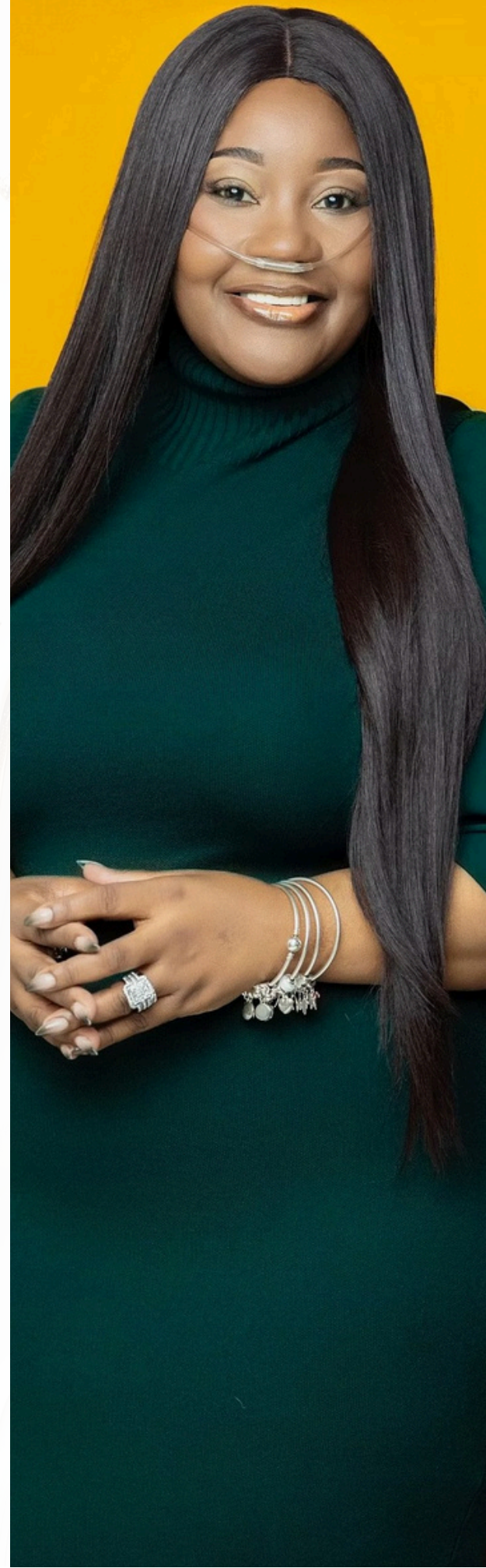


REV. DR. XENIA BARNES

*MULTIPLE AWARD-WINNING BESTSELLING AUTHOR |
SOCIAL & BEHAVIORAL SCIENTIST*

"The only speaker who turned family
tragedy into state legislation while
transforming institutions and battling
terminal illness"

BESTSELLING AUTHOR " MULTIPLE INDIE AWARD-
WINNING FINALIST " PRESIDENTIAL LIFETIME
ACHIEVEMENT AWARD RECIPIENT " CO-ARCHITECT OF
"MEL'S LAW" (NEW YORK STATE LEGISLATION)



The Speaker Everyone's Talking About

Rev. Dr. Xenia Barnes isn't just teaching trauma-informed leadership, she's living proof it works. While battling terminal illness (pulmonary fibrosis and lupus), she continues transforming Fortune 500 companies, expanding state legislation nationwide, and changing lives through her multiple award-winning books.

Her authentic expertise, combined with 20+ years of institutional transformation and acclaimed authorship, creates unshakeable credibility that transforms audiences from inspiration to implementation.



Living Proof

Transforming while battling terminal illness

Real Impact

20+ years of institutional change

Proven Results

From inspiration to implementation

Authentic Credentials That Can't Be Replicated



Literary Excellence

Bestselling Author with multiple award-winning publications and Multiple Indie Award-Winning Finalist for literary excellence



Academic Authority

PhD in Theology, pursuing PhD in Advanced Human Behavior with deep research foundation



Institutional Impact

20+ years transforming 500+ organizations through Gold Mind Thoughts LLC with measurable results



Legislative Legacy

Co-architect of "Mel's Law" signed by NY Governor Kathy Hochul, expanding nationwide impact



Foundation Leadership

Co-founder of Melquain Jatelle Anderson Foundation, turning personal tragedy into systemic change



Presidential Recognition

Presidential Lifetime Achievement Award recipient, living with terminal illness while building institutions

Proven Institutional Impact

Rev. Dr. Barnes' trauma-informed leadership approach delivers measurable results across organizations of all sizes. Her methodologies have been tested and proven in real-world applications, creating lasting transformation.

