

June 2022 Newsletter

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Honolulu Orchid Society General Membership Meeting

Date: Wednesday, June 8, 2022

Time/Place: 7:00 p.m. through Zoom Video Conference

Program: "Recent trip to Australia" plus HOS 2022 Summer Orchid Auction (Plants

donated by Carmela Orchids, Akatsuka Orchids and Tropical Orchid Farm)

Speaker: Kathy Penwell

Member **Kathy Penwell** of Kailua-Kona, Hawaii Island, will give a presentation on her recent travels to Australia and showcasing some of their native orchids.

Following the presentation, **Mel Waki** will conduct HOS 2022 Zoom Summer Orchid Auction featuring plants donated by **Carmela Orchids** and **Akatsuka Orchid Gardens** of the Big Island, and **Tropical Orchid Farm** of Maui.

Bidding will be limited to those who can pick up plants in person or arrange for someone to pick up the plants for them. HOS will not ship plants.

You must register to attend the meeting. Register in advance for this meeting by Tuesday, June 7, 2022. Click **HERE** to register. After registering, you will receive a confirmation email containing information about joining the meeting.

The meeting is open to the public.

Mahalo Nui Loa

Mahalo to all who attended last month's virtual membership meeting "Cycnoches, Mormodes, Catasetums Recent Trends" presented by Fred Clarke of Sun Valley Orchids through Zoom. Thank you, Fred for sharing your presentation of the fascinating, unusual and unique Cycnoches, Mormodes, and Catasetums orchid flowers you have grown and will be available at your nursery in the near future for purchase. Contact Ben Kodama, Jr., at 808 696-4575 or Brad Lau at 808 295-8062 if you are interested in ordering plants from Fred Clarke. Google Sun Valley Orchids to see Fred Clarke's website.

Mahalo **Kate Leonard and Ian Sandison** for your generous donation to have **Fred Clarke** as our Guest Speaker for May. Mahalo **Ben Kodama, Jr.,** for your generous donation of plants purchased from Fred Clarke for plant give-away and mini auction at the end of the program.

Thank you **Ben Kodama, Jr., and Brad Lau** for obtaining plants from **Carmela Orchids** and **Akatsuka Orchid Gardens** on Hawaii Island and **Tropical Orchid Farm** on Maui for HOS's upcoming 2022 HOS Summer Auction at the July 2022 General Membership Virtual Meeting.

Monetary Donations! Mahalo to **Kate Leonard and Ian Sandison** and **Benjamin Kodama, Jr.,** for your generous monetary donations to HOS.

Condolences

Another member departed and crossed over to a peaceful rest. Let us take a moment of remembrance for member **Thomas Kosaki, 84,** who passed away recently. He was a life-time member of the Honolulu Orchid Society. HOS extends our deepest sympathy to his wife and family.

Report on Agripharmatech Fundraising Event

Aloha mai kakou,

The Agripharmatech "Student Innovations and Entrepreneurship Exploration" and Fundraising Event on April 27, 2022, was a great success. Thank you very much Brad Lau for coming and supporting the event, and for picking up winning prizes for the HOS members who were not able to come that day.

Our AG 192 students (Special Topic in Agriculture – Entrepreneurship Exploration) learned and gained valuable experience from selling their innovative products that day. Their experiences will be discussed in class next Wednesday, May 4, i.e., how to improve their product quality, labeling, marketing, etc.

The Agripharmatech fundraising has generated the following: \$200 for WCC Child Care; \$200 for WCC Meals and Mission & \$500 for Dr. Inge White Endowed Scholarship (donated by Dr. Kathy Callahan, former Agripharmatech graduate and long-time member of the HOS). Thank you very much Kathy for your donation. We greatly appreciate it.

Thank you very much also for HOS donation of \$500 for the scholarship provided in January 2022. All together with the interests earned from the Scholarship Endowment, this time we will be able to give scholarships to three more new Agripharmatech students at the Annual Agripharmatech Day in Fall 2022. We would certainly love to have you all join this special event (if necessary, a big bus will be provided to bring you all here to Windward Community College, ha ha......kidding!)

Mahalo nui loa everyone.

Best regards, Agriparmatech Team (Prof. Emerita, Dr. Ingelia White, Dr. Hongwei Li, Dr. Teena Michael)

Welcome New Members!

We welcome our newest HOS Members **Steve Calvin** of Pearl City, **Argenita Balinbin** of Ewa Beach and **Karen Nagamine** of Honolulu. Thank you all for joining.

Election of 2023 Officers and Board of Trustees

The Nomination Committee presents the following slate of nominations for 2023 HOS Officers and Trustees to be voted on in July:

Officers

President: Bradley Lau **Treasurer: Iackie Lai** 1st Vice President: Melvin Waki **Recording Secretary:** Hongwei Li 2nd Vice President: Katherine Sakuda **Correspondence Secretary:** Carol De Witt 3rd Vice President Rylan Chong** **Past President:** Ruth Chun

Board of Trustees

<u>2023*</u>	<u>2024*</u>	<u> 2025</u>
Adam Almeida	Linda Inouye	Skyler Inter**
JoAnn Higuchi	Marisa Maemori	Benjamin Kodama, Jr
Robert Higuchi	Jed Smith	Matthew McKnight III**
Jan Takamiya	Charlotte Yamamoto	Ingelia White

^{*} Trustees serve three-year terms through the years shown. Trustees for 2023 and 2024 were elected in prior years.

