

Dr. Jacqueline Kumar

Emotional Intelligence Coach | Keynote Speaker | Author

PhD, Moral Psychology & Empathy | Queen's University, 2023 | Toronto, Canada

A B O U T

Dr. Jacqueline Kumar is a philosopher, keynote speaker, and emotional intelligence coach whose work sits at the intersection of moral psychology, empathy research, and practical leadership. She holds a PhD from Queen's University (2023) and is a forthcoming author with Sutherland House.

She works with women, professionals, and leadership teams on one core problem: the gap between knowing about emotional intelligence and actually applying it, especially under pressure. Her proprietary Three Surrenders framework is the foundation of her coaching, corporate training programs, and keynotes.

She is founder of Empathos Coaching Inc., VP and Lead Facilitator at RK Leadership Academy, and co-founder of Soultsee. She has lectured at Queen's University and Brock University and spoken internationally, including at the Fearless Woman Summit in Saint Lucia.

S I G N A T U R E T A L K S

Empowered, Not Picky: Choosing Love Without Closing Yourself

Women's leadership summits, professional associations, HR and DEI events

Reframes what it means to hold high standards, showing audiences how to stay firm on what matters without defaulting to self-protection. Grounded in moral psychology with practical tools. Delivered at the Fearless Woman Summit, Saint Lucia.

The Three Surrenders: An Emotional Intelligence Framework for Real Leadership

Corporate leadership conferences, L&D programs, executive teams

Introduces Dr. Jacqueline's proprietary Three Surrenders model to show how emotional over-responsibility, self-abandonment, and avoidance silently undermine performance. Audiences leave with a framework they can apply immediately.

Stop Managing Others' Feelings, Start Leading Your Own

HR professionals, people managers, senior leaders

Built from the corporate EI training Dr. Jacqueline delivers inside organisations through RK Leadership Academy. Challenges leaders to examine the emotional habits that cost them influence and credibility and gives them a path forward.

CREDENTIALS

- PhD, Moral Psychology & Empathy, Queen's University (2023)
- Forthcoming author, Sutherland House
- Lecturer, Queen's University & Brock University
- Founder, Empathos Coaching Inc.
- VP & Lead Facilitator, RK Leadership Academy
- International speaker: Fearless Woman Summit, Saint Lucia
- Corporate EI training, Moodle + live facilitation
- Available: keynotes, panels, workshops, corporate training

WHAT AUDIENCES SAY

"She doesn't lecture. She connects. You leave feeling seen and equipped."

— Event Attendee, Fearless Women's Leadership Summit

"The Three Surrenders framework changed how I show up as a manager. Immediately applicable."

— Corporate Training Participant

"Academic credibility with zero academic distance. Exactly what our audience needed."

— Event Organiser

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