

What you will get from your online Iridology Assessment?

- A detailed assessment of your health priorities and the organ systems that need the most nourishment, support or perhaps even detoxification.
- The determination as to your stomach's PH and the overall body's PH.
- Detailed food list to assist your body
- Nicole's Colon Health Protocol \$97 Value
- Nicole's Candida Protocol \$197 Value
- Supplements and Diet Recommendations
- Lifestyle Enhancing Recommendations
- Treatment Recommendations
- Emotional Factors Affecting your Overall health (yes, they do show up in the eyes)
- Recommendations and/or Access to Professional Line Supplements only

Instructions:

Taking an acceptable iris photo (note the Iris is the entire coloured circle surrounding the pupil)

- Always best to use a digital camera on a tripod – no motion
- Can try a new version smart phone (iPhone 4, 5 or Samsung Galaxy) high resolution; not as good as digital camera for clear photos of the iris fibres
- Set to macro setting
- Have flash on and red-eye reduction on
- Zoom in as much as you can, without losing quality.
- Use indoor lighting; daytime
- Stand sideways to a window so as not to get a glare in the iris
- Auto focus may need time to adjust or you may wish to shut off if possible
- Better to be 6 or so inches away and then be able to zoom in; otherwise if too close, it will be blurry
- Use finger and thumb to sweep open and away, the eyelids from the iris (the whites of the eye need to be showing)
- Look straight on so the iris is not angled
- Best to have the whites of eyes showing above and below iris, with no shadows from the lashes
- Take 3-4 pictures of one eye and then the other

Final Product

- Check view finder and zoom in to see if the entire iris is clear with whites all around the iris and no shadows
- Be sure there is no glare, a small light/flash in/over the pupil (black centre of eye) is ok; if not on the iris portion
- Cropping the photo reduces file size; but don't worry if you can't get it.
- Send the photos of each eye in 1 or 2 emails
- Place your full name – Iris Assessment in the subject line.
- Please note you will receive full Assessment 48 hours upon my Receiving Iris Photos

Samples of Acceptable Photos/ Unacceptable Photos



Acceptable Photo

- The whites of the eyes are visible above/below and around the iris. Picture is clear with no glare with only a small reflection of the flash in the pupil.



Unacceptable Photo

- The top of the iris is not visible. The whites of the eyes are not visible around the iris. The picture is unfocused and shadowy.

Email me your Iris Photos for Your Health Assessment at eyes@nicoledunn.ca

Disclaimer

Please note that there is no assurance of achieving a desired or specific result in treatment. Although everything possible is done to ensure a positive outcome, each patient responds differently to care. Any claims or testimonials on this site are not to be interpreted as the average patient experience that you should expect.

Your progress in treatment is based on many factors, including your commitment to making lifestyle changes, compliance with suggestions, and adherence to the treatment plan.

By commencing treatment, you agree that our company is not responsible for the success or failure of the treatment outcome.

Iridology does not diagnose specific disease or pregnancy.

Medical Disclaimer

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