

Doing Your Dreams

by Lou Stoops

Many years ago, a man by the name of Napoleon Hill made great ripples with his book, "Think and Grow Rich." It was one of the first self-help books I read as a teenager. It is rightly considered a classic today.

Hill had interviewed some of the most successful people of his day and after many years, managed to compile the insights gleaned from those countless hours of conversation into a single volume. While I don't agree with everything Hill taught, I certainly have benefited from a good many of his findings.

One of the most helpful is his six rules for turning desire into success. These simple rules have the potential to revolutionize your life if you will learn them and then take action.

Thomas Edison was one of Napoleon Hill's friends and a strong supporter of these six rules which were first written as a guide to making money. Edison felt they were beneficial in every area of life.

Arthur DeMoss and David Enlow, authors of the book, "How To Change Your Life In 12 Weeks", developed a paraphrase of Hill's rules, substituting "goals" for "money". Take a moment and really meditate upon them and note the difference they could make in your life.

~ Six Rules For Turning Desire Into Success ~

1. Fix in your mind the specific goal you desire.
It is not sufficient merely to say, "I want to reach some general goal." Be definite as to the particular goal.
2. Determine exactly what you intend to give in return for the goal you desire. (Remember, there is no such reality as "something for nothing.")
3. Establish a definite date to reach the goal you desire.
4. Create a definite plan for carrying out your desire and begin at once, whether you are ready or not, to put this plan into action.
5. Write out a clear, concise statement of the goal you intend to reach. Name the time limit for its attainment, state what you intend to give in exchange, and describe clearly the plan through which you intend to accomplish it.
6. Read your written statement aloud, twice daily, once just before retiring at night and once after arising in the morning. As you read, see and feel and believe that you already have attained the goal.

These rules can serve you well if you will act upon them. Don't delay in turning your desires into success. Why spend your life merely dreaming, when you could be doing? Begin now!