



Warm-up Sequence:

In this warm-up students will get ready for a visual arts lesson.

1 STEP 1

Have students select two colored pencils or crayons and hold one in each hand.

2 STEP 2

Instruct students to begin with both drawing tools in the center of the paper. Begin to draw as if one hand is mirroring the other.

3 STEP 3

Move hands simultaneously to create a symmetrical image.

Lesson Application



This warm up focuses on space and shape. It also allows for brain connectivity as students practice drawing with both hands at the same time.

This warm-up would be ideal for lessons where students are learning about symmetrical vs. asymmetrical art.