



Inwood Academy for Leadership: HS
Breakfast - January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 28, 2025	Dec 29, 2025	Dec 30, 2025	Dec 31, 2025	Jan 1, 2026	Jan 2, 2026	Jan 3, 2026
				Closed	Closed	Closed
Jan 4, 2026	Jan 5, 2026	Jan 6, 2026	Jan 7, 2026	Jan 8, 2026	Jan 9, 2026	Jan 10, 2026
Closed	Closed	<ul style="list-style-type: none"> • WGR Banana Loaf • WGR Cereal • Assorted Yogurt • Oranges (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Pancake (2) • Maple Syrup • Turkey Bacon • Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Egg Patty • WGR English Muffin • American Cheese Slice • Banana • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • WGR Corn Loaf • WGR Cereal • Bananas (2) • Low Fat 1% Milk • Skim Milk 	Closed
Jan 11, 2026	Jan 12, 2026	Jan 13, 2026	Jan 14, 2026	Jan 15, 2026	Jan 16, 2026	Jan 17, 2026
Closed	<ul style="list-style-type: none"> • Assorted WGR Cereals (2) • Wgr Mini Loaf, Asstd • Seasonal Fruit • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Pancake (2) • Maple Syrup • Turkey Bacon • Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • WGR Banana Loaf • WGR Cereal • Oranges (2) • Skim Milk • Low Fat 1% Milk 	<ul style="list-style-type: none"> • Whole Grain French Toast (2) • Maple Syrup • Turkey Sausage Links (2) • Pears (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • WGR Chocolate Chip Mini Loaf • WGR Cereal • Bananas (2) • Low Fat 1% Milk • Skim Milk 	Closed
Jan 18, 2026	Jan 19, 2026	Jan 20, 2026	Jan 21, 2026	Jan 22, 2026	Jan 23, 2026	Jan 24, 2026
Closed	Closed	<ul style="list-style-type: none"> • WGR Corn Loaf • WGR Cereal • Bananas (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Waffle (2) • Maple Syrup • Turkey Bacon • Pears (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Pancake (2) • Maple Syrup • Turkey Bacon (2) • Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Cereal • Bananas (2) • Low Fat 1% Milk • Skim Milk 	Closed
Jan 25, 2026	Jan 26, 2026	Jan 27, 2026	Jan 28, 2026	Jan 29, 2026	Jan 30, 2026	Jan 31, 2026
Closed	<ul style="list-style-type: none"> • Assorted WGR Cereals (2) • WGR Apple Cinnamon Loaf • Fruit cup • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat French Toast (2) • Maple Syrup • Turkey Bacon • Pears (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Chocolate Chip Mini Loaf • Assorted Yogurt • Fresh Plum • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Waffle (2) • Maple Syrup • Turkey Bacon • Fresh Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Cereal • Bananas (2) • Low Fat 1% Milk • Skim Milk 	Closed



Inwood Academy for Leadership: HS Lunch - January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 28, 2025	Dec 29, 2025	Dec 30, 2025	Dec 31, 2025	Jan 1, 2026	Jan 2, 2026	Jan 3, 2026
				Closed	Closed	Closed
Jan 4, 2026	Jan 5, 2026	Jan 6, 2026	Jan 7, 2026	Jan 8, 2026	Jan 9, 2026	Jan 10, 2026
Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers (3) • Steak Fries • WGR Corn Loaf • Tossed Salad • Italian Dressing • Pear • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Ham • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Apple Juice • Pear • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn Fiesta • Tossed Salad • Salad Dressing, Assorted • Banana • Skim Milk • Low Fat 1% Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheddar Cheese • Broccoli • Whole Grain Bread • Tossed Salad • Salad Dressing, Assorted • Fresh Plum • Low Fat 1% Milk • Skim Milk 	Closed
Jan 11, 2026	Jan 12, 2026	Jan 13, 2026	Jan 14, 2026	Jan 15, 2026	Jan 16, 2026	Jan 17, 2026
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Tenders (3) • Tater Tots • Mixed Vegetables • Tossed Salad • Salad Dressing, Assorted • WGR Corn Loaf • Seasonal Fruit • Low Fat 1% Milk 	<ul style="list-style-type: none"> • Pernil • Rice with pigeon peas • Sweet Plantain • Tossed Salad • Italian Dressing • Whole Grain Dinner Roll • Banana • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Beef Salami • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Apple Juice • Fresh Plum (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • BBQ Chicken Wings • Rice • Corn Fiesta • Tossed Salad • Salad Dressing, Assorted • Banana • Low Fat 1% Milk • Low Fat 1% Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Tater Tots • Diced Carrots • Tossed Salad • Salad Dressing, Assorted • Orange • Skim Milk • Low Fat 1% Milk 	Closed
Jan 18, 2026	Jan 19, 2026	Jan 20, 2026	Jan 21, 2026	Jan 22, 2026	Jan 23, 2026	Jan 24, 2026
Closed	Closed	<ul style="list-style-type: none"> • WGR Chicken Parmesan • Whole Grain Party Pasta • Diced Carrots • Tossed Salad • Salad Dressing, Assorted • Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Ham • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Orange Juice • Apple • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers (3) • Steak Fries • Corn Fiesta • WGR Corn Loaf • Tossed Salad • Salad Dressing, Assorted • Pear • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheddar Cheese • Broccoli • Whole Grain Bread • Tossed Salad • Salad Dressing, Assorted • Fresh Plum • Low Fat 1% Milk • Skim Milk 	Closed
Jan 25, 2026	Jan 26, 2026	Jan 27, 2026	Jan 28, 2026	Jan 29, 2026	Jan 30, 2026	Jan 31, 2026
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers (3) • Sweet Potato Fries • Mixed Vegetables • Tossed Salad • Salad Dressing, Assorted • Pear • WGR Corn Loaf • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • BBQ Chicken Wings • Brown Rice • Corn Fiesta • WGR Corn Loaf • Pear • Low Fat 1% Milk • Low Fat 1% Milk 	<ul style="list-style-type: none"> • Beef Salami • American Cheese Slice • Whole Grain Hero • Baby Carrots • 100% Natural Apple Juice • Fresh Plum (2) • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Pernil • Rice with pigeon peas • Sweet Plantain • Tossed Salad • Italian Dressing • Whole Grain Dinner Roll • Banana • Low Fat 1% Milk • Skim Milk 	<ul style="list-style-type: none"> • Burger W/ WGR Bun: • American Cheese Slice • Oven Baked French Fries • Mixed Vegetables • Tossed Salad • Salad Dressing, Assorted • Banana • Low Fat 1% Milk • Skim Milk 	Closed