



LEAH C MARONE LCSW

Workplace Wellness Consultant

With thousands of hours of clinical experience, I bring a deep understanding of human behavior, emotions, and relationships to my work as a consultant. I leverage this expertise to help organizations **build work cultures that prioritize productivity, grit, and recovery.**



Client Testimonials



"The audience was fully engaged! Leah has a way of explaining topics around mental health that everyone can relate to. We all left her talk feeling energized and more self aware. We will definitely invite her back!"

"Leah met our audience exactly where they were and validated their efforts and hurdles. It was a perfect way for us to kick off our day together and remind us of the importance of creating space for ourselves while we aim to empower others."



"We brought Leah in for a Stress & Anxiety training for over 100 employees. Her NPS scores were through the roof!"



"Leah spoke to our Women at Electrolux group and was incredible. We had over 77 in attendance and I have received countless messages on how impactful her advice was and asking when she can come back and speak with us again."



Electrolux

- **Tailored Services:** Meet you and your team where they are... services are not one-size-fits-all.
- **Uncovering Strengths:** Highlight your strengths and uncover what is truly getting in the way of authentic collaboration, productivity, and effective communication.
- **EQ Enhancement:** More than leadership training, it's EQ enhancement that improves your professional and personal relationships, including the crucial relationship with yourself.
- **Sustained Support:** Packed support, not just a one-and-done workshop.
- **Practical Tools:** Tools, reframes, and blueprints that you can introduce, teach, and model to your teams.
- **Personal Growth:** Gain self-awareness, maintain healthy boundaries, successfully navigate anxiety, and build resilience without the burnout.

Support: Don't Solve

Cultivating Happier Workers and Healthier Workplaces

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