

Myota Metabolic Health Fibre Blend

Market: EU · Revision date: 14 August 2026 · Version: 10.0

SECTION 1: PRODUCT AND COMPANY IDENTIFICATION**1.1 Product identifier****Trade name:** Myota Metabolic Health Fibre Blend**Product code:** B2B Metabolic Health**1.2 Relevant identified uses of the substance or mixture and uses advised against****Relevant identified uses:** Food supplement.**Uses advised against:** All other uses.**1.3 Details of the supplier of the Safety Data Sheet**

Myota Limited

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Telephone: +41 79 790 82 27**Email:** info@myotahealth.com**1.4 Emergency telephone number****Emergency telephone:** +41 79 790 82 27 (24-hour escalation)**SECTION 2: HAZARDS IDENTIFICATION****2.1 Classification of the substance or mixture**

This product is classified as non-hazardous according to Regulation (EC) No 1272/2008.

2.2 Label elements

This product does not require specific labelling according to Regulation (EC) No 1272/2008.

2.3 Other hazards

None known.

SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

This product is not a mixture meeting the criteria for classification in accordance with Regulation (EC) No 1272/2008.

Ingredients

Name	CAS No.	GHS classification	% (w/v)
Wheat fibre	8002-80-0	Not classified.	Proprietary
Oat fibre	9041-22-9	Not classified.	Proprietary
Galactooligosaccharides	6587-31-1	Not classified.	Proprietary
Inulin	9005-80-5	Not classified.	Proprietary
Fructooligosaccharides	6602-54-6	Not classified.	Proprietary
Resistant maltodextrin	9050-36-6	Not classified.	Proprietary
Resistant dextrin	9004-53-9	Not classified.	Proprietary
Galactomannan	9000-30-0	Not classified.	Proprietary

The exact percentages (concentration) of composition have been withheld as a trade secret.

SECTION 4: FIRST AID MEASURES**4.1 Description of first aid measures**

Following inhalation:	Remove person to fresh air and keep at rest. Obtain medical advice.
Following skin contact:	Wash affected skin areas with plenty of water and soap.
Following eye contact:	Rinse eyes immediately with water for at least 10 minutes. Consult an ophthalmologist if irritation persists.
Following ingestion:	Product is intended to be ingested.

Protection of first aider: Not applicable.

4.2 Most important symptoms and effects, both acute and delayed

Symptoms: The known symptoms and effects are described in section 2.2 of this SDS.

Risks: Untreated symptoms may result in additional health risks.

4.3 Indication of any immediate medical attention and special treatment needed

The physician may contact the national poison centre for advice.

SECTION 5: FIREFIGHTING MEASURES

5.1 Extinguishing media

Suitable extinguishing media: Dry chemical, CO₂, water spray or alcohol-resistant foam.

Unsuitable extinguishing media: No data available.

5.2 Special hazards arising from the substance or mixture

Carbon oxides.

5.3 Advice for firefighters

Special protective equipment: As in any fire, wear self-contained breathing apparatus pressure-demand and full protective gear.

5.4 Other information

No other information available.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1 Personal precautions, protective equipment and emergency procedures

Non-emergency personnel: Avoid product contact and inhalation of dust.

6.2 Environmental precautions

Prevent product and large quantities of contaminated wash water from entering water bodies and soil. Cover sewage systems to prevent product from entering the sewage system.

6.3 Methods and material for containment and cleaning up

For larger quantities: take up product. In case of residues: pick up spilled material and collect for disposal in designated containers according to local regulations.

6.4 Reference to other sections

See sections 8 and 13.

SECTION 7: HANDLING AND STORAGE

7.1 Precautions for safe handling

Wash hands after use. Avoid dust formation and inhalation of dust.

7.2 Conditions for safe storage, including any incompatibilities

Storage conditions: Keep container tightly closed in a well-ventilated place. Use local and general ventilation. Keep cool and protect from sunlight. Store at 50% relative humidity or less and at a temperature not exceeding 30°C.

Incompatible materials: See section 10.

7.3 Specific end uses

See section 1.2.

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

8.1 Control parameters

Control parameters according to the local regulations should be taken into account.

8.2 Exposure controls

Engineering controls: Technical measures and the use of appropriate work procedures take precedence over the use of personal protective equipment. Provide good ventilation. This can be achieved by local exhaust ventilation or general exhaust ventilation.

Personal protective equipment

Hand: No special protective equipment required.

Body protection: No special protective equipment required.

Eye: No special protective equipment required.

Respiratory: If the occupational exposure limit is exceeded, suitable respiratory protection must be worn, e.g. full-face mask, half mask or filtering half mask.

Other measures: No statement available.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

Appearance:	Powder
Colour:	Off-white
Odour:	Neutral
Odour threshold:	No data available
pH:	4.0 – 7.0
Melting point/range:	No data available
Boiling point/range:	No data available
Flash point:	No data available
Evaporation rate:	No data available
Flammability:	No data available
Upper/lower flammability or explosive limits:	No data available
Vapour pressure:	No data available
Vapour density:	No data available
Relative density:	No data available
Solubility(ies):	Soluble / dispersible in water
Partition coefficient (n-octanol/water):	No data available
Auto-ignition temperature:	No data available
Decomposition temperature:	No data available
Viscosity:	No data available
Explosive properties:	No data available
Oxidising properties:	No data available

SECTION 10: STABILITY AND REACTIVITY
10.1 Reactivity

No hazardous reaction when handled and stored according to provisions.

