

# ANYWHERE+

## KILIMANJARO TREK

### EQUIPMENT LIST

## OPTIONAL SUPPLIES

### EXTRA CLOTHING

- 1 balaclava, for face coverage
- 1 pair of gaiters, waterproof
- Polartec long underwear for summit push
- 1 pair of shorts

### ELECTRONICS

A power bank battery to charge your phone on the mountain, and a heart rate monitor.

### SMALL DIGITAL CAMERA

We will document your trip with professional photographs which you will receive in digital format as well as in form of a photo book after your trip. If your cell phone is not sufficient for your personal pictures, we recommend a small and lightweight digital camera with an extra battery.

### PERSONAL SNACKS

Guides will carry a variety of snacks, however, if you need a certain type of snack during the trek, please advise our guide prior to the trip or bring a small quantity yourself.

## QUESTIONS?

Contact Karl Nessler

[K@Anywhere.com](mailto:K@Anywhere.com)

## COMPLIMENTARY

The items listed below will be provided to you by Anywhere+ for the duration of the climb, please notify us prior to the trip if you wish to bring any of those items yourself.

- **SLEEPING BAG**  
Warm, four season sleeping bag.
- **SLEEPING PAD**
- **1 PAIR OF TREKKING POLES**
- **SLEEPING BAG LINER**  
For added warmth.
- **ANYWHERE+ DUFFEL BAG (X1)**  
A gift from Anywhere+

## CLOTHING & FOOTWEAR

- **SUMMIT JACKET**  
One synthetic or down jacket.
- **FLEECE PULLOVER**  
One fleece pullover.
- **SOFT JACKET**  
Fleece or soft shell.
- **WATERPROOF JACKET**  
One waterproof jacket that is breathable.
- **WATERPROOF PANTS**  
One pair of waterproof pants that are breathable. A side zipper is recommended.
- **SHIRTS**  
Three long sleeve and three short sleeve shirts that are light weight and have moisture wicking fabric.
- **PANTS**  
Two to Three pairs of light weight hiking pants for daily wear.
- **SHOES**  
One pair of waterproof and breathable hiking boots (please break them in prior to the trip). One pair of comfortable shoes to wear around camp.
- **SOCKS**  
Three pairs of regular hiking socks and two pairs of thick merino wool socks.
- **UNDERWEAR**  
One or two pairs of long underwear and five pairs of regular underwear. Two sports bras for women. Moisture-wicking fabric recommended.
- **HEAD WEAR**  
One baseball cap, one warm beanie hat for summit (windproof recommended), one knit wool or fleece hat, for warmth during the night and one buff.
- **HAND WEAR**  
One set of summit mittens or guide gloves, and one set of light gloves (preferably merino or simple mountain hardware liners).

## GEAR

- **UV SUNGLASSES**  
One pair of UV glasses to protect your eyes.
- **HEADLAMP**  
One headlight with extra batteries.
- **DAY PACK 25L-50L**  
For you to carry your limited personal gear.
- **WATER BLADDER**  
One water bladder, it goes inside day pack. If you choose one with a 3 liter capacity you do not need an extra water bottle. Get insulation if you can.
- **WATER BOTTLE 32OZ/1L**  
Nalgene 32oz wide mouth recommended.
- **SUN PROTECTION**  
SPF 50+ sunscreen and zinc for lips
- **PERSONAL TOILETRIES**  
Toothbrush, toothpaste, shampoo, soap, deodorant etc.
- **MEDICATION**  
Please notify us if you have a preexisting medical condition or if you're planning to take Diamox.
- **ULTRA LIGHT TOWEL**  
One ultra light super absorbent towel.
- **INSECT REPELLENT**  
Containing DEET