



Silifat Mustapha

Women's Health Speaker

Silifat is a passionate motivational speaker with decades of experience as a women's health advocate specializing in health care disparities. Silifat works with groups, organizations, schools, and healthcare organizations to educate and empower women to advocate for themselves and empower themselves and their families in today's healthcare climate. Silifat is also a researcher who works as a grant reviewer for various universities and institutes.

NOTABLE WORK

URI MAGAZINE

NIH/NINR

UNIVERSITY OF
CALIFORNIA,
OAKLAND

SIGNATURE TOPICS

- ✓ Black Maternal Health
- ✓ Validation of Your Feelings
- ✓ Manage Your Health Your Way
- ✓ Being Your Own Advocate
- ✓ Getting a Second, Third, and Fourth Opinion

LET'S WORK TOGETHER!

Please feel free to contact me for any questions or requests for bookings

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