No additional nominations have been received.

Voting by Survey Monkey. Since we are not able to physically meet at our normal venue, election voting will be done electronically using **Survey Monkey** for members who have provided a current email address to HOS. Members with email addresses (those who received this Newsletter by email) will receive an email from **Survey Monkey** containing a link to the voting page. Follow the link and cast your vote by July 6, 2022, for your vote to be counted.

Voting by Paper Ballot. Members who do not have an email address (those who received a paper copy of this Bulletin by mail) will be provided a paper ballot. The ballot must be completed, signed, and dated and mailed back and received by HOS by July 6, 2022, to be counted.

The results of the election will be announced at the July 13, 2022 General Membership Meeting of HOS.

We encourage ALL Honolulu Orchid Society members to VOTE!

^{**}HOS members volunteering to serve as Officers and Trustees for the first time.

HOS Official Website

Visit the HOS website (<u>www.honoluluorchidsociety.org</u>) for periodic updates. Subscribe to the HOS website by inputting your email address in the subscribe block. When you subscribe, you will get immediate notification of any new posts on the website. Members may contribute to the site by sending their info to hos@honoluluorchidsociety.org.

eMail Newsletters

To save postage and reproduction costs and in keeping with 'Go Green' initiatives, HOS will no longer send paper copies of newsletters except to members who do not have email addresses.

Mark Your Calendar

June Board of Trustees Meeting. The HOS Board will meet through Zoom video conference on Tuesday, June 14, 2022, at 7:00 PM.

<u>July 2022 General Membership Meeting.</u> The July 2022 General Membership Meeting will take place virtually through Zoom on Wednesday, July 13, 2022, beginning at 7:00 pm. Guest Speaker and Program – TBD

<u>July 2022 HOS Orchid Judging.</u> The Honolulu Orchid Society Judging Panel will be judging at the Lanakila Senior Center on Saturday, July 9, 2022, at 10:30 am. Anyone may bring orchid plants for judging. Plants need to be dropped off between 9:30 AM and 10:00 AM to be registered. If there are any questions, call Mel Waki (808 391-0144) or Brad Lau (808 295-8062

Orchid Judging

The Honolulu Orchid Society's monthly orchid judging was conducted at the Lanakila Senior Center on Saturday, May 21, 2022. 18 plants were registered for judging. All the plants were screened and 8 were judged and received awards (with one plant receiving 2 awards) by the Judging Team. The awarded plants are shown on the following pages.

The next judging session will be held at the Lanakila Senior Center on Saturday, June 11, 2022. Note that beginning with the June 11 judging, **Honolulu Orchid Society judging** will be held on the second Saturdays of each month at the Lanakila Senior Center. HOS members, members of all other Orchid Societies and Clubs, and orchid hobbyists on Oahu are encouraged to bring their blooming orchid plants for judging. You do not need to be a member of HOS to have your plants judged.

Plants need to be dropped off between 9:30 AM and 10:00 AM to be registered. If there are any questions, call Mel Waki (808 391-0144) or Brad Lau (808 295-8062).

Everyone entering the Lanakila Senior Center MUST WEAR A MASK and KEEP SOCIAL DISTANCE. THOSE BRINGING IN PLANTS TO THE HOS JUDGING SESSION WILL BE ADVISED TO DROP OFF THEIR PLANTS AT THE ENTRANCE TO THE LANAKILA SENIOR CENTER AND RETURN LATER TO PICK UP THEIR PLANTS.



Honolulu Orchid Society Merit Awards

Judged at Lanakila Senior Center May 21, 2022

Award No 2022-37

V. ampullacea 'Orange Punch'

CCM HOS (85.0 Pts.)

Owner: Calvin & Sherry Abe



Award No 2022-38

Paph. callosum 'Nuuanu Flame'

AM HOS (82.3 Pts.)

Owner: Nuuanu Orchids



Award No 2022-39

Brs. Memoria Fritz Boedeker 'Nalo Twister'

AM HOS (80.7 Pts.)
Owners: Scot & Karen Mitamura



Award No 2022-40

Brs. Memoria Fritz Boedeker 'Nalo Twister'

CDC HOS (86.3 Pts.) Owner: Scot & Karen Mitamura



Award No 2022-41

Rlc. Momilani Jewel 'Koko Head'

CR HOS (78.0 Pts.) Owner: Scot & Karen Mitamura



Award No 2022-42

C. intermedia 'Jerry Elmore'

AM HOS (82.3 Pts.) Owner: Scot & Karen Mitamura



Award No 2022-43

C. intermedia h.f. coerulea 'Fuerte Blue'

CR HOS (78.3 Pts.) Owner: Scot & Karen Mitamura



Award No 2022-44

C. Black Jack 'Universal'

AM HOS (81.0 Pts.) Owner: Scot & Karen Mitamura



Award No 2022-45

Rlc. Noriko Kawamura 'Volcano Yellow'

CR HOS (76.7 Pts.) Owner: Scot & Karen Mitamura

Orchid Tip of the Month by Scot Mitamura

Another month goes by, and I am still talking about the weather.

