

### Basic Clothing and Equipment for Multiples

#### Clothing:

- 8 undershirts or onesies (S, M)
- 4 sleepers (S, M)
- 2-4 sleep sacks
- 8 pairs socks/booties
- 6 drool bibs
- 4 outfits each (size 0-3 months)
- 4 outfits each (size 3-6 months)
- 4 outfits each (size 6-9 months)
- Appropriate seasonal wear

#### Bedding:

- 1 full-size crib meeting safety regulations, per baby
- 1 firm crib mattress, per baby
- 1 bassinet or cradle, per baby (optional)
- 6 crib sheets, fitted
- 4 mattress pads

#### Bath Items:

- 1 baby bathtub
- 6 hooded baby towels
- 8 baby washcloths
- 1 bottle baby shampoo
- 1 bar/bottle mild bath soap
- 2 soft baby brushes

#### Diaper Needs:

- 1 or 2 diaper bags, large
- 150 disposable diapers, per week
- 96 cloth diapers (if using cloth diapers)
- 6 diaper covers (newborn size, to start) (if using cloth diapers)
- 4 boxes hypoallergenic baby wipes, per month
- 1 or 2 diaper pails

#### Feeding Items:

- 24 burp cloths or cloth diapers
- 20 breast pads, cloth or disposable
- 1 double breast pump (optional rental or purchase)
- Twin nursing pillow

#### Health Items:

- 2 thermometers
- 2 diaper rash ointments
- 2 packages acetaminophen infant drops (check with your pediatrician)
- 1 pair infant nail clippers or a file

#### Miscellaneous:

- 6 receiving or swaddle blankets
- 1 portable/travel crib for each baby
- 1 nursery monitor/camera
- 1 laundry hamper or basket
- 4 boxes/bottles laundry detergent (mild/non-soap/hypoallergenic)
- White noise machine
- Double stroller or 2 single strollers
- 2 car seats
- Twin or 2 single baby carriers
- Bouncy seat or similar for each baby
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