



Young Israel of Bal Harbour

The Dose

Wednesday October 14, 2015, Cheshvan 1 , 5776

Sponsored by: Susan and Aaron Weinberg

in honor of our Rav, Rabbi Moshe Gruenstein for his teaching and spiritual leadership.

Due to the terrible situation in Israel we must do everything we can to empathize and bring merit to our brothers and sisters. #1 we should all try to say tehillim every day, at least three chapters 121-130-142; #2 to reinforce our efforts in kavod beis knesses showing proper dignity and respect in Shul by not talking during davening and keeping our cell phones off!; #3 to limit our loshon hora as much as possible, and not make people the topic of our conversations; if we have nothing nice to say about somebody let's not say anything. Let us hope and pray that the effort we show in trying to improve ourselves will serve as a great zechus for all of us. One thing is for sure we cannot see and hear what's happening in Israel and just continue as we are, same old- same old. We must change in some way and even if it's temporary it still speaks volumes about the fact that we are not indifferent to the plight of our brothers and sisters. One should understand that there is no government or army that is the answer to this calamity for we see that despite all our efforts, to this date we have not stopped Arab aggression. The Jewish people live on a different plane. For we have survived miraculously throughout our exile only through the hand of G-d Almighty. And it is only through our acknowledgement that G-d is the final authority and ultimate arbiter over all that occurs in the world will we see the destruction of our enemies and the salvation of our people. May the families who have suffered these tragedies be given the strength to overcome their pain and see only Simchas for the future.

Rabbi Moshe Gruenstein