



Latonya
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Trauma Was Necessary"*

Latonya Howell is a certified trauma-informed coach, speaker, HR executive, and associate pastor. She is the founder of CoachHER Life and author of *The Trauma Was Necessary*. With 15+ years of experience and multiple certifications, she helps women and organizations heal, lead, and thrive with purpose.

SIGNATURE TOPICS

- ✓ The Trauma-Informed Leader
- ✓ From Trauma to Triumph
- ✓ LeadHERship Redefined
- ✓ Faith at Work
- ✓ The Healing Leader
- ✓ The Power of Identity