



PODCAST GUEST · AUTHOR · SPEAKER · COACH

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Wisdom Whispers

A Daily Walk Through Proverbs

New Release · 2026

We've become incredibly informed, but not necessarily wiser.

Your audience is navigating information overload, constant distraction, and decision fatigue. They're looking for clarity, confidence, and better decisions—not more content.

Information tells us what we can do. Wisdom helps us discern what we should do.

That's the conversation I'm here to have.

EPISODE TOPICS

- 1 The Wisdom Deficit: Why We're Drowning in Information but Starving for Wisdom**
The subtle reasons modern life crowds out discernment, and the counterintuitive shift that opens our ears again.
- 2 Information Tells Us What We Can Do. Wisdom Helps Us Discern What We Should Do.**
How to trade the chaos of doing for the peace of being, one day, one chapter, one breath at a time.
- 3 What Proverbs Says About Your Modern Life**
How ancient wisdom speaks directly into decisions, relationships, identity, and self-worth in ways that feel startlingly present.
- 4 From Breakdown to Breakthrough: A Faith Story for the Messy Middle**
A divorce, a run and an ugly cry; and the two words that changed everything. The origin story behind the book and the life.
- 5 Ancient Wisdom for Modern Decisions**
Why the oldest wisdom texts still offer the clearest guidance—and what it looks like to actually live by them.

HER STORY

Years after her divorce, Whitney was running — literally. As she was running and sobbing in the streets of her neighborhood, she heard God say two words: "Try me."

That moment set in motion a life she couldn't have planned: founding Shifting Into Action, coaching thousands of leaders and entrepreneurs, hosting her own podcast, leading retreats, and ultimately writing the book that grew out of her early-morning Proverbs practice. Through triumph and profound trial, including the loss of her beloved son, her faith deepened into the tender, truth-filled resilience that defines her work today.

Wisdom Whispers is one expression of a question that has shaped my life: How do we become wiser, not simply more informed?

Credentials

- Author, Wisdom Whispers (2026)
- Founder, Shifting Into Action
- Podcast host with active audience
- Retreat leader & meditation guide
- Speaker: stage, leadership and women's ministry events
- 20+ years coaching leaders & entrepreneurs
- Professional background in law & public policy
- California-based; available for travel and virtual events

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— Whitney Wiley

As a Guest, Whitney Will

- Show up prepared and on time
- Speak to your audience, not past them
- Share the episode with her community
- Make your job as host easy

BOOK WHITNIE

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