

Olga Valadon

Trusted Advisor | Strategist | Facilitator | Trustee & Board
Advisor | Management Lecturer | Speaker

Olga Valadon is the founder of Change Aligned® and a leading voice on how emotion drives execution. A trusted advisor to global organisations for 30 years, Olga helps leaders turn emotional intelligence into a measurable performance advantage.

Her core belief that *strategy executes at the speed of emotion™* has reshaped how organisations approach culture, leadership, and change. Through her proprietary SPEED framework™, Olga translates emotion from a “soft skill” into a hard business lever, revealing how it impacts costs, speed, risk, and growth.

Known for her sharp insight and calm authority, Olga works with boards, executive teams, and senior leaders to build emotional fluency, strengthen trust, enhance psychological safety, and design the emotional systems that get work done.



Her keynotes and programmes bridge the gap between strategy and people, blending neuroscience, psychology, and organisational dynamics into practical, results-driven tools.

Olga’s clients describe her as “*the voice of emotion in business*” and for good reason: she helps leaders move from awareness to action, and from emotion to execution.

Olga is accredited from the International Coaching Federation, a Fellow of the Institute of Leadership, and a certified partner of EBW (Business EQ). Her insights have been featured in media such as Harvard Business Review, Forbes, Fast Company, and she is a speaker at universities and conferences around the world.

She was recognised as a UK Top 50 Female Leader by Santander in 2026 (SW 2026).