We are in the middle of spring, but it seems like we are already in a summer weather pattern. The rainfall has been sparse, and the trade winds have been brisk. So, what should this be telling us? Well obviously, increase our watering, fertilizing, and re-potting efforts to take advantage of this great weather. The orchids want to grow, so do not hold them back!

There are some pitfalls to this kind of weather too. Whenever we have a dry spell after a wet period, some of the lush grass and weeds that many of the pests are normally in, start to dry up. This encourages them to look for food in the lush moist areas of our yards and greenhouses. I have been getting lots of inquiries about what is happening to my flowers?



The first photo is a nocturnal pest that has partially eaten Hono Hono flowers. It has a chewing mouth, and the damage often resembles grasshopper damage, which is partially eaten flowers with a jagged edge from the outside of the flower inwards. If you guessed Cockroach, you are good!

Beetle damage is normally from the inside of the flowers or leaves. Yes, check your orchids at night, you will find them all over your plants, they love the sugars that are secreted from the flowers and buds. To control, spray spikes and flowers with Bayer 3n1, the roaches will surely get a tummy ache.

Photo number two is also a nocturnal pest. It has eaten many whole flowers of several plants of Den. lindleyi (formerly aggregatum). Personally, this pest has eaten whole cattleya flowers of mine. If you guess rats, you are right again!

I always constantly bait for Australian Roof Rats as they keep coming in from the surrounding trees. Unlike the Sewer Rat that lives on the ground, these Roof Rats live above ground in trees, roofs, and greenhouses. At night they are running all around trees, on top of fences, balancing on electrical wires, just everywhere! To control use bait, sticky traps, or snap traps.



I caught a huge one in ten minutes using a large white cattleya flower. I have not figured out why they liked the white over other colors, anyway who cares, I got um!

So, check on your orchids at night once in a while, you might be shocked or even disgusted with what you see.

Thanks to Michelle Watanabe for sharing the photos.

Aloha, Scot



Recipe of the Month Vegan Detox Soup

(fm theworksoflife.com/vegan-detox-soup)

I've seen a lot of detox soup recipes out there, but this version, which uses Asian ingredients like wakame (dried seaweed), ginger, soy sauce, sesame oil, and silken tofu, is particularly tasty. It also happens to be vegetarian, vegan, low-fat, and quick to make!

Total Prep Time: 5 Mins Cook Time: 15 Mins Total Time: 20 mins Servings: 2

INGREDIENTS

2 tablespoons olive oil or any neutral-flavored cooking oil

2 slices fresh ginger (julienned—or kept whole if you don't like eating the ginger)

8 ounces fresh tomato (cut into large chunks)

4 ounces fresh mushroom (such as button, cremini, oyster, or shiitake, thinly sliced)

4 cups water

8 ounces silken tofu (cubed)

2 tablespoons dried seaweed (wakame)

2 teaspoons light soy sauce

1/8 teaspoon white pepper powder

½ teaspoon Chinese black vinegar

¼ teaspoon sesame oil

4 ounces fresh baby spinach

salt to taste

2 tablespoons scallions and/or cilantro (chopped)



INSTRUCTIONS

- 1. Heat soup pot over medium heat. Add the olive oil and followed by the ginger. Cook for 30 seconds, then add the tomato chunks. Cook for a few minutes until the tomatoes are softened around the edges.
- 2. Now stir in mushrooms and cook for another 2-3 minutes. Then add the water, silken tofu, dried seaweed, light soy sauce and white pepper powder. Cover, bring to a boil, and simmer for 3 minutes over medium heat.
- 3. Finally, stir in the black vinegar, sesame oil, baby spinach, and salt to taste. When the soup has come back p to a boil and the spinach has wilted down, top with the scallions and/or cilantro and serve.

NOTE 1: Great additions to this soup include: 1 tablespoon miso paste, 1 cup cooked brown rice, or 6 ounces cooked soba noodles. This soup is also packed with nutrients and health benefits from its various ingredients, including Ginger: antibacterial properties, antioxidants, aids digestion; Tomato: major source of the antioxidant lycopene, as well as Vitamin C, potassium, Vitamin A, and vitamin K; Mushrooms: Vitamin D, B Vitamins; Silken Tofu: protein; Dried Seaweed: antioxidants, anti-inflammatory properties, good source of iodine; Spinach: Vitamin A, Vitamin C, Vitamin K, iron, folate, and potassium. Plus, FIBER!

NOTE 2 fm C. De Witt: Recommend tasting the soup as it may be bland. Adjust seasonings for flavor by adding Vegetable Base Bouillon, extra ginger and garlic etc.