

Page numbers correspond to Kol HaNeshamah Reconstructionist Siddur.



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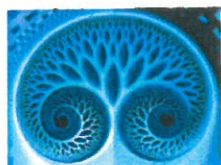
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Amidah

Standing Prayer

A core prayer in every service, Amidah is also known as Tefillah, from the root ט.ל.ל., to judge oneself / look inside. It is a time for personal reflection, talking with oneself and Adonai. Shabbat Amidah has 7 of 19 themes.

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Prepared by Deborah Eisenbach-Budner, 5775.



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