



Parent to Parent of NYS

PARENT GROUP via ZOOM

In these uncertain and overwhelming times,
it is more important than ever that we –
as parents, as caregivers – take care of ourselves.

At Parent to Parent of NYS, we want you to know that you are not alone.
We are still here to offer support and information as we work from home.

We also want to let you know that we will be holding
Our Parent Group online via Zoom.

This group is an informal meeting for parents who are navigating their child's
special needs.

Please see below for information about the group.

Tuesday, November 10th, 2020 04:00 PM EST

INTRODUCING EASE BACK TO FITNESS WITH CHAIR YOGA

by Lois Silver Zini Certified Hatha and Chair Yoga Instructor

<https://us02web.zoom.us/meeting/register/tZEsfuGvqz0qE9KgRpVshMrMw4ScqyXN4qCl>

Tuesday, November 17th, 2020 04:00 PM EST

<https://us02web.zoom.us/meeting/register/tZEpfu-vpjoqGNFjTDDbBrQA-Mp3DdoTXrab>

Tuesday, November 24th, 2020 04:00 PM EST

https://us02web.zoom.us/meeting/register/tZMvquqqqDIsEtRqHSwPPcpcm_JHe5fwL0Tr

Tuesday, December 1st, 2020 04:00 PM EST

<https://us02web.zoom.us/meeting/register/tZUpfuirqDspH9Mi3yqyaX0RM2G1HyJqrc0Z>

Tuesday, December 8th, 2020 04:00 PM EST

<https://us02web.zoom.us/meeting/register/tZYud-6vqj0iGtzYTffleVObdzbsKchRMKza>

Tuesday, December 15th, 2020 04:00 PM EST

<https://us02web.zoom.us/meeting/register/tZckc-Cvrj8oGNQZU1HE5khQfsjD4Gdr3Mpb>

After registering, you will receive a confirmation email containing information about joining the meeting. If you have any questions, please contact **Kerbanoo DRozario** at kdrozario@ptopnys.org 646 766 3461/ 816 707 1711