



Dr. Falguni Shah, PhD, LCPC, NCC, CHCEF

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About Dr. Falguni Shah

Dr. Falguni Shah is a dynamic motivational speaker, mental health champion, and author of *From Gaslighting to Truthlighting*, a #1 international and U.S. bestseller. With more than 20 years of experience in healthcare—as a clinician and in quality and compliance—Dr. Shah integrates leadership and management principles shaped by her doctoral training in organizational leadership. She brings a deeply human, data-driven, and emotionally intelligent approach to helping organizations cultivate cultures of trust, clarity, and psychological safety. Her talks are known for powerful storytelling, practical frameworks, and actionable strategies that help leaders and teams navigate complexity with truth and integrity.

Signature Topics and Transformational Talks

- 1 **Truthlighting™: Building Trust, Fairness, and Equity in the Workplace:** A framework to dismantle gaslighting cultures and replace them with truth-centered leadership practices.

Outcomes

- Recognize subtle leadership behaviors that undermine trust and fairness.
- Understand the concept of Truthlighting as the intentional opposite of gaslighting.
- Identify systemic barriers that hinder diverse leadership advancement.
- Apply actionable strategies to create a transparent, high-trust workplace culture.

- 2 **Career Advancement Strategies for Women:** Insights and tools for professional women to build visibility, agency, and pathway clarity.

Outcomes

- Identify and address barriers that limit career growth for women in the workplace
- Strengthen skills in leadership, negotiation and self-advocacy for advancement
- Develop a personalized strategy to build visibility, influence, and long-term career success.

- 3 **Building Responsible and Bias-Aware Systems:** Strategies for organizations to recognize and mitigate systemic bias through intentional structures.

Topic - Human Intelligence in AI: Building Trust and Governance

Outcomes

- Participants will recognize how AI can increase the emotional labor of proving credibility and understand its potential contribution to burnout.
- Attendees will be able to identify situations where AI may conflict with human intuition and learn strategies to maintain clarity and authenticity.
- Participants will gain practical tools to preserve human presence, trust, and relational integrity in AI-driven environments.
- Attendees will be equipped to apply the Truthlighting framework to foster equitable, human-centered AI practices that reduce bias and elevate diverse voices.

Recent Speaking Engagements

- **Human Intelligence in AI: Building Trust and Governance** — Women in Data Science Panel, Chicago, IL
- **Book Talk and Discussions** — Women's Leadership Network, West Monroe Partners, Chicago, IL
- **Pathways to Flourishing: Women's Health Equity Summit 2025** — Vancouver, WA
- **Master Class on *From Gaslighting to Truthlighting*** — EESEC Weekend Executive MBA Program, France

Testimonials

"Often, we get stuck in the 'problem'. I loved how clearly Dr. Shah's presentation illuminated gaslighting and that she did not stop there. She offered truly insightful and practical solutions."— Elizabeth Madrigal, The Women's Mosaic Radio, Vancouver, WA

"It was an inspirational session... She offered a blueprint for positive change."— Saman Danish, Lead, Women's Leadership Network, West Monroe Partners

"Dr. Shah's presentation... was both powerful and transformative."— Kenya Sealey, MBA, M.Ed.

"Her background in behavioral health brought a unique perspective... Her executive presence is engaging."— Megan Carmean, Director of Delivery, Birch Works

Featured Media & Recognition

<https://www.forthtruthlighting.com/media-features>

Call to Action

Imagine a future where clarity replace confusion, trust replaces fear, and everyone's reality is respected. That is the future I will help you create. To lead with Truthlighting!

Book me to design a custom talk based on your unique needs and audience.