



## GUIDELINES FOR PREPARING THE NOSH/ONEG SHABBAT (Friday)

If you choose to sponsor the Nosh/Oneg, the following items are required:

- Challah
- Grape Juice – MUST BE WHITE
- 16 tea bags and 1 cut up lemon
- 1 lb decaf coffee
- Small plastic 1 oz cups for wine and grape juice
- Cold drinks and 7 oz. hot/cold cups. You will need approximately 6 2-liter bottles of soda, or the equivalent in punch/ice tea, or any combination of these. Please make sure at least 4 of these bottles are a diet variety.
- Cream or milk & sugar/sweetener
- Round 18" doilies and oblong 9" x 14" doilies for trays (you may use Sisterhood's trays)
- Napkins
- Tablecloths – 5 rectangular shaped (96" Table). You will also need 3 round table cloths to fit a 72" round table.

Any items you select beyond this are fine; just remember not to mix meat and milk.

If your event falls on an evening when we are having an 8pm service, you have the option to sponsor the Oneg after the service.

### **If you are doing a 5:30 Nosh:**

- Fruit Tray
- Vegetable Tray
- Hummus with chips for dipping
- Cheese & crackers
- Guacamole or other assorted dips
- Nuts
- Small tray of sweets for after the service

### **If you are doing an Oneg after 8pm Service**

- Cookies
- Pastries
- Petit fours
- Pound Cake
- Pretzels
- M&Ms
- Fruit Tray

When ordering, plan for at least 100 people. If there is a special event or service that evening, you may need to plan for more than 100. Always check with the front office to see if there is a special event planned or if it is a holiday weekend.

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## **GUIDELINES FOR PREPARING THE KIDDUSH (Saturday)**

It is the responsibility of the Bar/Bat Mitzvah family to provide a Kiddush following Shabbat morning services at Congregation Beth Emeth. This is a way to allow congregants, as well as family and friends, to celebrate the simcha together.

The Kiddush may be very simple, or you may choose to prepare it more elaborately. This is up to the family.

For a basic Kiddush (10-20 congregants plus your guests), you will need to provide:

- Challah
- Grape juice – MUST BE WHITE
- Small plastic 1 oz cups for wine and grape juice
- Small napkins
- Cake, cookies and fruit (all are not necessary)  
(estimate 2-3 pieces per person)
- Cold drinks and 7 oz. hot/cold cups. You will need 2-liter bottles of soda, or the equivalent in punch/ice tea, or any combination of these. You can figure 7-8 servings per 2 liter bottle.
- 1 Tablecloth – please replace the tablecloth on the beverage table

These are the essential items. Add anything else you wish to have and adjust the numbers according to the number of people expected. In addition to your guests, you can usually expect approximately 10-20 congregants.

You will need to designate a family member or friend to prepare the platters of cake and put out the napkins and cups. The custodians will only pour the grape juice and wine before the Kiddush.

**ADDITIONAL NOTE: ABSOLUTELY NO SHELLFISH OR PORK PRODUCTS ARE ALLOWED TO BE USED BY ANY CATERER OR BROUGHT INTO THE TEMPLE KITCHEN. ADDITIONALLY, MEAT AND CHEESE SHOULD NOT BE SERVED IN THE SAME DISH (e.g. sandwiches, pasta, etc.) OR ON THE SAME TABLE.**

**DO NOT USE IMITATION PORK OR SHELLFISH PRODUCTS.**

*If you have any questions about preparing your Oneg Shabbat or Kiddush, please contact Jonathan Yulish at 302-764-2393.*