

Shannon Addison

DO YOU KNOW A GROUP I SHOULD SPEAK TO?

I SPEAK ABOUT

THE IMPORTANCE OF BUILDING CONNECTION WITH YOUR KIDS

Fostering a strong bond with your child is crucial for encouraging open communication, which is vital for identifying any difficulties they might encounter at school.

THE DIFFERENCES BETWEEN GIRL 'CRUELTY' AND CLASSIC BULLYING BEHAVIORS

What does interpersonal cruelty look like in girls? How is this different than standard bullying behaviors seen in boys? Are they treated the same? Should they be?

HOW TO DETERMINE IF YOUR DAUGHTER IS THE MEAN GIRL

If your daughter isn't having any issues at school with her friends, could it be that she is the source of the problems? How to find out.



CONNECTION MATTERS

IN RELATIONSHIPS AND IN BUSINESS

The pandemic fundamentally changed how we connect with others, isolating us from friends, family, and coworkers in ways we never expected. Now more than ever, learning to rebuild and strengthen relationships is crucial. The isolation heightened loneliness, anxiety, and uncertainty, making it harder for people to reintegrate into social settings. As we step into this new era, fostering stronger relationships requires empathy, communication, and intentionality.

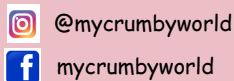
HOW TO BUILD A MORE CONNECTED WORKPLACE

Connected workplaces foster stronger and healthier relationships among coworkers.

They enhance trust, which encourages knowledge-sharing and boosts collaboration. The greater the connection we have as colleagues and teammates, the more efficient our workplace becomes.



Let's Connect



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