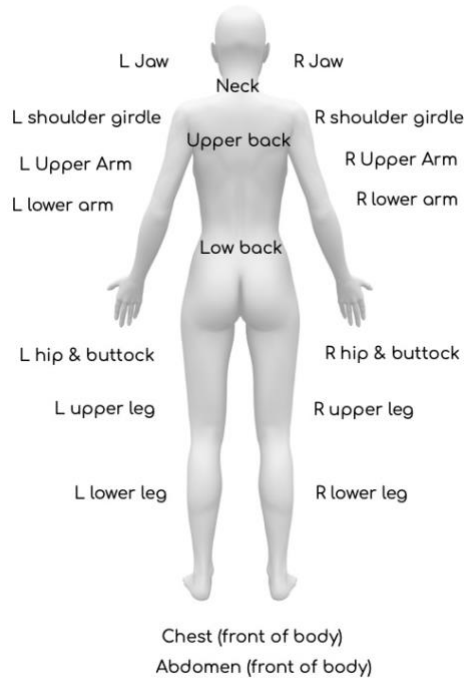


2016 Fibromyalgia Diagnostic Criteria

Widespread Pain Index (WPI)

Check the box below for each area in which you have had pain or tenderness during the **past 7 days**. The WPI score range is 0-19

Region 1	Region 2
<input type="checkbox"/> L Jaw	<input type="checkbox"/> R Jaw
<input type="checkbox"/> L shoulder girdle	<input type="checkbox"/> R shoulder girdle
<input type="checkbox"/> L upper arm	<input type="checkbox"/> R upper arm
<input type="checkbox"/> L lower arm	<input type="checkbox"/> R lower arm
Region 3	Region 4
<input type="checkbox"/> L hip & buttock	<input type="checkbox"/> R hip and buttock
<input type="checkbox"/> L upper leg	<input type="checkbox"/> R upper leg
<input type="checkbox"/> L lower leg	<input type="checkbox"/> R lower leg
Axial Region 5	WPI Total Score
<input type="checkbox"/> Neck	One point for each box checked.
<input type="checkbox"/> Upper back	Total _____
<input type="checkbox"/> Lower back	# Regions. _____
<input type="checkbox"/> Chest	
<input type="checkbox"/> Abdomen	



Symptom Severity Score (SSS)

For each symptom listed, use the following scale to indicate the severity of the symptoms during the **past 7 days**. SSS will be between 0-12
 No Problem = 0, Slight or Mild Problem = 1,
 Moderate Problem = 2, Severe Problem = 3
 Enter the number the corresponds with your severity of symptom in the box.

Fatigue	
Waking Unrefreshed	
Difficulty thinking or remembering	

During the **past 6 months** have you had any of the following symptoms?

Enter 0 for No, and 1 for Yes.

Headaches	
Pain or cramps in lower abdomen	
Depression	

SSS Total table 1 & 2 _____

Three Criteria for Fibromyalgia Diagnosis

- 1. Criterion 1 is met if you have EITHER
 - WPI ≥ 7 and SSS ≥ 5 . OR. WPI 4-6 and SSS ≥ 9
- 2. Generalized Pain: met if you checked pain in 4/5 Regions
- 3. Symptoms present ≥ 3 months

Fibromyalgia is diagnosed if you meet all three criteria 1-3, regardless of whether other medical conditions contribute to these symptoms. This is a changed from the 2010 criteria that required no other medical condition could explain the symptoms.