my leaves smell like a skunk.

Native American Uses

They cooked and ate the roots.

They rolled the large leaves into a cup for drinking or picking berries.

They warmed leaves to help with chest pains.

Plant Identification Card 4

I have one, long stem with many long leaves sticking out. The little leaves are also long and pointed.

Native American Uses

They used leaves to line the cooking pit.

They slept on leaves piled together.

They chewed new leaves to help cure sore throats.

Plant Identification Card 5

I have one long stem with many short stems sticking out. There are many little leaves sticking out of the short stems.

Native American Uses

They used the to make camp beds.

When they were cleaning fish to eat, they put the fish on these leaves.

Plant Identification Card 6

I have thick, flat needles. My bark is Red and peels off in strips.

Native American Uses

They used the wood and bark to make canoes, houses, boxes, clothing, hats, blankets, dishes, spears, masks, rattles, cradles, combs, paddles, and totem poles.

This is one of the most important trees the Native Americans in Issaquah used.

Plant Identification Card 7

I have oval shaped leaves with a point at the top.

The edges of my leaves are jagged.

In the summer I have nuts that you can eat.

In the winter, my leaves fall off.

Native American Uses

They ate the nuts from this plant.

Sometimes they traded the nuts with other Native Americans that lived in other parts of the area.

They twisted the long shoots into rope.

Plant Identification Card 8

I have big leaves with many points.

My leaves are wide and long.

Native American Uses

They used this plant to help with stomach problems, colds, fever, and sickness.

They used this plant as a deodorant, perfume, and baby talc.

They used this plant to make tattoos and face paint.

Plant Identification Card 9

I have a long leaf that has two long tails.

All of the lines on the leaf start in the middle.

My leaf has three points, one on the top and two on the bottom.

Native American Uses

They picked the tubers by wading through the water and kicking the plant up with their feet.

The plants would float to the top of the water.

They baked the tubers that look like potatoes, on hot ashes.

Plant Identification Card 10

I have flat, heart shaped leaves.

The leaves have sharp, jagged edges.

Native American Uses

They used this plant to make fishing nets.

They boiled the roots to make a hair wash.

They rubbed their bodies with the leaves to help a cold, or to stay awake through the night.

Plant Identification Card 11

I have a long stem with many leaves.

The leaves have very sharp, prickly edges.

My leaves are thick.

Native American Uses

They used the bark from the stems and roots to make a yellow dye for baskets.

They used this plant to make a medicine for eye problems.

They gargled tea made from the roots to help cure sore throats.

Plant Identification Card 12

I have round, flat leaves.

My leaves have many lines on them from the center out to the edges.

Native American Uses

They used the wood from this tree to make bowls, masks and rattles.

They made red and orange dye from the bark.

A medicine from the bark helped with breathing problems.

Plant Identification Card 13

I have big, flat leaves.

My leaves have three big tips and two small tips.

In the fall, my leaves turn red, yellow, orange and brown.

Native American Uses

They used the wood from this tree to make dishes, bowls, spoons, art, and canoe paddles.

They cooked salmon on the wood from this tree.

They made rope from the bark.

Plant Identification Card 14

I have very long, thin leaves.

I have a fluffy, brown top that can be blown off in the wind.

I like to live near the water.

Native American Uses

They used the leaves to make mats and baskets.

They boiled part of this plant, and ate it like corn on the cob.

They ate the roots and new leaves.

They used the soft fluff as padding for diapers.

Plant Identification Card 15

I am a thick, light green moss.

I am very soft.

I like to grow on rocks and trees.

Native American Uses

They used this for baby diapers.

This could be washed, dried and used over and over.