

Thinking Big

Thinking about your future is the best way to self tune and head in the right direction. What do you want to make of your life?

An effective exercise to begin thinking about your future is to imagine a biographical film on you. Reserve an hour or two. Find a quiet place to work and get started.

Make a list of the people in your life that matter most:

01	06
02	07
03	08
04	09
05	10

Now, imagine your movie...

For each person in your list above, what role do they have in the story of your life?

What would they say about you and your impact on their life? Why are they important to your story?

