



Young Israel of Bal Harbour

The Dose

Tuesday January 12, 2016, Shevat 2 , 5776

Sponsored by: Susan and Aaron Weinberg

in honor of our Rav, Rabbi Moshe Gruenstein for his teaching and spiritual leadership.

People who do not wish to put forth the effort to modify their character traits may excuse themselves by saying, “I was born that way.” The Bal Hatanya says “every person has the inborn ability to be master over his emotions.” The ability to change is one of the distinguishing features that separates man from all other animals. Human beings have the capacity to work on themselves and change for the better. This is something that no animal can do. If we can’t transform ourselves for the better, we are denying our own Humanity.

Wishing you an inspiring day!

Rabbi Moshe Gruenstein