



## Young Israel of Bal Harbour

### The Dose

Tuesday October 27, 2015, Cheshvan 14 , 5776

**Sponsored by: Susan and Aaron Weinberg**

in honor of our Rav, Rabbi Moshe Gruenstein for his teaching and spiritual leadership.

The verse in Psalms states, “Behold, bless Hashem, all you servants of Hashem, who stand in the house of G-d in the nights”. This is referring to the fact that G-d receives the most pleasure and nachas from a Jew who strengthens himself in his service of G-d during difficult times, when he or she is in the category of “night”. If in the darkness of such night any individual continues to stand in the house of G-d, how great he is in the eyes of the Almighty. Spiritual striving on the lowest level is precious and significant in the eyes of G-d, and if a person had sinned, even greatly, any inner strengthening he achieves is worth more than the choicest rams that were brought to G-d in the holy temple.

*Sefer: Aleinu L'shabeiach  
Horav Hagaon Yitzchak Zilberstein*

Wishing you an inspiring day!

Rabbi Moshe Gruenstein