



ANN MCDOW

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PROFILE

A passionate coach, trainer and keynote speaker who can energize an audience and provide practical insights into leadership effectiveness, culture transformation and building high-performance teams.

CONTACT

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AREAS OF SPECIALTY

Leadership Development
Keynote Speaking
Executive Coaching
Teamwork / Teambuilding
Emotional Intelligence in Leadership
Strength-based culture
Women in Leadership

ABOUT ME

I have over 25 years of experience in strategic leadership, coaching, and transforming organizational cultures. My mission is to help leaders create dynamic working environments that focus on strengths and maximize individual potential.

Working on the front line and in senior leadership roles has given me the experience that I translate into workshops, team building and keynote speaking. I have coached executives, managers and Board members and helped them grow themselves so they can grow others. I have an extensive background in financial services, risk management and human resources.

PROGRAMS OFFERED

- **Leadership assessments and debrief** – DISC certified, JML Assessments, 360 Degree, and Emotional Intelligence
 - **Strengths based coaching** – Keynotes, individual coaching and group workshops
- Keynotes** - Using strength-based philosophy to transform teams and businesses is my specialty. They are delivered with a passion for impacting leaders, helping people grow, and think more deeply about how culture can impact business success.



Turning Leaf Consulting Services