

## Training 2 – Abundance Just Is

I wrote this little lesson sitting in Mexico on a beach at an open air restaurant under the wide open blue sky. Palm trees lit up by ambient light from the restaurant. Stars glittered in the sky while the waves sang their gentle rhythmic song. In the natural world, abundance just is. The palm trees don't compete with each other. The waves don't wonder if they're-- if they couldn't improve the rhythm and their force. Abundance just is. Feel that.

It would be silly for the sand to practice believing it deserves a sunshine every morning. We spent a life time being socialized into believing abundance is hard, challenging, only for the lucky few whose stars are aligned at birth, and yet if we replaced trust and replaced the culture of programs and become like the waves, we can have full access to the abundance of the universe without restriction.

There's a favorite song I like. I'm going to just quote it for you. "You can relax now. Come on. Open your heart. Breathe deeply now. I am with you. You are the love of my life. You are my one creation. You are eternity and that will never change. You had a dream. You misunderstood."

"You thought you were separate, but now you hear my voice and you can relax now. Come on. Open your heart. Breathe deeply now. I am with you. You are the love of my life. You are my one creation. You are eternity and that will never change. "

The state of mind requires only a willingness to have life show up differently. It cannot be rehearsed. It just is. May be with the blessings of the Supreme Being that this lesson and healing is complete and remember bliss and abundance is an inside job.

**[End of Transcription on 00:03:18]**