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Houghton Mifflin Harcourt; 16 Kids making pizza at table ©Ken O'Donoghue/Houghton Mifflin Harcourt

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Florida 32819-8647.

Printed in the U.S.A.

ISBN 978-1-328-53893-2

1 2 3 4 5 6 7 8 9 10 XXXX 27 26 25 24 23 22 21 20 19 18

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Eduardo Aparicio

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Do you like ketchup?

Do you like it on French fries?

Many people think ketchup

makes food taste good.

Did you know that ketchup is made

from tomatoes?







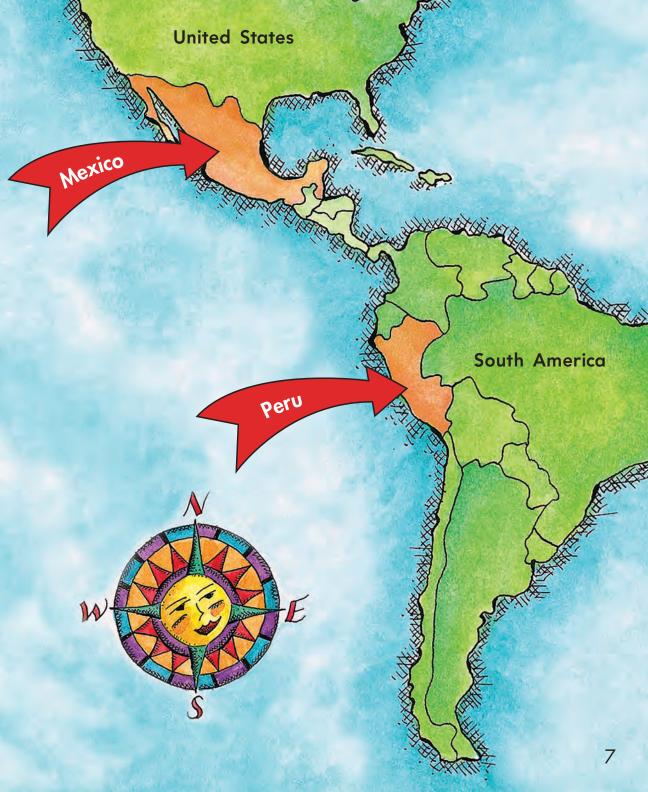


Tomato farms are not new.

People began to grow tomatoes a long time ago.

People in Mexico and Peru had tomato farms.











Workers on tomato farms pack tomatoes in boxes.
Trucks bring the tomatoes to the store.



Then you can buy them!



People use tomatoes to make tomato juice.

They put tomatoes in a big machine that presses out juice.

Machines also make tomato sauce for pizza and salsa for tacos.







Making pizza is easy!

You need

- tomato sauce
- cut tomatoes
- cheese
- a flour tortilla
- 1. Put the tomato sauce on a tortilla.
- 2. Add the tomatoes and cheese on top.
- 3. Ask an adult to put the pizza in the oven at 350 degrees and bake it for 10 minutes.





You can have your own pizza party at home. Your friends will love it!



People grow tomatoes for us to eat. We can use them in many ways. Learn how to make a pizza with tomatoes.



