



Inwood Academy for Leadership: MS
Breakfast - July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jun 28, 2026	Jun 29, 2026	Jun 30, 2026	Jul 1, 2026	Jul 2, 2026	Jul 3, 2026	Jul 4, 2026
			Closed	Closed	Closed	Closed
Jul 5, 2026	Jul 6, 2026	Jul 7, 2026	Jul 8, 2026	Jul 9, 2026	Jul 10, 2026	Jul 11, 2026
Closed	Closed	Closed	Closed	• WGR Cereal • WGR Corn Loaf • Pears (2) • Low Fat 1% Milk • Skim Milk	• Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Peach (2) • Skim Milk • Low Fat 1% Milk	Closed
Jul 12, 2026	Jul 13, 2026	Jul 14, 2026	Jul 15, 2026	Jul 16, 2026	Jul 17, 2026	Jul 18, 2026
Closed	• WGR Cereal • Assorted Yogurt • Wgr Mini Loaf, Asstd • Bananas (2) • Skim Milk • Low Fat 1% Milk	• WGR Cereal • Wgr Mini Loaf, Asstd • Bananas (2) • Low Fat 1% Milk • Skim Milk	• WGR Cereal • WGR Blueberry Mini Loaf • Fruit cup • Low Fat 1% Milk • Skim Milk	• WGR Cereal • WGR Corn Loaf • Clementine (2) • Low Fat 1% Milk • Skim Milk	• Raisin Bread • Cream Cheese • Hard Boiled Egg • Fresh Apple • Low Fat 1% Milk • Skim Milk	Closed
Jul 19, 2026	Jul 20, 2026	Jul 21, 2026	Jul 22, 2026	Jul 23, 2026	Jul 24, 2026	Jul 25, 2026
Closed	• WGR Cereal • WGR Corn Loaf • Pears (2) • Low Fat 1% Milk • Skim Milk	• WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Low Fat 1% Milk	• WGR Cereal • Wgr Mini Loaf, Asstd • Oranges (2) • Low Fat 1% Milk • Skim Milk	• WGR Cereal • WGR Blueberry Mini Loaf • Fruit cup • Low Fat 1% Milk • Skim Milk	• Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Low Fat 1% Milk	Closed
Jul 26, 2026	Jul 27, 2026	Jul 28, 2026	Jul 29, 2026	Jul 30, 2026	Jul 31, 2026	Aug 1, 2026
Closed	• WGR Cereal • Assorted Yogurt • Wgr Mini Loaf, Asstd • Bananas (2) • Skim Milk • Low Fat 1% Milk	• WGR Cereal • WGR Chocolate Chip Mini Loaf • Oranges (2) • Low Fat 1% Milk • Skim Milk	• WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Low Fat 1% Milk • Skim Milk	• WGR Cereal • Wgr Mini Loaf, Asstd • Bananas (2) • Low Fat 1% Milk • Skim Milk	• WGR Apple Cinnamon Loaf • WGR Cereal • Fresh Plum • Low Fat 1% Milk • Skim Milk	



Inwood Academy for Leadership: MS
Lunch - July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jun 28, 2026	Jun 29, 2026	Jun 30, 2026	Jul 1, 2026	Jul 2, 2026	Jul 3, 2026	Jul 4, 2026
			Closed	Closed	Closed	Closed
Jul 5, 2026	Jul 6, 2026	Jul 7, 2026	Jul 8, 2026	Jul 9, 2026	Jul 10, 2026	Jul 11, 2026
Closed	Closed	Closed	Closed	• Whole Grain Mozzarella Cheese Pizza • Corn Fiesta • Tossed Salad • Salad Dressing, Assorted • Banana • Low Fat 1% Milk • Skim Milk	• WGR Mac & Cheddar Cheese • Broccoli • Tossed Salad • Salad Dressing, Assorted • Whole Grain Bread • Fresh Plum • Low Fat 1% Milk • Skim Milk	Closed
Jul 12, 2026	Jul 13, 2026	Jul 14, 2026	Jul 15, 2026	Jul 16, 2026	Jul 17, 2026	Jul 18, 2026
Closed	• Whole Grain Chicken Tenders (3) • Tater Tots • Oriental Vegetable Blend • Tossed Salad • Salad Dressing, Assorted • WGR Corn Loaf • Seasonal Fruit • Low Fat 1% Milk	• Beef Salami • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Apple Juice • Fresh Plum (2) • Low Fat 1% Milk • Skim Milk	• Jamaican Beef Patty • Brown Rice and Beans • Corn • Tossed Salad • Salad Dressing, Assorted • Banana • Low Fat 1% Milk • Skim Milk	• Pernil • Rice with pigeon peas • Sweet Plantain • Whole Grain Dinner Roll • Tossed Salad • Salad Dressing, Assorted • Apple • Low Fat 1% Milk • Skim Milk	• Beef Burger Patty • Whole Grain Bun • American Cheese Slice • Steak Fries • Mixed Vegetables • Pear • Low Fat 1% Milk • Skim Milk	Closed
Jul 19, 2026	Jul 20, 2026	Jul 21, 2026	Jul 22, 2026	Jul 23, 2026	Jul 24, 2026	Jul 25, 2026
Closed	• Whole Grain Chicken Fingers (3) • Sweet Potato Fries • Tossed Salad • Salad Dressing, Assorted • Pear • Skim Milk • Low Fat 1% Milk	• Turkey Ham • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Orange Juice • Fresh Plum • Low Fat 1% Milk • Low Fat 1% Milk	• Beef Soft Shell Taco (2) • Shredded Cheese • Bean Salad • Tossed Salad • Salad Dressing, Assorted • Orange • Skim Milk • Low Fat 1% Milk	• WGR Mac & Cheddar Cheese • Broccoli • Tossed Salad • Salad Dressing, Assorted • Whole Grain Bread • Fresh Plum • Low Fat 1% Milk • Skim Milk	• Beef Hot Dog • WGR Hot Dog Bun • Corn • Oven Baked French Fries • Clementine (2) • Low Fat 1% Milk • Skim Milk	Closed
Jul 26, 2026	Jul 27, 2026	Jul 28, 2026	Jul 29, 2026	Jul 30, 2026	Jul 31, 2026	Aug 1, 2026
Closed	• Whole Grain Chicken Fingers (3) • Steak Fries • WGR Corn Loaf • Tossed Salad • Italian Dressing • Pear • Low Fat 1% Milk • Skim Milk	• Ham • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Orange Juice • Apple • Low Fat 1% Milk • Low Fat 1% Milk	• Jamaican Beef Patty • Brown Rice and Beans • Corn Fiesta • Tossed Salad • Salad Dressing, Assorted • Peach • Low Fat 1% Milk • Skim Milk	• Whole Grain Mozzarella Cheese Pizza • Corn Fiesta • Tossed Salad • Salad Dressing, Assorted • Banana • Low Fat 1% Milk • Skim Milk	• Pernil • Rice with pigeon peas • Sweet Plantain • Whole Grain Dinner Roll • Tossed Salad • Salad Dressing, Assorted • Apple • Low Fat 1% Milk • Skim Milk	