10.2 Chemical stability

The product is stable under storage at normal ambient temperatures.

10.3 Possibility of hazardous reactions

None known.

10.4 Conditions to avoid

None known.

10.5 Incompatible materials

Strong oxidisers, strong acids.

10.6 Hazardous decomposition products

Formation of flammable gases (e.g. hydrogen) or vapours possible in contact with strong oxidising agents. In case of fire, carbon oxides may be released.

SECTION 11: TOXICOLOGICAL INFORMATION

General information: This product does not contain known human carcinogens.

11.1 Information on toxicological effects

Acute toxicity: No statements available for any of the ingredients.

Skin corrosion/irritation: No statements available for any of the ingredients.

Serious eye damage/irritation: No statements available for any of the ingredients.

Respiratory or skin sensitisation: No statements available for any of the ingredients.

Germ cell mutagenicity: No statements available for any of the ingredients.

Carcinogenicity: This product does not contain known human carcinogens.

Reproductive toxicity: No statements available for any of the ingredients.

STOT – single exposure: No statements available for any of the ingredients.

STOT – repeated exposure: No statements available for any of the ingredients.

Aspiration hazard: No statements available for any of the ingredients.

Likely routes of exposure: Skin exposure and eye exposure are the most likely to occur. Accidental ingestion is also possible.

SECTION 12: ECOLOGICAL INFORMATION

General information: No statements available for any of the ingredients.

12.1 Toxicity

No statements available for any of the ingredients.

12.2 Persistence and degradability

Physical and photochemical elimination: No statements available for any of the ingredients.

Biodegradation: No statements available for any of the ingredients.

12.3 Bioaccumulative potential

No statements available for any of the ingredients.

12.4 Mobility in soil

Known/predicted environmental distribution: No statements available for any of the ingredients.

Surface tension: No statements available for any of the ingredients.

Adsorption/desorption: No statements available for any of the ingredients.

12.5 Results of PBT and vPvB assessment

This product does not contain components which are considered to be persistent, bioaccumulative and toxic (PBT) or very persistent and very bioaccumulative (vPvB) at levels of 0.1% or higher.

12.6 Other adverse effects

No statements available for any of the ingredients.

SECTION 13: DISPOSAL CONSIDERATIONS

13.1 Waste treatment methods

Product: Dispose of the product in accordance with all applicable local, regional and national laws and regulations. European, International and Member State specific provisions must be considered. Taking into account the relevant (un)known environmental and human health hazards, take all necessary technical and procedural precautions to prevent occupational exposure and release into the environment.

Waste material: Treat the disposal of any waste material in the same manner as that of the product.

SECTION 14: TRANSPORT INFORMATION

14.1 UN number

ADR/RID/IMDG/IATA: Non-regulated

14.2 UN proper shipping name

ADR/RID/IMDG/IATA: Non-regulated

14.3 Transport hazard class(es)

ADR/RID/IMDG/IATA: Non-regulated

14.4 Packing group

ADR/RID/IMDG/IATA: Non-regulated

14.5 Environmental hazards

ADR/RID/IMDG/IATA: Non-regulated

14.6 Special precautions for user

No statements available.

14.7 Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code

Not applicable, as product is not shipped in bulk.

SECTION 15: REGULATORY INFORMATION
15.1 Safety, health and environmental regulations/legislation specific for the substance or mixture

No restrictions applicable, according to Annex XVII of REACH.

15.2 Chemical safety assessment

No Chemical Safety Assessment has been carried out for this substance/mixture by the supplier.

SECTION 16: OTHER INFORMATION

Version	Date	Change	Approved by
1.0	28 July 2026	Initial issue under new SDS template format; no formulation change	James Doyle / Operations Manager
10.0	14 August 2026	Re-versioned to common V10.0 baseline as part of 2026 documentation consolidation; no formulation change.	James Doyle / Operations Manager

Abbreviations and acronyms

ADR: European Agreement concerning the International Carriage of Dangerous Goods by Road · CAS: Chemical Abstracts Service · GHS: Globally Harmonised System · IATA: International Air Transport Association · IMDG: International Maritime Dangerous Goods · PBT: Persistent, bioaccumulative and toxic · PPE: Personal protective equipment · REACH: Registration, Evaluation, Authorisation and Restriction of Chemicals · SDS: Safety Data Sheet · STOT: Specific target organ toxicity · vPvB: Very persistent and very bioaccumulative

Further information

This Safety Data Sheet has been prepared in accordance with Regulation (EC) No 1907/2006 (REACH), Annex II, as amended.

The information presented in this Safety Data Sheet is accurate to the best of our knowledge at the date of publication. It is intended solely as a guide for safe handling, use, transportation, processing, storage, release and disposal, and does not constitute a warranty or specification of quality. Any recommendations or suggestions are made without guarantee and are subject to change without notice.