



Young Israel of Bal Harbour The Dose

Tuesday September 1, 2015, Elul 17 , 5775

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Mastering the trait of silence and not responding to insulting remarks will save you much aggravation and distress. As the Talmud says in Sanhedrin 7A “Fortunate is the one who hears and doesn’t answer, a 100 misfortunes will pass him by”. As Rabbi Shimeon taught us in Perkei Avos 1:17 “All my days I grew up with the sages and I didn’t find anything better for the body than silence. The Talmud also teaches us in Chulin 89A, what should a person’s profession be in life? Answers the Talmud he should train himself to be like a mute, in other words silence is the golden rule that helps you avoid many negative consequences.

Wishing you a great and inspiring day!

Rabbi Moshe Gruenstein