100%

Organizations Transformed

Across Fortune 500
companies and institutions

40%

**Engagement
Increase**

Average improvement
in employee engagement

60%

**Turnover
Reduction**

Significant decrease in
employee turnover

25%

Student Retention Gain

Improvement in
academic institutions

100%

ROI Within 24 Months

Return on investment
for implementation

20+

Years Experience

Decades of proven
expertise and results



Signature Keynote Topics



Each keynote is carefully crafted to deliver maximum impact for your specific audience, combining Dr. Barnes' lived experience with evidence-based strategies for organizational transformation.

1

"THE TRAUMA-TO-TRIUMPH TRANSFORMATION"

How Leaders Turn Crisis Into Catalyst for Organizational Excellence

Perfect for: Corporate leadership conferences, executive retreats | Duration: 60-90 minutes

2

"THE HIDDEN COST OF TRAUMA IN LEADERSHIP"

Why Your Best People Are Underperforming⁴ And What to Do About It

Perfect for: C-Suite executives, senior leadership teams | Duration: 45-60 minutes

3

"FROM BURNOUT TO BREAKTHROUGH"

Transforming Organizational Trauma into Competitive Advantage

Perfect for: HR conferences, workplace wellness summits | Duration: 60-75 minutes

Specialized Leadership Programs



"LEADING THROUGH CRISIS"

The Trauma-Informed Leadership Advantage for Academic Excellence

Perfect for: University leadership, academic conferences | Duration: 90 minutes



"BUILDING TRULY INCLUSIVE WORKPLACES"

Beyond the Buzzwords to Authentic Transformation

Perfect for: D&I conferences, inclusive leadership events | Duration: 60-75 minutes



Custom Programs Available: Dr. Barnes works with organizations to develop tailored keynotes that address specific challenges and goals, ensuring maximum relevance and impact for your audience.

Workshop & Training Options

Beyond keynotes, Rev. Dr. Barnes offers comprehensive training programs designed to create lasting organizational change through hands-on learning and practical application.

01

EXECUTIVE INTENSIVE WORKSHOPS

(90 minutes)

Executive Trauma Assessment & Strategic Response Planning

Interactive strategic planning using proprietary assessment tools

02

IMPLEMENTATION WORKSHOPS

(90 minutes)

Building Trauma-Informed Teams: From Recognition to Resilience"

Skills-building workshop with practical application tools

03

ACADEMIC SEMINARS

(90 minutes)

"Trauma-Informed Academic Leadership Implementation"

Research-based workshop for university administrators

04

COMPREHENSIVE TRANSFORMATION PACKAGES

Multi-session programs combining keynotes, workshops, and consultation

Custom designed for organizational needs



Multiple Award-Winning Books Transforming Lives



Rev. Dr. Barnes' literary works have garnered critical acclaim and commercial success, providing practical tools for personal and organizational transformation.



"GRIEVING TO HEAL: THE SHADOW BOARDING EXPERIENCE" (2022)

Bestselling autobiography and practical guide for transforming loss into purpose

' Indie Award-Winning Finalist ' Amazon Bestseller in Grief & Loss Category



"THE RECONDITION: A GUIDE TO LOVING YOURSELF THROUGH THE TRAUMA" (2022)

Evidence-based techniques for mental health and emotional resilience

' Bestseller in Self-Help & Psychology ' Featured in major media outlets nationwide



"TRIUMPH IN THE TRENCHES" Trilogy (Co-Author)

Practical strategies to rise above toxic behaviors, dismantle exclusion, and challenge inequity

' Indie Award-Winning Finalist (Both Volumes) ' Essential reading for workplace transformation and inclusive leadership ' More than a book about race - a blueprint for systemic organizational change



"LOVING YOURSELF THROUGH THE TRAUMA" Workbook (2022)

Interactive companion guide with practical exercises and tools

' Professional development resource for therapists and coaches

Booking Information



PRESENTATION FORMATS:

- Corporate Keynotes & Leadership Conferences
- University & Academic Institutions
- Association & Professional Conferences
- Workshop & Training Programs

BONUS VALUE:

- Bulk book orders available for attendees
- Continuing education credits offered
- Follow-up implementation resources
- Exclusive access to trauma-informed assessment tools

Contact Information

Speaking Inquiries:

speak@xeniabarnes.com

Phone: (347) 383-9923

Website:

www.rdbspeaks.com



BOOK DR. BARNES TODAY

Calendar fills 6-12 months
in advance for institutional
engagements

"Rev. Dr. Barnes' combination of multiple award-winning authorship, lived experience, and institutional expertise creates the authenticity that transforms organizations."