



UNSTUFFICATE Your Life

And some tips to get you started...

Unite like things together – sort your stuff so that you know how much (how many) you have of something.

Never keep something just because you “spent good money on it” or “it was expensive”. You don’t get the money back by keeping the item. Keeping it around unused is a waste if it could be donated and used by someone.

Sore things at the store! If an item can be had for \$20 or less, get it when you need it, not just because you saw it, or can get a good deal on it.

Take time to think about the purchases you make. “Would we own a little less if we thought a little more?” Many times, a purchase can be avoided if we take time to think. Ask yourself, “Will I use this? Do I need it? Where will I store it?”

Unsubscribe from email & mailing lists. Don’t give in to temptation.

Free yourself from the trap of “Free Shipping”. Just because you can get free shipping doesn’t mean you have to buy something.

Fix your relationship with stuff. Do you own your possessions, or do they own you? The more you have, the more you must worry about taking care of and storing and...



It's never too late to get organized!

Invest your space, time, energy, and money (STEAM) in people or things that add to your life rather than steal value or valuable time from you.

Containerize or create space for the things you do use and want to keep. Set boundaries and limits with your containers and store items where you are likely to use them most. A place for everything and everything in its place.

Activate your plans. There are 7 days a week, and “Someday” isn’t one of them. If something is worth doing, it is worth scheduling. If you haven’t gotten around to those plans, chances are they really aren’t all that important to you to do. Move on with your life. Our aspirational life shouldn’t control us or our space.



Sometimes, we need help to get ourselves unburied and organized.

Throw away, donate, or recycle items that no longer fit into your life or home as it is now. “Clutter is postponed decisions” says long time professional organizer Barbara Hemphill. Life changes and you can decide not to keep items that no longer serve a purpose for you.

Everything is better with less stuff. We aren’t meant to just accumulate more and more stuff.



Amoon's Custom Organizing

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