



Inspire Your Team

Inspire your team with a keynote, workshop, or virtual class. Erica can help your organization build trusting teams, create a culture of innovation, create clear communication, build relationships, and create safety for all team members to deliver and receive feedback.

Topics Include:

- * Developing a Team That Can Deliver and Accept Feedback
- * Creating a Culture of Innovation
- * Creating a Culture of Accountability and Joy
- * Developing Empathic and Effective Leadership
 - * Developing Your Organizations "Why?"
 - * Leadership For Today's Workforce

Erica Bonham, LPC, MA

Erica Bonham is a certified trainer, speaker, coach and is a licensed professional counselor in the state of Colorado. She aspires to be a catalyst for growth, evolution, and all around badassery. She has been described as both "brilliant and hilarious" by past clients who have been inspired by her unique teaching and speaking style. Erica combines her knowledge as a counselor with her passion for creating teams rooted in equity, accountability, healthy boundaries, and joy! She is an expert in nervous system regulation, which is foundational if you want an inspired team. Erica is honored to help your organization find its "Why" and create a culture where everyone is inspired to come to work.

Click or scan below for a video introduction.



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Testimonials

"Erica is a vibrant spirit with a compassionate heart, a clear and experiential teaching style, and an incredibly cultivated set of skills and knowledge in her field."

Becca (Participant in the Cultivate Your Inner Badass Course)

"I am so grateful for Erica's empowered leadership style, but also 'compassionate mama' energy. The way she delivers material is so relatable and real."

Erica (A different Erica, participant in Cultivate Your Inner Badass Course)

"Erica is both knowledgeable and hilarious. She was my favorite speaker at the conference."

Shannon (EMDR conference participant)