



Young Israel of Bal Harbour

The Dose

Monday December 11, 2015, Teves 9 , 5776

Sponsored by: Susan and Aaron Weinberg

in honor of our Rav, Rabbi Moshe Gruenstein for his teaching and spiritual leadership.

Tomorrow, Tuesday December 22 is the fast of the 10th of Teves (fast begins 5:51 am- ends 6:12pm; Mincha 5:15pm) which commemorates the day Nevuchadnetzar King of Babylonia, began the siege of Jerusalem during the time of the first Temple. The siege continued for three years until the walls were breached on the Ninth of Tamuz. The 10th of Teves was the beginning of the whole chain of calamities which finally led to the destruction of our first Beis Hamikdash. The Rambam in the laws of Ta'anis (fasting) chapter 5 paragraph 1 states as follows. The fast of the 10th of Teves is like the other fasts which were established as a means of mourning the destruction of our Temple and the exile of our people. However, the main purpose of fasting is not grief and sadness but rather the fast is a catalyst for repentance to remember the sins of our forefathers which led to its physical destruction. Every generation has the power to awaken divine mercy and bring Israel salvation from her enemies. If we walk humbly with G-d and admit our failings and try to change and do better, then there is no question we will win against our enemies and bring Moshiach speedily in our days.

Wishing you an inspiring day!

Rabbi Moshe Gruenstein